



GENESTRA
BRANDS®

Exceptional Quality, Consistency and Reliability



Professional Product Guide



GENESTRA
BRANDS®

Exceptional quality, consistency and reliability

Genestra Brands® supplements support individualized treatment plans with 350+ professional-grade products offered in a variety of formats. Our products have been proven safe, effective and reliable for over 30 years, and are backed by clinical or traditional evidence.

Professional-strength product excellence is ensured through research and development in combination with heavy investment and commitment to stringent Quality Assurance.

- Global manufacturing standards: compliant with Health Canada (GMP) and FDA Current Good Manufacturing Practices (CGMP); manufacturing facilities include various ISO accreditations.
- Independent testing: validates the quality, stability, potency and purity of the products from manufacturing to preparation, bottling and storage.



Same great formulations. New bold look.

112 Technology drive
Pittsburgh, PA 15275
Tel: 1-888-737-6925
Fax: 1-877-737-6925
sales@seroyal.com
Seroyal.com

Table of Contents

| | PAGE |
|-------------------------------------------------------------------------------|------|
| Research & Development | 2 |
| Quality Assurance and Compliance | 3 |
| Quality Control | 4 |
| Specialty Formulas for a Variety of Needs | 5 |
| Clinical Advisors | 6 |
| New Products | 9 |
| Probiotics | 17 |
| Probiotic Clinical Trials | 21 |
| HMF Probiotic Comparison Chart | 25 |
| Daily Probiotic | 29 |
| Immune Function | 39 |
| Topical Cream | 40 |
| Women's Health | 40 |
| Pregnancy & Child Support | 42 |
| Essential Fatty Acids & Phospholipids .. | 45 |
| Fish Oils – Liquids & Capsules | 52 |
| Fish Oils – Emulsified | 61 |
| Phospholipids | 63 |
| Plant Oils | 65 |
| Vitamins & Minerals | 71 |
| Single Vitamins | 77 |
| B Vitamin Complexes | 84 |
| Single Minerals | 90 |
| Multiminerals | 97 |
| Vitamin & Mineral Complexes | 100 |
| Minerals & Glucosamines | 114 |
| Calcium & Magnesium Complexes | 115 |
| Amino Acids & Proteins | 121 |
| Antioxidants | 129 |
| Enzymes | 139 |
| Phytonutrients | 145 |
| Standardized Herbal Formulas | 147 |
| Herbal Formulas | 155 |
| Botanical Single Tinctures | 167 |
| Botanical Combinations | 168 |
| Plant Compounds Supporting Healthy Microbial Balance[‡] | 173 |
| Phyto-gens | 177 |
| Singles | 184 |
| Symbiotic Combinations | 192 |
| Glandular Extracts | 203 |
| Homeopathic Preparations | 207 |
| Topicals | 217 |
| Active Ingredient Cross Reference | 220 |
| Product Listing (by group, alphabetical) | 230 |

A commitment to quality is and always will be a pillar upholding everything we do.

Research and Development

For a Healthy Future

The Genestra Brands line is built upon a research-driven, evidence-based scientific foundation, as well as traditional use. A distinguished advisory team and group of partners, including independent researchers at academic institutions, medical schools and hospitals, help create these unique, efficacious and stable natural products. This research and development team has expertise ranging from microbiology and immunology to nutritional science, with major thrusts on the role of human microflora, the development of natural plant compounds that support microbial balance, and the role of fatty acids. Having been subjected to peer-reviewed and PubMed listed publications ranging from preclinical investigations and review papers to controlled human clinical trials, these products reflect the latest evidence-based research in order to support practitioner-aligned objectives.

Genestra Brands is also part of a collective scientific group that participates in academic research evaluating the safety and efficacy of dietary supplements through direct funding, as well as through material transfers. Currently, this partnership is formally engaged in 19 such trials throughout the world, with other proposals under review. Areas of research include alpha lipoic acid in neurology, vitamin D in infant/maternal health, and zinc in skin health. Institutional collaborations include the Mayo Clinic, Stanford University, Michigan State University, Oregon Health & Science University and University Hospital Munich-GroBhadern.

The Genestra Brands scientific team and its collective partnership also hold leadership positions in numerous industry organizations, including the American Society for Nutrition, the Council for Responsible Nutrition, European Responsible Nutrition Alliance, International Alliance of Dietary Supplements Associations, and others. This collective group also recently launched a research and education platform called the Institute for Nutraceuticals and Functional Foods (INAF) program, whose combined 500+ scientists, associate researchers and assistants are dedicated to exploring the complex interactions between foods, food components, nutrition and health. Collaborative efforts will help develop further expertise in seven key areas, including GI health and women's health.

To continue advancing the state of knowledge of the microbiome's role in human health, while educating naturopathic students and practitioners alike, Genestra Brands is proud to sponsor the first-ever Genestra HMF Microbiome Researcher-in-Residence position at The Canadian College of Naturopathic Medicine (CCNM). Over the course of three years, the Researcher-in-Residence will be responsible for developing, conducting and sharing clinical research aimed at understanding the impact of the microbiome on human health. This investment is a significant stride in understanding the many complexities of the microbiome and its effect on the body, and allows Genestra Brands to continue delivering condition-specific, high-quality probiotics that reflect the latest advancements in the field of probiotics.‡



Quality Assurance and Compliance

Ensuring Safety Through the Commitment to Strict Process Adherence

We ensure excellence through heavy investment and commitment to stringent Quality Assurance. Genestra Brands goes above and beyond to ensure the highest-quality products, imposing rigorous manufacturing standards from start to finish. From the raw materials used in manufacturing to preparation, bottling and storage, the Genestra Brands Quality Assurance team ensures stringent process adherence. All Genestra Brands products are compliant with FDA Current Good Manufacturing Practice (CGMP) and Health Canada Good Manufacturing Practice (GMP) requirements. We are also NSF certified for GMP compliance. Facilities hold various International Organization for Standardization (ISO) accreditations – global manufacturing standards that ensure quality, environmental friendliness, safety and reliability. Other accreditations include:



GMP Registered

in the United States

Quality Control

For Proven Quality, Purity and Potency on Label Claims

Rigorous manufacturing standards are instituted from start to finish, utilizing ingredients sourced from trusted global industry-leading suppliers, and avoiding unnecessary agents in order to meet the needs of physicians treating patients with chemical and allergen sensitivities. These standards include:

- Triple checking: Each and every one of our products is tested a minimum of three times - first as a raw material, second during the manufacturing process and finally as a finished product.
- Independent testing: validates the quality, stability, potency and purity of the products from manufacturing to preparation, bottling and storage. Objectivity is ensured during testing by contracting government-approved and/or accredited independent laboratories. These testing laboratories employ some of the most precise equipment and analytical methods available in the market to validate the safety and efficacy of the products.
- Global supplier qualification program: We evaluate the documentation and standard operating procedures of each supplier to confirm that proper quality systems are in place before any raw material is used in manufacturing, and final products are handled appropriately through manufacturing quality controls. We also perform on-site audits to further ensure that suppliers comply with our strict quality control standards.

Specialty Formulas for a Variety of Needs

When you see these symbols, you can be confident that no dairy, gluten or soy allergens are included in the formula. You will also know if the formula is non-GMO, FOS-free and/or appropriate for vegans or vegetarians.



Non-GMO: Product ingredients are non-GMO. High-risk ingredients have been tested for the presence of genetically modified materials.



Gluten-Free: Guaranteed to not include any gluten protein, modified gluten protein, or hybridized strain protein from barley, oats, rye, triticale, wheat, kamut or spelt.



Dairy-Free: Guaranteed to contain no lactose, milk or milk derivatives including milk protein.



No FOS: Guaranteed to contain no fructooligosaccharides (FOS).



Vegan formula: Guaranteed to contain no animal, dairy or egg products or derivatives from animal, dairy or eggs.



Vegetarian formula: Guaranteed to contain no animal products or derivatives from animals.

We are extremely proud to be your partner in health and we want to assure you that we will continue to lead the natural health industry by providing only products of the highest quality.

GMO Policy:

Genestra Brands® formulations, including those derived from corn, are GMO free. We obtain statements from each of our suppliers certifying that the ingredients do not contain GMOs. For some products, we conduct PCR testing to confirm the absence of genetically modified material.

Clinical Advisors



Robert Abell N.D., LAc

Dr. Abell received his BS in Exercise Physiology from the University of Colorado, Boulder in 1985. He received his Doctor of Naturopathic Medicine degree from the National College of Naturopathic Medicine (NCNM) in 1993 and his Master's in Chinese Medicine and Acupuncture from the Oregon College of Oriental Medicine in 1994. Dr. Abell speaks on various topics throughout North America, including lectures for Seroyal focusing on Biotherapeutic Drainage™. He resides in Hawaii with his wife, Lisa, and their daughter, Elise, and is currently working on a new project that will permit health care practitioners access to treating patients with natural medicine according to the practice of Biotherapeutic Drainage. Dr. Abell has a virtual practice through which he treats current and new patients.



Mikhael Adams, B.Sc., N.D.

Dr. Adams received his Doctor of Naturopathic Medicine degree from the National College of Naturopathic Medicine in 1981. He practiced for 10 years in Seattle, and is now in private practice in Milton, Ontario. Dr. Adams uses drainage, nutrition, homeopathy, acupuncture and auricular medicine as his primary therapeutic tools. He has studied homeopathy since 1977 with such renowned doctors as Robin Murphy, George Vithoulkas, Bill Gray, Francisco Eizayga and Michel Bouko-Levy. Dr. Adams is the president of the International Association of Auricular and Bioenergetic Medicine, past president of the North American Association of Auricular Medicine, and has studied extensively with Dr. Paul Nogier in France. He taught Clinical Pathology at the Northwest Institute of Acupuncture & Oriental Medicine from 1987 to 1993 and has been giving workshops internationally on auricular medicine since 1984.



Aliyah Alibhai, H.BSc., N.D.

Dr. Alibhai received her Doctor of Naturopathic Medicine degree from CCNM in Toronto in 2009, and currently practices at SOW Health in Toronto and Springdale Physiotherapy Services in Brampton. Aliyah is truly passionate about helping patients develop and achieve their health goals. She has a general practice but especially enjoys working with digestive health concerns, Biotherapeutic Drainage™, hormonal imbalances, and atopic conditions such as allergies, asthma and eczema. Aliyah also has additional training in Auricular Medicine and Bioenergetic Medicine. Aliyah is a licensed naturopathic doctor, registered through The College of Naturopathic Doctors of Ontario. She is a member of both the Ontario Association of Naturopathic Doctors (OAND) and the Canadian Association of Naturopathic Doctors (CAND).



Victoria Coleman, H.BSc., D.C., M.Sc., IFMCP

Dr. Coleman served as president of Douglas Laboratories Canada for 14 years after having successfully run two wellness clinics. She is currently the Vice President of Clinical Education for Atrium Innovations, where her mission is to further the use of nutraceuticals for health promotion through education and service. Dr. Coleman's constant pursuit of learning allowed her to complete her Certification in Functional Medicine through the Institute for Functional Medicine, and she also holds a Master's in Human Nutrition.



Jacqueline Cooper, N.D.

Dr. Cooper earned a Doctor of Naturopathic Medicine degree from the Canadian College of Naturopathic Medicine in 2012 and a Bachelor of Science from Queen's University, Kingston, Ont. Jacs has a special focus on interpreting how an individual's unique mental-emotional state influences physical well-being. Stress has immense implications for our health – but why does it manifest so differently in each person? A self-professed nerd, Jacs is passionate about learning and constantly seeking answers. She is most fulfilled when sharing her knowledge with others and is passionate about quality education, writing and speaking to positively influence collective health and well-being.



Kelly C. Heim, Ph.D.

Dr. Heim is a nutritional pharmacologist in research and development. He is a graduate of Dartmouth Medical School, where he studied molecular pharmacology, epigenetics and functional genomics. His publications and lectures have highlighted evolving concepts in polyphenol biochemistry, nutritional endocrinology and nutrigenomics.



Dr. Marija Pevac-Djukic, M.D., N.D., R.TCMP

Dr. Pevac-Djukic received her medical degree in Belgrade, Serbia in 1989, and graduated from the Canadian College of Naturopathic Medicine in Toronto in 2000. With over 21 years of clinical experience in integrative medicine, Dr. Djukic specializes in the foundations of health through Individualized Medicine with emphasis on drainage therapy. Dr. Djukic is well established on the topics of chronic inflammation, gastrointestinal health, immune, neuro-degenerative, endocrine disorders, and nutritional biochemistry. Dr. Djukic is currently a Senior Medical Advisor for Seroyal and operates a private clinic in Toronto.



Nigel Plummer, Ph.D.

Dr. Plummer received his doctorate in microbial physiology from the University of Surrey, UK, and has developed an extensive knowledge specializing in omega 3 fatty acids, probiotics and natural antimicrobials. Dr. Plummer is a globally accepted authority on probiotics and has produced a vast body of research on probiotics in post-antibiotic therapy, the control of IBS symptoms, and in the prevention of allergies and antibiotic resistance. Additionally, Dr. Plummer has developed an interest in the concept of fetal disease programming, the controlling factors involved and the potential to influence programmed events as a means of prevention of chronic disease development.



Kimberly Ramberan, B.Sc., N.D.

Dr. Kimberley Ramberan is a licensed naturopathic doctor and intravenous practitioner in the province of Ontario. She graduated in 2010 from the Canadian College of Naturopathic Medicine (CCNM) and is a recipient of the Naturopathic Grassroots award for excelling in the fields of women's health and compassionate care. Dr. Ramberan currently practices in Markham, Ontario, at Naturopathic Foundations Health Clinic. She treats a wide range of health concerns, but has a special interest and passion for integrative cancer care and chronic digestive health concerns.



Barry W. Ritz, Ph.D.

Dr. Ritz is the Vice President of Scientific and Regulatory Affairs at Atrium Innovations, Inc. He is involved in the American Society of Nutrition and chairs the Council for Responsible Nutrition's Senior Scientific Advisory Council. Dr. Ritz has presented his research on the relationships among nutrition, aging and immune function at national and international meetings, and has numerous publications in scientific journals and texts.



Chris Spooner, B.Sc., N.D.

Dr. Spooner is a naturopathic doctor with more than 20 years of experience in naturopathic medicine. He has been a board member of the College of Naturopathic Physicians of British Columbia since 2008, where he holds various positions. Dr. Spooner received a B.Sc. in Biology from the University of Victoria in 1991 and his N.D. from the Canadian College of Naturopathic Medicine in 1998. After completing his post-doctoral fellowship in Environmental Medicine at Southwest College of Naturopathic Medicine Environmental Medicine Center of Excellence, he continued instructing at SCNM as an assistant professor, teaching courses in toxicology, environmental medicine and nutrition. Dr. Spooner works with a wide range of patients who are looking for a balanced approach to health care that combines conventional medicine with research-informed integrative approaches. Dr. Spooner has advanced certifications through the College of Naturopathic Physicians of BC, including prescriptive authority.



George Tardik, N.D.

Dr. Tardik received his BSc in biochemistry from York University in 2004 and was awarded his Doctor of Naturopathic Medicine degree from the Canadian College of Naturopathic Medicine in 2008. Dr. Tardik has published regularly since 2008 and co-authored papers on prostate cancer alongside oncologists from Princess Margaret Hospital. His publications cover topics including the clinical efficacy of nutraceuticals related to lung cancer, H. Pylori, Vitamin D, specific probiotics, and risk markers in cardiovascular medicine. Additionally, he has worked as a research consultant for Health Canada's Natural Health Product Directorate. Dr. Tardik currently practices in a multidisciplinary clinic in Cobourg, Ontario, and works collaboratively with gastroenterologists at the Digestive Health Clinic in Richmond Hill, Ontario.



Dickson Thom, N.D.

Dr. Thom is one of the founders and medical directors of the American Center for Biological Medicine and the American Center for Alternative Medicine in Scottsdale, Arizona. He is a graduate of the University of Toronto (dentistry) in 1974, the Ontario College of Naturopathic Medicine in Toronto (ND) in 1986, and the National College of Naturopathic Medicine in Portland (ND) in 1989. He has been in practice for over 40 years with a primary focus on the management of chronic disease, including autoimmune disease, neurological conditions, gastrointestinal health, and endocrine disorders.



New Products

Genestra Brands continues to make investments in the development of new products that help advance the field of naturopathy. Our product development team, including medical advisors and independent researchers at academic institutions, medical schools and hospitals, use a holistic approach to create innovative natural products backed by extensive clinical research.

HMF Bifido Capsules

Six-strain *Bifidobacteria* combination

- Provides 40 billion CFU per dose
- Convenient once-daily capsule format
- Supports gastrointestinal health, abdominal comfort and a healthy microflora[‡]
- Promotes healthy immune function[‡]
- Includes proprietary, research-driven strains

HMF Bifido Capsules offer six proprietary *Bifidobacteria* strains to support probiotic colonization in the large intestine. *Bifidobacteria* are normally present in the gut from birth to old age, where they play an important role in gastrointestinal health. *Bifidobacteria* help to mediate carbohydrate fermentation in the large intestine and contribute to the production of important short-chain fatty acids (SCFAs), including acetate and lactate. Although they are the most abundant genus present in the guts of healthy infants, *Bifidobacteria* concentrations decrease as individuals age, with greatest declines observed in the elderly. Clinical research suggests that *Bifidobacteria* supplementation can promote a healthy gut flora composition, support gastrointestinal comfort, and may have a particular role in maintaining immune function. HMF Bifido Capsules provide highly researched probiotic strains such as BI-04, CUL-34 and CUL-20, which have been demonstrated in clinical trials to contribute to gastrointestinal and immune health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 30

| AMOUNT PER SERVING | % DV |
|------------------------------------------------------------------------------------------------------------|------------------|
| Probiotic Consortium | 40 Billion CFU * |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20) | |
| <i>Bifidobacterium breve</i> (CUL-74) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (BI-04) | |
| <i>Bifidobacterium longum</i> subsp. <i>longum</i> (CUL-75) | |
| <i>Bifidobacterium longum</i> subsp. <i>infantis</i> (BI-26) | |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, stearic acid

Recommended Dose

Take one capsule daily or as recommended by your health professional.

Size

30 Vegetarian Capsules

Product Code

10425



HMF Bifido Powder

Six-strain *Bifidobacteria* combination

- Provides 40 billion CFU per dose
- Convenient once-daily powder format
- Supports gastrointestinal health, abdominal comfort and a healthy microflora[‡]
- Promotes healthy immune function[‡]
- Includes proprietary, research-driven strains

HMF Bifido Powder offers six proprietary *Bifidobacteria* strains to support probiotic colonization in the large intestine. *Bifidobacteria* are normally present in the gut from birth to old age, where they play an important role in gastrointestinal health. *Bifidobacteria* help to mediate carbohydrate fermentation in the large intestine and contribute to the production of important short-chain fatty acids (SCFAs), including acetate and lactate. Although they are the most abundant genus present in the guts of healthy infants, *Bifidobacteria* concentrations decrease as individuals age, with greatest declines observed in the elderly. Clinical research suggests that *Bifidobacteria* supplementation can promote a healthy gut flora composition, support gastrointestinal comfort, and may have a particular role in maintaining immune function. HMF Bifido Powder provides highly researched probiotic strains such as BI-04, CUL-34 and CUL-20, which have been demonstrated in clinical trials to contribute to gastrointestinal and immune health.[‡]

SUPPLEMENT FACTS

Serving Size 2 level scoops (1 g)
Servings per Container about 30

| AMOUNT PER SERVING | % DV |
|------------------------------------------------------------------------------------------------------------|------------------|
| Probiotic Consortium | 40 Billion CFU * |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20) | |
| <i>Bifidobacterium breve</i> (CUL-74) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (BI-04) | |
| <i>Bifidobacterium longum</i> subsp. <i>infantis</i> (BI-26) | |
| <i>Bifidobacterium longum</i> subsp. <i>longum</i> (CUL-75) | |

* Daily Value (DV) not established

Other ingredients: Potato maltodextrin

Recommended Dose

In a glass, add water to two level scoops and mix. Take once daily or as recommended by your health professional.

Size

Net Weight 1 oz (30 g)

Product Code

10429



HMF Immune

Great-tasting immune support formula[‡]

- Supports upper respiratory tract health in children and physically active adults[‡]
- Offers 30 billion CFU per dose from a combination of five proprietary strains, plus vitamins C and D
- Once-daily chewable tablet available in a delicious natural blackcurrant flavor

HMF Immune combines proprietary probiotics with vitamins C and D to provide targeted support for the immune system. Each convenient, once-daily chewable tablet provides a blend of five research-driven probiotic strains from both the *Lactobacillus* and *Bifidobacterium* genera. As nearly 80% of the body's immunologically active cells are located in gut-associated lymphoid tissue, an important connection has been demonstrated between the intestines and the immune system. In addition to supporting gastrointestinal health, HMF Immune provides BI-04, a strain that has been shown in a clinical trial to support upper respiratory tract health in physically active adults. Similarly, it offers CUL-60, CUL-21, CUL-34 and CUL-20, which were demonstrated in a clinical trial to support upper respiratory tract health in children when combined with vitamin C. To further help maintain immune function, HMF Immune contains vitamins C and D. Vitamin C supports the immune system by regulating lymphocyte proliferation, natural killer cell activity and immunoglobulin production, while vitamin D helps control T cell activation, cytokine release and phagocytosis in macrophages. Research demonstrates that vitamins C and D may be especially effective in maintaining immune function in the respiratory tract.[‡]

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|-------------------|------|
| Vitamin C (as ascorbic acid) | 100 mg | 111% |
| Vitamin D ₃ (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Probiotic Consortium | 30 billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60 & CUL-21) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| & <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (BI-04) | | |

* Daily Value (DV) not established

Other ingredients: Xylitol, blackcurrant fruit extract, sorbitol, natural blackcurrant flavor, silica, magnesium stearate

Recommended Dose

Chew one tablet daily with a meal or as recommended by your health professional.

Size

30 Chewable Tablets

Product Code

10365



HMF Intensive 50

Delayed-release, shelf-stable probiotic formula

- Supports gastrointestinal and immune health[‡]
- Provides 50 billion CFU per day from a combination of four proprietary strains
- Formulated with acid-resistant and delayed-release capsules for targeted delivery to the intestines
- Convenient, once-daily capsule format

HMF Intensive 50 is a shelf-stable probiotic formula that offers 50 billion CFU from a combination of four proprietary strains. These microorganisms have been used in a wide body of clinical research and constitute one of the most studied probiotic combinations worldwide. Research has demonstrated that these strains contribute to a favorable gut flora balance, support gastrointestinal comfort and maintain immune health. In addition, these human-sourced strains were selected based on their high quality and viability, strong epithelial adherence, and naturally high tolerance to stomach and bile acid. To further enhance probiotic survivability through the stomach, HMF Intensive 50 is produced with delayed-release capsules. Each capsule is formulated with unique polymer properties that resist stomach acid and delay the release of probiotics after swallowing, allowing for complete, targeted release in the intestines and optimal probiotic activity.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|----------------|------|
| Probiotic Consortium | 50 Billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60 & CUL-21) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| & <i>Bifidobacterium bifidum</i> (CUL-20) | | |

* Daily Value (DV) not established

Other ingredients: Delayed-release capsule (hypromellose, gellan gum), cellulose, stearic acid, silica

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size

30 Vegetarian Capsules

Product Code

10354



HMF Multi Strain Powder

17-strain probiotic combination

- Provides 16 billion CFU per serving
- Supports gastrointestinal health, abdominal comfort and a healthy microflora[‡]
- May help to support immune function[‡]
- Available in a once-daily powder format
- Free of artificial colors and flavors

HMF Multi Strain Powder offers a comprehensive combination of 17 proprietary probiotic strains. Each convenient, once-daily serving provides 10 strains of *Lactobacilli* and seven strains of *Bifidobacteria* to promote colonization in both the small and large intestines. In one placebo-controlled trial, daily supplementation with HNO19, a probiotic strain found in HMF Multi Strain Powder, promoted healthy intestinal transit time and reduced occasional constipation. Research suggests that HNO19 may also help regulate immune cell activity to support a healthy immune system. Similarly, HMF Multi Strain Powder contains CUL-60, CUL-21, CUL-34 and CUL-20, which have been demonstrated in clinical trials to support intestinal comfort and promote a healthy microflora balance in the gastrointestinal tract. In addition to *ex vivo* evidence reporting that this probiotic combination can help regulate immune responses, daily supplementation with CUL-60, CUL-21, CUL-34 and CUL-20 (plus vitamin C) was found to support upper respiratory tract health in schoolchildren. HMF Multi Strain Powder is a great alternative for adults and children who dislike or have difficulty swallowing capsules.[‡]

SUPPLEMENT FACTS

Serving Size 2 level scoops (1 g)
Servings per Container about 60

| AMOUNT PER SERVING | % DV |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| Probiotic Consortium | 16 Billion CFU * |
| <i>Lactobacillus acidophilus</i> (CUL-60 & CUL-21) <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20) <i>Lactobacillus acidophilus</i> (NCFM®) <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (HNO19) <i>Lactobacillus salivarius</i> (CUL-61) <i>Lactobacillus rhamnosus</i> (CUL-63) <i>Lactobacillus gasseri</i> (CUL-09) <i>Bifidobacterium breve</i> (CUL-74) <i>Lactobacillus paracasei</i> (CUL-08) <i>Lactobacillus casei</i> (CUL-06) <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-62) <i>Lactobacillus plantarum</i> (CUL-66) <i>Lactobacillus fermentum</i> (CUL-67) <i>Bifidobacterium longum</i> (CUL-75) <i>Bifidobacterium longum</i> subsp. <i>infantis</i> (Bi-26) | |

* Daily Value (DV) not established

Other ingredients: Potato maltodextrin

Recommended Dose

In a glass, add water to two level scoops and mix. Take once daily or as recommended by your health professional.

Size

Net Weight 2.1 oz (60 g)

Product Code

10387



HMF Women's Daily

Probiotics and cranberry to support vaginal and urinary tract health[‡]

- Helps promote and maintain healthy vaginal flora[‡]
- Helps support urinary tract health in women[‡]
- Supports intestinal comfort and immune function[‡]
- Provides 17.6 billion CFU per capsule

HMF Women's Daily was specifically designed to support the unique needs of women. Each capsule offers 17.6 billion CFU from a combination of seven research-driven probiotic strains to help promote and maintain healthy vaginal flora. The vagina is a complex ecosystem that can be altered by many factors, including age, medication use, sexual activity, hygiene practices and hormone production. *Lactobacilli* are the dominant vaginal microorganisms in healthy women, where they help maintain the normal vaginal microflora. They compete with other microorganisms for nutrients and adherence to the vaginal epithelium; decrease the vaginal pH by producing organic acids (primarily lactic acid); and produce compounds that support microbial balance, including bacteriocins and hydrogen peroxide. In addition to providing two species of *Bifidobacteria*, HMF Women's Daily offers three species of *Lactobacilli*, selected for their natural presence in the female flora. Included in this blend are *Lactobacillus rhamnosus* HNO01 and *Lactobacillus acidophilus* La-14, which provide particular support to maintain healthy vaginal flora. This probiotic combination also helps colonize both the large and small intestines to support gastrointestinal and immune health. To further contribute to overall well-being, HMF Women's Daily offers cranberry fruit extract, which helps maintain healthy urinary tract ecology and supports urinary tract health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 30

| AMOUNT PER SERVING | % DV |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|
| Probiotic Consortium | 17.6 billion CFU * |
| <i>Lactobacillus acidophilus</i> (La-14) <i>Lactobacillus acidophilus</i> (CUL-60 & CUL-21) <i>Lactobacillus rhamnosus</i> (HNO01) <i>Lactobacillus gasseri</i> (CUL-09) <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20) | |
| Cranberry (<i>Vaccinium macrocarpon</i>) Fruit Extract (25-36:1) 7.5-10.8 g Dried Equivalent | 300 mg * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, silica

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size

30 Vegetarian Capsules

Product Code

10385



English Ivy

Natural Raspberry Flavor

Herbal combination supporting upper respiratory immune health[‡]

- Includes a soothing blend of English ivy, marshmallow and European elder extracts
- Supports upper respiratory health and function[‡]
- Promotes oropharyngeal mucosal health and comfort[‡]
- Delicious natural raspberry flavor
- Convenient liquid formula suitable for the entire family

English Ivy Syrup is a great-tasting combination of herbs traditionally used to support upper respiratory and immune health. It provides English ivy, an important source of α -hederin, which has been shown to support surfactant secretion and bronchiole function in preclinical research. Clinical trials have also demonstrated the beneficial effects of English ivy on supporting respiratory function in both adults and children. A mucilaginous herb, marshmallow contains polysaccharides that coat the mucosal lining of the respiratory tract. Clinical research supports its traditional use as a demulcent, promoting oropharyngeal mucosal health and providing soothing comfort to the airway. English Ivy Syrup also includes European elder, an herb well-recognized for its high anthocyanin content. European elder is traditionally used to help maintain a healthy immune system, providing specific support to the upper respiratory tract. Available in a delicious natural raspberry flavor, English Ivy Syrup is a convenient way of supporting upper respiratory function and mucosal comfort in both adults and children.[‡]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
Servings per Container 24

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------|--------|-----------------|
| Calories | 10 | |
| Total Carbohydrate | 2 g | 1% [^] |
| Marshmallow (<i>Althaea officinalis</i>) Root Extract (4:1) | 125 mg | * |
| English Ivy (<i>Hedera helix</i>) Leaf Extract (4-7:1) | 40 mg | * |
| European Elder (<i>Sambucus nigra</i> subsp. <i>nigra</i>) Fruit Extract (16:1) | 25 mg | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Purified water, glycerin, xylitol, natural flavors, citric acid, xanthan gum, potassium sorbate

Recommended Dose

Take one teaspoon three times daily or as recommended by your health professional. Take a few hours before or after taking medications or other supplements.

