

Recommended Dose: Take 3 sprays orally, once daily at or before bedtime, or as recommended by your health professional. For adult use only. **Warning:** If you are pregnant, lactating or taking corticosteroids, do not use. When taking melatonin, do not drive or use machinery. If you are experiencing long-term sleep difficulties, taking any medication, or have any health condition, consult your health professional before use. Avoid taking with alcohol or products that cause drowsiness. If allergy occurs or if you experience headache, confusion, or nausea, stop use.

Keep out of the reach of children. Use only if safety seal is intact. Store in a cool, dry place.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

V4 379-30U
Made in Canada for
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GENESTRA
BRANDS®

Melatonin Spray

Dietary Supplement
Natural Spearmint Flavor

Supports the body's natural sleep-wake cycle†

1 fl oz (30 mL)

Supplement Facts

Serving Size 3 Sprays (0.45 mL)
Servings per Container about 66

	Amount Per Serving	% DV
Melatonin	3 mg	*

* Daily value (DV) not established

Other ingredients: Purified water, glycerin, ethanol, xylitol, natural spearmint flavor, citric acid, potassium sorbate, rebaudioside A (stevia leaf extract)

Spot UV Location

