

Recommended Adult Dose: Take one teaspoon two times daily with meals or as recommended by your healthcare practitioner. Shake well before each use. **Warning:** Consult your healthcare practitioner prior to use if you are pregnant, breastfeeding, taking any medication, or have any health condition. Use only if safety seal is intact. Do not drink directly from the bottle. Refrigerate after opening. Keep out of reach of children.



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†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Spot UV Location

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v1 131A-450U



Made in Canada for
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GENESTRA
BRANDS®

Liquid B Complex

Dietary Supplement

Natural Tangerine-Cherry Flavor

Supports energy metabolism, red blood cell formation and neurological health†

15.2 FL OZ (450 ML)

Supplement Facts

Serving Size 1 Teaspoon (5 ml)
Servings per Container 90

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrate	3 g	1% [^]
Total Sugars	1 g	*
Includes 1 g Added Sugars		3% [^]
Thiamin (as thiamin hydrochloride)	50 mg	4167%
Riboflavin	50 mg	3846%
Niacin (as niacinamide)	75 mg	469%
Vitamin B ₆ (as pyridoxine hydrochloride)	50 mg	2941%
Vitamin B ₁₂ (as hydroxocobalamin acetate/methylcobalamin)	75 mcg	3125%
Biotin	200 mcg	667%
Pantothenic Acid (as d-panthenol)	75 mg	1500%
Choline (as choline chloride)	50 mg	9%
Chloride	60 mg	3%
Inositol	50 mg	*

* Daily Value (DV) not established

[^] Percent Daily Values are based on a 2,000 calorie diet

Other ingredients: Purified water, concentrated apple juice, glycerin, natural flavors, citric acid, rebaudioside A (stevia leaf extract), xanthan gum, potassium sorbate