



GENESTRA  
BRANDS®



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## Supplement Facts

Serving Size 1 Capsule  
Servings per Container 60

	Amount Per Serving	% DV
<b>Probiotic Consortium</b>	15 billion CFU	*
<i>Lactobacillus acidophilus</i> (CUL-60 & CUL-21)		
<i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20)		
<i>Lactobacillus plantarum</i> (CUL-66)		
Citrus & Guarana Extract Blend	450 mg	*
Grapefruit ( <i>Citrus paradisi</i> ) Fruit and Peel Extract (50:1) 13.5 g Dried Equivalent	270 mg	*
Providing		
Bioflavonoids	90 mg	*
Sweet Orange ( <i>Citrus sinensis</i> ) Fruit and Peel Extract (50:1) 3.375 g Dried Equivalent	67.5 mg	*
Blood Orange ( <i>Citrus sinensis</i> ) Fruit and Peel Extract (50:1) 1.125 g Dried Equivalent	22.5 mg	*
Guarana ( <i>Paullinia cupana</i> ) Seed Extract (4:1) 360 mg Dried Equivalent	90 mg	*

\* Daily value (DV) not established

Other ingredients: Hypromellose, cellulose, silica

### Genestra HMF (Human Microflora) Probiotics offer:

- Clinically studied, proprietary strains
- Doctor-recommended for over 20 years
- Research-driven, condition-specific formulas
- Potency guaranteed through expiration

**Recommended Dose:** Take 1 capsule 2 times daily with meals or as recommended by your health professional.  
**Warning:** If you are pregnant or lactating, or have an immune-compromised condition, do not use. If you have any health condition or are taking any medication, consult your health professional before use. If symptoms of digestive upset occur, stop use and consult your health professional.  
**Keep out of the reach of children.** This product was sealed for your protection. Do not use if box or contents are open or damaged. Store in a cool, dry place.

Clinically studied, recommended by  
doctors for more than 20 years

# HMF fitness

## Daily Probiotic Supplement

Helps support healthy weight management<sup>††</sup>

No artificial colors or flavors



Non GMO



Gluten Free



Soy Free



Dairy Free



No FOS



Vegan

<sup>†</sup> This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

<sup>††</sup> Provides weight management support as part of a healthy lifestyle with reduced calorie diet and regular exercise.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



No Refrigeration Necessary

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