

Recommended Dose: Take 3 capsules daily, a few hours before or after taking medications or other supplements, or as recommended by your health professional. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.

‡ This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



v4 **115-90U**
Manufactured for
Seroyal USA
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GENESTRA
BRANDS®

Ichol Plus

Dietary Supplement

Promotes healthy digestion[‡]
Supports liver health[‡]

90 CAPSULES

Supplement Facts

Serving Size 3 Capsules

Servings per Container 30

	Amount Per Serving	% DV
Choline (as choline bitartrate)	375 mg	68%
Inositol	300 mg	*
L-Methionine	225 mg	*
Ox (<i>Bos taurus</i>) Bile	225 mg	*
Milk Thistle (<i>Silybum marianum</i>) Seed Extract (25:1) 3750 mg Dried Equivalent	150 mg	*
Dandelion (<i>Taraxacum officinale</i>) Root	45 mg	*

* Daily Value (DV) not established

Other ingredients: Vegetarian capsule (hypromellose), hyprolose, ascorbyl palmitate, carnauba wax, silica