Size
4 fl oz (120 mL)

Product Code
07642



Kids English Ivy Syrup

Natural Raspberry Flavor

Herbal combination supporting upper respiratory immune health in kids[‡]

- Includes a soothing blend of English ivy, marshmallow and elderberry extracts
- Supports upper respiratory health and function[‡]
- Promotes oropharyngeal mucosal health and comfort[‡]
- Delicious natural raspberry flavor
- Convenient liquid formula suitable for children 3 years and older

Kids English Ivy Syrup is a great-tasting combination of herbs traditionally used to support upper respiratory and immune health. It provides English ivy, an important source of α -hederin, which has been shown to support surfactant secretion and bronchiole function in preclinical research. Clinical trials have also demonstrated the beneficial effects of English ivy on supporting respiratory function in children. A mucilaginous herb, marshmallow contains polysaccharides that coat the mucosal lining of the respiratory tract. Clinical research supports its traditional use as a demulcent, promoting oropharyngeal mucosal health and providing soothing comfort to the airway. Kids English Ivy Syrup also includes elderberry, an herb well-recognized for its high anthocyanin content. Elderberry is traditionally used to help maintain a healthy immune system, providing specific support to the upper respiratory tract. Available in a delicious natural raspberry flavor, Kids English Ivy Syrup is a convenient way of supporting upper respiratory function and mucosal comfort in children.[‡]

SUPPLEMENT FACTS

Serving Size 3-5 years: ½ Teaspoon (2.5 mL); 6+ years: 1 Teaspoon (5 mL)
Servings per Container 3-5 years: 48; 6+ years: 24

| | AMOUNT PER 1 TSP. | % DV FOR CHILDREN 6+ YEARS (1 TSP.) | AMOUNT PER ½ TSP. | % DV FOR CHILDREN 3 YEARS (½ TSP.) | % DV FOR CHILDREN 4-5 YEARS (½ TSP.) |
|--------------------------------------------------------------------------------------|-------------------|-------------------------------------|-------------------|------------------------------------|--------------------------------------|
| Calories | 10 | | 5 | | |
| Total Carbohydrate | 2 g | 1% [^] | 1 g | 1% ^{^^} | <1% [^] |
| Marshmallow (<i>Althaea officinalis</i>) Root Extract (4:1) | 125 mg | * | 62.5 mg | * | * |
| English Ivy (<i>Hedera helix</i>) Leaf Extract (4-7:1) | 40 mg | * | 20 mg | * | * |
| European Elder (<i>Sambucus nigra</i> subsp. <i>nigra</i>) Fruit Extract (16:1) | 25 mg | * | 12.5 mg | * | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

^{^^} Percent Daily Values (DV) are based on a 1,000 calorie diet

Other ingredients: Purified water, glycerin, xylitol, natural flavors, citric acid, xanthan gum, potassium sorbate

Recommended Dose

Children (6 years and older): Take one teaspoon three times daily or as recommended by your health professional. Children (3-5 years): Take ½ teaspoon three times daily or as recommended by your health professional. Take a few hours before or after taking medications or other supplements.

Size
4 fl oz (120 mL)

Product Code
07645



Neurogen Cognition

Research-driven support for cognitive health[‡]

- Combines LONGVIDA® Optimized Curcumin with BACOGNIZE® Bacopa and standardized ginger extracts
- Supports brain function and working memory, while maintaining memory performance in older adults[‡]
- Helps support energy levels, calmness and contentedness during occasional mental stress in a healthy aging population[‡]

Neurogen Cognition was specifically developed to support cognitive health and brain function. It offers LONGVIDA® Optimized Curcumin, which has been demonstrated in clinical research to support cognitive function and working memory; energy levels, calmness and contentedness during occasional mental stress in a healthy aging population; and memory performance in older adults. LONGVIDA® provides curcumin in a solid lipid formulation, which helps to increase its bioavailability. This formula also offers BACOGNIZE® Bacopa, a standardized extract of the plant *Bacopa monnieri*, which has been traditionally used to support memory. BACOGNIZE® Bacopa has been clinically shown to support cognitive health and brain function, increasing performance in a test measuring attention, freedom from distractibility, and working memory. Additionally, Neurogen Cognition provides a standardized extract of ginger, which has been shown to support cognitive health and memory in preclinical research.[‡]

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------------------------|--------|------|
| LONGVIDA® Optimized Curcumin | 400 mg | * |
| Providing | | |
| Curcumin (from <i>Curcuma longa</i> rhizome) | 80 mg | * |
| BACOGNIZE® Bacopa (<i>Bacopa monnieri</i>) | 300 mg | * |
| Aerial Parts Std. Extract (12% Bacosides) | | |
| Ginger (<i>Zingiber officinale</i>) Rhizome Std. Extract (14.6:1) (5% Gingerols) | 100 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica, soy lecithin, stearic acid, maltodextrin, ascorbyl palmitate

Contains: Soy

Longvida® is a trademark of Verdure Sciences, Inc.

Patents: www.vs-corp.com/ip.html

BACOGNIZE® is a registered trademark of Verdure Sciences Inc.

Recommended Dose

Take 2 capsules daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

07643



PhosCholine Complex

Research-driven support for cognitive health[‡]

- Enteric-coated to promote targeted release in the intestines
- Supports GI comfort and colon health[‡]
- Convenient capsule format

PhosCholine Complex is a unique combination of phosphatidylcholine, curcumin and ApresFlex® Boswellia serrata extract. Phosphatidylcholine is an important phospholipid present in cell membranes throughout the body. Specifically, it is the primary phospholipid in mucus and is particularly critical to the function of colonic mucus. Phosphatidylcholine may help establish the hydrophobic barrier of the mucosa, while regulating signalling pathways in the mucosa involving TNF- α and NF κ B. Turmeric has a long history of traditional use and contains curcumin, the primary bioactive compound responsible for a variety of beneficial health effects. Preclinical research suggests that curcumin may provide further support to the colon by scavenging reactive oxygen species, mediating the infiltration of neutrophils and regulating NF κ B activation. PhosCholine Complex also contains the clinically studied ApresFlex® Boswellia serrata extract. Although boswellia has been traditionally used to support a range of body systems, recent research has focused on its effects on the colon. Emerging evidence suggests that boswellia can regulate leukotriene metabolism, which may in turn promote colonic mucosal health. Additionally, this formula is enteric-coated to promote targeted release in the intestines.[‡]

SUPPLEMENT FACTS

Serving Size 2 Tablets
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------|--------|------|
| Phosphatidylcholine (from soy bean) | 375 mg | * |
| Curcumin (from tumeric rhizome) | 100 mg | * |
| ApresFlex® Boswellia (<i>Boswellia serrata</i>) | 50 mg | * |
| Gum Oleoresin Extract (20% 3-Acetyl-11-keto-beta-boswellic acid) | | |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, croscarmellose sodium, silica, delayed-release tablet coating (ethylcellulose, ammonium hydroxide, medium-chain triglycerides, oleic acid, sodium alginate, stearic acid), ascorbyl palmitate

Contains: Soy

ApresFlex® is a registered trademark of Laila Nutraceuticals. US Patent #8,551,496 and others pending

Recommended Dose

Take two tablets two times daily or as recommended by your health professional.

Size

60 Delayed-Release Tablets

Product Code

10355



Super EFA Forte Capsules

Concentrated triglyceride fish oil in a convenient softgel format

- Double-potency formula offering 475 mg of EPA and 325 mg of DHA per softgel
- Helps support cognitive, cardiovascular and joint health[‡]

Super EFA Forte Capsules offer a high-potency fish oil formula providing EPA and DHA in a bioavailable triglyceride form. Each exceptionally pure softgel offers 800 mg of EPA and DHA to support neurological, cardiovascular and joint health. DHA is one of the most important omega-3 fatty acids in the brain, where it helps regulate membrane fluidity, the formation of synapses, and cytokine production. Clinical research has demonstrated that DHA can support cognitive health, including episodic memory and learning in older adults. DHA is also important for the proper development of the brain and retina in young children. EPA and DHA have been found to support cardiovascular health by promoting healthy lipid metabolism, heart rates, and platelet and endothelial function. By regulating immune cell activity and the production of eicosanoids, such as prostaglandins and leukotrienes, these omega-3 fatty acids provide additional support for joint comfort and function.[‡]

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------|----------|------|
| Calories | 15 | |
| Total Fat | 1.5 g | 2% ^ |
| Cholesterol | <5 mg | 1% |
| Fish Oil (from Anchovy, Sardine and Mackerel) | 1,430 mg | * |
| Yielding | | |
| EPA (Eicosapentaenoic Acid) | 475 mg | * |
| DHA (Docosahexaenoic Acid) | 325 mg | * |
| Total Omega-3 | 830 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Capsule (bovine gelatin, glycerin, purified water), sweet orange oil, mixed tocopherols concentrate

Contains: Fish (Anchovy, Sardine and Mackerel)

Recommended Dose

Take one softgel one to four times daily or as recommended by your health professional.

Size

60 Softgels

Product Code

10393



Super EFA Forte Capsules + D

Concentrated triglyceride fish oil plus vitamin D in a convenient softgel format

- Double-potency formula offering 475 mg of EPA and 325 mg of DHA per softgel
- Includes 1,000 IU of vitamin D per teaspoon
- Helps support cognitive, cardiovascular, bone and immune health[‡]

Super EFA Forte Capsules + D offer a high-potency fish oil formula providing EPA and DHA in a bioavailable triglyceride form. Each exceptionally pure softgel offers 800 mg of EPA and DHA to support neurological, cardiovascular and joint health. DHA is one of the most important omega-3 fatty acids in the brain, where it helps regulate membrane fluidity, the formation of synapses and cytokine production. Clinical research has demonstrated that DHA can support cognitive health, including episodic memory and learning in older adults. DHA is also important for the proper development of the brain and retina in young children. EPA and DHA have been found to support cardiovascular health by promoting healthy lipid metabolism, heart rates, and platelet and endothelial function. By regulating immune cell activity and the production of eicosanoids, such as prostaglandins and leukotrienes, these omega-3 fatty acids provide additional support for joint comfort and function. Similarly, vitamin D is well-recognized for its beneficial effects in maintaining immune function and bone health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------|-------------------|------|
| Calories | 15 | |
| Total Fat | 1.5 g | 2% ^ |
| Cholesterol | <5 mg | 1% |
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Fish Oil (from Anchovy, Sardine and Mackerel) | 1,430 mg | * |
| Yielding | | |
| EPA (Eicosapentaenoic Acid) | 475 mg | * |
| DHA (Docosahexaenoic Acid) | 325 mg | * |
| Total Omega-3 | 830 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Capsule (bovine gelatin, glycerin, purified water), sweet orange oil, mixed tocopherols concentrate

Contains: Fish (Anchovy, Sardine and Mackerel)

Recommended Dose

Take one softgel daily or as recommended by your health professional.

Size

60 Softgels

Product Code

10394



Super EFA Forte Liquid

Concentrated triglyceride fish oil in a great-tasting liquid

- Double-potency formula offering 1,500 mg of EPA and 1,000 mg of DHA per teaspoon
- Helps support cognitive, cardiovascular and joint health[‡]
- Delicious natural orange flavor
- Features an anti-spill pouring spout
- Ideal for those who have difficulty swallowing capsules

Super EFA Forte Liquid is a high-potency fish oil formula offering EPA and DHA in a bioavailable triglyceride form. Each exceptionally pure and clean-tasting teaspoon offers 2,500 mg of EPA and DHA to support neurological, cardiovascular and joint health. DHA is one of the most important omega-3 fatty acids in the brain, where it helps regulate membrane fluidity, the formation of synapses, and cytokine production. Clinical research has demonstrated that DHA can support cognitive health, including episodic memory and learning in older adults. DHA is also important for the proper development of the brain and retina in young children. EPA and DHA have been found to support cardiovascular health by promoting healthy lipid metabolism, heart rates, and platelet and endothelial function. By regulating immune cell activity and the production of eicosanoids, such as prostaglandins and leukotrienes, these omega-3 fatty acids provide additional support for joint comfort and function. Available in a convenient liquid format, Super EFA Forte Liquid is ideal for individuals who may have difficulty or dislike swallowing capsules.[‡]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
Servings per Container about 40

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------|----------|------|
| Calories | 40 | |
| Total Fat | 4.5 g | 6% ^ |
| Cholesterol | 15 mg | 5% |
| Fish Oil (from Anchovy, Sardine and Mackerel) | 4,500 mg | * |
| Yielding | | |
| EPA (Eicosapentaenoic Acid) | 1,500 mg | * |
| DHA (Docosahexaenoic Acid) | 1,000 mg | * |
| Total Omega-3 | 2,600 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Sweet orange oil, rosemary leaf extract, mixed tocopherols concentrate
Contains: Fish (Anchovy, Sardine and Mackerel)

Recommended Dose

Take one teaspoon one to two times daily or as recommended by your health professional. Do not drink directly from the bottle.

Size

6.8 fl oz (200 mL)

Product Code

10391



Super EFA Forte Liquid + D

Natural Orange Flavor

Concentrated triglyceride fish oil plus vitamin D in a great-tasting liquid

- Double-potency formula offering 1,500 mg of EPA and 1,000 mg of DHA per teaspoon
- Includes 1,000 IU of vitamin D per teaspoon
- Helps support cardiovascular, cognitive, bone and immune health[‡]
- Delicious natural orange flavor
- Features an anti-spill pouring spout
- Ideal for those who have difficulty swallowing capsules

Super EFA Forte Liquid + D is a high-potency fish oil formula offering EPA and DHA in a bioavailable triglyceride form. Each exceptionally pure and clean-tasting teaspoon offers 2,500 mg of EPA and DHA to support neurological, cardiovascular and joint health. DHA is one of the most important omega-3 fatty acids in the brain, where it helps regulate membrane fluidity, the formation of synapses, and cytokine production. Clinical research has demonstrated that DHA can support cognitive health, including episodic memory and learning in older adults. DHA is also important for the proper development of the brain and retina in young children. EPA and DHA have been found to support cardiovascular health by promoting healthy lipid metabolism, heart rates, and platelet and endothelial function. By regulating immune cell activity and the production of eicosanoids, such as prostaglandins and leukotrienes, these omega-3 fatty acids provide additional support for joint comfort and function. Similarly, vitamin D is well-recognized for its beneficial effects in maintaining immune function and bone health. Available in a convenient liquid format, Super EFA Forte Liquid + D is ideal for individuals who may have difficulty or dislike swallowing capsules.[‡]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
Servings per Container about 40

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------|-------------------|------|
| Calories | 40 | |
| Total Fat | 4.5 g | 6% ^ |
| Cholesterol | 15 mg | 5% |
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Fish Oil (from Anchovy, Sardine and Mackerel) | 4,500 mg | * |
| Yielding | | |
| EPA (Eicosapentaenoic Acid) | 1,500 mg | * |
| DHA (Docosahexaenoic Acid) | 1,000 mg | * |
| Total Omega-3 | 2,600 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Sweet orange oil, rosemary leaf extract, mixed tocopherols concentrate
Contains: Fish (Anchovy, Sardine and Mackerel)

Recommended Dose

Take one teaspoon daily or as recommended by your health professional. Do not drink directly from the bottle.

Size

6.8 fl oz (200 mL)

Product Code

10392





PROBIOTICS

Your patients' health needs are as uniquely individual as they are.

With a specialized range of professionally endorsed probiotics and a long-standing reputation of setting quality and purity standards, Genestra HMF is the brand of choice for those looking for just the right digestive health solution.

Whether it's age, condition or personal preference, Genestra's tailored formulas are designed to meet each patient's unique health needs.‡

Choose the right HMF Probiotic for your patients

See page 25 for the HMF Probiotics Comparison Chart

What are Probiotics?

There are billions of bacteria living in the intestinal tract, often referred to as “microflora”. Probiotics are live, “friendly” bacteria in the microflora that work to keep a healthy intestinal balance by replenishing and maintaining beneficial strains. Maintaining this balance is critical for overall good health. †

Why supplement with probiotics?

Beneficial bacteria may be reduced due to a variety of factors:

- Age
- Medication use
- Lifestyle
- Dietary changes or poor diet
- Stress
- Traveling

Maintaining bacterial balance in the intestine promotes healthy gastrointestinal function. †

Who should take probiotics?

Daily probiotic supplementation is considered a necessary component of any healthy diet. It supports health in: †

- Pre- and post-pregnancy
- Infants (1 year+), children and adolescents
- Adults
- Seniors

While probiotics may be added in foods such as yogurt and smoothies, direct probiotic supplementation provides the highest amount of beneficial live and active cultures. Probiotics should be a routine part of a daily lifestyle to help maintain optimal health conditions. †

Research & Innovation

Driving probiotic science and innovation for over 20 years

Genestra Human MicroFlora (HMF) Probiotics incorporate safe and effective strains reflecting the latest evidence-based research from human trials, and provide physicians and healthcare professionals a comprehensive range for individualized or condition-specific treatment.[†]

Proprietary research-based strains

Natural pH and bile acid resistance: No enteric coatings required

Proprietary research-based strains have high survival rates through various stomach pH (1.8- 4.2), thus maximizing intestinal tract exposure and eliminating the need for enteric coatings (capsule/tablet barriers that control digestive absorption).

Naturally strong adherence: High ratio of intestinal tract carriage

CFU (Colony Forming Unit) levels are important, but effectiveness is best determined through intestinal tract carriage. HMF bacterial strains have a naturally strong adherence to epithelial cells that ensures high ratios of intestinal tract carriage.

Research-Driven: Human trials demonstrate safety and efficacy

Research-driven in randomized, double-blind, placebo-controlled human trials

25 billion CFU/day of:

- *Lactobacillus acidophilus* (CUL-60)
- *Lactobacillus acidophilus* (CUL-21)
- *Bifidobacterium bifidum* (CUL-20)
- *Bifidobacterium animalis* subsp. *lactis* (CUL-34)

Has been shown to:

- Promote intestinal comfort[†]

10 billion CFU/day of:

- *Lactobacillus salivarius* (CUL-61)
- *Lactobacillus paracasei* (CUL-08)
- *Bifidobacterium bifidum* (CUL-20)
- *Bifidobacterium animalis* subsp. *lactis* (CUL-34)

Has been shown to:

- Promote a healthy immune balance[†]
- Reduce incidence of skin sensitivity (Swansea Baby Trial)[†]

Probiotic Expertise

Genestra HMF Probiotics are endorsed and supported by Dr. Nigel Plummer, a global authority on probiotics and an educational leader associated with global research institutions. A collaborative think-tank lead by Dr. Nigel Plummer has produced peer-reviewed and PubMed-listed publications.



Nigel Plummer, PhD⁺

A key probiotic contributor, Dr. Plummer has worked at Pfizer in antibiotic R&D and has extensive knowledge in the field. His research has resulted in collaborations with research institutes and universities within the U.K. and Europe, enabling Dr. Plummer to develop his expertise in probiotics, natural antimicrobials and fish oils.

Probiotics You Can Count On

- Over two decades of industry leadership
- Backed by the highest standards in manufacturing, quality assurance, purity and potency
- Optimized freeze-drying technology preserves bacterial activity and ensures survival during storage
- Professional-grade products suitable for those with dietary sensitivities
- Innovative probiotic and nutrient combinations
- Research-based formulas reflecting the latest advancements in the field of probiotics

Proprietary Technologies for Moisture Control and Probiotic Stability

Exposure to any amount of moisture will have a detrimental impact on the stability and viability of probiotic organisms. To address this issue, Genestra HMF Probiotics are made using two proprietary manufacturing processes: TriPhase technology, a unique multi-stage dehydration process conducted throughout manufacturing; and Stability Max technology, which is employed through superior packaging materials and processes to control moisture and ensure probiotic stability throughout the entire shelf life.

TriPhase

StabilityMAX

The technical innovation of our unique TriPhase and Stability Max technologies provides:

- Moisture control
- Shelf stability in ambient or refrigerated conditions
- Product consistency and stability that ensure maximum efficacy
- 18-24 month stability on high-potency probiotic formulas and products combining probiotics with other nutrients

Phase 1

Micro-encapsulating and freeze-drying the probiotics

Phase 2

Pre-conditioning and tempering the product during manufacturing

Phase 3

Final treatment prior to packaging

* Dr. Plummer is a retained advisor to Genestra Brands.

Probiotic Clinical Trials

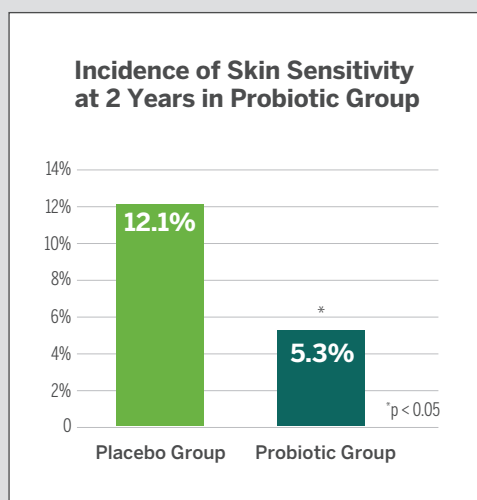
The Swansea Baby Trial

(Allen *et al.*, 2014)

Products: HMF Baby B, HMF Baby F

- Help to promote skin health[‡]
- Help to reduce incidence of skin sensitivity[‡]

The probiotic strains were found to safely and effectively moderate skin sensitivity in infants. In a randomized, double-blind, placebo-controlled, parallel group trial, 454 pregnant women at 36 weeks of gestation were assigned to either the probiotic capsule group (*Lactobacillus salivarius* CUL61, 6.25×10^9 colony forming units (CFU), *Lactobacillus paracasei* CUL08, 1.25×10^9 CFU, *Bifidobacterium animalis* subsp. *lactis* CUL34, 1.25×10^9 CFU and *Bifidobacterium bifidum* CUL20, 1.25×10^9 CFU) or the placebo group. Participants began daily supplementation until giving birth; participants' infants then began daily supplementation until 6 months of age. Skin health was assessed at 6 months and again at 2 years of age. In comparison with the infant participants in the placebo group, participants in the probiotic group experienced a statistically significant 57% decrease in skin sensitivity.[‡]



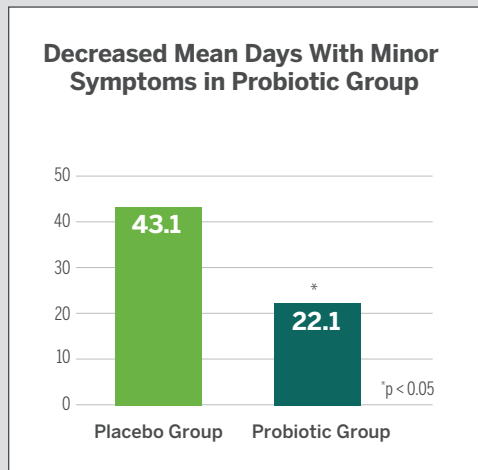
The ProChild Study

(Garaiova *et al.*, 2014)

Product: HMF Fit for School

- Supports immune function and upper respiratory tract health in children[‡]

In this study, HMF probiotic strains, in combination with vitamin C, effectively maintained immune function in preschool children and significantly reduced the number of days with minor symptoms and school absenteeism. In this randomized, double-blind, placebo-controlled study, 57 preschool children aged 3-6 were randomized to either the placebo group or the probiotic and vitamin C group (12.5 billion CFU of *Lactobacillus acidophilus* CUL60 and CUL 21, *Bifidobacterium animalis* subsp. *lactis* CUL34, and *Bifidobacterium bifidum* CUL 20). Compared with the placebo group, the children in the probiotic group had a significant decrease in the number of days with minor symptoms and a 30% decrease in school absenteeism incidence rate.[‡]



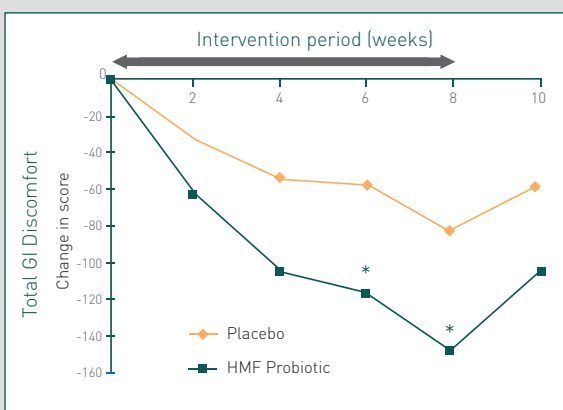
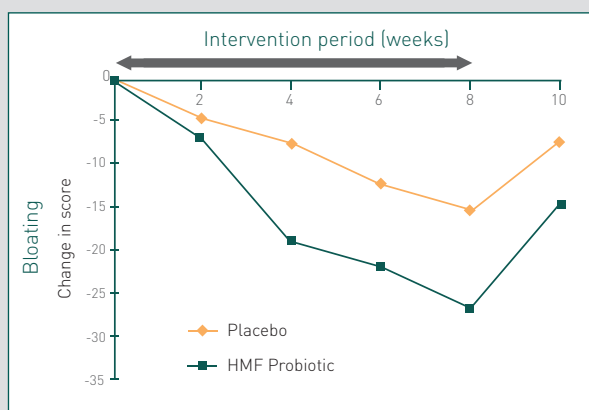
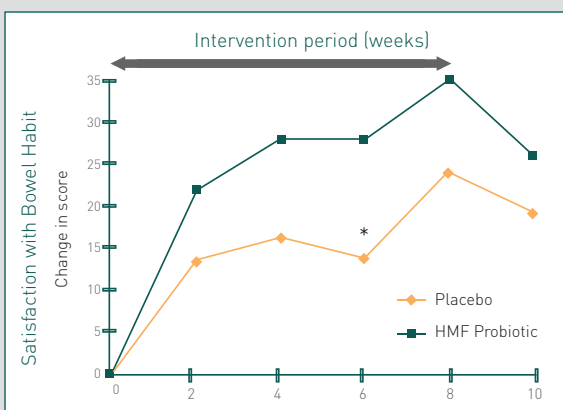
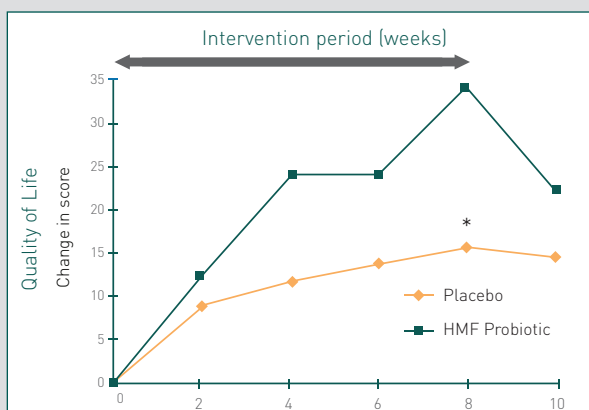
The Sheffield Trial

(Williams *et al.*, 2008)

Products: HMF Forte, HMF Intensive, HMF Replenish, HMF Capsules, HMF Multi Strain

- Support intestinal health and digestive function[‡]

HMF probiotic supplementation supports bowel function and quality of life, according to an eight-week, double-blind, randomized, placebo-controlled study. Fifty-two subjects were randomized to receive placebo or 25 billion CFU/day of an HMF probiotic containing *Lactobacillus acidophilus* (CUL-60 and CUL-21), *Bifidobacterium animalis* subsp. *lactis* (CUL-34), and *Bifidobacterium bifidum* (CUL-20). Bloating, satisfaction with bowel habits, and quality of life were scored at baseline and every two weeks during supplementation. In the probiotic group, gastrointestinal comfort scores and satisfaction with bowel habits significantly improved after six weeks, and quality of life scores improved after eight weeks.[‡]



Mean change in scores for quality of life, bloating, satisfaction with bowel habit and gastrointestinal comfort during the study. Support diminished when supplementation was discontinued at 8 weeks.[‡]

The Cambridge Trial

(Plummer *et al.*, 2005)

Products: HMF Replenish Capsules, HMF Replete

- **Promote and maintain healthy intestinal microflora composition[‡]**

In a double-blind, placebo-controlled trial, participants received HMF strains or placebo for 21 days. Fecal samples were collected at baseline (day 1) and on days 7 and 35 to determine the average bacterial composition.

The HMF probiotic supported beneficial Lactobacilli populations while moderating the presence of certain facultative anaerobic bacteria, thereby maintaining a healthy microbial composition.[‡]

The Swansea Safety in Newborns' Study

(Allen *et al.*, 2010)

Products: HMF Baby B, HMF Baby F

- **Promote and maintain healthy intestinal microflora composition[‡]**

Probiotic supplementation did not impact adverse event incidence, number of visits to the doctor, or mothers' assessment of infant health. Based on these findings, the authors concluded that usage of the probiotic formula was safe during pregnancy and infancy.

