

Recommended Adult Dose: Take three capsules daily one hour before bedtime or as recommended by your healthcare practitioner. **Risk Information:** Do not use if you are allergic to anethole or plants of the Apiaceae/Carrot family. Consult your healthcare practitioner prior to use if you are pregnant, breastfeeding, taking any medication or have any health condition. Consumption with alcohol, drugs or other supplements with sedative properties is not recommended. Some people may experience drowsiness. Exercise caution if operating heavy machinery, driving a motor vehicle or involved in activities requiring mental alertness. Hypersensitivity to sweet fennel and passionflower has been known to occur; in which case, discontinue use. **Guaranteed** to contain no added wheat, gluten, soy, sodium, sugar, artificial coloring or flavoring, dairy or animal products. Ideal for vegans. **The capsules** are made from 100% pure vegetable sources, free of preservatives and additives. **Quality Assurance:** Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place. Keep out of reach of children.

V1 **508A-60U**



GENESTRA BRANDS®

Herbal Calm[†]

DIETARY SUPPLEMENT

60 Vegetable Capsules

Supplement Facts

Serving Size 3 Capsules

Servings per Container 20

Each Serving Contains

Sweet Fennel (<i>Foeniculum vulgare</i> subsp. <i>vulgare</i> var. <i>dulce</i>) Seed Extract (4:1) 1200 mg Dried Equivalent	300 mg *
Lemon Balm (<i>Melissa officinalis</i>) Herb Top Extract (4:1) 600 mg Dried Equivalent	150 mg *
Passionflower (<i>Passiflora incarnata</i>) Aerial Parts Extract (4-6:1) 300-450 mg Dried Equivalent	75 mg *
Valerian (<i>Valeriana officinalis</i>) Root Extract (2.7:1) 202.5 mg Dried Equivalent	75 mg *

* Daily Value not established

Other ingredients: Cellulose, hypromellose, ascorbyl palmitate, silica

† This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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