Recommended Dose: Adults and Adolescents (12 years and older): Take 2 tablets 2 times daily with meals, a few hours before or after taking medications or other supplements, or as recommended by your health professional. Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. **Keep out of the reach of children**. Use only if safety seal is intact. Store in a cool, dry place.

⁴This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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Supplement Facts

Serving Size 2 Tablets Servings per Container 45

	Amount F	Per Serving	% DV
Vitamin C (as ascorbyl palmitate)		18 mg	20%
Vitamin D (as cholecalciferol)	3.6 m	ıcg (144 IU)	18%
Calcium (as calcium citrate tetrahy calcium carbonate)	/drate/	340 mg	26%
Magnesium (as magnesium citrate)		170 mg	40%
% Daily value (DV)			

Other ingredients: Cellulose, hyprolose, hypromellose, glycerin, croscarmellose sodium



Cal Mag + D Dietary Supplement

Helps support healthy bones and proper muscle function[‡]

90 TABLETS