- No increase in adverse event incidence in pregnant mothers
- No increase in adverse event incidence in infants

PUBLISHED STUDIES SUPPORTING HMF PROBIOTICS

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HMF Probiotic Comparison Chart

| PRODUCT | PRIMARY INDICATIONS [†] | CFU PER DOSAGE UNIT | STRAINS | ADDED FEATURES | FOS | RECOMMENDED DOSE |
|------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|---------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|-----|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| DAILY PROBIOTIC | | | | | | |
| HMF Capsules | Encapsulated probiotic blend for general digestive support [†] | 2.5 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) | | No | Adults and Children (6 years and older): Take two capsules two times daily with meals or as recommended by your health professional. |
| HMF Multi Strain Powder | Probiotic powder featuring 17 different strains for comprehensive G.I. support [†] | 8 billion | <i>L. acidophilus</i> (CUL-60 & CUL-21), <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34), <i>B. bifidum</i> (CUL-20), <i>L. acidophilus</i> (NCFM®), <i>B. animalis</i> subsp. <i>lactis</i> (HNO19), <i>L. salivarius</i> (CUL-61), <i>L. rhamnosus</i> (CUL-63), <i>L. gasseri</i> (CUL-09), <i>B. breve</i> (CUL-74), <i>L. paracasei</i> (CUL-08), <i>L. casei</i> (CUL-06), <i>B. animalis</i> subsp. <i>lactis</i> (CUL-62), <i>L. plantarum</i> (CUL-66) <i>L. fermentum</i> (CUL-67), <i>B. longum</i> (CUL-75), <i>B. longum</i> subsp. <i>infantis</i> (Bi-26) | | No | In a glass, add water to 2 level scoops and mix. Take once daily or as recommended by your health professional. |
| HMF Forte (capsules) | Probiotic and prebiotic formula for enhanced microflora support and G.I. function [†] | 10 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) | | Yes | Take one capsule two times daily with meals or as recommended by your health professional. |
| HMF Super Powder | Probiotic and prebiotic formula for enhanced microflora support and G.I. function; convenient powder in a larger size format [†] | 10 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) | | Yes | Adults and Children (1 year and older): In a glass, add water or milk to one scoop (¼ teaspoon) of HMF Super Powder and mix. Take two times daily with meals or as recommended by your health professional. |
| HMF Powder | Probiotic and prebiotic formula for enhanced microflora support and G.I. function; convenient powder [†] | 11 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) | | Yes | Adults and Children (1 year and older): In a glass, add water or milk to one scoop (¼ teaspoon) of HMF Powder and mix. Take two times daily with meals or as recommended by your health professional. |
| HMF Multi Strain (capsules) | Probiotic formula featuring 16 different strains for comprehensive G.I. support [†] | 15 billion | <i>L. acidophilus</i> (CUL-60), <i>L. acidophilus</i> (CUL-21), <i>B. bifidum</i> (CUL-20), <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34), <i>L. salivarius</i> (CUL-61) <i>L. paracasei</i> (CUL-08), <i>L. plantarum</i> (CUL-66), <i>L. casei</i> (CUL-06), <i>L. fermentum</i> (CUL-67), <i>L. gasseri</i> (CUL-09), <i>B. animalis</i> subsp. <i>lactis</i> (CUL-62), <i>B. breve</i> (CUL-74), <i>S. salivarius</i> subsp. <i>thermophilus</i> (CUL-68), <i>L. acidophilus</i> (NCFM™), <i>B. animalis</i> subsp. <i>lactis</i> (HNO19), <i>L. rhamnosus</i> (HNO01) | | No | Adults, Adolescents and Children (6 years and older): Take one capsule daily or as recommended by your health professional. |
| HMF Fitness (capsules) | Helps to support healthy weight management ^{††} | 15 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>B. bifidum</i> (CUL-20) <i>L. plantarum</i> (CUL-66) | Citrus & guarana extract blend | No | Take one capsule two times daily with meals or as recommended by your health professional. |

[†]Provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise.

^{††}These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

| PRODUCT | PRIMARY INDICATIONS | CFU PER DOSAGE UNIT | STRAINS | ADDED FEATURES | FOS | RECOMMENDED DOSE |
|---------------------------------------|-------------------------------------------------------------------------------------------|---------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| DAILY PROBIOTIC (cont'd) | | | | | | |
| HMF Travel (capsules) | Shelf-stable, probiotic formula to promote G.I. health when traveling† | 17.5 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>S. boulardii</i> (CNCM-I-1079) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) | | No | Take two capsules daily or as recommended by your health professional. |
| HMF Bifido Powder | Probiotic powder featuring six <i>Bifidobacteria</i> strains for G.I. health support† | 20 billion | <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>B. bidum</i> (CUL-20) <i>B. breve</i> (CUL-74) <i>B. animalis</i> subsp. <i>lactis</i> (BI-04) <i>B. longum</i> subsp. <i>infantis</i> (Bi-26) <i>B. longum</i> subsp. <i>longum</i> (CUL-75) | | No | In a glass, add water to two level scoops and mix. Take once daily or as recommended by your health professional. |
| HMF Intensive (capsules) | Probiotic formula with clinically researched strains shown to support intestinal comfort† | 25 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) | | No | Adults and Children (6 years and older): Take one capsule daily with a meal or as recommended by your health professional. |
| HMF Intensive Powder | Probiotic formula for microflora balance and G.I. health support; convenient powder† | 25 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) | | No | Adults, Adolescents and Children (3 years and older): In a glass, add water or milk to one scoop of HMF Intensive Powder and mix. Take once daily with a meal or as recommended by your health professional. |
| HMF Bifido Capsules | Probiotic formula featuring six <i>Bifidobacteria</i> strains for G.I. health support† | 40 billion | <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>B. bidum</i> (CUL-20) <i>B. breve</i> (CUL-74) <i>B. animalis</i> subsp. <i>lactis</i> (BI-04) <i>B. longum</i> subsp. <i>longum</i> (CUL-75) <i>B. longum</i> subsp. <i>infantis</i> (Bi-26) | | No | Take one capsule daily or as recommended by your health professional. |
| HMF Intensive 50 (capsules) | Delayed-release, shelf-stable probiotic formula for microflora and G.I. health support† | 50 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>B. bifidum</i> (CUL-20) | | No | Take one capsule daily with a meal or as recommended by your healthcare practitioner. |
| HMF Multi Strain 50 (capsules) | Probiotic formula featuring 15 different strains for comprehensive G.I. support† | 50 billion | <i>L. acidophilus</i> (CUL-60), <i>L. acidophilus</i> (CUL-21), <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34), <i>B. bifidum</i> (CUL-20), <i>B. animalis</i> subsp. <i>lactis</i> (HNO19), <i>B. animalis</i> subsp. <i>lactis</i> (BL-04), <i>L. salivarius</i> (CUL-61), <i>L. paracasei</i> (CUL-08), <i>L. casei</i> (CUL-06), <i>L. gasseri</i> (CUL-09), <i>B. breve</i> (CUL-74), <i>L. plantarum</i> (CUL-66), <i>L. acidophilus</i> (NCFM®), <i>B. animalis</i> subsp. <i>lactis</i> (CUL-62), <i>S. cerevisiae</i> subsp. <i>boulardii</i> (CNCM-I-1079) | | No | Take one capsule daily or as recommended by your health professional. |
| HMF Replete (powder) | Probiotic powder for broad-spectrum support† | 75 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>L. salivarius</i> (CUL-61) | | Yes | In a glass, add water to ½ sachet of HMF Replete and mix. Take once daily with a meal or as recommended by your health professional. |
| HMF Replenish Capsules | Probiotic capsule for broad-spectrum support† | 100 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>L. salivarius</i> (CUL-61) | | Yes | Adults and Children (6 years and older): Take one capsule daily with a meal or as recommended by your health professional. |

| PRODUCT | PRIMARY INDICATIONS | CFU PER DOSAGE UNIT | STRAINS | ADDED FEATURES | FOS | RECOMMENDED DOSE |
|----------------------------------------|-----------------------------------------------------------------------------------------------|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|-----|--------------------------------------------------------------------------------------------------------------------------------------------------------|
| DAILY PROBIOTIC (cont'd) | | | | | | |
| HMF Multi Strain 100 (capsules) | Probiotic formula featuring 14 different strains for comprehensive G.I. support [†] | 100 billion | <i>L. acidophilus</i> (CUL-60), <i>L. acidophilus</i> (CUL-21), <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34), <i>B. bifidum</i> (CUL-20), <i>B. animalis</i> subsp. <i>lactis</i> (BL-04), <i>B. animalis</i> subsp. <i>lactis</i> (HNO19), <i>L. salivarius</i> (CUL-61), <i>L. paracasei</i> (CUL-08), <i>L. gasseri</i> (CUL-09), <i>L. acidophilus</i> (NCFM®), <i>L. casei</i> (CUL-06), <i>L. plantarum</i> (CUL-66), <i>B. breve</i> (CUL-74), <i>B. animalis</i> subsp. <i>lactis</i> (CUL-62) | | No | Take one capsule daily or as recommended by your health professional. |
| HMF Intensive 500 (powder) | Highest potency HMF Probiotic available | 500 billion | <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>B. bifidum</i> (CUL-20) <i>L. salivarius</i> (CUL-61) <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) | | No | In a glass, add water or milk to one sachet of HMF Intensive 500 and mix. Take once daily with meal or as recommended by your health professional. |
| EXORPHIN DEGRADING (in vitro) | | | | | | |
| HMF Neuro Capsules | Exorphin degrading capacity in intestinally-simulated conditions [†] | 12 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>L. rhamnosus</i> (CUL-63) | L-Glutamine | No | Adults, Adolescents and Children (6 years and older): Take one capsule two times daily with meals or as recommended by your health professional. |
| HMF Neuro Powder | Exorphin degrading capacity in intestinally-simulated conditions [†] | 12 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>L. rhamnosus</i> (CUL-63) | L-Glutamine | Yes | Adults: In a glass, add water to one scoop of HMF Neuro Powder and mix. Take two times daily with meals or as recommended by your health professional. |
| IMMUNE FUNCTION | | | | | | |
| HMF Immune (chewable tablets) | Supports upper respiratory tract health in physically active children and adults [†] | 30 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (BI-04) | Vitamins C & D | No | Chew one tablet daily with a meal or as recommended by your health professional. |
| TOPICAL SUPPORT | | | | | | |
| HMF Cream | Supports healthy microflora [†] | | <i>L. acidophilus</i> (CUL-60) <i>L. gasseri</i> (CUL-09) | Garlic powder | No | Application: Apply liberally to skin two to three times daily or as recommended by your health professional. For external use only. |
| WOMEN'S HEALTH | | | | | | |
| HMF Cystgen (powder) | Helps support urinary tract health [†] | 2.5 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) | Vitamin C, potassium, cranberry fruit juice concentrate | No | Take ¼ sachet four times daily or as recommended by your health professional. Take with food or immediately after meals. |
| HMF CranPro (capsules) | Helps support urinary tract health in women [†] | 15 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>L. gasseri</i> (CUL-09) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>B. bifidum</i> (CUL-20) | PACRAN® Cranberry fruit extract | No | Take two capsules daily or as recommended by your health professional. |
| HMF Women's Daily (capsules) | Helps support vaginal and urinary tract health [†] | 17.6 billion | <i>L. acidophilus</i> (La-14) <i>L. acidophilus</i> (CUL-60 & CUL-21) <i>B. rhamnosus</i> (HNO01) <i>L. gasseri</i> (CUL-09) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>B. bifidum</i> (CUL-20) | Cranberry fruit extract | No | Take one capsule daily with a meal or as recommended by your health professional. |

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| PRODUCT | PRIMARY INDICATIONS | CFU PER DOSAGE UNIT | STRAINS | ADDED FEATURES | FOS | RECOMMENDED DOSE |
|----------------------------------------------|-----------------------------------------------------------------------------------|---------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|-----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| PREGNANCY & CHILD SUPPORT | | | | | | |
| HMF Natogen (powder) | Probiotic specifically formulated to support G.I. health in children [†] | 3 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>L. paracasei</i> (CUL-08) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-62) | | No | Children (1-4 years): In a glass add water or milk to one scoop of HMF Natogen and mix. Take once daily with a meal or as recommended by your healthcare practitioner. |
| HMF Baby B (powder) | Probiotic specifically formulated for breast-fed babies | 10 billion | <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>L. salivarius</i> (CUL-61) <i>L. paracasei</i> (CUL-08) | Galacto-oligosaccharides (GOS) | No | Children (1-4 years): In a glass, add water or milk to one scoop of HMF Baby B and mix. Take once daily with a meal or as recommended by your health professional. |
| HMF Baby F (powder) | Probiotic specifically formulated for formula-fed babies | 10 billion | <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>L. salivarius</i> (CUL-61) <i>L. paracasei</i> (CUL-08) | Galacto-oligosaccharides (GOS) | Yes | Children (1-4 years): In a glass, add water or milk to one scoop of HMF Baby F and mix. Take once daily with a meal or as recommended by your health professional. |
| HMF Maternity (capsules) | Probiotic specifically formulated to support pregnant women [†] | 10 billion | <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>L. salivarius</i> (CUL-61) <i>L. paracasei</i> (CUL-08) | | No | Take one capsule daily with a meal or as recommended by your health professional. |
| HMF Child (chewable tablets) | Child-specific chewable probiotic to support G.I. health [†] | 12.5 billion | <i>L. acidophilus</i> (CUL-60) <i>L. acidophilus</i> (CUL-21) <i>B. bifidum</i> (CUL-20) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>L. salivarius</i> (CUL-61) <i>L. paracasei</i> (CUL-08) | | No | Children (4 years and older): Chew one tablet two times daily with meals or as recommended by your health professional. |
| HMF Fit For School (chewable tablets) | Chewable probiotic to support G.I. health and immune function [†] | 12.5 billion | <i>L. acidophilus</i> (CUL-21) <i>L. acidophilus</i> (CUL-60) <i>B. animalis</i> subsp. <i>lactis</i> (CUL-34) <i>B. bifidum</i> (CUL-20) | Vitamins C and D | No | Adolescents and Children (4 years and older): Chew one tablet daily or as recommended by your healthcare practitioner. |

HMF Intensive

Clinically researched probiotic formula

- Provides 25 billion CFU per capsule
- Balances microflora composition[‡]
- Supports gastrointestinal health and comfort[‡]

HMF Intensive provides a combination of probiotics clinically demonstrated to support gastrointestinal health and comfort. Clinical trials have found that daily supplementation with HMF Intensive's probiotic formula helped support a healthy microflora composition. Additionally, a clinical trial reported that daily supplementation with this probiotic formula for eight weeks significantly improved several measures of intestinal comfort (including symptom severity score, abdominal comfort, bloating, satisfaction with bowel habits, and quality of life). Specifically, probiotic intake led to a 22% decrease in days with intestinal discomfort, 32% improvement in satisfaction with bowel habits, and 30% improvement in quality of life scores. When compared to placebo values, satisfaction with bowel habits and mean change in symptom severity score significantly improved after six weeks.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 30

| EACH CAPSULE CONTAINS | | % DV |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|------|
| Probiotic Consortium | 25 Billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60) <i>Lactobacillus acidophilus</i> (CUL-21) <i>Bifidobacterium bifidum</i> (CUL-20) <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |

* Daily Value not established

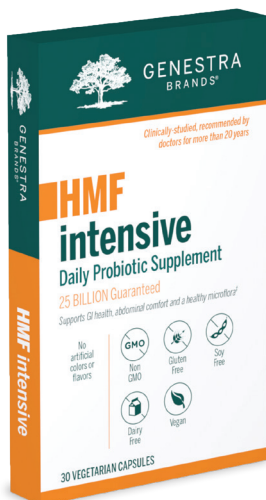
Other ingredients: Cellulose, hypromellose

Recommended Dose

Adults and Children (6 years and older): Take one capsule daily with a meal or as recommended by your health professional.

Size
30 Vegetarian Capsules

Product Code
10431



To order, call **1.888.737.6925**
For more information, visit **Seroyal.com**

NEW HMF Bifido Capsules

Six-strain *Bifidobacteria* combination

- Provides 40 billion CFU per dose
- Convenient once-daily capsule format
- Supports gastrointestinal health, abdominal comfort and a healthy microflora[‡]
- Promotes healthy immune function[‡]
- Includes proprietary, research-driven strains

HMF Bifido Capsules offer six proprietary *Bifidobacteria* strains to support probiotic colonization in the large intestine. *Bifidobacteria* are normally present in the gut from birth to old age, where they play an important role in gastrointestinal health. *Bifidobacteria* help to mediate carbohydrate fermentation in the large intestine and contribute to the production of important short-chain fatty acids (SCFAs), including acetate and lactate. Although they are the most abundant genus present in the guts of healthy infants, *Bifidobacteria* concentrations decrease as individuals age, with greatest declines observed in the elderly. Clinical research suggests that *Bifidobacteria* supplementation can promote a healthy gut flora composition, support gastrointestinal comfort, and may have a particular role in maintaining immune function. HMF Bifido Capsules provide highly researched probiotic strains such as BI-04, CUL-34 and CUL-20, which have been demonstrated in clinical trials to contribute to gastrointestinal and immune health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|------|
| Probiotic Consortium | 40 Billion CFU | * |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20) <i>Bifidobacterium breve</i> (CUL-74) <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (BI-04) <i>Bifidobacterium longum</i> subsp. <i>longum</i> (CUL-75) <i>Bifidobacterium longum</i> subsp. <i>infantis</i> (BI-26) | | |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, stearic acid

Recommended Dose

Take one capsule daily or as recommended by your health professional.

Size
30 Vegetarian Capsules

Product Code
10425



[‡]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

DAILY PROBIOTIC

NEW HMF Bifido Powder

Six-strain *Bifidobacteria* combination

- Provides 40 billion CFU per dose
- Convenient once-daily powder format
- Supports gastrointestinal health, abdominal comfort and a healthy microflora[‡]
- Promotes healthy immune function[‡]
- Includes proprietary, research-driven strains

HMF Bifido Powder offers six proprietary *Bifidobacteria* strains to support probiotic colonization in the large intestine. *Bifidobacteria* are normally present in the gut from birth to old age, where they play an important role in gastrointestinal health. *Bifidobacteria* help to mediate carbohydrate fermentation in the large intestine and contribute to the production of important short-chain fatty acids (SCFAs), including acetate and lactate. Although they are the most abundant genus present in the guts of healthy infants, *Bifidobacteria* concentrations decrease as individuals age, with greatest declines observed in the elderly. Clinical research suggests that *Bifidobacteria* supplementation can promote a healthy gut flora composition, support gastrointestinal comfort, and may have a particular role in maintaining immune function. HMF Bifido Powder provides highly researched probiotic strains such as BI-04, CUL-34 and CUL-20, which have been demonstrated in clinical trials to contribute to gastrointestinal and immune health.[‡]

SUPPLEMENT FACTS

Serving Size 2 level scoops (1 g)
Servings per Container about 30

| AMOUNT PER SERVING | % DV |
|------------------------------------------------------------------------------------------------------------|------|
| Probiotic Consortium 40 Billion CFU * | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20) | |
| <i>Bifidobacterium breve</i> (CUL-74) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (BI-04) | |
| <i>Bifidobacterium longum</i> subsp. <i>infantis</i> (Bi-26) | |
| <i>Bifidobacterium longum</i> subsp. <i>longum</i> (CUL-75) | |

* Daily Value (DV) not established

Other ingredients: Potato maltodextrin

Recommended Dose

In a glass, add water to two level scoops and mix. Take once daily or as recommended by your health professional.

Size

Net Weight 1 oz (30 g)

Product Code

10429



HMF Capsules

Supports gastrointestinal health[‡]

- Maintains digestive health[‡]
- Provides 10 billion CFU per day from two strains of *Lactobacillus acidophilus*, *Bifidobacterium bifidum*, and *Bifidobacterium animalis* subsp. *lactis*

HMF Capsules provide four strains of proprietary human-sourced probiotics that support healthy gut flora in adults and children. The microflora composition in the gut is relatively steady, although it can be altered by diet, stress, age and medication use. Probiotics support healthy bacterial balance to maintain healthy intestinal function. Probiotics support the epithelial barrier and the integrity of tight junctions, which control permeability. Lactic acid bacteria *Lactobacilli* and *Bifidobacteria* are the most commonly used probiotics, and effectively colonize the intestines. In a randomized, placebo-controlled trial involving 22 adults, daily supplementation with a probiotic containing *Lactobacillus acidophilus* supported healthy microflora balance.[‡]

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30

| AMOUNT PER SERVING | % DV |
|---------------------------------------------------------------|-------|
| Total Carbohydrate <1 g | <1% ^ |
| Probiotic Consortium 5 Billion CFU * | |
| <i>Lactobacillus acidophilus</i> (CUL-60) | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Cellulose, hypromellose, silica, magnesium stearate

Recommended Dose

Adults and Children (6 years and older): Take two capsules two times daily with meals or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10409



HMF Fitness

Probiotic formula with added citrus and guarana extract for healthy weight management support^{†‡}

- Supports maintenance of a healthy abdominal fat composition[†]
- Supports healthy hip and waist circumference[†]
- Helps to maintain healthy fibrinogen levels[†]
- Provides 30 billion CFU per day from a combination of five proprietary probiotic strains
- Supplies 900 mg per day of a clinically studied citrus and guarana extract blend daily

HMF Fitness is a combination of research-driven probiotics and a clinically studied citrus and guarana extract blend that helps to support healthy weight management.[†] In two randomized, double-blind, placebo-controlled trials, supplementation with the extract for 12 weeks, in combination with a strict diet and exercise regimen, significantly supported healthy weight management, body fat composition and abdominal circumference (hip and waist) when compared to the placebo group. Research demonstrates that citrus fruits found in the extract, including grapefruit and oranges, contain bioflavonoids that support lipolysis (breakdown of triglyceride into glycerol and free fatty acids). As daily probiotic supplementation is also considered a necessary component of any healthy diet, HMF Fitness contains five strains of proprietary probiotics to contribute to a favorable gut flora and support gastrointestinal health. Included in this probiotic blend is *L. plantarum* (CUL-66), which has been studied *in vitro* for its ability to modulate intestinal cholesterol metabolism.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsules
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------------------|----------------|------|
| Probiotic Consortium | 15 Billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60 & CUL-21) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Lactobacillus plantarum</i> (CUL-66) | | |
| Citrus & Guarana Extract Blend | 450 mg | * |
| Grapefruit (<i>Citrus paradisi</i>) Fruit and Peel Extract (50:1) | 270 mg | * |
| 13.5 g Dried Equivalent Providing Bioflavonoids | 90 mg | * |
| Sweet Orange (<i>Citrus sinensis</i>) Fruit and Peel Extract (50:1) | 67.5 mg | * |
| 3.375 g Dried Equivalent | | |
| Blood Orange (<i>Citrus sinensis</i>) Fruit and Peel Extract (50:1) | 22.5 mg | * |
| 1.125 g Dried Equivalent | | |
| Guarana (<i>Paullinia cupana</i>) Seed Extract (4:1) | 90 mg | * |
| 360 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica

Recommended Dose

Take one capsule two times daily with meals or as recommended by your health professional.

Size
60 Vegetarian Capsules

Product Code
10356



[†]Provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise.

To order, call **1.888.737.6925**
For more information, visit **Seroyal.com**

HMF Forte

Promotes intestinal health in adults and children[†]

- Supports healthy gut microflora balance[†]
- Provides 20 billion CFU per day from two strains of *Lactobacillus acidophilus*, *Bifidobacterium bifidum*, and *Bifidobacterium animalis* subsp. *lactis*

HMF Forte is a unique combination of four strains of proprietary, human-sourced probiotics that helps to promote gastrointestinal health in adults and children. Supplementation with large numbers of a combination of microorganisms will help maximize intestinal colonization, supporting the growth of beneficial bacteria. *Lactobacilli* and *Bifidobacteria*, the most commonly used probiotics, help colonize the intestines and mediate the permeability of epithelial cells. In a randomized, placebo-controlled trial involving 22 adults, daily supplementation with a probiotic containing *Lactobacillus acidophilus* supported a healthy microflora balance.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60 or 120

| EACH CAPSULE CONTAINS | | % DV |
|---------------------------------------------------------------|----------------|------|
| Probiotic Consortium | 10 Billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| Fructooligosaccharides (FOS) | 100 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, silica, magnesium stearate

Recommended Dose

Adults and Children (6 years and older): Take one capsule two times daily with meals or as recommended by your health professional.

Size
60 Vegetarian Capsules
120 Vegetarian Capsules

Product Code
10418
10418120



[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

DAILY PROBIOTIC

NEW HMF Intensive 50

Delayed-release, shelf-stable probiotic formula

- Supports gastrointestinal and immune health[†]
- Provides 50 billion CFU per day from a combination of four proprietary strains
- Formulated with acid-resistant and delayed-release capsules for targeted delivery to the intestines
- Convenient, once-daily capsule format

HMF Intensive 50 is a shelf-stable probiotic formula that offers 50 billion CFU from a combination of four proprietary strains. These microorganisms have been used in a wide body of clinical research and constitute one of the most studied probiotic combinations worldwide. Research has demonstrated that these strains contribute to a favorable gut flora balance, support gastrointestinal comfort and maintain immune health. In addition, these human-sourced strains were selected based on their high quality and viability, strong epithelial adherence, and naturally high tolerance to stomach and bile acid. To further enhance probiotic survivability through the stomach, HMF Intensive 50 is produced with delayed-release capsules. Each capsule is formulated with unique polymer properties that resist stomach acid and delay the release of probiotics after swallowing, allowing for complete, targeted release in the intestines and optimal probiotic activity.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|----------------|------|
| Probiotic Consortium | 50 Billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60 & CUL-21) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| & <i>Bifidobacterium bifidum</i> (CUL-20) | | |

* Daily Value (DV) not established

Other ingredients: Delayed-release capsule (hypromellose, gellan gum), cellulose, stearic acid, silica

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size

30 Vegetarian Capsules

Product Code

10354



HMF Intensive 500

500 billion CFU per dose

- Supports gastrointestinal health and comfort[†]
- Balances microflora composition[†]
- Offers five proprietary strains from a combination of *Lactobacillus* and *Bifidobacterium* genera
- Convenient, once-daily powder format
- Potency guaranteed through expiration
- Backed by over 20 years of clinical evidence

HMF Intensive 500 is our most concentrated probiotic formula yet, providing 500 billion CFU daily from a combination of five human-sourced, research-driven strains. Included in this blend are three strains of *Lactobacilli* and two strains of *Bifidobacteria* to ensure colonization in both the small and large intestines. These proprietary strains were selected based on their high quality, viability, strong epithelial adherence and naturally high tolerance to stomach acid. HMF probiotics have been evaluated for their effectiveness in clinical trials over the past 15 years and are some of the most studied probiotic cultures in the world. Research has reported that strains present in HMF Intensive 500 contribute to a favorable gut flora balance, support gastrointestinal comfort and maintain immune health (when combined with vitamin C). Provided in a convenient, once-daily powder format, HMF Intensive 500 is an easy way to support daily gastrointestinal health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Sachet (5 g)
Servings per Container about 30

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|-----------------|------|
| Probiotic Consortium | 500 Billion CFU | * |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | |
| <i>Lactobacillus salivarius</i> (CUL-61) | | |

* % Daily Value (DV) not established

Other ingredients: Potato maltodextrin

Recommended Dose

In a glass, add water or milk to one sachet of HMF Intensive 500 and mix. Take once daily with meals or as recommended by your health professional.

Size

Net Weight 5.3 oz (150 g)

Product Code

10199



HMF Intensive Powder

Supports intestinal health[‡]

- Provides 25 billion CFU per day of two strains of *Lactobacillus acidophilus*, *Bifidobacterium bifidum*, and *Bifidobacterium animalis* subsp. *lactis*

HMF Intensive Powder provides four strains of proprietary probiotics that promote intestinal health in children, adolescents, and adults. *Lactobacilli* and *Bifidobacteria* are the most commonly used probiotics. They effectively colonize the intestines and promote healthy levels of intestinal bacteria into circulation. Probiotics reinforce the epithelial barrier and help maintain intestinal permeability by supporting the integrity of tight junctions. Although the microflora composition in the gut is relatively steady, it can be altered by diet, stress, age and medication use. Probiotics promote the presence of beneficial bacteria to support normal intestinal function. In a randomized, placebo-controlled trial involving 155 adults, daily intake of a probiotic supplement providing 25 billion CFU (containing two strains each of *Lactobacillus acidophilus* and *Bifidobacterium*) for 21 days significantly and positively affected the intestinal microbiota.[‡]

SUPPLEMENT FACTS

Serving Size 1 Scoop (1 g)
Servings per Container 30

| AMOUNT PER SERVING | | % DV FOR ADULTS AND CHILDREN 4+ YEARS | % DV FOR CHILDREN 3-4 YEARS |
|---------------------------------------------------------------|----------------|---------------------------------------|-----------------------------|
| Total Carbohydrate | <1 g | <1 % [^] | * |
| Probiotic Consortium | 25 Billion CFU | * | * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | | |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Delayed-release capsule (hypromellose, gellan gum), cellulose, stearic acid, silica

Recommended Dose

Adults, Adolescents and Children (3 years and older): In a glass, add water or milk to one scoop of HMF Intensive Powder and mix. Take once daily with a meal or as recommended by your health professional.

