

Vitamin C Gummies

Great-tasting vitamin C gummy with an organic fruit blend

- Offers 125 mg of vitamin C as ascorbic acid per gummy
- Supports the immune system[‡]
- Provides antioxidant support and protection against oxidative stress caused by free radicals[‡]
- Contains no artificial colors or flavors, and less than 0.5 g total sugars per gummy
- Delicious natural orange flavor

Vitamin C Gummies provide 125 mg of vitamin C (ascorbic acid) per gummy and are suitable for ages 3 and up as a delicious option to help meet daily vitamin C requirements. Vitamin C is an essential nutrient in the body and a cofactor for numerous biosynthetic and gene regulatory enzymes. Factors that affect vitamin C include lifestyle-related factors such as an unbalanced diet and periods of excessive physical or psychological stress. Vitamin C is a highly effective antioxidant due to its ability to readily donate electrons, offering protection from stress by oxidants generated during normal cell metabolism and through exposure to environmental factors. Other benefits of vitamin C include support for normal wound healing, connective tissue formation, collagen formation and immune health. Vitamin C Gummies are delicious, natural orange-flavored gummies with no artificial flavors or colors, and include less than 0.5 g total sugars per gummy. Each delicious gummy provides vitamin C for supporting healthy immune function, and antioxidant support and protection against oxidative stress caused by free radicals.[‡] Vitamin C Gummies are ideal for anyone 3 years and older who have difficulty or dislike swallowing capsules.



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Serving Size 2 Gummies Servings per Container 50

	Amount Per 2 Gummies	% DV for Adults and Children 4+ Years	% DV for Children 3 years
Calories	5		
Total Carbohydrate	3 g	1%^	2%^^
Total Sugars	<1 g	*	*
Includes <1 g Added Sugars		<2%^	<4%^^
Vitamin C (as ascorbic acid)	250 mg	278%	1,667%
Sodium	10 mg	<1%	<1%
Organic Fruit Blend Strawberry Fruit, Raspberry Fru	50 mg	* v Fruit	*

Sour Cherry Fruit, Pomegranate Fruit, Cranberry Fruit

- * Daily Value (DV) not established
- ^ Percent Daily Values are based on a 2,000 calorie diet
- ^^ Percent daily values are based on a 1,000 calorie dietiet

Other ingredients: Isomalto-oligosaccharides, purified water, organic cane sugar, pectin, orange essential oil, sodium citrate, organic stevia leaf extract, vegetarian coating (organic sunflower oil, carnauba wax)

Recommended Dose

Adults, Adolescents and Children (3 years and older): Take 2 gummies 1 to 2 times daily, or as recommended by your healthcare professional.

Product Size 100 Gummies

Product Code 01140-100U



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