Recommended Dose: Take 1 tablet 3 times daily with meals, a few hours before or after taking medications or other supplements, or as recommended by your health professional. Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Avoid taking with alcohol or products that cause drowsiness. Some people may experience diarrhea or drowsiness. Exercise caution if operating heavy machinery, driving a motor vehicle or involved in activities requiring mental alertness. Keep out of the reach of children. Use only if safety seal is intact. Store in a cool, dry place.

## <sup>±</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.







## Mag Cal Plus Dietary Supplement

Helps promote healthy muscle function and a feeling of calmness<sup>‡</sup>



V4 204-9011

Manufactured for

Supplemen Serving Size 1 Tablet Servings per Container 90	nt Fac	cts
Am	ount Per Serving	% DV
Vitamin C (as ascorbyl palmitate)	9 mg	10%
Vitamin D <sub>3</sub> (as cholecalciferol)	2.5 mcg (100 IU)	13%
Niacin (as niacinamide)	6.25 mg	39%
Vitamin B <sub>6</sub> (as pyridoxine hydrochloride)	2.5 mg	147%
Calcium (as calcium citrate tetrahydrate carbonate)	/ 100 mg	8%
Magnesium (as magnesium citrate/oxide	e) 150 mg	36%

Valerian (*Valeriana officinalis*) Root Extract (4:1) 25 mg 100 mg Dried Equivalent

\* Daily value (DV) not established

Other ingredients: Cellulose, hyprolose, croscarmellose sodium, hypromellose, glycerin, silica