Recommended Adult Dose: Take one spray orally, once daily, at or before bedtime, or as recommended by your healthcare practitioner. For adult use only, Risk Information: If you are pregnant or breastfeeding, do not use. If you are taking antidepressants such as SSRIs or MAOIs, do not use, unless directed by your healthcare practitioner. Individuals with bipolar disorder or depression must be monitored closely by a healthcare practitioner when taking this product. It is recommended to monitor kidney function when taking this product. Do not exceed the recommended dose. Guaranteed to contain no added wheat. starch, yeast, gluten, corn, soy, sugar, artificial coloring or flavoring, dairy or animal products. Ideal for vegans. Quality Assurance: Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Shake well before each use. Store in a cool, dry place. Keep out of reach of children. V10 280

> BARCODE LOCATION 883196 14340



Lithium Spray LITHIUM SUPPLEMENT Lemonade Flavor

1 fl oz (30 ml)

Supplement Facts Serving Size 1 Spray (0.44 ml) Servings per Container about 67 Each Serving Contains Lithium (lithium citrate) 1 mg * Daily Value (DV) not established Other inpredient: Purified water enver

Other ingredients: Purified water, glycerin, malic acid, citric acid, natural flavor, rebaudioside A (stevia leaf extract), potassium sorbate, sodium citrate

Spot UV Location

