Recommended Adult Dose: Take four capsules daily before bedtime, a few hours before or after taking medications or other supplements, or as recommended by your healthcare practitioner. Take two to three times per week. Risk Information: Do not use if you are pregnant, breastfeeding, allergic to plants of the Apiaceae/Carrot family, or have abnormal constrictions of the gastrointestinal tract, potential or existing intestinal blockage, atonic bowel, appendicitis, inflammatory colon disease such as Crohn's disease or ulcerative colitis, abdominal pain of unknown origin, undiagnosed rectal bleeding or severe dehydration with depleted water or electrolytes. Consult your healthcare practitioner prior to use if you are taking any medication or have any health condition. Reduce dose or discontinue use if you experience abdominal pain, cramps, spasms or diarrhea. Hypersensitivity to senna and cascara sagrada is known to occur; in which case, discontinue use. Guaranteed to contain no added wheat, gluten, corn, soy, sodium, sugar, artificial coloring or flavoring, antimicrobial preservatives, dairy or animal products. Ideal for vegans. The capsules are made from 100% pure vegetable sources, free of preservatives and additives. Quality Assurance: Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place. Keep out of reach of children.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



GENESTRA BRANDS®

Herbolax

DIETARY SUPPLEMENT

Traditional support for healthy detoxification and elimination[†]

90 Vegetable Capsules

Supplement Facts

Serving Size 4 Capsules
Servings per Container about 22

g- p	
Each Serving Contains	
Senna (Senna alexandrina) Leaf	1120 mg*
Chinese Rhubarb (Rheum palmatum) Root	260 mg*
Anise (Pimpinella anisum) Seed	220 mg*
Fenugreek (<i>Trigonella foenum-graecum</i>) Seed	220 mg*
Cascara Sagrada (<i>Frangula purshiana</i>) Bark Extract (2-4:1) 180-360 mg Dried Equivalent	90 mg*

* Daily Value not established

Other ingredients: Cellulose, hypromellose, silica, hyprolose, magnesium stearate

