

Recommended Dose: Take 1 tablespoon daily with a meal, a few hours before or after taking medications or other supplements, or as recommended by your health professional. Shake well before each use. Do not drink directly from the bottle. **Warning:** If you are allergic to plants of the Asteraceae/Compositae/Daisy family, do not use. If you are pregnant or lactating, have any health condition or a history of non-melanoma skin cancer, or are taking blood thinners or any medication, consult your health professional before use. **CAUTION:** Accidental overdose of liquid vitamin D products can lead to serious adverse side effects in infants. **THIS PRODUCT IS NOT INTENDED FOR INFANTS.** The recommended daily dose of vitamin D for infants in 10 mcg (400 IU). This product delivers 20 mcg (800 IU) of vitamin D per dose. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.



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† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



GENESTRA
BRANDS®

Liquid Multi Vite Min

Dietary Supplement

Natural Lemon-Cardamom Flavor

Multivitamin/Multimineral Formula for daily wellness†

450 mL (15.2 fl oz)

v3 122-450U
Made in Canada for
Seroyal USA
Pittsburgh, PA 15275
1-888-737-6925
seroyal.com



Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings per Container about 30

	Amount Per Serving	% DV
Calories	30	
Total Fat	4 g	5% [^]
Saturated Fat	3.5 g	18% [^]
Total Carbohydrate	3 g	1% [^]
Vitamin D (as cholecalciferol)	20 mcg (800 IU)	100%
Vitamin E (as d-alpha tocopherol)	15 mg	100%
Thiamin (from thiamin hydrochloride)	5 mg	417%
Riboflavin	5 mg	385%
Niacin (as niacinamide)	20 mg	125%
Vitamin B ₆ (from pyridoxine hydrochloride)	5 mg	294%
Vitamin B ₁₂ (from hydroxocobalamin acetate/ methylcobalamin)	25 mcg	1,042%
Biotin	300 mcg	1,000%
Pantothenic Acid (from d-panthenol)	10 mg	200%
Choline (from choline chloride)	55 mg	10%
Calcium (from calcium lactate)	65 mg	5%
Iodine (from potassium iodine)	150 mcg	100%
Magnesium (from magnesium citrate)	20 mg	5%

	Amount Per Serving	% DV
Zinc (from zinc citrate)	20 mg	182%
Selenium (from sodium selenite)	100 mcg	182%
Copper (from copper gluconate)	1 mg	111%
Manganese (from manganese gluconate)	2.5 mg	109%
Chromium (from chromium nicotinate glycinate)	100 mcg	286%
Molybdenum (from molybdenum bisglycinate)	50 mcg	111%
Chloride (from choline chloride)	20 mg	1%
Potassium (from potassium gluconate)	50 mg	1%
Vitamin K ₂ (as menaquinone-7)	20 mcg	*
Vanadium (from vanadium HVPΔ chelate/ sodium metavanadate)	100 mcg	*
Inositol	5 mg	*
Lutein (from Aztec marigold herb flowering oleoresin)	5 mg	*
Zeaxanthin (from Aztec marigold herb flowering oleoresin)	1 mg	*

* Daily value (DV) not established

[^] Percent daily values (DV) are based on a 2,000 calorie diet

Δ Hydrolyzed vegetable (rice) protein

Other ingredients: Purified water, glycerin, natural flavors, citric acid, medium-chain triglycerides, xanthan gum, potassium sorbate, rebaudioside A (stevia leaf extract), rosemary leaf extract, mixed tocopherols concentrate