Size

Net Weight 1 oz (30 g) Powder

Product Code

10486



HMF Multi Strain

Multistrain probiotic formula promotes gastrointestinal health[‡]

- Supports a healthy gut microflora[‡]
- Provides 15 billion CFU per capsule from a combination of 16 strains

HMF Multi Strain is a combination of 16 probiotic strains that promote a healthy gut microflora. The intestines are a critical barrier that selectively allow absorption or promote the excretion of compounds, and their optimal function depends on a healthy bacterial balance. The intestinal microbiota contains more than 400 bacterial species, and can be altered by antibiotic use, aging, and premature or caesarean births. Probiotics reinforce the epithelial barrier and support barrier function by maintaining tight junction integrity, thereby supporting gastrointestinal health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------|----------------|------|
| Probiotic Consortium | 15 Billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| <i>Lactobacillus salivarius</i> (CUL-61) | | |
| <i>Lactobacillus paracasei</i> (CUL-08) | | |
| <i>Lactobacillus plantarum</i> (CUL-66) | | |
| <i>Lactobacillus casei</i> (CUL-06) | | |
| <i>Lactobacillus fermentum</i> (CUL-67) | | |
| <i>Lactobacillus gasseri</i> (CUL-09) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-62) | | |
| <i>Bifidobacterium breve</i> (CUL-74) | | |
| <i>Streptococcus salivarius</i> subsp. <i>thermophilus</i> (CUL-68) | | |
| <i>Lactobacillus acidophilus</i> (NCFM [®]) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (HN019) | | |
| <i>Lactobacillus rhamnosus</i> (HN001) | | |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica

Recommended Dose

Adults, Adolescents and Children (6 years and older): Take one capsule daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10487



DAILY PROBIOTIC

HMF Multi Strain 50

15-strain probiotic combination†

- Helps to reduce intestinal transit time‡
- Helps support a healthy immune system‡
- May enhance aspects of cellular immunity‡
- Supports gastrointestinal health‡
- Supports a favorable gut flora‡

HMF Multi Strain 50 capsules include 50 billion CFU from a combination of 15 probiotic strains. These research-driven strains were selected based on their ability to support both gastrointestinal and immune health. HMF Multi Strain 50's Probiotic Consortium contains proprietary human-sourced strains, and includes 8 strains of *Lactobacilli* and 6 strains of *Bifidobacteria*. *Saccharomyces cerevisiae* subsp. *boulardii* (CNCM-I-1079) live yeast cells are also provided for additional microflora support.

In a recent placebo-controlled clinical trial, daily supplementation with HN019 for two weeks significantly reduced intestinal transit time; following supplementation, intestinal transit time was decreased by approximately 30%, which was associated with an approximate 35.8% reduction in occasional constipation. BI-04 and NCFM® support year-round immune health and may enhance certain aspects of cellular immunity, such as cytokine-dependent cellular signaling. As well, supplementation with a combination of CUL-60, CUL-21, CUL-31 and CUL-20 may help to enhance certain aspects of cellular immunity in healthy individuals.‡

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 30

| EACH CAPSULE CONTAINS | % DV |
|-----------------------------------------------------------------------|------------------|
| Probiotic Consortium | 50 Billion CFU * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (HN019) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (BI-04) | |
| <i>Lactobacillus salivarius</i> (CUL-61) | |
| <i>Lactobacillus paracasei</i> (CUL-08) | |
| <i>Lactobacillus casei</i> (CUL-06) | |
| <i>Lactobacillus gasseri</i> (CUL-09) | |
| <i>Bifidobacterium breve</i> (CUL-74) | |
| <i>Lactobacillus plantarum</i> (CUL-66) | |
| <i>Lactobacillus acidophilus</i> (NCFM®) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-62) | |
| <i>Saccharomyces cerevisiae</i> subsp. <i>boulardii</i> (CNCM-I-1079) | |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, silica
NCFM® is used with permission under license

Recommended Dose

Take one capsule daily or as recommended by your health professional.

Size

30 Vegetarian Capsules

Product Code

10498



HMF Multi Strain 100

Concentrated 14-strain probiotic combination

- Provides 100 billion CFU per convenient, once-daily capsule
- Supports gastrointestinal and immune health‡
- Contains proprietary, human-sourced strains
- Potency guaranteed through expiration

HMF Multi Strain 100 capsules offer 100 billion CFU from a combination of 14 probiotic strains. Included in this blend of proprietary probiotics are eight strains of *Lactobacilli* and six strains of *Bifidobacteria* to ensure colonization in both the small and large intestines. These research-driven strains were selected based on their superior adherence to the gut lining, natural resistance to pH and bile acid, and ability to support gastrointestinal health and promote a favorable gut flora. One recent placebo-controlled trial found that daily supplementation with *Bifidobacterium animalis* subsp. *lactis* (HN019), a probiotic strain found in HMF Multi Strain 100, promoted healthy intestinal transit time and reduced occasional constipation. HMF Multi Strain 100 also contains BI-04 and NCFM® to support immune health. In addition, supplementation with a combination of CUL-60, CUL-21, CUL-34 and CUL-20 (plus vitamin C) was found to promote healthy immune responses in schoolchildren.‡

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 30

| EACH CAPSULE CONTAINS | % DV |
|---------------------------------------------------------------|-------------------|
| Probiotic Consortium | 100 Billion CFU * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (HN019) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (BI-04) | |
| <i>Lactobacillus acidophilus</i> (NCFM®) | |
| <i>Lactobacillus gasseri</i> (CUL-09) | |
| <i>Lactobacillus paracasei</i> (CUL-08) | |
| <i>Lactobacillus casei</i> (CUL-06) | |
| <i>Lactobacillus salivarius</i> (CUL-61) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-62) | |
| <i>Bifidobacterium breve</i> (CUL-74) | |
| <i>Lactobacillus plantarum</i> (CUL-66) | |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica
NCFM® is used with permission under licence

Recommended Dose

Take one capsule daily or as recommended by your health professional.

Size

30 Vegetarian Capsules

Product Code

10197



NEW HMF Multi Strain Powder

17-strain probiotic combination

- Provides 16 billion CFU per serving
- Supports gastrointestinal health, abdominal comfort and a healthy microflora[‡]
- May help to support immune function[‡]
- Available in a once-daily powder format
- Free of artificial colors and flavors

HMF Multi Strain Powder offers a comprehensive combination of 17 proprietary probiotic strains. Each convenient, once-daily serving provides 10 strains of *Lactobacilli* and seven strains of *Bifidobacteria* to promote colonization in both the small and large intestines. In one placebo-controlled trial, daily supplementation with HN019, a probiotic strain found in HMF Multi Strain Powder, promoted healthy intestinal transit time and reduced occasional constipation. Research suggests that HN019 may also help regulate immune cell activity to support a healthy immune system. Similarly, HMF Multi Strain Powder contains CUL-60, CUL-21, CUL- 34 an CUL-20, which have been demonstrated in clinical trials to support intestinal comfort and promote a healthy microflora balance in the gastrointestinal tract. In addition to *ex vivo* evidence reporting that this probiotic combination can help regulate immune responses, daily supplementation with CUL-60, CUL-21, CUL- 34 and CUL-20 (plus vitamin C) was found to support upper respiratory tract health in schoolchildren. HMF Multi Strain Powder is a great alternative for adults and children who dislike or have difficulty swallowing capsules.[‡]

SUPPLEMENT FACTS

Serving Size 2 level scoops (1 g)
Serving per Container about 60

| AMOUNT PER SERVING | % DV |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| Probiotic Consortium | 16 Billion CFU * |
| <i>Lactobacillus acidophilus</i> (CUL-60 & CUL-21) <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20) <i>Lactobacillus acidophilus</i> (NCFM®) <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (HN019) <i>Lactobacillus salivarius</i> (CUL-61) <i>Lactobacillus rhamnosus</i> (CUL-63) <i>Lactobacillus gasseri</i> (CUL-09) <i>Bifidobacterium breve</i> (CUL-74) <i>Lactobacillus paracasei</i> (CUL-08) <i>Lactobacillus casei</i> (CUL-06) <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-62) <i>Lactobacillus plantarum</i> (CUL-66) <i>Lactobacillus fermentum</i> (CUL-67) <i>Bifidobacterium longum</i> (CUL-75) <i>Bifidobacterium longum</i> subsp. <i>infantis</i> (Bi-26) | |

* Daily Value (DV) not established

Other ingredients: Potato maltodextrin

Recommended Dose

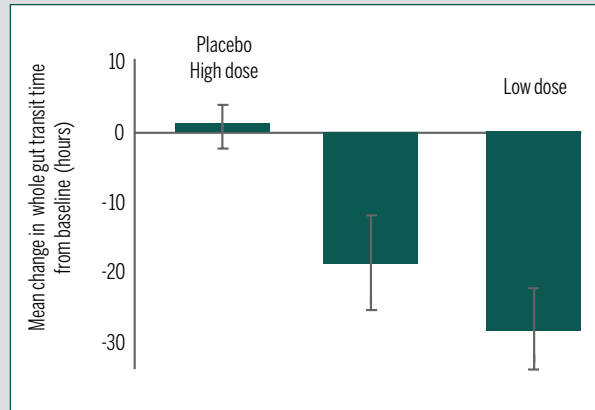
In a glass, add water to two level scoops and mix. Take once daily or as recommended by your health professional.

Size
Net Weight 2.1 oz (60 g)

Product Code
10387



Bifidobacterium lactis HN019 Supports Gut Motility After 14 Days of Supplementation[‡]



When taken daily for 2 weeks, *B. lactis* HN019 provided significant support for gut motility in a randomized placebo-controlled clinical trial of 100 adults. Time required for an orally ingested marker to pass through the entire gastrointestinal tract decreased in both the low (1.8 billion CFU/day) and high (and 17.2 billion CFU/day) dose groups, with no significant change in the placebo group ($p < 0.01$ across groups). This proprietary strain is provided in HMF Multi Strain and Multi Strain 100 within the clinically studied dose range. (Waller et al, Scand J Gastroenterol, 2011;46:1057-1064.).

DAILY PROBIOTIC

HMF Powder

Fructooligosaccharides and probiotics to promote intestinal health[‡]

- Provides 22 billion CFU per day from two strains of *Lactobacillus acidophilus*, *Bifidobacterium bifidum*, and *Bifidobacterium animalis* subsp. *lactis*
- Includes 1,760 mg of fructooligosaccharides (FOS) per day

HMF Powder is a synbiotic combination of four strains of proprietary human-sourced probiotics and FOS that promotes optimal intestinal health. The intestinal microbiota, which contains more than 400 bacterial species, can be altered by medication use, aging, and premature or caesarean births. The intestines are a critical barrier that selectively allow absorption or promote the excretion of compounds, and their optimal function depends on a healthy bacterial balance. The most commonly used probiotics are *Lactobacilli* and *Bifidobacteria*. They effectively colonize the intestines, but after their ingestion ends, their counts decline. Probiotics also reinforce the epithelial barrier and support barrier function by maintaining tight junction integrity. Prebiotics, including FOS, are fermented by microbes in the large intestine, which in turn results in the production of short chain fatty acids, including butyrate, the preferred energy source in colon cells. Synbiotic products support the growth of healthy bacteria already living in the colon and supplemented probiotic strains.[‡]

SUPPLEMENT FACTS

Serving Size 1 Scoop (1 g)
Servings per Container 60

| AMOUNT PER SERVING | | % DV FOR ADULTS AND CHILDREN 4+ YEARS | % DV FOR CHILDREN 1-3 YEARS |
|---------------------------------------------------------------|----------------|---------------------------------------|-----------------------------|
| Total Carbohydrate | <1 g | <1% [^] | * |
| Probiotic Consortium | 11 billion CFU | * | * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | | |
| Fructooligosaccharides (FOS) | 880 mg | * | * |

* Daily Value (DV) not established
[^] Percent Daily Values (DV) are based on a 2,000 calorie diet
 Other ingredients: None.

Recommended Dose

Adults and Children (1 year and older): In a glass, add water or milk to one scoop (¼ teaspoon) of HMF Powder and mix. Take two times daily with meals or as recommended by your health professional.

Size

Net Weight 2.1 oz (60 g)

Product Code

10408



HMF Replenish Capsules

Promotes gastrointestinal health[‡]

- Supports a healthy gut microflora[‡]
- Promotes healthy digestive function[‡]
- Provides 100 billion CFU per dose from two strains of *Lactobacillus acidophilus*, *Bifidobacterium bifidum*, *Bifidobacterium animalis* subsp. *lactis*, and *Lactobacillus salivarius*

HMF Replenish Capsules contain five strains of proprietary human-sourced probiotics that support gastrointestinal health. *Lactobacillus* and *Bifidobacterium* promote healthy intestinal microflora and support healthy digestion. In a randomized, placebo-controlled trial involving 52 adults, daily supplementation with probiotics supported digestive health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 14

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------------------|-----------------|------|
| Probiotic Consortium | 100 billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60 & CUL-21) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Lactobacillus salivarius</i> (CUL-61) | | |

* Daily Value (DV) not established

Other ingredients: Fructooligosaccharides (FOS), hypromellose, silica, magnesium stearate

Recommended Dose

Adults and Children (6 years and older): Take one capsule daily with a meal or as recommended by your health professional.

Size

14 Vegetarian Capsules

Product Code

10457



HMF Replete

Promotes healthy gut flora[‡]

- Supports gastrointestinal and digestive health[‡]
- Provides 75 billion CFU per day from two strains of *Lactobacillus acidophilus*, *Bifidobacterium bifidum*, *Bifidobacterium animalis* subsp. *lactis*, and *Lactobacillus salivarius*

HMF Replete is a unique combination of proprietary human-sourced probiotics that supports a healthy intestinal microflora. The intestines contain more than 400 bacterial species, and bacterial balance is necessary for a healthy intestinal tract. Probiotics, including *Lactobacillus* and *Bifidobacterium*, promote healthy microflora, support normal intestinal microbiota, and promote digestive health. In a randomized, placebo-controlled trial involving 52 adults, daily probiotic supplementation supported gastrointestinal health.[‡]

SUPPLEMENT FACTS

Serving Size ½ Sachet (10 g)
 Servings per Container 14

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|----------------|-------|
| Calories | 25 | |
| Total Carbohydrate | 9 g | 3% ^ |
| Dietary Fiber | 5 g | 20% ^ |
| Total Sugars | 4 g | * |
| Probiotic Consortium | 75 billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| <i>Lactobacillus salivarius</i> (CUL-61) | | |
| Fructooligosaccharides (FOS) | 5 g | |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Apricot powder

Recommended Dose

In a glass, add water to ½ sachet of HMF Replete and mix. Take once daily with a meal, at least two to three hours before or after taking antibiotics or as recommended by your health professional.

Size

7- 0.7 oz (20 g) Sachets of Powder
 Net Weight 4.9 oz (140 g)

Product Code

10419



HMF Super Powder

Supports intestinal health[‡]

- Provides 20 billion CFU per day from two strains of *Lactobacillus acidophilus*, *Bifidobacterium bifidum*, and *Bifidobacterium animalis* subsp. *lactis*
- Provides 1600 mg of fructooligosaccharides (FOS) per day

HMF Super Powder provides 20 billion CFU per day of proprietary human-sourced probiotics that promote optimal intestinal health. *Lactobacilli* and *Bifidobacteria* are the most commonly used probiotics, and effectively colonize the intestines. Probiotics reinforce the epithelial barrier and help maintain intestinal permeability by supporting the integrity of tight junctions. They promote the presence of beneficial bacteria to support normal intestinal function. In a randomized, placebo-controlled trial involving 155 adults, daily intake of a probiotic supplement providing 25 billion CFU (containing two strains each of *Lactobacillus acidophilus* and *Bifidobacterium*) for 21 days significantly and positively affected the intestinal microbiota. FOS are non-digestible food ingredients that support the growth and activity of *Bifidobacteria* and *Lactobacilli* in the human colon.[‡]

SUPPLEMENT FACTS

Serving Size 1 Scoop (1 g)
 Servings per Container 30

| AMOUNT PER SERVING | | % DV FOR ADULTS AND CHILDREN 4+ YEARS | % DV FOR CHILDREN 3-4 YEARS |
|---------------------------------------------------------------|----------------|---------------------------------------|-----------------------------|
| Total Carbohydrate | <1g | <1% ^ | * |
| Probiotic Consortium | 10 billion CFU | * | * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | | |
| Fructooligosaccharides (FOS) | 800 mg | * | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Fructose

Recommended Dose

Adults and Children (1 year and older): In a glass, add water or milk to one scoop (¼ teaspoon) of HMF Super Powder and mix. Take two times daily with meals or as recommended by your health professional.

Size

Net Weight 4.2 oz (120 g)

Product Code

10427



DAILY PROBIOTIC

HMF Travel

Probiotics to support gastrointestinal health when travelling‡

- Shelf-stable formula
- 35 billion CFU per day
- Supports maintenance of a healthy gastrointestinal microflora‡
- Includes *Saccharomyces boulardii* plus four proprietary probiotic strains
- Potency guaranteed through expiration

HMF Travel combines five probiotic strains from *Lactobacillus*, *Bifidobacterium* and *Saccharomyces* genera to promote a healthy gut flora and support gastrointestinal health. A number of travel-related factors, including unfamiliar food or water, stress and jet-lag, can all affect the normal composition of gut bacteria. Clinical trials have found that the probiotic yeast *Saccharomyces boulardii* helps support a healthy gastrointestinal microflora and support gastrointestinal health in tourists when taken prior to and during the trip. HMF Travel also contains proprietary, human-sourced, research-driven strains demonstrated to promote gastrointestinal comfort, maintain immune health (when combined with vitamin C), adhere to the gut lining, efficiently colonize the intestinal environment, and naturally resist pH and bile acid without the need for enteric coating. As some probiotic supplements require constant refrigeration to ensure the stability of the microorganisms, they may be unsuitable for travelers that do not have easy access to refrigeration. HMF Travel is a shelf-stable probiotic supplement offered in a convenient capsule format that can easily be taken anywhere to support gastrointestinal health.‡

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 15

| AMOUNT PER SERVING | % DV |
|---------------------------------------------------------------------------------------------------------|------|
| Probiotic Consortium 35 billion CFU * | |
| <i>Saccharomyces boulardii</i> (CNCM-I-1079) | |
| <i>Lactobacillus acidophilus</i> (CUL-60 & CUL-21) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20) | |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica, magnesium stearate

Recommended Dose

Take two capsules daily or as recommended by your health professional.

Size

30 Vegetarian Capsules

Product Code

10198



EXORPHIN DEGRADING (*in vitro*)

HMF Neuro Capsules

Probiotics to support gastrointestinal health in adults and children‡

- Contains *L. rhamnosus*, a probiotic that has shown exorphin-degrading activity *in vitro*‡
- Provides 24 billion CFU per daily dose
- Includes 500 mg of L-glutamine per daily dose

HMF Neuro Capsules contain a combination of five proprietary, human-sourced probiotics and the amino acid L-glutamine. Included in this probiotic blend is *L. rhamnosus*, a strain that has been shown to degrade exorphins under intestinally simulated conditions *in vitro*. Exorphins are peptides produced during the digestion of certain foods, including wheat and dairy products. This strain has been combined with four proprietary, research-driven strains to support gastrointestinal health and contribute to a favorable gut flora.‡

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | % DV |
|---------------------------------------------------------------|------|
| Probiotic Consortium 12 billion CFU * | |
| <i>Lactobacillus acidophilus</i> (CUL-60) | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | |
| <i>Lactobacillus rhamnosus</i> (CUL-63) | |
| L-Glutamine 250 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica, magnesium stearate

Recommended Dose

Adults, Adolescents and Children (6 years and older): Take one capsule two times daily with meals or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10442



HMF Neuro Powder

Supports gastrointestinal health in adults[‡]

- Contains *L. rhamnosus*, a probiotic that has shown exorphin-degrading activity *in vitro*[‡]
- Provides 24 billion CFU per daily dose
- Includes 1,000 mg of L-glutamine and 500 mg of fructooligosaccharides (FOS) per daily dose
- Great-tasting apricot flavor

HMF Neuro Powder provides a combination of five proprietary, human-sourced probiotics, plus the amino acid L-glutamine and FOS in a delicious apricot-flavored powder. This probiotic blend includes *L. rhamnosus*, a strain that has been shown to degrade exorphins under intestinally simulated conditions *in vitro*. Exorphins are peptides produced during the digestion of certain foods, including wheat and dairy products. This probiotic helps to support gastrointestinal health and contribute to a favorable gut flora along with four other proprietary, research-driven strains.[‡]

SUPPLEMENT FACTS

Serving Size 1 Scoop (1 g)
Servings per Container about 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|----------------|------|
| Probiotic Consortium | 12 billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| <i>Lactobacillus rhamnosus</i> (CUL-63) | | |
| L-Glutamine | 500 mg | * |
| Fructooligosaccharides (FOS) | 250 mg | * |

* Daily Value (DV) not established

Other ingredients: Apricot powder

Recommended Dose

In a glass, add water to one scoop of HMF Neuro Powder and mix. Take two times daily with meals or as recommended by your health professional.

Size

Net Weight 2.1 oz (60 g) Powder

Product Code

10443



NEW HMF Immune

Great-tasting immune support formula[‡]

- Supports upper respiratory tract health in children and physically active adults[‡]
- Offers 30 billion CFU per dose from a combination of five proprietary strains, plus vitamins C and D
- Once-daily chewable tablet available in a delicious natural blackcurrant flavor

HMF Immune combines proprietary probiotics with vitamins C and D to provide targeted support for the immune system. Each convenient, once-daily chewable tablet provides a blend of five research-driven probiotic strains from both the *Lactobacillus* and *Bifidobacterium* genera. As nearly 80% of the body's immunologically active cells are located in gut-associated lymphoid tissue, an important connection has been demonstrated between the intestines and the immune system. In addition to supporting gastrointestinal health, HMF Immune provides BI-04, a strain that has been shown in a clinical trial to support upper respiratory tract health in physically active adults. Similarly, it offers CUL-60, CUL-21, CUL-34 and CUL-20, which were demonstrated in a clinical trial to support upper respiratory tract health in children when combined with vitamin C. To further help maintain immune function, HMF Immune contains vitamins C and D. Vitamin C supports the immune system by regulating lymphocyte proliferation, natural killer cell activity and immunoglobulin production, while vitamin D helps control T cell activation, cytokine release and phagocytosis in macrophages. Research demonstrates that vitamins C and D may be especially effective in maintaining immune function in the respiratory tract.[‡]

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------------------------------------------------|-------------------|------|
| Vitamin C (as ascorbic acid) | 100 mg | 111% |
| Vitamin D ₃ (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Probiotic Consortium | 30 billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60 & CUL-21) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) & <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (BI-04) | | |

* Daily Value (DV) not established

Other ingredients: Xylitol, blackcurrant fruit extract, sorbitol, natural blackcurrant flavor, silica, magnesium stearate

Recommended Dose

Chew one tablet daily with a meal or as recommended by your health professional.

Size

30 Chewable Tablets

Product Code

10365



TOPICAL SUPPORT

HMF Cream

Probiotic cream

- Easy application for increased compliance

Human-sourced strains

- Proprietary, non-pathogenic strains

HMF Cream provides two strains of *Lactobacillus*. The recommended dosage is a thin layer of cream applied to the external vaginal area two to three times daily. One gram (1 g) of cream contains 80 million CFU of *Lactobacillus acidophilus* and 20 million CFU of *Lactobacillus gasseri*, in combination with 2.47 mg of garlic (*Allium sativum*) clove powder.

INGREDIENTS: PEG-8, PEG-32, *Lactobacillus* Ferments (*Lactobacillus acidophilus* CUL-60, *Lactobacillus gasseri* CUL-09), *Allium Sativum* (Garlic) Bulb Extract, *Rosa Damascena* Flower Oil

Recommended Dose

Apply liberally to skin two to three times daily or as recommended by your health professional. For external use only.

Size

Net Weight 1.8 oz (50 g)

Product Code

10566



WOMEN'S HEALTH

HMF CranPro

Probiotics and cranberry extract for urinary tract support[‡]

- Promotes urinary tract health and comfort[‡]
- Maintains microflora balance in the gastrointestinal and genitourinary tracts[‡]
- Provides 30 billion CFU per day from a combination of four proprietary probiotic strains
- Includes 500 mg of PACRAN[®] Cranberry fruit extract daily, equivalent to 25 g of fresh fruit

HMF CranPro supports urinary tract health with a combination of research-driven probiotics and PACRAN[®], a clinically studied cranberry fruit extract. Cranberries are rich in polyphenol antioxidant compounds such as proanthocyanidins, which help to support the health of the uroepithelial cells that line the bladder. Regular PACRAN[®] supplementation has been shown to promote a healthy microflora balance in the urinary tract, support urinary tract comfort, and maintain urogenital function. As there may be a connection between gut and urinary tract health, HMF CranPro contains four strains of proprietary probiotics that have been demonstrated to adhere better to the gut lining, more efficiently colonize the intestinal environment, and naturally resist pH and bile acid.[‡]

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------|----------------|------|
| Probiotic Consortium | 30 Billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | |
| <i>Lactobacillus gasseri</i> (CUL-09) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| PACRAN [®] Cranberry (<i>Vaccinium macrocarpon</i>) | 500 mg | * |
| Fruit Extract (50:1) | | |
| 25 g Fresh Fruit Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, sunflower lecithin, silica
PACRAN[®] is a trademark of Naturex

Recommended Dose

Take two capsules daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10357



HMF Cystgen

Promotes urinary tract and intestinal health[†]

- Provides antioxidant support[†]
- Provides 10 billion CFU per day from a combination of two proprietary, human-sourced strains
- Includes 832 mg of cranberry fruit juice concentrate and 600 mg of vitamin C per day

HMF Cystgen provides two strains of *Lactobacillus acidophilus* formulated to support optimal urinary tract health. The microbial species that inhabit the vaginal tract help maintain urogenital health. Despite the close proximity of the vagina to the anus, the diversity of microbes present in the vagina is much lower than in the gut. Research suggests that the intestinal and urogenital microbial flora have a central role in maintaining health and well-being. The probiotic organisms present in HMF Cystgen help maintain healthy microflora. Vitamin C and cranberry fruit extract provide antioxidants to further promote urinary tract health.[†]

SUPPLEMENT FACTS

Serving Size ¼ Sachet (1.9 g)
Servings per Container about 24

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------|-----------------|------|
| Vitamin C (ascorbic acid) | 150 mg | 250% |
| Potassium (potassium citrate/bicarbonate) | 379 mg | 11% |
| Probiotic Consortium | 2.5 billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | |
| Cranberry (<i>Vaccinium macrocarpon</i>) | | |
| Fruit Juice Concentrate (36:1) | 208 mg | * |
| 7.5 g Fresh Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Cellulose, citric acid

Recommended Dose

Take ¼ sachet four times daily or as recommended by your health professional. Take with food or immediately after meals. Completely dissolve powder in ¼ glass of cold water or juice. Allow fizzing to stop before drinking. Take at least two to three hours before or after taking antibiotics.

Size

6 - 0.3 oz (7.5 g) [Net Weight 1.6 oz (45 g)]

Product Code

10413



NEW HMF Women's Daily

Probiotics and cranberry to support vaginal and urinary tract health[†]

- Helps promote and maintain healthy vaginal flora[†]
- Helps support urinary tract health in women[†]
- Supports intestinal comfort and immune function[†]
- Provides 17.6 billion CFU per capsule

HMF Women's Daily was specifically designed to support the unique needs of women. Each capsule offers 17.6 billion CFU from a combination of seven research-driven probiotic strains to help promote and maintain healthy vaginal flora. The vagina is a complex ecosystem that can be altered by many factors, including age, medication use, sexual activity, hygiene practices and hormone production. *Lactobacilli* are the dominant vaginal microorganisms in healthy women, where they help maintain the normal vaginal microflora. They compete with other microorganisms for nutrients and adherence to the vaginal epithelium; decrease the vaginal pH by producing organic acids (primarily lactic acid); and produce compounds that support microbial balance, including bacteriocins and hydrogen peroxide. In addition to providing two species of *Bifidobacteria*, HMF Women's Daily offers three species of *Lactobacilli*, selected for their natural presence in the female flora. Included in this blend are *Lactobacillus rhamnosus* HN001 and *Lactobacillus acidophilus* La-14, which provide particular support to maintain healthy vaginal flora. This probiotic combination also helps colonize both the large and small intestines to support gastrointestinal and immune health. To further contribute to overall well-being, HMF Women's Daily offers cranberry fruit extract, which helps maintain healthy urinary tract ecology and supports urinary tract health.[†]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|------------------|------|
| Probiotic Consortium | 17.6 billion CFU | * |
| <i>Lactobacillus acidophilus</i> (La-14) | | |
| <i>Lactobacillus acidophilus</i> (CUL-60 & CUL-21) | | |
| <i>Lactobacillus rhamnosus</i> (HN001) | | |
| <i>Lactobacillus gasseri</i> (CUL-09) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| & <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| Cranberry (<i>Vaccinium macrocarpon</i>) | 300 mg | * |
| Fruit Extract (25-36:1) | | |
| 7.5-10.8 g Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, silica

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size

30 Vegetarian Capsules

Product Code

10385



PREGNANCY & CHILD SUPPORT

HMF Maternity

Intestinal support with proprietary strains

- Utilizes human sourced, non-pathogenic proprietary strains that provide strong epithelial adherence and a naturally high tolerance to stomach acid
- Temporarily modifies gut flora[‡]

Supports pregnant women

- Unique consortium of proprietary strains

Healthy intestinal bacteria are just as important to infants as to adults. Microflora composition remains relatively unchanged after infancy. Thus, the acquisition of a beneficial flora potential in the newborn can be significantly enhanced if the mother also takes a probiotic during pregnancy. Additionally, probiotics will help support the intestinal function of the mother during the pregnancy period.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|----------------|------|
| Probiotic Consortium | 10 billion CFU | * |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| <i>Lactobacillus salivarius</i> (CUL-61) | | |
| <i>Lactobacillus paracasei</i> (CUL-08) | | |

* Daily Value (DV) not established

Other ingredients: Maltodextrin, hypromellose

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size

30 Vegetarian Capsules

Product Code

10492



HMF Baby B

Probiotic for infants

- Helps to promote skin health[‡]
- Helps to reduce incidence of skin sensitivity[‡]

HMF Baby B probiotic formula for breast-fed babies provides *Lactobacillus salivarius*, *Lactobacillus paracasei*, *Bifidobacterium bifidum* and *Bifidobacterium animalis* subsp. *lactis*, which help to promote immune function and skin health in children. HMF Baby B powder dissolves easily into milk or water, and is free of gluten and soy. Ideal for vegetarian children.[‡]

SUPPLEMENT FACTS

Serving Size 1 Scoop (200 mg)
Servings per Container about 30

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|----------------|------|
| Probiotic Consortium | 10 billion CFU | * |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| <i>Lactobacillus salivarius</i> (CUL-61) | | |
| <i>Lactobacillus paracasei</i> (CUL-08) | | |

* Daily Value (DV) not established

Other ingredients: Transgalactooligosaccharides (GOS) (from milk)

Contains: Milk

Recommended Dose

Children (1-4 years): In a glass, add water or milk to one scoop of HMF Baby B and mix. Take once daily with a meal or as recommended by your health professional.

