Recommended Dose: Take 1 teaspoon daily or as recommended by your health professional. Do not drink directly from the bottle. Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use, CAUTION: Accidental overdose of liquid vitamin D products can lead to serious adverse side effects in infants, THIS PRODUCT IS NOT INTENDED FOR INFANTS. The recommended daily dose of vitamin D for infants is 10 mcg (400 IU). This product delivers 25 mcg (1.000 IU) of vitamin D per dose. Keep out of the reach of children. Use only if safety seal is intact, Refrigerate after opening.

<sup>1</sup>This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

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## **Super EFA** Forte Liquid + D

## **Dietary Supplement**

Natural Orange Flavor

Supports cardiovascular, cognitive and bone health<sup>‡</sup>

6.8 fl oz (200 mL)

## Supplement Facts

Serving Size 1 Teaspoon (5 mL) Servings per Container about 40

out this per container about 10		
	Amount Per Serving	% DV
Calories	40	
Total Fat	4.5 g	6%^
Cholesterol	15 mg	5%
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU)	125%
Fish Oil (from Anchovy, Sardine and Mackerel)	4,500 mg	*
Yielding		
EPA (Eicosapentaenoic Acid)	1,500 mg	*
DHA (Docosahexaenoic Acid)	1,000 mg	*
Total Omega-3	2,600 mg	*

<sup>\*</sup> Daily value (DV) not established

^ Percent daily values (DV) are based on a 2,000 calorie diet

Other ingredients: Sweet orange oil, rosemary leaf extract, mixed tocopherols concentrate Contains: Fish (Anchovy, Sardine and Mackerel)

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