

**Recommended Dose: Adults:** Take 1 teaspoon (5 mL) 1-2 times daily or as recommended by your healthcare professional. **Adults and Adolescents (14-18 years):** Take 1 teaspoon (5 mL) daily or as recommended by your healthcare professional. **Adolescents and Children (1-13 years):** Take ½ teaspoon (2.5 mL) daily or as recommended by your healthcare professional. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. **Keep out of the reach of children.** Use only if safety seal is intact. Do not drink directly from the bottle. Refrigerate after opening.

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



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GENESTRA  
BRANDS®

# Super DHA Forte Liquid

## Dietary Supplement

### Natural Orange Flavor

*Supports brain health and cognitive function†*

*Supports brain development in children†*

5 fl oz (150 mL)

## Supplement Facts

Serving Size 1-13 years: ½ Teaspoon (2.5 mL); 14+ years: 1 Teaspoon (5 mL)

Servings per Container 1-13 years: about 60; 14+ years: about 30

	Amount Per Teaspoon	% DV for Adults and Adolescents 14+ Yrs (1 Teaspoon)	Amount Per ½ Teaspoon	% DV for Adolescents and Children 4-13 Yrs (½ Teaspoon)	% DV for Children 1-3 Yrs (½ Teaspoon)
Calories	40		20		
Total Fat	4.5 g	6% <sup>^</sup>	2.5 g	3% <sup>^</sup>	6% <sup>^^</sup>
Cholesterol	25 mg	8%	15 mg	5%	5%
Fish Oil (from Sardine, Anchovy and Mackerel)	4,500 mg	*	2,250 mg	*	*
Yielding					
DHA (Docosahexaenoic Acid)	2,075 mg	*	1,037.5 mg	*	*
EPA (Eicosapentaenoic Acid)	425 mg	*	212.5 mg	*	*
Total Omega-3 Fatty Acids	2,800 mg	*	1,400 mg	*	*

\* Daily value (DV) not established

<sup>^</sup> Percent daily values (DV) are based on a 2,000 calorie diet

<sup>^^</sup> Percent daily values (DV) are based on a 1,000 calorie diet

Other ingredients: Organic sweet orange oil, mixed tocopherols concentrate, rosemary leaf extract