Size

Net Weight 0.2 oz (6 g) Powder

Product Code

10491



HMF Baby F

Probiotic for infants

- Helps to promote skin health[†]
- Helps to reduce incidence of skin sensitivity[†]

HMF Baby F probiotic formula for formula-fed babies provides *Lactobacillus salivarius*, *Lactobacillus paracasei*, *Bifidobacterium bifidum* and *Bifidobacterium animalis* subsp. *lactis*, which help to promote immune function and skin health in children. HMF Baby F contains galactooligosaccharides (GOS), a type of prebiotic fiber found naturally with breast milk that may help to support a healthy gastrointestinal microflora in infants. Fructooligosaccharides (FOS) are also included for additional prebiotic fiber content. HMF Baby F powder dissolves easily into milk or water, and is free of gluten and soy. Ideal for vegetarian children.[‡]

SUPPLEMENT FACTS

Serving Size 1 Scoop (1.1g)
Servings per Container about 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|----------------|------|
| Total Carbohydrate | 1g | * |
| Probiotic Consortium | 10 billion CFU | * |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| <i>Lactobacillus salivarius</i> (CUL-61) | | |
| <i>Lactobacillus paracasei</i> (CUL-08) | | |

* Daily Value (DV) not established

Other ingredients: Transgalactooligosaccharides (GOS) (from milk), fructooligosaccharides (FOS)
Contains: Milk

Recommended Dose

Children (1-4 years): In a glass, add water or milk to one scoop of HMF Baby F and mix. Take once daily with a meal or as recommended by your health professional.

Size

Net Weight 2.3 oz (66 g) Powder

Product Code

10493



HMF Child

Supports digestive health in children[†]

- Supports skin health and immune function[†]
- Provides 25 billion CFU per day from two strains of *Lactobacillus acidophilus*, *Bifidobacterium bifidum*, *Lactobacillus paracasei*, *Lactobacillus salivarius*, and *Bifidobacterium animalis* subsp. *lactis* per dose
- Delicious blackcurrant flavor

HMF Child probiotic formula is a great-tasting and unique combination of probiotics, including *Lactobacillus acidophilus*, *Bifidobacterium bifidum*, *Lactobacillus paracasei*, *Lactobacillus salivarius*, and *Bifidobacterium animalis* subsp. *lactis*, which help maintain a child's healthy gut flora. *Bifidobacterium bifidum* and *Lactobacillus lactis* are found in the intestinal flora of healthy children. Probiotics influence the intestinal microbiota, modulate the immune response, and support skin health. Double-blind, placebo-controlled clinical studies indicate that HMF Probiotics, at a core consortium of 25 billion CFU, support gastrointestinal health and digestive function.[‡]

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 30

| EACH TABLET CONTAINS | | % DV |
|---------------------------------------------------------------|------------------|-------|
| Total Carbohydrate | <1g | <1% ^ |
| Probiotic Consortium | 12.5 billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| <i>Lactobacillus salivarius</i> (CUL-61) | | |
| <i>Lactobacillus paracasei</i> (CUL-08) | | |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Sorbitol, xylitol, natural blackcurrant flavor, silica, magnesium stearate

Recommended Dose

Children (4 years and older): Chew one tablet two times daily with meals or as recommended by your health professional.

Size

30 Chewable Tablets

Product Code

10451



PREGNANCY & CHILD SUPPORT

HMF Fit For School

Children's immune support formula[‡]

- Helps to support upper respiratory tract health in children[‡]
- Provides 12.5 billion CFU of live microorganisms that temporarily modify gut flora[‡]
- Includes 50 mg of vitamin C and 1,000 IU of vitamin D per serving
- Chewable tablets with a delicious natural blackcurrant flavor

HMF Fit For School includes a combination of research-driven probiotic strains and vitamin C that supports children's upper respiratory tract health and immune function. In a recent clinical trial, 57 schoolchildren were randomized to receive either a placebo tablet or HMF Fit For School's probiotic formula plus 50 mg of vitamin C daily for 6 months. Children in the probiotic plus vitamin C group had significant improvement in upper respiratory tract health. HMF Fit For School also includes 25 mcg (1,000 IU) of vitamin D per tablet to provide additional immune support.[‡]

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 30

| EACH TABLET CONTAINS | | % DV |
|---------------------------------------------------------------|------------------|------|
| Vitamin C (ascorbic acid) | 50 mg | 83% |
| Vitamin D ₃ (cholecalciferol) | 1,000 IU | 250% |
| Probiotic Consortium | 12.5 billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-34) | | |
| <i>Bifidobacterium bifidum</i> (CUL-20) | | |

* Daily Value (DV) not established

Other ingredients: Xylitol, blackcurrant fruit extract, sorbitol, natural blackcurrant flavor, silica, magnesium stearate

Recommended Dose

Adolescents and Children (4 years and older): Chew one tablet daily or as recommended by your health professional.

Size

30 Chewable Tablets

Product Code

10497



HMF Natogen

Supports healthy gut flora in young children[‡]

- Supports gastrointestinal health[‡]
- Includes 3 billion CFU per day from two strains of *Lactobacillus acidophilus*, *Lactobacillus paracasei*, and *Bifidobacterium animalis* subsp. *lactis*

HMF Natogen is a unique combination of four strains of proprietary human-sourced probiotics that promotes intestinal health in young children. *Lactobacilli* and *Bifidobacteria* are the most commonly used probiotics, and they effectively colonize the intestines. The human intestinal tract contains more than 400 bacterial species, and a healthy bacterial balance is necessary for a healthy gastrointestinal tract. Probiotics promote the presence of beneficial bacteria, and strengthen the epithelial barrier. Probiotics transiently impact the host's microflora, as once their ingestion ends, they decline in numbers. As the microflora composition in children is relatively unchanged after infancy, it significantly depends on the diet.[‡]

SUPPLEMENT FACTS

Serving Size 1 Scoop (100 mg)
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|---------------|------|
| Probiotic Consortium | 3 billion CFU | * |
| <i>Lactobacillus acidophilus</i> (CUL-60) | | |
| <i>Lactobacillus acidophilus</i> (CUL-21) | | |
| <i>Lactobacillus paracasei</i> (CUL-08) | | |
| <i>Bifidobacterium animalis</i> subsp. <i>lactis</i> (CUL-62) | | |

* Daily Value (DV) not established

Other ingredients: Lactose monohydrate
Contains: Milk

Recommended Dose

Children (1-4 years): In a glass add water or milk to one scoop of HMF Natogen and mix. Take once daily with a meal or as recommended by your health professional.

Size

Net Weight 0.2 oz (6 g) Powder

Product Code

10424





ESSENTIAL FATTY ACIDS & PHOSPHOLIPIDS

The adequate provision of a balanced spectrum of fatty acids is one of the cornerstones of optimal nutrition. Fats are essential macronutrients in our diet, functioning as energy providers, structural components of cell membranes, and precursors to the range of eicosanoids. Omega-3 fatty acids are still under-consumed in the general population, yet these fatty acids have demonstrable benefits in many aspects of human health. As such, we have emphasized the dietary fatty acids products within the Genestra Brands range, striking a good balance between omega-3 and omega-6 intake.‡

Genestra Brands Fish Oil Difference

Dedicated to making a difference – from sourcing to processing, we wish to assist physicians and healthcare practitioners restore, rebuild and maintain patient health.

Triglyceride Form

Neo-3™ and CRYO-3 processed fish oils contain no ethyl esters (EPA and DHA bound to alcohol molecules) or additional chemical processing.

Our other highly concentrated triglyceride fish oils use natural enzymes to reconstitute the triglycerides' structure for optimal absorption.

Freshness

Natural mixed tocopherols (antioxidants) are added to fish oils to prevent oxidation and maintain stability throughout shelf life.

Unique DHA/EPA Enrichment Process

The procedure enriches omega-3 yield, preserves triglyceride form, and delivers “cleaner” taste.

Triglycerides vs Ethyl Esters

Better performance isn't engineered – it's natural

A common fish oil misconception is that EPA and DHA amounts define fish oil effectiveness. While EPA and DHA concentrations are important for maintaining health, what's inside your fish oil counts – and not all fish oils are created equally.

The human body is accustomed to processing the triglyceride form of EPA and DHA found in fish oil. Manufacturing techniques have been developed to increase EPA and DHA concentrations and maximize fish oil yields. Genestra Brands NEO-3™ and CRYO-3 enrichment processes gently enrich DHA/EPA levels while preserving the triglyceride form. Many fish oil manufactures provide concentrated fish oils in ethyl ester form. Ethyl ester fish oils are created by a conversion process in which the glycerol backbone of the triglyceride is removed and replaced by ethanol. Triglyceride-form fish oils have been shown to have superior bioavailability and improved oxidative stability compared to ethyl esters. While researchers continue to debate the effectiveness and potential side effects of ethyl esters, physicians and healthcare practitioners continue to recognize the importance of providing patients with triglycerides for optimal absorption.

Great Taste

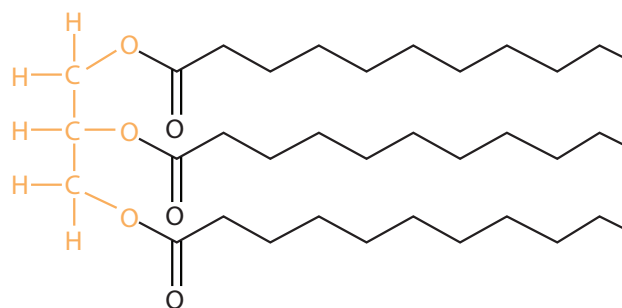
Our fish oil products boast higher compliance with a less oily texture, exceptional freshness, and natural fruit flavors to ensure no fishy smell or aftertaste.

Independent Batch Testing

Testing procedures surpass international quality standards for: heavy metals (mercury, lead, arsenic, cadmium); pesticides; various chlorinated phenolic products (PCBs); dioxins and furans; and PCDDs and PDCFs.

Respect for the Environment

No fish are harvested for the sole purpose of producing fish oil – all fish oil sources are by-products of the edible fish industry.



A Simple Triglyceride

Unique DHA/EPA Enrichment Processes

The power to enrich, preserve and filter

Genestra Brands uses three different unique enrichment techniques to concentrate fish oils: NEO-3™, which uses an enzymatic process to concentrate oils; and CRYO-3, which uses a low temperature fractionation process. The NEO-3™ and CRYO-3 processes gently enrich DHA/EPA levels while preserving the delicate triglyceride form. The fish oil source and the required characteristics of the resultant concentrate dictate whether NEO-3™ or CRYO-3 is used in the concentration process. Our highly concentrated fish oil products utilize reconstituted triglyceride oils to ensure optimal absorption.

Extracts toxic contaminants to virtually undetectable levels

All Genestra Brands fish oils are refined and deodorized to remove heavy metals, pesticides, PCBs, dioxin-like PCBs, dioxins and furans (PCDDs/PCDFs), and carefully processed to avoid oxidation, meeting or exceeding industry standards.

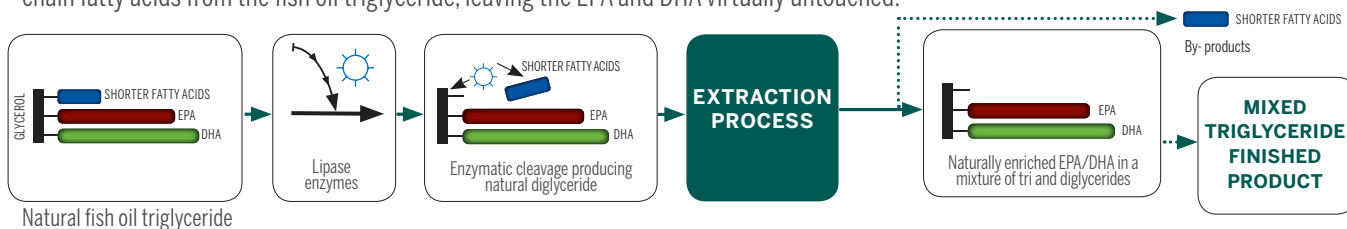
Delivers cleaner taste

These EPA and DHA enrichment processes deliver a fish oil with a “cleaner” taste: less oily for better mouth-feel and no fishy odor or aftertaste.

NEO-3™: Enzymatic cleavage

Power of natural digestive enzymes

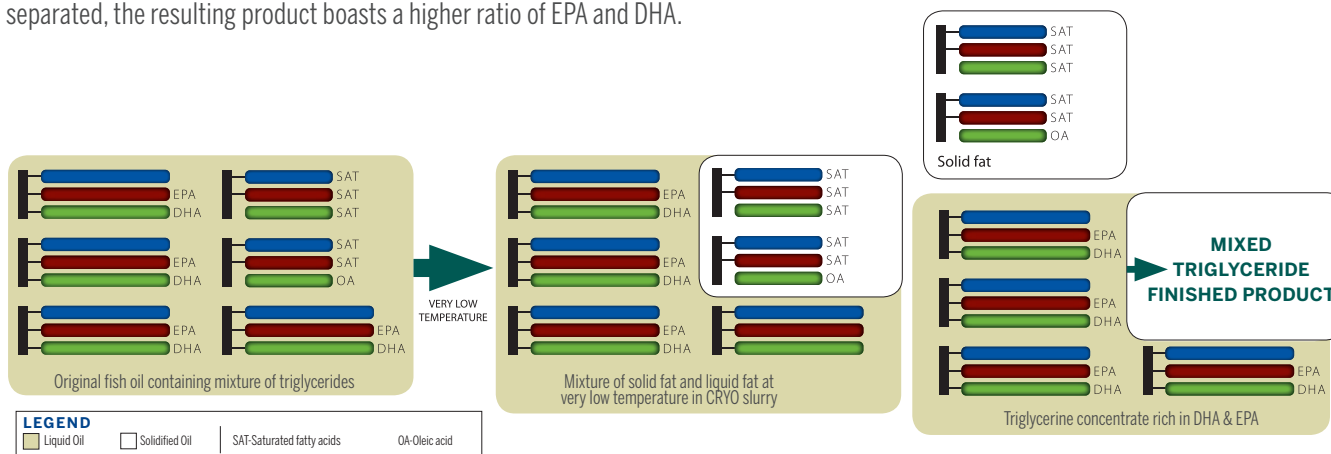
Mimicking the first stages of normal digestion, NEO-3™ is an enzymatic process that gently concentrates levels of EPA and DHA. The process utilizes natural lipase enzymes (free of alcohol or chemicals), which selectively remove shorter chain fatty acids from the fish oil triglyceride, leaving the EPA and DHA virtually untouched.



CRYO-3: Fractional super-cooling

Strength of nature's cold grip

As saturated fatty acids have a higher freezing point than unsaturated fatty acids such as EPA and DHA, triglycerides that contain a high proportion of saturated fatty acids begin to solidify when subjected to the cold. In the CRYO-3 process, the fish oil is gradually taken to very low temperatures, enabling accurate fractional crystallization or “precipitation” of those triglycerides that carry high levels of saturated fatty acids. Once fractions have been separated, the resulting product boasts a higher ratio of EPA and DHA.





Every Batch Independently Tested

Transparency = Proven purity and potency

Increased water pollution in oceans, seas and rivers has led to an accumulation of toxins in fish; as such, any oils extracted may carry these contaminants. Every batch of fish oil is independently tested by third-party, government-approved and/or accredited independent laboratories. This validates the quality, stability, potency and purity of the products from manufacturing to preparation, bottling and storage – to ensure contents meet label claims. These testing laboratories employ the most precise equipment and analytical methods available in the market to validate the safety and efficacy of our products.

We hold our products to the highest standards of quality, with the most sensitive testing protocols and detection parameters in parts per million, billion and trillion, thus meeting or exceeding international standards, including Council for Responsible Nutrition (CRN), European Pharmacopeia (EP), US Pharmacopeia (USP), and Health Canada and FDA regulations.

Every batch of fish oil is tested for:

- Environmental contaminants (Dioxins, furans, dioxin-like PCBs, PCBs and heavy metals)
- Oxidation and rancidity
- Microbial contaminants

Typical Seroyal Sardine & Anchovy Oil Analysis

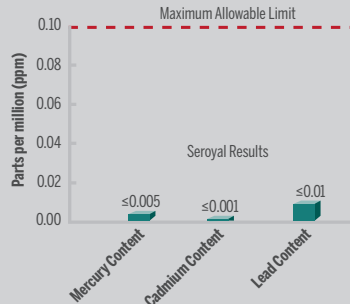
Independent 3rd Party Test Results Representative Sample: Super EFA Liquid

Total Polychlorinated Biphenyls (PCBs) Test



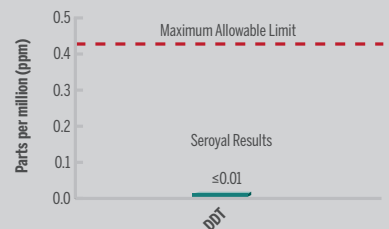
Note: PCB 28, PCB 52, PCB101, PCB 138, PCB 163, PCB 153 and PCB 180 are not detected.

Heavy Metal Test



Note: Arsenic content is below detectable limits.

Pesticides Test (DDT)



Note: Multiple other pesticides are tested.

Great taste

Flavorful sensations make the difference

Genestra Brands fish oils deliver products with a cleaner taste. Triglyceride oils including our NEO-3™ and CRYO-3 enriched products offers better mouth-feel and reduced odor or aftertaste.

Freshness

Maximum oxidation resistance and extended shelf life

EPA and DHA are long chain fatty acids, highly unsaturated and prone to rapid “oxidation” or rancidity if fish oil is exposed to air over extended periods of time. The antioxidant system is a formulation of natural mixed tocopherols (antioxidants) added to fish oils to protect against oxidation; enhance product freshness and stability, and maintain a great clean taste throughout the entire shelf life of the product.

Respect for the environment

Proper safeguards are taken to protect the environment. No fish are harvested for the sole purpose of producing fish oil – all fish oil sources are by-products of the edible fish industry, maximizing the full use of harvested fish. These harvested fish come from fishery partners used by the edible fish industry.



Fish Oil & Phospholipid Product Overview

Why supplement with fish oils?

Fish oil is sourced from salmon, mackerel, sardines, herring, cod, tuna and anchovies. Krill oil is sourced from the 85 species that represent the planet's most abundant animal biomass. Fish oils are a good source of the omega-3 fatty acids EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid), and are essential for health. Since the body may not produce or is unable to make sufficient quantities, it must be obtained through diet or additional supplementation. The potential for marine oil effectiveness is reflected by the amounts and ratios of EPA and DHA.

Omega-3s

EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid)

Helps support cognitive health and/or brain function.‡

100-5,000 mg EPA + DHA, including at least 100 mg DHA per day.

Helps support the development of the brain, eyes and nerves in children.‡

150-2,000 mg EPA + DHA, including at least 150 mg DHA per day.

Helps maintain/support cardiovascular health.‡

200-5,000 mg EPA + DHA per day, containing an EPA:DHA ratio of between 0.5:1 and 2:1.

Helps support healthy lipid metabolism.‡

1,000-5,000 mg EPA + DHA per day, containing an EPA:DHA ratio of between 0.5:1 and 2:1.

Helps promote healthy mood balance.‡

1,500-5,000 mg EPA + DHA, including at least 1,000 mg EPA per day, containing an EPA:DHA ratio of between 1.75:1 and 2:1.

Fish Oil and Phospholipid Comparison Chart

| PRODUCT | DHA/EPA PER CAPSULE | PROCESS | BENEFITS |
|------------------------------------------------------------|----------------------------------|--------------|----------------------------------------------------------------------|
| Cod Liver Oil DHA/EPA Forte Capsules 60 softgels | 126 mg of DHA 102 mg of EPA | CRYO-3 | Fortified with vitamins A & D |
| DHA PEDIABURST 180 chewable softgels | 65 mg of DHA 15 mg of EPA | NEO-3™ | Great for children Easy-to-chew softgels Natural orange flavor |
| Krill Oil 60 capsules | 65 mg of EPA 35 mg of DHA | Phospholipid | Complementary source of marine omega-3 Includes phospholipids |
| Multi EFA Capsules 90 softgels | 120 mg of EPA 80 mg of DHA | Phospholipid | Fish, flax seed and borage oil combination |
| Omega 800 60 softgels | 525 mg of EPA 275 mg of DHA | Triglyceride | High triglyceride formula |
| Phos Choline 90 softgels | | | 720 mg of phosphatides |
| Phosphatidylserine 30 vegetarian capsules | | | 150 mg of phosphatidylserine suitable for vegetarians and vegans |
| SEP EFA 90 softgels | 180 mg of EPA 120 mg of DHA | Triglyceride | Daily maintenance |
| Super EFA Capsules 120 softgels | 262 mg of EPA 187.5 mg of DHA | NEO-3™ | High dose EPA |
| Super EFA Forte Capsules 60 softgels | 475 mg of EPA 325 mg of DHA | Triglyceride | High triglyceride formula |
| Super EFA Forte Capsules + D 60 softgels | 475 mg of EPA 325 mg of DHA | Triglyceride | High triglyceride formula Includes 1,000 IU of vitamin D |

| PRODUCT | DHA/EPA PER TEASPOON | PROCESS | BENEFITS |
|-------------------------------------------------------------------|------------------------------------|-----------------------|--------------------------------------------------------------------------------------|
| Berry DHA 225 mL | 300 mg of DHA 148 mg of EPA | NEO-3™ WisDOM-3™** | Berry flavor Includes anthocyanins Great for children |
| Berry EFA Plus 300 mL | 250 mg of EPA 187.5 mg of DHA | NEO-3™ WisDOM-3™** | Berry flavor Includes anthocyanins |
| Cod Liver Oil Forte 300 mL 500 mL | 466 mg of DHA 377 mg of EPA | Triglyceride | Natural lemon and orange flavor Fortified with vitamins A & D |
| Fruit EFA 300 mL | 280 mg of EPA 205 mg of DHA | NEO-3™ WisDOM-3™** | Wild fruit flavor |
| Omega EFA Liquid 150 mL | 1,915 mg of EPA 1,005 mg of DHA | Triglyceride | High triglyceride formula |
| Super DHA Liquid 150 mL | 1,200 mg of DHA 260 mg of EPA | NEO-3™ | Highly concentrated DHA |
| Super EFA Liquid Natural Orange Flavor 200 mL 500 mL | 950 mg of EPA 725 mg of DHA | NEO-3™ | High dose EPA Great natural orange flavor |
| Super EFA Liquid Natural Strawberry Flavor 200 mL | 950 mg of EPA 725 mg of DHA | NEO-3™ | High dose EPA Great natural strawberry flavor |
| Super EFA Liquid Plus 225 mL | 930 mg of EPA 685 mg of DHA | NEO-3™ | High dose EPA Includes plant sterols |
| Super EFA Liquid Plus CoQ10 200 mL | 930 mg of EPA 710 mg of DHA | NEO-3™ | High dose EPA Includes 50 mg of coenzyme Q10 |
| Super EFA Liquid Plus D 200 mL | 950 mg of EPA 725 mg of DHA | NEO-3™ | High dose EPA Includes 1000 IU of vitamin D |
| Super EFA Forte Liquid 200 mL | 1,500 mg of EPA 1,000 mg of DHA | Triglyceride | High triglyceride formula Natural orange flavor |
| Super EFA Forte Liquid + D 200 mL | 1,500 mg of EPA 1,000 mg of DHA | Triglyceride | High triglyceride formula Natural orange flavor Includes 1,000 IU of vitamin D |

**WisDOM-3™ explanation on page 61

FISH OILS – LIQUIDS & CAPSULES

Super EFA Capsules

Supports cardiovascular health and cognitive function with an EPA:DHA ratio of 1.4:1[‡]

- Supports healthy lipid metabolism[†]
- Promotes cardiovascular health in adults[‡]
- Supports cognitive health[‡]
- Utilizes the proprietary NEO-3™ processing technique to enrich EPA and DHA
- Provides 524 mg of EPA and 375 mg of DHA per serving

Super EFA softgels contain a mixture of sardine and anchovy fish oils provided in an EPA:DHA ratio of 1.4:1, which helps to support healthy lipid metabolism. Research indicates that fish oil supplementation providing DHA may support brain health and cognitive function.[‡]

SUPPLEMENT FACTS

Serving Size 2 Softgels
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------------------|------------|------|
| Calories | 20 | |
| Calories from Fat | 20 | |
| Total Fat | 2.5 g | 4% ^ |
| Cholesterol | 25 mg | 8% |
| Fish Oil (Anchovy and Sardine) | 2,332.8 mg | * |
| Yielding | | |
| EPA (Eicosapentaenoic Acid) | 524 mg | * |
| DHA (Docosahexaenoic Acid) | 375 mg | * |
| Total Omega-3 Fatty Acids | 1,124 mg | * |

* Daily Value (DV) not established
^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Fish gelatin, glycerin, orange oil, natural mixed tocopherols
Contains: Fish (anchovy, sardine)

Recommended Dose

Adults and Adolescents (12 years and older): Take two softgels two times daily with meals or as recommended by your health professional.

Size
120 Softgels

Product Code
10406



Cod Liver Oil DHA/EPA Forte Capsules

Cod liver oil formula with vitamins A and D

- Provides 126 mg of DHA and 102 mg of EPA per daily dose
- Includes 720 IU of vitamin A and 500 IU of vitamin D per daily dose
- Helps support cognitive health and brain function[‡]
- Helps to maintain eyesight and night vision[‡]
- Promotes skin health and immune function[‡]
- Aids in the maintenance of healthy bones and teeth[‡]

Cod Liver Oil DHA/EPA Forte Softgels contain an effective blend of DHA, EPA, and vitamins A and D that promotes optimal health. Vitamin A promotes good vision and immune system function, and helps to maintain the integrity of the intestinal epithelial barrier. Vitamin D helps the body to absorb and utilize calcium and phosphorus, which are required for normal bone mineralization. DHA and EPA support cognitive health and brain function, and have been associated with neuron activity in the hippocampus, a region of the brain associated with memory.[‡]

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------|----------|------|
| Calories | 15 | |
| Calories from Fat | 10 | |
| Total Fat | 1 g | 2%^ |
| Monounsaturated Fat | 0.5 g | * |
| Cholesterol | <5 mg | 2% |
| Vitamin A (vitamin A palmitate/cod liver oil) | 720 IU | 14% |
| Vitamin D (cholecalciferol/cod liver oil) | 500 IU | 125% |
| Cod Liver Oil | | |
| (Atlantic cod, <i>Gadus morhua</i> and other species of Gadidae) | 1,200 mg | * |
| Yielding | | |
| DHA (Docosahexaenoic Acid) | 126 mg | * |
| EPA (Eicosapentaenoic Acid) | 102 mg | * |
| Total Omega-3 Fatty Acids | 300 mg | * |

* Daily Value (DV) not established
^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Natural lemon and sweet orange oils, natural mixed tocopherols, fish gelatin, glycerin, purified water
Contains: Fish (Cod)

Recommended Dose

Adults and Adolescents (12 years and older): Take one softgel daily with a meal or as recommended by your health professional.

