

**Recommended Dose:** Take 1 capsule 3 times daily with meals, a few hours before or after taking medications or other supplements, or as recommended by your health professional. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medications, particularly immunosuppressants, consult your health professional before use. If allergy occurs, stop use. Diuretic effect may occur. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.

<sup>‡</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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GENESTRA  
BRANDS®

# Orti C

## Dietary Supplement

*Vitamin C formula for antioxidant and immune support<sup>‡</sup>*

90 VEGETARIAN CAPSULES

## Supplement Facts

Serving Size 1 Capsule  
Servings per Container 90

	Amount Per Serving	% DV
Vitamin C (from ascorbic acid/calcium ascorbate/ascorbyl palmitate)	500 mg	556%
Calcium (from calcium ascorbate)	5 mg	<1%
Magnesium (from magnesium citrate)	5 mg	1%
Zinc (from zinc citrate)	5 mg	45%
Potassium (from potassium chloride)	5 mg	<1%
Hesperidin (from Orange fruit)	50 mg	*
Elderberry ( <i>Sambucus nigra</i> subsp. <i>nigra</i> ) Fruit Extract (4:1) 200 mg Fresh Equivalent	50 mg	*
Rutin (from <i>Dimorphandra mollis</i> fruit)	10 mg	*

\* Daily value (DV) not established

Other ingredients: Hypromellose, silica