

Iron Plus Gummies

Great-tasting blend of iron and vitamins to support healthy red blood cell function[‡]

INDICATIONS

- Iron is an important component of hemoglobin in red blood cells and myoglobin in muscle cells, where it is required for oxygen and carbon dioxide transport. Optimal iron levels have been associated with athletic performance, muscle strength, and mitochondrial function.[‡]
- Vitamin C is included to enhance the absorption of iron.[‡]
- Vitamin B6 and B12 are cofactors to support healthy red blood cell function.[‡]

DESCRIPTION

Iron Plus gummies deliver several key nutrients to support healthy red blood cell function in convenient, great-tasting gummies.[‡]

SUGGESTED USE

Children (3 years old): Take 1 gummy daily. Adults and Children (4 years and older): Take 2 gummies daily. Take with a meal, a few hours before or after taking medications or other supplements, or as recommended by your healthcare professional.

STORAGE

Store in a cool, dry place. Use only if safety seal is intact.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your healthcare professional before use.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

NOTES

Bottle count 60

Order code 04240-60U

REFERENCES

1. Kiss JE, Brambilla D, Glynn SA, et al. JAMA. 2015 Feb 10;313(6):575-83.

2. Fidler MC, et al. Int J Vitam Nutr Res. 2004 Jul;74(4):294-300.
3. Ogun AS, Joy NV, Valentine M. Biochemistry, Heme Synthesis. StatPearls. <https://www.ncbi.nlm.nih.gov/books/NBK537329/>
4. Lane DJ, Merlot AM, Huang ML, et al. Biochim Biophys Acta. 2015 May;1853(5):1130-44.

SUPPLEMENT FACTS

Supplement Facts				
Serving size	1 gummy (2.2 g) (age 3)		2 gummies (4.4 g) (ages 4+)	
Servings per container	60		30	
	Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	5		10	
Total Carbohydrate	2 g	1%^^	4 g	1% [^]
Total Sugars	<0.5 g	*	<1 g	*
Includes <1 g Added Sugars		1%^^		<1% [^]
Sugar Alcohols	<0.5 g	*	<0.5 g	*
Vitamin C (from acerola (<i>Malpighia glabra</i>) fruit extract and ascorbic acid)	12.5 mg	83%	25 mg	28%
Vitamin B ₆ (as pyridoxine hydrochloride)	2.5 mg	500%	5 mg	294%
Vitamin B ₁₂ (as methylcobalamin)	5 mcg	556%	10 mcg	417%
SunActive® Iron (as ferric pyrophosphate)	7.5 mg	107%	15 mg	83%
Berry/Fruit Blend (organic) Strawberry Fruit, Raspberry Fruit, Blueberry Fruit, Sour Cherry Fruit, Pomegranate Fruit, Cranberry Fruit	6.25 mg	*	12.5 mg	*

* Daily value (DV) not established
[^] Percent daily values are based on a 2,000 calorie diet
^{^^} Percent daily values are based on a 1,000 calorie diet

Other ingredients: Isomalto-oligosaccharides, purified water, organic erythritol, agar, maltodextrin, sucrose, locust bean gum, natural raspberry flavor, citric acid, coating (organic sunflower oil, organic carnauba wax), black carrot powder (color), organic stevia leaf extract