

Zinc Gummies

Great-tasting zinc gummy with an organic fruit blend

- · Provides 12 mg of zinc citrate per gummy
- Supports healthy immune function[‡]
- Helps maintain healthy bones, hair, nails and skin[‡]
- Contains no artificial colors or flavors, and less than 0.5 g total sugars per gummy
- Delicious natural blueberry flavor

Zinc Gummies feature 12 mg of elemental zinc as zinc citrate per gummy, suitable for ages 4 and up as a delicious option to help meet daily zinc requirements. Zinc is an important trace element in the body. It plays a key role in maintaining immune health by stimulating the production of immune cells, regulating natural killer cell activity, and mediating cytokine production. Clinical research has demonstrated that daily supplementation with zinc helps to maintain healthy immune function in adults, adolescents and children. Zinc also has a long history of use in dermatological health. It helps to maintain immune function in the skin, while promoting collagen synthesis to help maintain skin structure. Additionally, zinc has a role in maintaining hair and nail health, and maintains bone health by regulating bone formation and resorption. This mineral is also involved in a key buffer system that helps to maintain normal acid-base balance. Zinc Gummies are delicious natural blueberry-flavored gummies with no artificial colors or flavors, and include less than 0.5 g total sugars per gummy. Zinc Gummies are ideal for anyone 4 years and older who have difficulty or dislike swallowing capsules.‡



SUPPLEMENT FACTS Serving Size 1 Gummy Servings per Container 100		
	Amount Per Serving	% DV
Total Carbohydrate Total Sugars Includes <0.5 g of Added Sugars	1 g <0.5 g	<1%^ *
Zinc (as zinc citrate) Sodium	12 mg 10 mg	109% <1%
Organic Fruit Blend Strawberry Fruit, Raspberry Fruit, Wild E Sour Cherry Fruit, Pomegranate Fruit, Cr		*
* Daily Value (DV) not established ^ Percent Daily Values are based on a 2,000 calor	ie diet	

Other ingredients: Isomalto-oligosaccharides, purified water, organic cane sugar, pectin, citric acid, natural blueberry flavor, sodium citrate, grape juice color, organic stevia leaf extract, vegetarian coating (organic sunflower oil, carnauba wax)

Recommended Dose

Adults and Adolescents (14 years old and older): Take 1 gummy 1 to 2 times daily. Adolescents and Children (4-13 years old): Take 1 gummy daily. Take with meals, a few hours before or after taking medications or other supplements, or as recommended by your health professional.

Product Size 100 Gummies

Product Code 04239-100U



GMO