Size
60 Softgels

Product Code
10433



Cod Liver Oil Forte

Cod liver oil formula with vitamins A and D

- Supports cognitive function and brain and nerve development in children up to 12 years of age[‡]
- Supports healthy bones, teeth, eyes and skin[‡]
- Provides 466 mg of DHA and 377 mg of EPA per teaspoon
- Provides 2,667 IU of vitamin A and 300 IU of vitamin D per teaspoon
- Comes in a delicious natural citrus flavor

Cod liver oil is a source of omega-3 fatty acids, which promote ocular development, visual acuity, and pre- and postnatal brain development. Cod liver oil contains high levels of vitamins A and D, which support healthy bones, teeth, and skin. Vitamin A promotes eye health and supports proper bone growth and development. Recent research indicates that 600 IU of vitamin D per day may promote optimal bone health in both adolescents and adults.[‡]

SUPPLEMENT FACTS

Serving Size 1-3 years: ½ Teaspoon (2.5 mL); 4+ years: 1 teaspoon (5 mL)
 Servings per Container 1-3 years: about 120 or 200; 4+ years: about 60 or 100

| | AMOUNT PER TEASPOON | % DV FOR ADULTS AND CHILDREN 4+ YEARS (1 TEASPOON) | AMOUNT PER ½ TEASPOON | % DV FOR CHILDREN 1-3 YEARS (½ TEASPOON) |
|---------------------------------------------------|---------------------|----------------------------------------------------|-----------------------|------------------------------------------|
| Calories | 40 | | 20 | |
| Total Fat | 4.5 g | 6% ^ | 2 g | 6% ^^ |
| Saturated Fat | 1 g | 5% ^ | 0.5 g | 5% ^^ |
| Cholesterol | 25 mg | 8% | 15 mg | 4% |
| Vitamin A (vitamin A palmitate/ cod liver oil) | 800 mcg | 89% | 400 mcg | 133% |
| Vitamin D (cholecalciferol/ cod liver oil) | 7.5 mcg (300 IU) | 38% | 3.75 mcg (150 IU) | 25% |
| Cod Liver Oil | 4,440 mg | * | 2,220 mg | * |
| Yielding | | | | |
| DHA (Docosahexaenoic acid) | 466 mg | * | 233 mg | * |
| EPA (Eicosapentaenoic acid) | 377 mg | * | 188.5 mg | * |
| Total Omega-3 Fatty Acids | 1,110 mg | * | 555 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

^^ Percent Daily values (DV) are based on a 1,000 calorie diet

Other ingredients: Natural lemon oil, natural orange oil, natural mixed tocopherols
 Contains: Fish (Cod)

Recommended Dose

Adults and Children (4 years and older): Take one teaspoon daily with a meal or as recommended by your health professional. Children (1 - 3 years): Take ½ teaspoon daily with a meal or as recommended by your health professional.

Size

10.1 fl oz (300 mL)
 16.9 fl oz (500 mL)

Product Code

10428
 10428500



DHA Pediaburst

GREAT FOR CHILDREN

Delicious chewable softgels with a 4.3:1 ratio of DHA to EPA

- Supports the development of the brain, eyes, and nerves in children[‡]
- Promotes optimal cognitive health and brain function[‡]
- Provides 260 mg of DHA and 60 mg of EPA per day
- Delivers a clean, naturally sweetened orange flavor with no fishy aftertaste or odor

DHA Pediaburst is a chewable softgel supplement that is suitable for children ages four and older. It provides a great alternative for children that have difficulty swallowing capsules. Studies indicate that daily dosages of 150 mg or more of DHA may help promote healthy development of the brain, eyes, and nerve tissue in children up to 12 years of age. Research suggests that supplementation of 100 mg/ day of DHA helps to support cognitive health and brain function.[‡]

SUPPLEMENT FACTS

Serving Size 2 Chewable Softgels
 Servings per Container 90

AMOUNT PER SERVING

| | AMOUNT PER SERVING | % DV |
|--------------------------------|--------------------|------|
| Calories | 5 | |
| Cholesterol | 10 mg | 3% |
| Vitamin E (d-alpha tocopherol) | 3 mg | 22% |
| Fish Oil (Tuna) | 500 mg | * |
| Yielding | | |
| DHA (Docosahexaenoic Acid) | 130 mg | * |
| EPA (Eicosapentaenoic Acid) | 30 mg | * |

*Daily Value (DV) not established

Other ingredients: Bovine gelatin, glycerin, natural flavors, purified water, potato starch (non-GMO), sunflower lecithin, stevia leaf extract, annatto extract
 Contains: Fish (tuna)

Recommended Dose

Adults and Children (4 years and older): Chew two softgels two times daily with meals or as recommended by your health professional.

Size

180 Chewable Softgels

Product Code

10553



FISH OILS – LIQUIDS & CAPSULES

Multi EFA Capsules

Fish, flax and borage seed oil combination

- Supports the brain, eyes, and nerves in adolescents and adults[‡]
- Supports cardiovascular health and cognitive function[‡]
- Supports skin health and hydration.[‡]
- Provides 3,445 total mg of EFA per daily dose, including:
 - omega-3: 1,648 mg of EPA, DHA and ALA
 - omega-6: 1,137 mg of LA and GLA

Multi EFA Softgels contain a unique blend of fish, flax and borage seed oils. Fish oils provide omega-3 fatty acids that support brain, eye and cardiovascular health. DHA is the most abundant omega-3 fatty acid in the brain, and it provides support for cognitive and ocular health. Supplementation with fish oils may support neural functioning in the hippocampus, a region of the brain associated with memory. Flax and borage seed oils provide essential fatty acids (EFA), including ALA, LA, and GLA, that further maintain optimal health. EFA, especially LA and GLA, promote skin health by supporting epithelial cell function, maintaining the integrity of the epidermal barrier, and helping maintain water and electrolytes in the skin. LA accounts for approximately 12% of the total fatty acid content of the skin.[‡]

SUPPLEMENT FACTS

Serving Size 2 Softgels
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|----------------------------------------|----------|------|
| Calories | 25 | |
| Total Fat | 2.5 g | 3% ^ |
| Cholesterol | 5 mg | 2% |
| Protein | < 1 g | 1% ^ |
| Δ Fish Oil (Anchovy and Sardine) | 800 mg | * |
| Δ Flax (Linum usitatissimum) Seed Oil | 800 mg | * |
| Δ Borage (Borago officinalis) Seed Oil | 800 mg | * |
| Δ Yielding | | |
| EPA (Eicosapentaenoic Acid) | 240 mg | * |
| DHA (Docosahexaenoic Acid) | 160 mg | * |
| ALA (Alpha-Linolenic Acid) | 424 mg | * |
| GLA (Gamma-Linolenic Acid) | 152 mg | * |
| LA (Linoleic Acid) | 416.6 mg | * |
| OA (Oleic Acid) | 330 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Capsule (gelatin, glycerin, purified water), natural mixed tocopherols
Contains: Fish

Recommended Dose

Adults and Adolescents (12 years and older): Take two softgels two times daily with meals or as recommended by your health professional.

Size

90 Softgels

Product Code

10430



Omega 800

800 mg of EFA per capsule

- Provides 525 mg of EPA and 275 mg of DHA per capsule
- Supports cognitive health and brain function[‡]
- Promotes cardiovascular health[‡]
- Supports healthy serum triglyceride levels already in the normal range[‡]
- Promotes a healthy mood balance[‡]

Omega 800 contains a unique mixture of anchovy and sardine oils with an EPA:DHA ratio of 1.9:1. This ratio is sometimes recommended for maintaining cardiovascular health and promoting a healthy mood balance. In a placebo-controlled clinical trial conducted on 68 healthy medical students, fish oil supplementation for 12 weeks promoted a healthy mood and supported cardiovascular health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Softgels
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------|----------|------|
| Calories | 15 | |
| Total Fat | 1.5 g | 2% ^ |
| Cholesterol | 5 mg | 2% ^ |
| Fish Oil (from Anchovy, Sardine and Mackerel) | 1,250 mg | * |
| Yielding | | |
| EPA (Eicosapentaenoic Acid) | 525 mg | * |
| DHA (Docosahexaenoic Acid) | 275 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Fish gelatin (tilapia and basa), glycerin, purified water, natural orange flavor, natural mixed tocopherols

Contains: Fish (Anchovy, Sardine, Mackerel)

Recommended Dose

Adults and Children (12 years and older): Take one softgel two times daily or as recommended by your health professional.

Size

60 Softgels

Product Code

10464



Omega EFA Liquid

Promotes mood health and supports healthy joints[‡]

- May help to promote healthy mood balance in adults[‡]
- May help support joint health in adults[‡]
- Helps to maintain healthy serum triglyceride levels already in the normal range[‡]
- Promotes cardiovascular health in adults[‡]
- Provides 1,915 mg of EPA and 1,005 mg of DHA per teaspoon
- Comes in a delicious natural orange flavor

Omega EFA Liquid is our most concentrated liquid EFA product, providing 1,915 mg of EPA and 1,005 mg of DHA per serving. Recent research suggests that this dosage and EPA:DHA ratio may help to promote a healthy mood in adults. Essential fatty acids may also provide other health benefits, such as promoting joint health and maintaining cardiovascular health.[‡]

SUPPLEMENT FACTS

Serving Size 1-18 years: ½ Teaspoon (2.5 mL); 19+ years: 1 Teaspoon (5 mL)
 Servings per Container 1-18 years: about 60; 19+ years: about 30

| | AMOUNT PER TSP | % DV FOR ADULTS 19+ YEARS (1 TSP) | AMOUNT PER ½ TSP | % DV FOR CHILDREN AND ADOLESCENTS 4-18 YEARS (½ TSP) | % DV FOR CHILDREN 1-3 YEARS (¼ TSP) |
|-----------------------------|----------------|-----------------------------------|------------------|------------------------------------------------------|-------------------------------------|
| Calories | 40 | | | | 20 |
| Total Fat | 4.5 g | 6 [^] | 2.5 g | 3% [^] | 6% ^{^^} |
| Saturated Fat | 0 g | 0% [^] | 0 g | 0% [^] | 0% ^{^^} |
| Cholesterol | <5 mg | 2% | <5 mg | <1% | 1% |
| Fish Oil (from Anchovy) | 4,569 mg | * | 2,284.5 mg | * | * |
| Yielding | | | | | |
| EPA (Eicosapentaenoic Acid) | 1,915 mg | * | 957.5 mg | * | * |
| DHA (Docosahexaenoic Acid) | 1,005 mg | * | 502.5 mg | * | * |
| Total Omega-3 Fatty Acids | 3,425 mg | * | 1,712.5 mg | * | * |

* Daily Value (DV) not established

[^] Percent daily values (DV) are based on a 2,000 calorie diet

^{^^} Percent daily values (DV) are based on a 1,000 calorie diet

Other ingredients: Orange oil, natural mixed tocopherols

Contains: Fish (Anchovy)

Recommended Dose

Adults (19 years and older): Take one teaspoon daily with a meal or as recommended by your health professional. Children and Adolescents (1-18 years): Take ½ teaspoon daily with a meal or as recommended by your health professional.

Size
5.1 fl oz (150 mL)

Product Code
10469



SEP EFA

EPA and DHA to support cardiovascular and brain health[‡]

- Supports healthy lipid metabolism[‡]
- Promotes cardiovascular health[‡]
- Supports brain health and cognitive function[‡]
- Provides 1,080 mg of EPA and 720 mg DHA per daily dose

SEP EFA is a blend of the omega-3 fatty acids EPA and DHA which help to support optimal cardiovascular health. Research indicates that EPA and DHA help maintain already healthy triglyceride levels by altering fatty acid metabolism. This in turn supports healthy levels of low density lipoprotein (VLDL), which transports lipids throughout the body. In a randomized, double-blind, placebo-controlled trial, three weeks of daily supplementation with 1.4 g of combined EPA and DHA supported healthy lipid metabolism. DHA is also the most abundant omega-3 fatty acid in the brain. Supplementation with fish oils has been associated with the maintenance of healthy neuronal and cognitive functioning. In a recent trial, daily supplementation with 1.75 g of DHA and EPA for 12 months promoted cognitive health.[‡]

SUPPLEMENT FACTS

Serving Size 2 Softgels
 Servings per Container 45

| AMOUNT PER SERVING | % DV |
|----------------------------------------|-----------------------|
| Calories | 20 |
| Calories from Fat | 20 |
| Total Fat | 2 g 3% [^] |
| Saturated Fat | 0.5 g 3% [^] |
| Polyunsaturated Fat | 1 g * |
| Monounsaturated Fat | 0.5 g * |
| Cholesterol | 15 mg 5% |
| Protein | <1 g 1% [^] |
| Fish Oil (Anchovy, Sardine and Salmon) | 2,100 mg * |
| Yielding | |
| EPA (Eicosapentaenoic Acid) | 360 mg * |
| DHA (Docosahexaenoic Acid) | 240 mg * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Gelatin, glycerin, purified water, alpha tocopherol

Contains: Fish (Anchovy, Sardine, Salmon)

Recommended Dose

Adults and Children (12 years and older): Take two softgels three times daily with meals or as recommended by your health professional.

Size
90 Softgels

Product Code
10403



FISH OILS – LIQUIDS & CAPSULES

Super DHA Liquid

Supports healthy brain function with a 4.6:1 Ratio of DHA to EPA[‡]

- Provides 1,200 mg of DHA and 260 mg EPA per teaspoon
- Supports brain health and cognitive function[‡]
- Utilizes NEO-3™ EPA and DHA enrichment
- Has a delicious natural orange flavor

DHA is the primary omega-3 polyunsaturated fatty acid in the brain. DHA helps to support normal neural membrane function and promotes healthy cognition. In a randomized, placebo-controlled clinical trial conducted on 176 healthy young adults, six months of daily supplementation with 1,160 mg of DHA supported cognitive function, including working memory and reaction time.[‡]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
Servings per Container about 30

| | AMOUNT PER TEASPOON | % DV FOR ADULTS & CHILDREN 4+ YEARS | % DV FOR CHILDREN 1-3 YEARS |
|-----------------------------|---------------------|-------------------------------------|-----------------------------|
| Calories | 45 | | |
| Total Fat | 5 g | 6% [^] | 13% ^{^^} |
| Saturated Fat | 0.5 g | 3% [^] | 5% ^{^^} |
| Cholesterol | 90 mg | 30% | 30% |
| Fish Oil (from Tuna) | 4,383 mg | * | * |
| Yielding | | | |
| EPA (Eicosapentaenoic Acid) | 260 mg | * | * |
| DHA (Docosahexaenoic Acid) | 1,200 mg | * | * |
| Total Omega-3 Fatty Acids | 1,800 mg | * | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

^{^^} Percent Daily values (DV) are based on a 1,000 calorie diet

Other ingredients: Orange oil, natural mixed tocopherols

Contains: Fish (Tuna)

Recommended Dose

Adults and Children (1 year and older): Take one teaspoon daily with a meal or as recommended by your health professional.

Size

5 fl oz (150 mL)

Product Code

10446



Super EFA Liquid

Natural Orange Flavor

950 mg of EPA and 725 mg of DHA per teaspoon

- Helps maintain cardiovascular health[‡]
- Supports healthy lipid metabolism[‡]
- Supports brain health and cognitive function[‡]
- Supports the development of the brain, eyes and nerves in children[‡]
- Utilizes the proprietary NEO-3 process to concentrate EPA/DHA triglyceride forms
- Comes in a delicious natural orange flavor

Super EFA Liquid provides 950 mg of EPA and 725 mg of DHA per serving. It has an EPA:DHA ratio of 1.3:1, and helps to support healthy lipid metabolism and cardiovascular health. In a placebo-controlled clinical trial of 312 healthy adults, daily supplementation with 1,800 mg of EPA and DHA (in a 1.5:1 ratio) for one year supported healthy lipid levels. Super EFA liquid provides 1,675 mg of combined EPA and DHA per teaspoon. Essential fatty acids have many other health benefits, including supporting brain health and cognitive function.[‡]

SUPPLEMENT FACTS

Serving Size 1-8 years: ½ Teaspoon (2.5 mL); 9+ years: 1 teaspoon (5 mL)
Servings per Container 1-8 years: about 40 or 200; 9+ years: about 80 or 100

| | AMOUNT PER TEASPOON | % DV FOR ADULTS AND ADOLESCENTS 9+ YEARS (1 TEASPOON) | AMOUNT PER ½ TEASPOON | % DV FOR CHILDREN 4-8 YEARS (½ TEASPOON) | % DV FOR CHILDREN 1-3 YEARS (½ TEASPOON) |
|-----------------------------|---------------------|-------------------------------------------------------|-----------------------|------------------------------------------|------------------------------------------|
| Calories | 40 | | 20 | | |
| Total Fat | 4.5 g | 6% [^] | 2.5 g | 3% [^] | 6% ^{^^} |
| Saturated Fat | 1 g | 5% [^] | 0.5 g | 3% [^] | 5% ^{^^} |
| Cholesterol | 45 mg | 15% | 25 mg | 8% | 8% |
| Fish Oil | 4,560 mg | * | 2,280 mg | * | * |
| (from Anchovy and Sardine) | | | | | |
| Yielding | | | | | |
| EPA (Eicosapentaenoic Acid) | 950 mg | * | 475 mg | * | * |
| DHA (Docosahexaenoic Acid) | 725 mg | * | 362.5 mg | * | * |
| Total Omega-3 Fatty Acids | 1,975 mg | * | 987.5 mg | * | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

^{^^} Percent Daily values (DV) are based on a 1,000 calorie diet

Other ingredients: Orange oil, natural mixed tocopherols

Contains: Fish (Anchovy, Sardine)

Recommended Dose

Adults and Adolescents (9 years and older): Take one teaspoon daily with a meal or as recommended by your health professional. Children (1-8 years): Take ½ teaspoon daily with a meal or as recommended by your health professional.

Size

6.8 fl oz (200 mL)

16.9 fl oz (500 mL)

Product Code

10503

10503500



Super EFA Liquid

Natural Strawberry Flavor

950 mg of EPA and 725 mg of DHA per teaspoon

- Helps maintain cardiovascular health[†]
- Supports healthy serum triglycerides already in the normal range[†]
- Supports brain health and cognitive function[†]
- Supports the development of the brain, eyes, and nerves in children[†]
- Utilizes the proprietary NEO-3 process to concentrate EPA/DHA triglyceride forms
- Comes in a delicious natural strawberry flavor

Super EFA Liquid provides 950 mg of EPA and 725 mg of DHA per serving. It has an EPA:DHA ratio of 1.3:1, and helps to support already healthy serum triglyceride levels and optimal cardiovascular health. In a placebo-controlled clinical trial of 312 healthy adults, daily supplementation with 1,800 mg of EPA and DHA (in a 1.5:1 ratio) for one year supported serum triglyceride levels already in normal range. Super EFA liquid provides 1,675 mg of combined EPA and DHA per teaspoon. DHA may assist in the development of brain, eyes, and nerve tissue in children up to 12 years of age. Essential fatty acids have many other health benefits, including supporting brain health and cognitive function.[†]

SUPPLEMENT FACTS

Serving Size 1-8 years: ½ Teaspoon (2.5 mL); 9+ years: 1 teaspoon (5 mL)
 Servings per Container 1-8 years: about 80; 9+ years: about 40

| | AMOUNT PER 1 TEASPOON | % DV FOR ADULTS AND ADOLESCENTS 9+ YEARS (1 TEASPOON) | AMOUNT PER ½ TEASPOON | % DV FOR CHILDREN 4-8 YEARS (½ TEASPOON) | % DV FOR CHILDREN 1-3 YEARS (½ TEASPOON) |
|-----------------------------|-----------------------|-------------------------------------------------------|-----------------------|------------------------------------------|------------------------------------------|
| Calories | 40 | | | | 20 |
| Total Fat | 4.5 g | 6% ^ | 2.5 g | 3% ^ | 6% ^^ |
| Saturated Fat | 1 g | 5% ^ | 0.5 g | 3% | 5% ^^ |
| Cholesterol | 45 mg | 15% | 25 mg | 8% | 8% |
| Fish Oil | 4,560 mg | * | 2,280 mg | * | * |
| (from Anchovy and Sardine) | | | | | |
| Yielding | | | | | |
| EPA (Eicosapentaenoic Acid) | 950 mg | * | 475 mg | * | * |
| DHA (Docosahexaenoic Acid) | 725 mg | * | 362.5 mg | * | * |
| Total Omega-3 Fatty Acids | 1,975 mg | * | 987.5 mg | * | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

^^ Percent Daily values (DV) are based on a 1,000 calorie diet

Other ingredients: Natural strawberry and vanilla flavors, natural mixed tocopherol
 Contains: Fish (Anchovy, Sardine)

Recommended Dose

Adults and Adolescents (9 years and older): Take one teaspoon daily with a meal or as recommended by your health professional. Children (1-8 years): Take ½ teaspoon daily with a meal or as recommended by your health professional.

Size
6.8 fl oz (200 mL)

Product Code
10482



Super EFA Liquid Plus

Combination of EPA, DHA, and plant sterols

- Helps maintain and support cardiovascular health[†]
- Supports healthy lipid metabolism[†]
- Provides 930 mg of EPA and 685 mg of DHA per daily dose
- Provides 325 mg of plant sterol esters per daily dose
- Has a delicious natural orange flavor

Recent research indicates that cardiovascular health may be better supported by diets high in monounsaturated fatty acids, plant sterols, and fish oils than by those high in fish oils alone. EPA, DHA, and plant sterols support healthy fatty acid metabolism. In randomized, placebo-controlled trials, daily supplementation with 1.3-1.4 g of EPA and DHA, in combination with 2-2.5 g of plant sterols, for three to four weeks supported healthy lipid metabolism. Super EFA Liquid Plus provides 1.6 g of EPA and DHA and 325 mg of plant sterols per serving to help support cardiovascular health.[†]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
 Servings per Container about 45

| AMOUNT PER SERVING | % DV |
|-------------------------------------------------------------------------|--------------|
| Calories | 40 |
| Calories from Fat | 35 |
| Total Fat | 4.5 g 7% ^ |
| Saturated Fat | 1 g 4% ^ |
| Cholesterol | 50 mg 17% ^ |
| Fish Oil (Sardine and Anchovy) | 4,137.5 mg * |
| Yielding | |
| EPA (Eicosapentaenoic Acid) | 930 mg * |
| DHA (Docosahexaenoic Acid) | 685 mg * |
| Total Omega-3 Fatty Acids | 1,860 mg * |
| Plant Sterol Esters (from <i>Pinus sp.</i> / <i>Helianthus annuus</i>) | 325 mg * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Orange oil, natural mixed tocopherols
 Contains: Fish (Anchovy, Sardine)

Recommended Dose

Take one teaspoon daily with a meal, or as recommended by your health professional. If preferred, Super EFA Liquid Plus can be mixed with juice or water. Shake well before each use.

Size
7.6 fl oz (225 mL)

Product Code
10447



FISH OILS – LIQUIDS & CAPSULES

NEW Super EFA Forte Capsules

Concentrated triglyceride fish oil in a convenient softgel format

- Double-potency formula offering 475 mg of EPA and 325 mg of DHA per softgel
- Helps support cognitive, cardiovascular and joint health[‡]

Super EFA Forte Capsules offer a high-potency fish oil formula providing EPA and DHA in a bioavailable triglyceride form. Each exceptionally pure softgel offers 800 mg of EPA and DHA to support neurological, cardiovascular and joint health. DHA is one of the most important omega-3 fatty acids in the brain, where it helps regulate membrane fluidity, the formation of synapses, and cytokine production. Clinical research has demonstrated that DHA can support cognitive health, including episodic memory and learning in older adults. DHA is also important for the proper development of the brain and retina in young children. EPA and DHA have been found to support cardiovascular health by promoting healthy lipid metabolism, heart rates, and platelet and endothelial function. By regulating immune cell activity and the production of eicosanoids, such as prostaglandins and leukotrienes, these omega-3 fatty acids provide additional support for joint comfort and function.[‡]

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------|----------|------|
| Calories | 15 | |
| Total Fat | 1.5 g | 2% ^ |
| Cholesterol | <5 mg | 1% |
| Fish Oil (from Anchovy, Sardine and Mackerel) | 1,430 mg | * |
| Yielding | | |
| EPA (Eicosapentaenoic Acid) | 475 mg | * |
| DHA (Docosahexaenoic Acid) | 325 mg | * |
| Total Omega-3 | 830 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Capsule (bovine gelatin, glycerin, purified water), sweet orange oil, mixed tocopherols concentrate

Contains: Fish (Anchovy, Sardine and Mackerel)

Recommended Dose

Take one softgel one to four times daily or as recommended by your health professional.

Size

60 Softgels

Product Code

10393



NEW Super EFA Forte Capsules + D

Concentrated triglyceride fish oil plus vitamin D in a convenient softgel format

- Double-potency formula offering 475 mg of EPA and 325 mg of DHA per softgel
- Includes 1,000 IU of vitamin D per teaspoon
- Helps support cognitive, cardiovascular, bone and immune health[‡]

Super EFA Forte Capsules + D offer a high-potency fish oil formula providing EPA and DHA in a bioavailable triglyceride form. Each exceptionally pure softgel offers 800 mg of EPA and DHA to support neurological, cardiovascular and joint health. DHA is one of the most important omega-3 fatty acids in the brain, where it helps regulate membrane fluidity, the formation of synapses and cytokine production. Clinical research has demonstrated that DHA can support cognitive health, including episodic memory and learning in older adults. DHA is also important for the proper development of the brain and retina in young children. EPA and DHA have been found to support cardiovascular health by promoting healthy lipid metabolism, heart rates, and platelet and endothelial function. By regulating immune cell activity and the production of eicosanoids, such as prostaglandins and leukotrienes, these omega-3 fatty acids provide additional support for joint comfort and function. Similarly, vitamin D is well-recognized for its beneficial effects in maintaining immune function and bone health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------|-------------------|------|
| Calories | 15 | |
| Total Fat | 1.5 g | 2% ^ |
| Cholesterol | <5 mg | 1% |
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Fish Oil (from Anchovy, Sardine and Mackerel) | 1,430 mg | * |
| Yielding | | |
| EPA (Eicosapentaenoic Acid) | 475 mg | * |
| DHA (Docosahexaenoic Acid) | 325 mg | * |
| Total Omega-3 | 830 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Capsule (bovine gelatin, glycerin, purified water), sweet orange oil, mixed tocopherols concentrate

Contains: Fish (Anchovy, Sardine and Mackerel)

Recommended Dose

Take one softgel daily or as recommended by your health professional.

Size

60 Softgels

Product Code

10394



NEW Super EFA Forte Liquid

Concentrated triglyceride fish oil in a great-tasting liquid

- Double-potency formula offering 1,500 mg of EPA and 1,000 mg of DHA per teaspoon
- Helps support cognitive, cardiovascular and joint health[‡]
- Delicious natural orange flavor
- Features an anti-spill pouring spout
- Ideal for those who have difficulty swallowing capsules

Super EFA Forte Liquid is a high-potency fish oil formula offering EPA and DHA in a bioavailable triglyceride form. Each exceptionally pure and clean-tasting teaspoon offers 2,500 mg of EPA and DHA to support neurological, cardiovascular and joint health. DHA is one of the most important omega-3 fatty acids in the brain, where it helps regulate membrane fluidity, the formation of synapses, and cytokine production. Clinical research has demonstrated that DHA can support cognitive health, including episodic memory and learning in older adults. DHA is also important for the proper development of the brain and retina in young children. EPA and DHA have been found to support cardiovascular health by promoting healthy lipid metabolism, heart rates, and platelet and endothelial function. By regulating immune cell activity and the production of eicosanoids, such as prostaglandins and leukotrienes, these omega-3 fatty acids provide additional support for joint comfort and function. Available in a convenient liquid format, Super EFA Forte Liquid is ideal for individuals who may have difficulty or dislike swallowing capsules.[‡]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
Servings per Container about 40

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------|----------|------|
| Calories | 40 | |
| Total Fat | 4.5 g | 6% ^ |
| Cholesterol | 15 mg | 5% |
| Fish Oil (from Anchovy, Sardine and Mackerel) | 4,500 mg | * |
| Yielding | | |
| EPA (Eicosapentaenoic Acid) | 1,500 mg | * |
| DHA (Docosahexaenoic Acid) | 1,000 mg | * |
| Total Omega-3 | 2,600 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Sweet orange oil, rosemary leaf extract, mixed tocopherols concentrate
Contains: Fish (Anchovy, Sardine and Mackerel)

Recommended Dose

Take one teaspoon one to two times daily or as recommended by your health professional. Do not drink directly from the bottle.

Size
6.8 fl oz (200 mL)

Product Code
10391



NEW Super EFA Forte Liquid + D

Natural Orange Flavor

Concentrated triglyceride fish oil plus vitamin D in a great-tasting liquid

- Double-potency formula offering 1,500 mg of EPA and 1,000 mg of DHA per teaspoon
- Includes 1,000 IU of vitamin D per teaspoon
- Helps support cardiovascular, cognitive, bone and immune health[‡]
- Delicious natural orange flavor
- Features an anti-spill pouring spout
- Ideal for those who have difficulty swallowing capsules

Super EFA Forte Liquid + D is a high-potency fish oil formula offering EPA and DHA in a bioavailable triglyceride form. Each exceptionally pure and clean-tasting teaspoon offers 2,500 mg of EPA and DHA to support neurological, cardiovascular and joint health. DHA is one of the most important omega-3 fatty acids in the brain, where it helps regulate membrane fluidity, the formation of synapses, and cytokine production. Clinical research has demonstrated that DHA can support cognitive health, including episodic memory and learning in older adults. DHA is also important for the proper development of the brain and retina in young children. EPA and DHA have been found to support cardiovascular health by promoting healthy lipid metabolism, heart rates, and platelet and endothelial function. By regulating immune cell activity and the production of eicosanoids, such as prostaglandins and leukotrienes, these omega-3 fatty acids provide additional support for joint comfort and function. Similarly, vitamin D is well-recognized for its beneficial effects in maintaining immune function and bone health. Available in a convenient liquid format, Super EFA Forte Liquid + D is ideal for individuals who may have difficulty or dislike swallowing capsules.[‡]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
Servings per Container about 40

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------|-------------------|------|
| Calories | 40 | |
| Total Fat | 4.5 g | 6% ^ |
| Cholesterol | 15 mg | 5% |
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Fish Oil (from Anchovy, Sardine and Mackerel) | 4,500 mg | * |
| Yielding | | |
| EPA (Eicosapentaenoic Acid) | 1,500 mg | * |
| DHA (Docosahexaenoic Acid) | 1,000 mg | * |
| Total Omega-3 | 2,600 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Sweet orange oil, rosemary leaf extract, mixed tocopherols concentrate
Contains: Fish (Anchovy, Sardine and Mackerel)

Recommended Dose

Take one teaspoon daily or as recommended by your health professional. Do not drink directly from the bottle.

