

**Recommended Dose:** In a glass, add 250 mL of water or juice to 2 scoops of HMB Complex and mix. Take once daily with a meal or as recommended by your health professional.

**Warning:** If you have had a heart attack, have hyperkalemia or abnormal kidney function, or take ACE inhibitors or potassium sparing diuretics, do not use. If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Some people may experience gastrointestinal discomfort. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.

**<sup>†</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**



Packaged by weight, not volume.  
Settling may occur.

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Manufactured for  
**Seroyal USA**  
Pittsburgh, PA 15275  
1-888-737-6925  
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GENESTRA  
BRANDS®

# HMB Complex

Dietary Supplement

Natural Citrus Flavor

*Supports lean muscle mass and exercise recovery<sup>†</sup>*

NET WEIGHT 16.75 oz (475 g)

## Supplement Facts

Serving Size 2 Scoops (33.6 g)

Servings per Container about 14

	Amount Per Serving	% DV
Calories	130	
Total Carbohydrate	10 g	4% <sup>^</sup>
Total Sugars	9 g	*
Includes 9 g Added Sugars		18% <sup>^</sup>
Vitamin D (as cholecalciferol)	12.5 mcg (500 IU)	63%
Calcium	225 mg	17%
Sodium	40 mg	2%
Potassium	230 mg	5%
CaHMB (calcium beta-hydroxy-beta-methylbutyrate)	1.5 g	*
L-Glutamine	7 g	*
L-Arginine (as L-arginine hydrochloride)	7 g	*
Branched Chain Amino Acids	1.2 g	*
L-Leucine	600 mg	*
L-Isoleucine	300 mg	*
L-Valine	300 mg	*

\* Daily value (DV) not established

<sup>^</sup> Percent daily values (DV) are based on a 2,000 calorie diet

Other ingredients: Dextrose, natural flavors (orange, lemonade), potassium citrate, citric acid, DL-malic acid, sodium chloride, thaumatin