

Recommended Dose: Take 1 tablespoon daily with a meal, a few hours before or after taking medication or other supplements, or as recommended by your health professional. Shake well before each use. Do not drink directly from the bottle. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Some people may experience diarrhea. **CAUTION:** Accidental overdose of liquid vitamin D products can lead to serious adverse side effects in infants. THIS PRODUCT IS NOT INTENDED FOR INFANTS. The recommended daily dose of vitamin D for infants is 10 mcg (400 IU). This product delivers 25 mcg (1,000 IU) of vitamin D per dose. **Keep out of the reach of children.** Use only if safety seal is intact. Do not refrigerate. Store in a cool, dry place.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

v3 **233-450U**
Made in Canada for
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Pittsburgh, PA 15275
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seroyal.com



GENESTRA
BRANDS®

Mag Cal Vanilla Liquid

Dietary Supplement

Natural Vanilla Flavor

Promotes cardiovascular health, proper bone composition and healthy muscle function†

15.2 fl oz (450 mL)

Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings per Container about 30

	Amount Per Serving	% DV
Calories	15	
Total Carbohydrate	4 g	1% ^
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU)	125%
Calcium (as calcium citrate)	250 mg	19%
Magnesium (as magnesium citrate)	500 mg	119%

% Daily value (DV)

^ Percent daily values (DV) are based on a 2,000 calorie diet

Other Ingredients: Purified water, xylitol, natural vanilla flavor, medium-chain triglycerides, citric acid, xanthan gum, potassium sorbate, organic stevia leaf extract, rosemary leaf extract, mixed tocopherols concentrate

Lot/Exp Area