Size
6.8 fl oz (200 mL)

Product Code
10392



FISH OILS – LIQUIDS & CAPSULES

Super EFA Liquid Plus CoQ₁₀

Cardiovascular support[‡]

- Provides 930 mg of EPA and 710 mg of DHA per daily dose
- Contains 50 mg of CoQ₁₀ per serving
- Helps to support healthy lipid metabolism[‡]
- Promotes cardiovascular health[‡]

Super EFA Liquid Plus CoQ₁₀ is a unique combination of CoQ₁₀ and essential omega-3 fatty acids that helps to maintain cardiovascular health. CoQ₁₀ supports cellular energy production, and is present in tissues with high metabolic activity, including the heart. CoQ₁₀ is also an important intracellular antioxidant. EPA and DHA further support healthy lipid metabolism. In a randomized, placebo-controlled trial involving 67 adults, supplementation with 1.56 g of EPA and DHA daily for 12 weeks promoted cardiovascular health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
Servings per Container about 40

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------|----------|------|
| Calories | 40 | |
| Calories from Fat | 40 | |
| Total Fat | 4.5 g | 6% ^ |
| Saturated Fat | 1 g | 5% ^ |
| Cholesterol | 45 mg | 15% |
| Fish Oil (Anchovy and Sardine) | 4,530 mg | * |
| Yielding | | |
| EPA (Eicosapentaenoic Acid) | 930 mg | * |
| DHA (Docosahexaenoic Acid) | 710 mg | * |
| Total Omega-3 Fatty Acids | 1,960 mg | * |
| Coenzyme Q ₁₀ (yeast fermentation) | 50 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Orange oil, natural mixed tocopherols

Contains: Fish (anchovy, sardine)

Recommended Dose

Take one teaspoon daily with a meal or as recommended by your health professional.

Size
6.8 fl oz (200 mL)

Product Code
10572



Super EFA Liquid Plus D

Vitamin D, EPA and DHA

- Provides 950 mg of EPA and 725 mg of DHA per teaspoon
- Supports cardiovascular health[‡]
- Promotes brain health and cognitive function[‡]
- Supports the development of the brain, eyes and nerves in children[‡]
- Provides 1,000 IU of vitamin D₃ per teaspoon
- Aids in the development and maintenance of healthy bones and teeth[‡]

Super EFA Liquid Plus D is a combination of vitamin D and essential omega-3 fatty acids that helps to maintain bone, cardiovascular, and cognitive health. Super EFA Liquid Plus D is an excellent source of vitamin D, which studies suggest promotes optimal bone health. DHA is an omega-3 fatty acid that promotes proper eye development and visual acuity in young children. DHA is also the most abundant omega-3 fatty acid in the brain, and supports pre- and postnatal brain development. Supplementation with fish oils has been associated with the maintenance of neural function, indicating their beneficial effect on cognitive health.[‡]

SUPPLEMENT FACTS

Serving Size 9+ Years: 1 Teaspoon (5 mL); 1-8 Years: ½ Teaspoon (2.5 mL)
Servings per Container 9+ Years: about 40; 1-8 Years: about 80

| | AMOUNT PER TEASPOON | % DV FOR ADULTS AND ADOLESCENTS 9+ YEARS (1 TEASPOON) | AMOUNT PER ½ TEASPOON | % DV FOR CHILDREN 4-8 YEARS (½ TEASPOON) | % DV FOR CHILDREN 1-3 YEARS (½ TEASPOON) |
|-------------------------------------|---------------------|-------------------------------------------------------|-----------------------|------------------------------------------|------------------------------------------|
| Calories | 40 | | 20 | | |
| Total Fat | 4.5 g | 6% ^ | 2.5 g | 3% ^ | 6% ^^ |
| Saturated Fat | 1 g | 5% ^ | 0.5 g | 3% ^ | 5% ^^ |
| Cholesterol | 45 mg | 15% | 25 mg | 8% | 8% |
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% | 12.5 mcg (500 IU) | 63% | 83% |
| Fish Oil (from Anchovy and Sardine) | 4,560 mg | * | 2,280 mg | * | * |
| Yielding | | | | | |
| EPA (Eicosapentaenoic Acid) | 950 mg | * | 475 mg | * | * |
| DHA (Docosahexaenoic Acid) | 725 mg | * | 362.5 mg | * | * |
| Total Omega-3 Fatty Acids | 1,975 mg | * | 987.5 mg | * | * |

* Daily Value (DV) not established

^ Percent daily values (DV) are based on a 2,000 calorie diet

^^ Percent daily values (DV) are based on a 1,000 calorie diet

Other ingredients: Orange oil, natural mixed tocopherols

Contains: Fish (anchovy, sardine)

Recommended Dose

Adults and Adolescents (9 years and older): Take one teaspoon daily with a meal or as recommended by your health professional. Children (1-8 years): Take ½ teaspoon daily with a meal or as recommended by your health professional.

Size
6.8 fl oz (200 mL)

Product Code
10483



Fish oils emulsified by WisdOM-3™

The health benefits associated with an increased intake of omega-3's are well-recognized, but many people don't like the idea of taking lots of capsules – or the oily mouth-feel and potential fishiness of liquid oil products. To address those concerns, Seroyal scientists began to study ways of emulsifying omega oils through a process called WisdOM-3™ to make them more palatable. In the course of this work, they unexpectedly uncovered some facts about omega-3 absorption that are beginning to change drastically the way in which omega-3's are presented. Here are some facts about WisdOM-3™.

Increases rate of EPA and DHA absorption

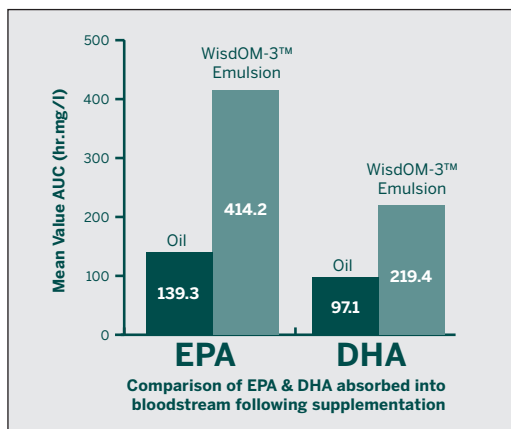
In a pilot study, fish oil emulsified using WisdOM-3™, improved the absorption of EPA and DHA by 3X and 2X, respectively.*

When we digest most fats and oils in our diet, the emulsification that naturally occurs in the stomach and intestine is sufficient to ensure that complete absorption takes place. As with any lipid, absorption is limited and dependent on adequate bile production. An emulsion encloses these fatty acids into a tiny water soluble droplet called a micelle. In this form, EPA and DHA can easily cross the intestinal membranes.

Allows blending of other nutrients

WisdOM-3™ emulsification also has the benefit of allowing other nutritional ingredients such as vitamins, plant sterols and glucosamine to be added, enabling products with multiple benefits to be developed.

Finally, WisdOM-3™ causes oils to lose their "oiliness" and allows natural flavors and fruit concentrates to be added, making WisdOM-3™ products delicious to take either directly from the spoon or mixed into fruit juices or smoothies.



*Garaiova et al, Nutrition Journal 2007

To order, call **1.888.737.6925**
For more information, visit **Seroyal.com**

Berry DHA GREAT FOR CHILDREN

Emulsified DHA and EPA formula high in vitamin C

- Helps to maintain cardiovascular health[†]
- Helps to support healthy lipid metabolism[†]
- Helps to support cognitive function[†]
- Helps to support brain, eye and nerve development in children and adolescents[†]
- Provides 600 mg of DHA and 296 mg of EPA per serving
- Provides a delicious combination of natural berry and tropical fruit flavors

Berry DHA combines omega-3 fatty acids in a powerful formula that supports brain functioning and cardiovascular health. Omega-3 fatty acids provide numerous health benefits. DHA supports optimal pre- and postnatal brain development, and promotes proper eye development and visual acuity in infants. Recent research suggests that DHA and EPA support already healthy triglyceride levels in the normal range by promoting fatty acid metabolism.

SUPPLEMENT FACTS

Serving Size 2 Teaspoons (10 mL)
Servings per Container about 22

| | AMOUNT PER SERVING | % DV FOR ADULTS AND CHILDREN 4+ YEARS | % DV FOR CHILDREN 1-3 YEARS |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------------------------------------|-----------------------------|
| Calories | 45 | | |
| Total Fat | 2.5 g | 3% ^ | 6% ^^ |
| Total Carbohydrate | 5 g | 2% ^ | 3% ^^ |
| Total Sugars | 3 g | * | * |
| Includes 1.5 g Added Sugars | | 3% ^ | 6% ^^ |
| Fish Oil (from Tuna, Sardine and Anchovy) | 2,556 mg | * | * |
| Yielding | | | |
| DHA (Docosahexaenoic Acid) | 600 mg | * | * |
| EPA (Eicosapentaenoic Acid) | 296 mg | * | * |
| Total Omega-3 Fatty Acids | 1,086 mg | * | * |
| Wild Berry and Apple Concentrate | 1,000 mg | * | * |
| [Black Currant (<i>Ribes nigrum</i>), European Elder (<i>Sambucus nigra</i>), Bilberry (<i>Vaccinium myrtillus</i>), Chokeberry (<i>Aronia melanocarpa</i>) and Apple (<i>Malus domestica</i>) fruits] | | | |

* Daily Value (DV) not established

^ Percent daily values (DV) are based on a 2,000 calorie diet

^^ Percent daily values (DV) are based on a 1,000 calorie diet

Other ingredients: Fruit blend (pineapple, mango, orange, banana), modified corn starch, purified water, fructose, hydroxypropyl alginate, ascorbic acid, pineapple flavor, acacia gum, mixed tocopherols concentrate, vanilla flavor, potassium sorbate

Contains: Fish (tuna, sardine, anchovy)

Recommended Dose

Adults and Children (1 year and older): Take two teaspoons once daily with a meal or as recommended by your health professional. If preferred, Berry DHA can be mixed with juice or water. Shake well before each use.

Size
7.6 fl oz (225 mL)

Product Code
10449



[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

FISH OILS – EMULSIFIED

Berry EFA Plus

Emulsified EPA and DHA Formula

- Provides omega-3 fatty acids for optimal health[‡]
- Supports cognitive health and brain function, and the development of the brain, eyes, and nerves in children and adolescents[‡]
- Helps to support cardiovascular health[‡]
- Supports healthy lipid metabolism[‡]
- Provides 500 mg of EPA and 375 mg of DHA per serving
- Delicious combination of natural berry and tropical fruit flavors

Berry EFA Plus is a unique combination of omega-3 fatty acids and antioxidants that helps to support cardiovascular health. In a randomized, placebo-controlled trial, supplementation with 1.28 g of DHA and EPA daily for 12 weeks supported healthy lipid metabolism. Berry EFA Plus provides 875 mg of DHA and EPA, is high in vitamin C, and contains 30 mg of anthocyanins per serving.[‡]

SUPPLEMENT FACTS

Serving Size 2 Teaspoons (10 mL)
Servings per Container about 30

| | AMOUNT PER SERVING | % DV FOR ADULTS AND CHILDREN 4+ YEARS | % DV FOR CHILDREN 2-3 YEARS |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|---------------------------------------|-----------------------------|
| Calories | 40 | | |
| Total Fat | 2.5 g | 3% ^ | 6% ^^ |
| Saturated Fat | 0.5 g | 3% ^ | 5% ^^ |
| Cholesterol | 25 mg | 8% | 8% |
| Total Carbohydrate | 4 g | 1% ^ | 3% ^^ |
| Total Sugars | 2 g | * | * |
| Includes 1.5 g Added Sugars | | 3% ^ | 6% ^^ |
| Fish Oil (from Sardine and Anchovy) | 2,554 mg | * | * |
| Yielding | | | |
| EPA (Eicosapentaenoic Acid) | 500 mg | * | * |
| DHA (Docosahexaenoic Acid) | 375 mg | * | * |
| Total Omega-3 Fatty Acids | 1,200 mg | | |
| Wild Berry-Apple Concentrate | 1,000 mg | * | * |
| [Chokeberry (<i>Aronia melanocarpa</i>), Elderberry (<i>Sambucus nigra</i>), Bilberry (<i>Vaccinium myrtillus</i>), Black Currant (<i>Ribes nigrum</i>) and Apple (<i>Malus domestica</i>) fruits] | | | |

* Daily Value (DV) not established

^ Percent daily values (DV) are based on a 2,000 calorie diet

^^ Percent daily values (DV) are based on a 1,000 calorie diet

Other ingredients: Concentrated pineapple juice, modified corn starch, fructose, purified water, mango puree, concentrated orange juice, banana puree, hydroxypropyl alginate, pineapple flavor, natural mixed tocopherols, acacia gum, vanilla flavor, potassium sorbate
Contains: Fish (sardine, anchovy)

Recommended Dose

Adults and Children (9 years and older): Take two teaspoons two times daily with meals or as recommended by your health professional. Children (2-8 years): Take two teaspoons daily with a meal or as recommended by your health professional. If preferred, Berry EFA Plus can be mixed with juice or water.

Size

10 fl oz (300 mL)

Product Code

10448



Fruit EFA

Emulsified EPA and DHA formula

- Supports cognitive health and brain function[‡]
- Supports brain, eye and nerve development in children and adolescents[‡]
- Supports cardiovascular health[‡]
- Supports healthy lipid metabolism[‡]
- Provides 560 mg of EPA and 410 mg of DHA per serving
- Comes in a delicious combination of natural berry and tropical fruit flavors

Fruit EFA provides a combination of omega-3 fatty acids that support cardiovascular health and cognitive function. EPA and DHA may play a role in regulating fatty acid metabolism. In a randomized, placebo-controlled trial involving 67 adults, supplementation with 1.92 g of EPA and DHA daily for 12 weeks supported healthy lipid metabolism. Research suggests that fish oil supplementation may help to maintain optimal neural functioning, which in turn supports healthy cognition. DHA also helps to support pre- and postnatal brain development, ocular health, and visual acuity. Fruit EFA comes in a delicious liquid form that provides an alternative to difficult-to-swallow capsules.[‡]

SUPPLEMENT FACTS

Serving Size 2 Teaspoons (10 mL)
Servings per Container about 30

| | AMOUNT PER SERVING | % DV FOR ADULTS AND CHILDREN 4+ YEARS | % DV FOR CHILDREN 2-3 YEARS |
|--------------------------------|--------------------|---------------------------------------|-----------------------------|
| Calories | 45 | | |
| Calories from Fat | 25 | | |
| Total Fat | 2.5 g | 4% ^ | * |
| Saturated Fat | 0.5 g | 3% ^ | * |
| Polyunsaturated Fat | 1.5 g | * | * |
| Cholesterol | 25 mg | 8% * | |
| Total Carbohydrate | 5 g | 2% ^ | * |
| Sugars | 5 g | * | * |
| Vitamin A | 160 IU | 3% | 6% |
| Vitamin C | 58 mg | 97% | 145% |
| Fish Oil (Sardine and Anchovy) | 2,554 mg | * | * |
| Yielding | | | |
| EPA (Eicosapentaenoic Acid) | 560 mg | * | * |
| DHA (Docosahexaenoic Acid) | 410 mg | * | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Concentrated pineapple juice, starch, purified water, fructose, concentrated orange juice, mango puree, banana puree, hydroxypropyl alginate, ascorbic acid, pineapple flavor, acacia gum, natural mixed tocopherols, vanilla flavor, potassium sorbate

Recommended Dose

Adults and Children (9 years and older): Take two teaspoons two times daily with meals or as recommended by your health professional. Children (1-8 years): Take two teaspoons daily with a meal or as recommended by your health professional. If preferred, Fruit EFA may be mixed with juice or water.

Size

10 fl oz (300 mL)

Product Code

10417



Krill Oil

Provides EPA and DHA

- Provides 130 mg of EPA and 70 mg of DHA per day
- Provides 390 mg of phospholipids and 750 mcg of esterified astaxanthin per day
- Supports cardiovascular health[‡]
- Supports healthy lipid metabolism[‡]

Krill Oil is a blend of omega-3 fatty acids, phospholipids, and astaxanthin that provides an alternative to fish oil. The EPA and DHA in krill oil is primarily bound to phospholipids, which may improve intestinal transport and bioavailability. Krill contains astaxanthin, which is the carotenoid antioxidant responsible for its red pigmentation. Research suggests krill promotes cardiovascular health and healthy lipid metabolism.[‡]

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------|----------|------|
| Calories | 10 | |
| Calories from Fat | 10 | |
| Total Fat | 1 g | 2% ^ |
| Saturated Fat | 0.5 g | 1% ^ |
| Cholesterol | 10 mg | 4% |
| Krill (<i>Euphausia superba</i>) Body Oil Yielding | 1,000 mg | * |
| EPA (Eicosapentaenoic Acid) | 130 mg | * |
| DHA (Docosahexaenoic Acid) | 70 mg | * |
| Total Omega-3 Fatty Acids | 240 mg | * |
| Phospholipids | 390 mg | * |
| Esterified Astaxanthin | 750 mcg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Fish gelatin

Contains: Crustacean shellfish (krill), fish (tilapia)

Recommended Dose

Take two capsules daily or as recommended by your health professional.

Size

60 Capsules

Product Code

10432



Phos Choline

Concentrated lecithin-derived phospholipid formula

- Provides 2,880 mg of phosphatides per day
- Supports liver health and healthy hepatic fat metabolism[‡]

Phos Choline provides phospholipids that help to support healthy liver function. Phosphatidylcholine (PC) is the primary phospholipid (also known as phosphatide) found in lecithin. It is an important component of cell membranes and is highly concentrated in hepatocytes. PC supports the production and secretion of very low density lipoprotein (VLDL), which transports triglycerides from the liver. Recent research suggests that choline supports liver health.[‡]

SUPPLEMENT FACTS

Serving Size 2 Softgels
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|---------------------------------------|----------|------|
| Calories | 25 | |
| Total Fat | 1.5 g | 2% ^ |
| Saturated Fat | 0.5 g | 3% ^ |
| Soy Lecithin (from soy bean) Yielding | 2,400 mg | * |
| Phosphatides | 1,440 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Bovine gelatin, glycerin, purified water

Contains: Soy

Recommended Dose

Take two softgels two times daily with meals or as recommended by your health professional.

Size

90 Softgels

Product Code

10526



PHOSPHOLIPIDS

Phosphatidylserine

Supports cognitive function[‡]

- Provides 300 mg of phosphatidylserine per day

Phosphatidylserine (PS) is a phospholipid found in neuronal cell membranes that may help support optimal cognitive function. Endogenous PS helps to maintain membrane fluidity, and may help to mediate the activity of several neurotransmitters, including norepinephrine, dopamine, and serotonin. PS can be metabolized into the choline-containing neurotransmitter acetylcholine, which may play a role in supporting cognitive health. PS supplementation may support brain-derived neurotrophic factor, a protein that may influence neuronal functions. In a randomized, placebo-controlled trial, daily supplementation with 300 mg of PS for six months promoted healthy cognitive function, which extended three months after the trial ended.[‡]

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings per Container 10

| AMOUNT PER SERVING | | % DV |
|------------------------------|--------|------|
| Soy Lecithin (from soy bean) | 300 mg | * |
| Yielding | | |
| Phosphatidylserine | 150 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, silica, magnesium silicate, ascorbyl palmitate
Contains: Soy

Recommended Dose

Take three capsules two times daily with meals or as recommended by your health professional.

Size

30 Vegetarian Capsules

Product Code

10580



Plant Oil Product Overview

Why supplement with plant oils?

Much emphasis is placed on the body's requirement for EPA and DHA, and while these two fatty acids are of utmost importance, plant oils are able to deliver a full spectrum of omega fatty acids (3,6,9). Plant oils can be found through land source (i.e. plants) or aquatic (i.e. micro-algae). Plant oils provide an excellent alternative for those with fish oil sensitivities, vegans or vegetarians.

Omega-3s

ALA (Alpha Linolenic Acid)

Flax seed is a rich source of ALA and plant lignans (hormone-like phytoestrogens) containing 75-800 times more than that in other oil seeds, cereals, legumes, fruits and vegetables.

SDA (Stearidonic Acid)

Found in black currant.

Phytosterols

Naturally found in very small amounts in all types of unrefined plant oils, such as olive oil and sunflower oil.

Omega-6s

CLA (Conjugated Linoleic Acid)

Found in many plant oils including safflower, sunflower and soybean oils. At 3-5 g per day, CLA may help to support a modest reduction in fat mass when used with a program of reduced intake of dietary calories and increased physical activity.[‡]

GLA (Gamma-linolenic Acid)

Found in borage and evening primrose oil. Adequate amounts cannot be synthesized by the body and must be consumed through diet or supplementation.

LA (Linoleic Acid)

A polyunsaturated fatty acid used in the biosynthesis of arachidonic acid. It is abundant in many vegetable oils, including poppy seed, safflower and sunflower oils.

Omega-9s

OA (Oleic Acid)

Synthesized by the body in limited amounts. Common sources include: avocado, macadamia nuts, apricot seeds, almonds and olive oil.

Algal Oils

Provides a vegetarian alternative to marine oils for omega-3 DHA and EPA.

Plant Oil Comparison Chart

| PRODUCT | EFA PER CAPSULE | BENEFITS |
|-------------------------------------------------|---------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| Biotone EFA 100 softgels | • 18 mg of ALA • 174 mg of LA • 112 mg of phytosterol | Promotes healthy lipid metabolism [‡] |
| CLA 700 60 softgels | • 630 mg of CLA | Derived from safflower oil |
| Col-Sterol 60 softgels | • 650 mg of plant sterol esters | Supports the maintenance of cardiovascular health [‡] |
| DHA/EPA Vegan 60 Vegetarian Capsules | • 180 mg of DHA • 100 mg of EPA | Derived from micro-algae Suitable for vegetarians, vegans and those with fish oil sensitivities |
| GLA 90 Black Currant Oil 60 softgels | • 85 mg of GLA • 215 mg of LA | 17% GLA per capsule |
| GLA 130 Primrose Oil 90 softgels | • 130 mg of GLA • 960 mg of LA | 10% GLA per capsule |
| Organic Flax Oil Capsules 90 softgels | • 550 mg of ALA • 150 mg of LA | Blend of omega-3, -6 and -9 |
| Perilla EFA 90 softgels | • 550 mg of ALA • 150 mg of LA | 55% ALA per capsule |
| Pumpkin Capsules 90 softgels | • 400 mg of LA • 180 mg of OA • 100 mg of PA • 30 mg of SA | Derived from pumpkin seed oil |
| Super Neurogen DHA 30 softgels | • 200 mg of DHA | Derived from micro-algae |

PLANT OILS

Biotone EFA

Combination of free plant sterols from *glycine max* bean (soybean)

- Helps to support healthy lipid metabolism[‡]
- Provides antioxidants and essential fatty acids to support cardiovascular health[‡]
- Provides 896 mg of free plant sterols per daily serving
- Includes 10 IU of mixed tocopherols per daily serving
- Provides 1,392 mg of linoleic acid and 144 mg of ALA per daily dose

Biotone EFA is a unique blend of lecithin-derived free plant sterols, essential fatty acids, and antioxidants. Free-form plant sterols may help to promote healthy lipid metabolism. A serving of Biotone EFA supplies 448 mg of plant sterols.[‡]

SUPPLEMENT FACTS

Serving Size 4 Softgels
Servings per Container 25

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------|-----------|------|
| Calories | 15 | |
| Calories from Fat | 10 | |
| Total Fat | 1 g | 2% ^ |
| Protein | <1 g | 1% ^ |
| Vitamin E | 3.35 mg | 22% |
| <i>(d-alpha-tocopherol / mixed tocopherol concentrate)</i> | | |
| Δ Safflower (<i>Carthamus tinctorius</i>) Seed Oil | 1,020 mg | * |
| Δ Flaxseed (<i>Linum usitatissimum</i>) Oil | 144 mg | * |
| Yielding | | |
| Alpha-Linolenic Acid | 72 mg | * |
| Δ Total Linoleic Acid | 696 mg | * |
| Free Plant Sterols (from soy bean) | | |
| (95% combined: beta-sitosterol, campesterol, stigmasterol) | 448 mg | * |
| Soy Lecithin (from soy bean) | 80 mg | * |
| Policosanol (from <i>Apis mellifera</i> wax) | 10 mg | * |
| Mixed Tocopherol Concentrate | 16 mg | * |
| Yielding | | |
| Gamma-Tocopherol | 6.8 mg | * |
| Delta-Tocopherol | 1,960 mcg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Bovine gelatin, glycerin, purified water, silica
Contains: Soy

Recommended Dose

Take four softgels two times daily with meals or as recommended by your health professional.

Size
100 Softgels

Product Code
10400



CLA 700

Support for healthy body composition^{†‡}

- May help to support a healthy body composition and weight, in combination with a healthy diet and an active lifestyle[‡]
- May promote healthy lean mass, in conjunction with a healthy diet and an active lifestyle[‡]
- Provides 3.78 g of CLA per daily serving

Recent research indicates that CLA may help to support a healthy body composition and weight, in conjunction with a balanced diet and regular physical activity. CLA may also help to promote lean body mass. Animal research suggests that CLA functions by decreasing energy intake, increasing energy expenditure, regulating lipid metabolism, and reducing fat cell production. In a randomized, placebo-controlled trial, supplementation with 3.4 g daily of CLA for six months supported a healthy body composition and lean body mass.^{†‡}

SUPPLEMENT FACTS

Serving Size 3 Softgels
Servings per Container 20

| AMOUNT PER SERVING | | % DV |
|--------------------------------|----------|------|
| Calories | 30 | |
| Total Fat | 3 g | 4% ^ |
| Protein | <1 g | 1% ^ |
| CLA (Conjugated Linoleic Acid) | 1,890 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Capsule (bovine gelatin, glycerin, carob color, purified water), safflower oil

Recommended Dose

Take three softgels two times daily with meals or as recommended by your health professional.

Size
60 Softgels

Product Code
10591



[†] Provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise.

Col-Sterol

Combination of *Brassica napus* plant sterols

- Supports cardiovascular health[‡]
- Promotes healthy lipid metabolism[‡]
- Provides 1,300 mg of plant sterol esters per daily serving

Col-Sterol is a unique blend of plant sterol esters that supports healthy total cholesterol levels already within the normal range. Plant sterols support already healthy lipid metabolism, and may have an impact on the body's already normal cholesterol absorption, cholesterol use for bile acid synthesis, bile acid reabsorption, and cholesterol excretion. In a small double blind, placebo-controlled study, supplementation with 1.3 g of sterol esters daily for four weeks supported already healthy total cholesterol. Products providing at least 650 mg per serving of plant sterol esters, taken twice a day with meals for a daily total intake of at least 1,300 mg, as part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease.[‡]

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 60

| AMOUNT PER SERVING | % DV |
|---------------------------------------------------------------------------------------------------------------------------|------|
| Plant Sterol Esters (from <i>Brassica napus</i> oil) (80% combined: beta-sitosterol, campesterol, stigmasterol) 650 mg | * |

* Daily Value (DV) not established

Other ingredients: Capsule (bovine gelatin, glycerin), natural mixed tocopherols

Recommended Dose

Take one softgel two times daily with meals or as recommended by your health professional.

Size

60 Softgels

Product Code

10562



DHA/EPA Vegan

Algae-derived omega-3 fatty acids to support cardiovascular health[‡]

- Provides 720 mg of DHA and 400 mg of EPA per two capsules
- Helps to maintain cardiovascular health[‡]
- Supports healthy lipid metabolism[‡]
- Supports the development of brain, eyes and nerves in children

DHA/EPA Vegan is a unique blend of omega-3 fatty acids that supports optimal brain, eye and cardiovascular health. Algae-derived oils provide a vegan-friendly omega-3 source with little environmental impact. Recent research indicates that DHA derived from algal oil helps to support healthy lipid metabolism. In a randomized, placebo-controlled trial involving 106 healthy vegetarian adults, daily supplementation with 940 mg of algae-derived omega-3 fatty acids supported cardiovascular health. In addition to supporting cardiovascular health, DHA and EPA also promote brain and eye health.[‡]

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------|----------|------|
| Calories | 10 | |
| Total Fat | 1.5 g | 2% ^ |
| Saturated Fat | 0.5 g | 1% ^ |
| Algal Oil (from <i>Schizochytrium</i> sp.) | 1,390 mg | * |
| Yielding | | |
| DHA (Docosahexaenoic Acid) | 310 mg | * |
| EPA (Eicosapentaenoic Acid) | 155 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Hypromellose, sunflower oil, sunflower lecithin, rosemary extract, natural mixed tocopherols, ascorbyl palmitate, silica

Recommended Dose

Take two capsules two times daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10468



PLANT OILS

Flax Oil Capsules

Omega-3 rich fatty acid formula for cardiovascular health[‡]

- Provides essential fatty acids, including omega-3 fatty acids and ALA
- Supports cardiovascular health[‡]
- Supports skin health[‡]

Flax is a plant source of the omega-3 fatty acid alpha linolenic acid (ALA) and the omega-6 fatty acid linoleic acid (LA). ALA is metabolized to EPA and DHA. Recent research suggests that daily supplementation with flaxseed oil for eight weeks supports healthy levels of EPA and DPA, a DHA precursor and likely storage form of EPA. Fatty acids promote cardiovascular health and support optimal skin health and hydration. ALA may help to maintain platelet and endothelial cell function.[‡]

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------|----------|------|
| Calories | 10 | |
| Calories from Fat | 10 | |
| Total Fat | 1 g | 1% ^ |
| Organic Flax (<i>Linum usitatissimum</i>) Seed Oil | 1,000 mg | * |
| Yielding | | |
| ALA (Alpha-Linolenic Acid) | 550 mg | * |
| LA (Linoleic Acid) | 150 mg | * |
| OA (Oleic Acid) | 160 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Bovine gelatin, glycerin, purified water

Recommended Dose

Take one softgel two times daily with meals or as recommended by your health professional.

