

Recommended Dose: Take 1 tablet daily with a meal or as recommended by your health professional. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Stop use immediately if a burning sensation occurs. Not recommended for people with ulcers. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



v4 **107-60U**
Manufactured for
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GENESTRA
BRANDS®

Multi B

Dietary Supplement

Broad spectrum Vitamin B complex[†]

60 TABLETS

Supplement Facts

Serving Size 1 Tablet
Servings per Container 60

	Amount Per Serving	% DV
Thiamin (as thiamin mononitrate)	100 mg	8,333%
Riboflavin	50 mg	3,846%
Niacin (as niacinamide)	150 mg	938%
Vitamin B ₆ (as pyridoxine hydrochloride)	50 mg	2,941%
Folate (as folic acid)	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B ₁₂ (as hydroxocobalamin/adenosylcobalamin)	100 mcg	4,167%
Biotin	300 mcg	1,000%
Pantothenic Acid (as calcium d-pantothenate)	100 mg	2,000%
Choline (as choline bitartrate)	75 mg	14%
Calcium	52 mg	4%
Inositol	50 mg	*
Betaine Hydrochloride	50 mg	*

* Daily value (DV) not established

Other ingredients: Cellulose, hypolose, ascorbyl palmitate, croscarmellose sodium, carnauba wax, hypromellose, glycerin