

NEO-3® process utilizes lipase enzymes to enrich EPA and DHA concentrations, while virtually eliminating contaminants, and helps to deliver a clean taste.

Recommended Dose: Adults and Adolescents (9 years and older): Take 1 teaspoon daily with a meal or as recommended by your health professional. **Children (1-8 years):** Take ½ teaspoon daily with a meal or as recommended by your health professional. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. **CAUTION:**

Accidental overdose of liquid vitamin D products can lead to serious adverse side effects in infants. THIS PRODUCT IS NOT INTENDED FOR INFANTS. The recommended daily dose of vitamin D for infants is 10 mcg (400 IU). This product delivers 25 mcg (1,000 IU) of vitamin D per teaspoon and 12.5 mcg (500 IU) per ½ teaspoon. **Keep out of the reach of children.** Use only if safety seal is intact. Do not drink directly from the bottle. Refrigerate after opening.

NEO-3® is the registered trademark of NSJL Limited, used under license.

[†]This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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V3 483-200U
Made in Canada for
Seroyal USA
Pittsburgh, PA 15275
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seroyal.com



GENESTRA
BRANDS®

Super EFA Liquid Plus D

Dietary Supplement

Natural Orange Flavor

Supports cardiovascular, cognitive,
and bone health[†]

6.8 fl oz (200 mL)



Supplement Facts

Serving Size 9+ Years: 1 Teaspoon (5 mL); 1-8 Years: ½ Teaspoon (2.5 mL)

Servings per Container 9+ Years: about 40; 1-8 Years: about 80

	Amount Per Teaspoon	% DV for Adults and Adolescents 9+ Years (1 Teaspoon)	Amount Per ½ Teaspoon	% DV for Children 4-8 Years (½ Teaspoon)	% DV for Children 1-3 Years (½ Teaspoon)
Calories	40		20		
Total Fat	4.5 g	6% ^	2.5 g	3% ^	6% ^^
Saturated Fat	1 g	5% ^	0.5 g	3% ^	5% ^^
Cholesterol	45 mg	15%	25 mg	8%	8%
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU)	125%	12.5 mcg (500 IU)	63%	83%
Fish Oil (from Anchovy and Sardine)	4,560 mg	*	2,280 mg	*	*
Yielding					
EPA (Eicosapentaenoic Acid)	820 mg	*	410 mg	*	*
DHA (Docosahexaenoic Acid)	590 mg	*	295 mg	*	*
Total Omega-3 Fatty Acids	1,775 mg	*	887.5 mg	*	*

* Daily value (DV) not established

^ Percent daily values (DV) are based on a 2,000 calorie diet

^^ Percent daily values (DV) are based on a 1,000 calorie diet

Other ingredients: Organic sweet orange oil, mixed tocopherols concentrate

Contains: Fish (anchovy, sardine)