



GENESTRA  
BRANDS®

# CoQ<sub>10</sub> 120

## Supports cellular energy, cardiovascular and neurological health<sup>‡</sup>

- Enhances cellular energy<sup>‡</sup>
- An antioxidant required by tissues and organs to maintain and support cardiovascular health<sup>‡</sup>
- Naturally derived from yeast fermentation

CoQ<sub>10</sub> is a fat-soluble, essential nutrient and a core component of cellular energy production and respiration. It shuttles electrons down the mitochondrial electron transport chain to produce the key, energy-rich molecule adenosine triphosphate (ATP). In this way, CoQ<sub>10</sub> provides support to all cells of the body and is especially supportive of tissues that require a lot of energy, such as the heart muscle, periodontal tissue, and the cells of the body's natural defense system. CoQ<sub>10</sub> also acts as an antioxidant, providing cellular protection from free radicals, helping to maintain the integrity of vitamin E, and promoting healthy lipid metabolism.<sup>‡</sup>

By enhancing cellular energy levels, and promoting cellular and tissue health, CoQ<sub>10</sub> provides optimal nutritional support for the cardiovascular system. Numerous clinical studies also suggest that CoQ<sub>10</sub> supports healthy blood flow and heart muscle function.<sup>‡</sup>



### SUPPLEMENT FACTS

Serving Size 1 Capsule  
Servings per Container 60

	Amount Per Serving	%DV
Coenzyme Q <sub>10</sub> (from yeast fermentation)	120 mg	*

\* Daily value (DV) not established

Other ingredients: Cellulose, hypromellose

### Recommended Dose

Take 1 capsule 1-2 times daily or as recommended by your health professional.

### Product Size

60 Vegetarian Capsules

### Product Code

10559-60U



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