Size

90 Softgels

Product Code

10416



GLA 90 Black Currant Oil

Combination of omega-6 and omega-3 fatty acids

- Provides 860 mg of LA and 340 mg of GLA per daily dose
- Includes 260 mg of ALA per daily dose
- Promotes skin health[‡]

Black currant oil is a natural source of omega-6 and omega-3 fatty acids. Linoleic acid (LA) accounts for approximately 12% of fatty acids in the skin, and helps to maintain the integrity of the epidermal barrier. EFAs help maintain moisture in the eyes and skin, and omega-6 supplementation may play a role in supporting collagen production in the skin. In a recent study of 40 healthy adults, supplementation with 2 g of black currant seed oil for three months supported skin health and moisture levels in forearm and cheek skin.[‡]

SUPPLEMENT FACTS

Serving Size 2 Softgels
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------|----------|------|
| Calories | 10 | |
| Calories from Fat | 10 | |
| Total Fat | 1 g | 1% ^ |
| Black Currant (<i>Ribes nigrum</i>) Seed Oil | 1,000 mg | * |
| Yielding | | |
| GLA (Gamma-Linolenic Acid) | 170 mg | * |
| ALA (Alpha-Linolenic Acid) | 130 mg | * |
| LA (Linoleic Acid) | 430 mg | * |
| OA (Oleic Acid) | 90 mg | * |
| SDA (Stearidonic Acid) | 24 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Gelatin, glycerin, purified water

Recommended Dose

Take two softgels two times daily or as recommended by your health professional.

Size

90 Softgels

Product Code

10415



GLA 130 Primrose Oil

Omega-6 fatty acids to maintain health[‡]

- Provides 1,920 mg of LA and 260 mg of GLA per daily dose
- Promotes skin health[‡]

Primrose oil is derived from evening primrose, a yellow flowering herb native to the Americas. It is a source of omega-6 fatty acids, including gamma-linolenic acid (GLA) and linoleic acid (LA), that helps to maintain optimal skin health. LA accounts for approximately 12% of fatty acids in the skin, and helps maintain the integrity of the epidermal barrier. Omega-6 fatty acids promote epithelial cell function and support moisture levels in the skin and eyes. In a randomized, placebo-controlled trial, daily supplementation with evening primrose oil for three months promoted skin firmness and elasticity in adults. Recent research indicates that the skin benefits from evening primrose oil supplementation may take over four weeks to develop, as skin cells must regenerate.[‡]

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------|----------|------|
| Calories | 15 | |
| Total Fat | 1.5 g | 2% ^ |
| Polyunsaturated Fat | 1 g | * |
| Evening Primrose (<i>Oenothera biennis</i>) Seed Oil | 1,300 mg | * |
| Yielding | | |
| GLA (Gamma-Linolenic Acid) | 130 mg | * |
| LA (Linoleic Acid) | 960 mg | * |
| OA (Oleic Acid) | 70 mg | * |
| PA (Palmitic Acid) | 78 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Capsule (bovine gelatin, glycerin, purified water), *d*-alpha tocopherol

Recommended Dose

Take one softgel two times daily with meals or as recommended by your health professional.

Size

90 Softgels

Product Code

10414



Perilla EFA

Plant-derived omega-3 and omega-6 fatty acids help maintain skin health[‡]

- Provides 1,650 mg of ALA and 450 mg of LA per daily dose

Perilla oil is derived from perilla, an herb from the mint family that is a source of the omega-3 fatty acid ALA and the omega-6 fatty acid LA. Recent research suggests that combined supplementation of omega-3 and -6 fatty acids may help maintain optimal skin health. Fatty acids help maintain the proper structure and function of the skin, including supporting healthy skin moisture levels. ALA may also help to maintain proper platelet and endothelial cell function.[‡]

SUPPLEMENT FACTS

Serving Size 3 Softgels
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------|----------|------|
| Calories | 30 | |
| Total Fat | 3 g | 4% ^ |
| Protein | < 1 g | 2% ^ |
| Perilla (<i>Perilla frutescens</i>) Seed Oil | 3,000 mg | * |
| Yielding | | |
| ALA (Alpha-Linolenic Acid) | 1,650 mg | * |
| LA (Linoleic Acid) | 450 mg | * |
| OA (Oleic Acid) | 390 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Bovine gelatin, glycerin, purified water

Recommended Dose

Take three softgels daily with a meal or as recommended by your health professional.

Size

90 Softgels

Product Code

10434



PLANT OILS

Pumpkin Capsules

Pumpkin seed oil

- Source of linoleic acid, oleic acid, palmitic acid and stearic acid
- A source of essential fatty acids

Convenient softgel format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------|----------|-----------------|
| Calories | 10 | |
| Calories from Fat | 10 | |
| Total Fat | 1 g | 1% [^] |
| Polyunsaturated Fat | 0.5 g | * |
| Pumpkin (<i>Cucurbita pepo</i>) Seed Oil | 1,000 mg | * |
| Yielding | | |
| LA (Linoleic Acid) | 400 mg | * |
| OA (Oleic Acid) | 180 mg | * |
| PA (Palmitic Acid) | 100 mg | * |
| SA (Stearic Acid) | 30 mg | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Bovine gelatin, glycerin, purified water

Recommended Dose

Take one softgel two times daily with meals or as recommended by your health professional.

Size

90 Softgels

Product Code

10527



Super Neurogen DHA

Algae-derived DHA capsules

- Supports neuronal health[‡]
- Supports cognitive function[‡]
- Provides 400 mg DHA from algal oil per daily dose

Super Neurogen DHA provides the omega-3 fatty acid DHA, which helps to support neuronal health. DHA is the most abundant omega-3 fatty acid in the brain, and it has a role in supporting cognitive function. DHA supplementation has also been associated with maintaining healthy neuronal activity in the hippocampus, which is associated with memory.[‡]

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|-------------------------------------|--------|------------------|
| Calories | 5 | |
| Calories from Fat | 5 | |
| Total Fat | 0.5 g | <1% [^] |
| Cholesterol | <5 mg | 1% |
| Algal Oil (from Schizochytrium sp.) | 606 mg | * |
| Yielding | | |
| DHA (Docosahexaenoic Acid) | 200 mg | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Bovine gelatin, glycerin, purified water, turmeric, annatto seed extract
Contains: Soy

Recommended Dose

Take one softgel two times daily with meals or as recommended by your health professional.

Size

30 Softgels

Product Code

10585





Vitamins & Minerals

The comprehensive range of vitamins and minerals contained in these formulations from Genestra Brands provides a basis of complete nutrition for both maintenance and optimization of health. Genestra Brands Vitamins & Minerals are cornerstones of any nutritional improvement program, providing comprehensive ingredients in their most bioavailable forms.‡

Solid formulas. Strong comprehensive range.

Helping to support individualized needs begins with a large array of Genestra Brands supplements. With a variety of formats, dosages and sources, Genestra Brands has been providing healthcare practitioners with safe, effective and reliable products for over 30 years.

Single Vitamins & B-Complexes

Genestra Brands single vitamins and B-complexes maximize patient compliance and individualize patient needs with a wide array of product formulations and dosage formats (liquids, tablets, creams and capsules).

For example, the vitamin A, D, and E formulas are emulsified for maximum absorption and utilization, and are available in liquid or in soft-gel capsule form. In the Genestra Brands vitamin E and multivitamin/mineral formulas, only natural form *RRR*-alpha tocopherol (*d*-alpha tocopherol) derived from plant sources and the associated esters are used rather than synthetically manufactured all-*rac*-alpha tocopherol. Some of the vitamin C formulations are buffered to improve tolerability in sensitive individuals. To specifically assist with acid rejection syndrome, pH-balanced vitamin C is derived from calcium and magnesium ascorbates. Bioflavonoids are added to some formulas to potentiate effect. The B-vitamin combinations are combined with other vitamins and nutrients to provide broad spectrum support. Inositol Nicotinate + Cr, the Genestra Brands niacin formula, contains the esterified inositol hexanicotinate to eliminate flushing, and increase safety and effectiveness. Also available are emulsified single vitamins D-Mulsion and K-Mulsion. Emulsification potentially improves bioavailability while improving overall taste for increased patient compliance. Easy-to-use, emulsified liquids can be dropped directly into the mouth or mixed in drinks. These great-tasting formulations enhance patient compliance.

Active B Complexes

Co-enzymatic vitamin B's: The body's natural active form for energy production and metabolism

The ACTIVE vitamin B's utilize premium source ingredients such as methylcobalamin, Metafolin[®]^Δ, riboflavin-5-phosphate and pyridoxal-5-phosphate. These are in the body's most preferred active forms, helping to provide support for energy production and metabolic processes.

The vitamin B complex consists of vitamin B₁ (thiamine), B₂ (riboflavin), B₃ (niacin and niacinamide), B₅ (pantothenic acid), B₆ (pyridoxine), B₇ (biotin), B₉ (folate) and B₁₂ (methylcobalamin). As co-enzymes, the B vitamins play an important role in energy production, helping to metabolize carbohydrates, fats and proteins. B vitamins also help in normal growth and development through the formation of red blood cells and tissue formation. B vitamins are not generally stored in the body in any appreciable amounts (with the exception of vitamin B₁₂) as they are water-soluble substances – thus the requirement for vitamin B supplementation.[‡]

Methylcobalamin

Vitamin B₁₂ is essential for metabolism of carbohydrates, fat and protein. As a cofactor for methylmalonyl-CoA mutase enzymes, vitamin B₁₂ helps convert odd-numbered chain fatty acids and branched chain amino acids into succinyl-CoA, a common citric acid cycle intermediate. Vitamin B₁₂ is also required for nucleic acid (DNA) synthesis, methionine synthesis from cysteine, and myelin synthesis in the nervous system. Along with vitamin B₆ and folic acid, adequate levels of vitamin B₁₂ are required to maintain already normal plasma homocysteine levels. Methylcobalamin is the active coenzyme form of vitamin B₁₂.[‡]

Metafolin®

Metafolin® [(6S)-5-methyltetrahydrofolic acid, calcium salt or L-methylfolate] is a patented pure form of the naturally occurring predominant form of folate. “Folates” is the term comprising all the various folate forms, including folic acid. Folates are water-soluble B vitamins that play a key role for a variety of biochemical reactions. Green leafy vegetables in particular are rich in folate.

Bioavailable folate form

Metafolin® is the active form of folate. Other folates like folic acid need to be activated before they can be used by the body. In other words, Metafolin® is independent of the underlying genotype of specific folate dependent enzymes (e.g. MTHFR: Methylene tetrahydrofolate Reductase). The activation of folic acid into an active folate requires several enzymatic steps. The efficacy of these metabolic processes demonstrate that folic acid may not be adequately converted into metabolically active folate forms.

Folate: Important for the homocysteine metabolic pathway

All homocysteine in the body is biosynthesized from methionine, an essential amino acid found abundantly in meats, seafood, dairy products and eggs. Protein-rich diets contain ample amounts of methionine and consequently produce significant levels of homocysteine in the body. Homocysteine is metabolized through two pathways: remethylation and transsulfuration (See Figure 2: Homocysteine Metabolic Pathways). Remethylation requires vitamin B₁₂, folate, and the enzyme 5,10-methylenetetrahydrofolate reductase (MTHFR). Active folate (Metafolin®) works in concert with vitamin B₁₂ as a methyl-group donor in the conversion of homocysteine back to methionine.

Riboflavin-5-phosphate

Riboflavin, also known as Vitamin B₂, is an essential water-soluble B vitamin. It is a component of the coenzymes FAD and FMN, which are intermediates in many redox reactions, including energy production and cellular respiration reactions. Riboflavin-5-phosphate is the active coenzyme form of vitamin B₂.

Pyridoxal-5-phosphate

Vitamin B₆ has to be converted by the body to the active form pyridoxal-5-phosphate for the body to utilize it. Pyridoxal 5-phosphate is the active coenzyme form of vitamin B₆.[‡]

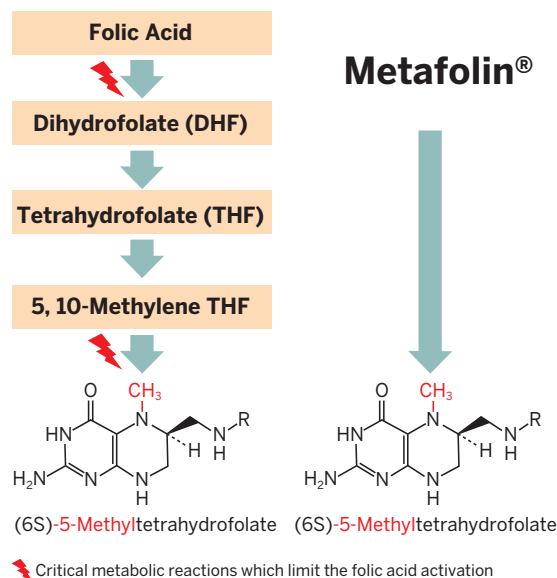


Figure 2: Homocysteine Metabolic Pathways



Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

Vitamin-Mineral Complexes

Genestra Brands vitamin-mineral complexes combine vitamins, minerals and herbs to provide broad-spectrum foundational support. We offer vitamin-mineral complexes that are formulated with chelated minerals for superior bioavailability. Standardized, fresh wildcrafted or certified organic herbs, selected for their inherent qualities, are added for their specific traditional uses. A variety of functional ingredients, such as proteolytic enzymes, polyphenols, antioxidants and glandulars, are included in some products to meet more specific individual needs.[‡]

We provide a variety of combinations: a wide range of great-tasting liquids for pediatrics and geriatrics; powders and chewables to ensure patient compliance and immediate utilization; copper and iron-free formulas to meet individual patients' needs; and distinctive formulations to address specific conditions.[‡]

Genestra Brands vitamin-mineral complexes are formulated in ideal proportional ratios to ensure the optimum functioning of each nutrient. Genestra Brands complexes are thoroughly researched and laboratory-verified.

Minerals & Glucosamines

Genestra Brands minerals are derived from the earth. Many of our formulations are a combination of inorganic and organic sources, allowing the maximum elemental dose per unit (inorganic source) and bioavailability (organic source).

We combine glucosamine sulfate with herbs, chondroitin sulfate and other nutrients to maximize the effect of each component. Our formulas contain chromium polynicotinate, a bioavailable, niacin-bound chromium complex.

Genestra Brands minerals are listed in elemental amounts. This refers to the actual amount of the mineral that can be absorbed by the body, instead of listing the raw mineral amount used at the beginning of the molecular bonding process. Our minerals are combined with vitamins, herbs and other nutrients for superior bioavailability and are prepared in the ideal proportional ratios to ensure optimum functioning of each ingredient.

Calcium and Magnesium Formulas

Genestra Brands' line of calcium and magnesium supplement portfolio contains one of the largest selections of liquids available today. Great-tasting, natural flavors complement the deliciously smooth mouth-feel to maximize patient compliance. Capsules and tablets are also available.

Calcium and Magnesium for Optimizing Health[‡]

Calcium is essential for the development and maintenance of skeletal health. It also plays a vital role in neuromuscular function, many enzyme-mediated processes and in providing rigidity to the skeleton by virtue of its phosphate salts. Over 99% of the body's calcium is stored in the bone,¹ where, apart from providing mechanical strength, it serves as a mineral reservoir that can be drawn upon to maintain plasma calcium.

- Calcium is used as a factor in the maintenance of good health.[‡]
- Calcium intake, when combined with sufficient vitamin D, a healthy diet and regular exercise, may help promote healthy bones and joint comfort.[‡]

Magnesium is the second-most abundant intracellular cation in vertebrates. It is a critical cofactor in more than 300 enzymatic reactions involving protein and nucleic acid synthesis. Approximately half of the total magnesium in the body of a normal adult human is present intracellularly in soft tissues, and the other half is found in bone.[‡]

- Magnesium and vitamin K help in the development and maintenance of bones.[‡]
- Magnesium helps in tissue formation, helps to maintain proper muscle function, is a factor in the maintenance of good health, and helps the body to metabolize carbohydrates, fats and proteins.[‡]

Calcium and magnesium from the diet

Milk, yogurt and cheese are rich natural sources of calcium and are the major food contributors of this nutrient. Non-dairy sources include vegetables such as Chinese cabbage, kale and broccoli. Foods fortified with calcium include many fruit juices, as well as drinks, tofu and cereals.

Magnesium is ubiquitous in foods, but the magnesium content of foods varies substantially. As chlorophyll is the magnesium chelate of porphyrin, green leafy vegetables are rich in magnesium. Foods such as unpolished grains and nuts also have high magnesium content, whereas meats, starches and milk are more intermediate.

RDI values

The recommended daily intake of calcium for those over 1 year of age is 65-1,500 mg/day. The recommended daily intake of magnesium in children of 4-8 is 12-110 mg/day and 20-500 mg/day for adults.^{1,2}

Factors affecting calcium and magnesium requirements

Age and life stage: Net calcium absorption is as high as 60% in infants and young children (who need substantial amounts of the mineral to build bone). Absorption decreases to 15%–20% in adulthood and continues to decrease as people age. Recommended calcium intakes are higher for females older than 50 years and for both males and females older than 70.

Vitamin D intake: This nutrient, obtained from food and produced by skin when exposed to sunlight of sufficient intensity, improves calcium absorption. Vitamin D and its metabolites also enhance intestinal magnesium absorption to a small extent.

Protein intake: Magnesium requirements are influenced by the level of dietary protein, apparently related partially to effects on urinary magnesium excretion.

Factors affecting source requirements

There are numerous sources of calcium, including citrate, malate, aspartate, carbonate, hydroxyapatite and microcrystalline hydroxyapatite (MCHC). Magnesium sources include carbonates, oxides, citrates and aspartates. All forms are bioavailable; the best source for your patient depends on the variety of factors surrounding digestion and absorption.

- **Acidity levels.** A patient's stomach acid is considered variable (time of day, mix with other medications, change of structure due to surgery, etc).
- **Format.** Pills are a convenient format, especially for traveling. Liquids are a great alternative for those with tolerability issues or have difficulty with large pills.

1. Institute of Medicine. (2011). *Dietary Reference Intakes for Calcium and Vitamin D*. Washington, D.C.: National Academies Press. <https://doi.org/10.17226/13050>

2. Institute of Medicine. (1997). *Dietary Reference Intakes for Calcium, Phosphorus, Magnesium, Vitamin D, and Fluoride*. Washington, D.C.: National Academies Press. <https://doi.org/10.17226/5776>

Calcium and Magnesium Product Comparison Chart

| PRODUCT | CALCIUM / MAGNESIUM SOURCES AND AMOUNTS PER UNIT | OTHER INGREDIENT AMOUNTS PER UNIT | RECOMMENDED DOSE | | |
|-------------------------------------------------------------|----------------------------------------------------------------------------------|-----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| TABLETS | | | | | |
| Cal Mag + D | Calcium (calcium carbonate/ aspartate) Magnesium (magnesium aspartate/ oxide) | 170 mg 85 mg | Vitamin D (cholecalciferol) 1.8 mcg / 70 IU | Adults: Take two tablets two times daily with meals, or as recommended by your health professional. | |
| Mag Cal Formula 2 | Calcium (calcium carbonate/ aspartate) Magnesium (magnesium oxide/ aspartate) | 200 mg 400 mg | Vitamin D (cholecalciferol) 2.5 mcg/ 100 IU | Adults: Take one tablet once daily, a few hours before or after taking other medications, or as recommended by your health professional. | |
| Mag Cal Plus | Calcium (calcium aspartate/ carbonate) Magnesium (magnesium aspartate/ oxide) | 100 mg 150 mg | Vitamin D (cholecalciferol) Niacinamide Vitamin B ₆ (pyridoxine hydrochloride) Valerian (<i>Valeriana officinalis</i>) Root | 2.5 mcg / 100 IU 6.25 mg 2.5 mg 30 mg | Adults: Take one tablet three times daily with meals, or as recommended by your health professional. |
| CAPSULES | | | | | |
| Calcium | Calcium (calcium aspartate) | 150 mg | | Adults and Children (6 years and older): Take two capsules two times daily with meals, or as recommended by your health care practitioner | |
| Magnesium | Magnesium (magnesium aspartate/ oxide) | 100 mg | | Adults (19 years and older): Take two capsules two times daily, or as recommended by your health professional. Adolescents (9-18 years): Take three capsules daily or as recommended by your health professional. Children (6-8 years): Take one capsule daily or as recommended by your health professional. | |
| LIQUIDS | | | | | |
| Cal Mag Berry Liquid + (Natural Blueberry Flavor) | Calcium (calcium citrate) Magnesium (magnesium citrate) | 500 mg 200 mg | Vitamin A (vitamin A acetate) Vitamin D (cholecalciferol) Vitamin K ₁ (phylloquinone) Vitamin K ₂ (menaquinone-7) Boron (boron citrate) | 300 mcg RAE / 1,000 IU 25 mcg / 1,000 IU 80 mcg 20 mcg 2000 mcg | Adults: Take one tablespoon daily with a meal, a few hours before or after taking other medications, or as recommended by your health professional. Shake well before each use. Do not refrigerate. |
| Cal Mag Liquid (Natural Spearmint Flavor) | Calcium (calcium carbonate) Magnesium (magnesium hydroxide) | 600 mg 300 mg | | | Adults and Adolescents (9 years and older): Take one tablespoon daily with a meal, a few hours before or after taking other medication, or as recommended by your health professional. Shake well before each use. |
| Cal Mag Liquid 2 (Natural Fruit Punch Flavor) | Calcium (calcium carbonate) Magnesium (magnesium hydroxide) | 600 mg 300 mg | | | Adults and Adolescents (9 years and older): Take one tablespoon daily with a meal, a few hours before or after taking other medication, or as recommended by your health professional. Shake well before each use. |
| Cal Mag Raspberry Liquid | Calcium (calcium citrate) Magnesium (magnesium citrate) | 500 mg 200 mg | Vitamin D (cholecalciferol) | 25 mcg / 1,000 IU | Adults: One tablespoon taken once daily with a meal, a few hours before or after taking other medication, or as recommended by your health professional. Shake well before each use. Do not refrigerate. |
| Cal Mag Vanilla Liquid + | Calcium (calcium citrate) Magnesium (magnesium citrate) | 500 mg 200 mg | Vitamin D (cholecalciferol) Vitamin K ₁ (phylloquinone) Vitamin K ₂ (menaquinone-7)** ** Naturally derived from fermented soybeans | 25 mcg / 1,000 IU 40 mcg 60 mcg | Adults: One tablespoon taken once daily with a meal, a few hours before or after taking other medication, or as recommended by your health professional. Shake well before each use. Do not refrigerate. |
| Mag Cal Vanilla Liquid | Calcium (calcium citrate) Magnesium (magnesium citrate) | 250 mg 500 mg | Vitamin D (cholecalciferol) | 25 mcg / 1,000 IU | Adults: Take one tablespoon once daily with a meal, a few hours before or after taking other medication, or as recommended by your health professional. Shake well before each use. Do not refrigerate. |
| Magnesium Glycinate Liquid | Magnesium (magnesium glycinate) | 250 mg | | | Adults (19 years and older): Take one tablespoon one to two times daily or as recommended by your health professional. Adolescents (9-18 years): Take one tablespoon daily or as recommended by your health professional. |
| Magnesium Complex Liquid | Magnesium (magnesium glycinate/citrate/malate) | 500 mg | | | Adults (19 years and older): Take one tablespoon daily or as recommended by your health professional. Adolescents (9-18 years): Take ½ tablespoon daily or as recommended by your health professional. |

D-Mulsion 1000

Natural Lemon Flavor

Factor in the maintenance of good health[†]

- Helps in the development and maintenance of bones and teeth[†]
- Helps in the absorption and use of calcium and phosphorus[†]

Easy-to-use

- Can be dropped directly in the mouth or mixed in drinks

Citrus-flavored

- Great taste for excellent patient compliance

Ideal for vegetarians

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 1 Drop (0.027 mL)

Servings per Container about 1,111

| AMOUNT PER SERVING | | % DV |
|--------------------------------|-------------------|------|
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |

% Daily Value (DV)

Other ingredients: Purified water, potato maltodextrin, modified tapioca starch, extra virgin olive oil, lemon oil, citric acid, potassium sorbate, stevia leaf extract (glucosylsteviosides), natural mixed tocopherols

Recommended Dose

All Ages: Take one drop daily or as recommended by your health professional.

Size

1 fl oz (30 mL)

Product Code

01154



A-Mulsion

Emulsified vitamin A formulation

- 3,000 mcg RAE/10,000 IU per drop

Factor in the maintenance of good health[†]

- Helps support ocular health, skin membranes and immune function[†]
- Helps in the maintenance of night vision, bones and teeth[†]

Natural lemon-flavored

- Great taste for excellent patient compliance

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 1 Drop (0.027 mL)

Servings per Container about 1,111

| AMOUNT PER SERVING | | % DV |
|---------------------------------|-----------|------|
| Vitamin A (vitamin A palmitate) | 3,000 mcg | 333% |

* Daily Value (DV) not established

Other ingredients: Purified water, xylitol, modified tapioca starch, lemon oil, natural mixed tocopherols, xanthan gum, citric acid, potassium sorbate, organic stevia leaf extract (glucosylsteviosides)

Recommended Dose

Take one drop daily or as recommended by your health professional. For oral use only.

Size

1 fl oz (30 mL)

Product Code

01101



SINGLE VITAMINS

Ascorbate C

1,000 mg of vitamin C per dose

- Provides vitamin C from calcium, magnesium and potassium ascorbates
- Helps in the maintenance of bones, cartilage, teeth and gums[‡]
- Helps in connective tissue formation and participates in the body's normal wound healing process[‡]
- Helps maintain proper muscle function[‡]

Lemon-flavored

- Great taste for excellent patient compliance

Ideal for vegans

- Convenient powder format

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (3.7 g)
 Servings per Container about 67

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------|----------|-----------------|
| Calories | 5 | |
| Total Carbohydrate | 2 g | 1% [^] |
| Sugars | 1 g | * |
| Vitamin C (calcium/magnesium/potassium ascorbate) | 1,000 mg | 1,667% |
| Calcium (calcium ascorbate) | 60 mg | 6% |
| Magnesium (magnesium ascorbate) | 35 mg | 9% |
| Potassium (potassium ascorbate) | 50 mg | 1% |
| Fructooligosaccharides (FOS) | 740 mg | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Fructose, lemon purée, lemon flavor

Recommended Dose

Add water to one teaspoon of Ascorbate C and mix. Take once daily, a few hours before or after taking other medications, or as recommended by your health professional.

Size

Net Weight 8.8 oz (250 g)

Product Code

01103



C1000

Vitamin C formulation

- 1,000 mg of ascorbic acid per tablet

With added citrus and non-citrus bioflavonoids

- Rose hips, hesperidin, quercetin and rutin

An antioxidant for the maintenance of good health[‡]

- Helps in the development and maintenance of bones, cartilage, teeth and gums[‡]
- Helps the body to metabolize fats and proteins[‡]
- Helps in normal wound healing and connective tissue formation[‡]

Ideal for vegetarians

- Convenient tablet format

SUPPLEMENT FACTS

Serving Size 1 Tablet
 Servings per Container 60 or 120

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------|----------|--------|
| Vitamin C (ascorbic acid) | 1,000 mg | 1,111% |
| Rose (<i>Rosa canina</i>) Hips | 50 mg | * |
| Hesperidin (from bitter orange pith/peel) | 25 mg | * |
| Quercetin | 25 mg | * |
| Rutin | 25 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, silica, croscarmellose sodium, magnesium stearate, hypromellose, glycerin

Recommended Dose

Take one tablet two times daily with meals or as recommended by your health professional.

Size

60 Tablets
 120 Tablets

Product Code

01110
 01110120



D-Mulsion 400

Citrus Flavor

Factor in the maintenance of good health[†]

- Helps in the development and maintenance of bones and teeth[†]
- Helps in the absorption and use of calcium and phosphorus[†]

Easy-to-use

- Can be dropped directly in the mouth or mixed in drinks

Citrus-flavored

- Great taste for excellent patient compliance

Ideal for vegetarians

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 1 Drop (0.027 mL)
Servings per Container about 1,110

| AMOUNT PER SERVING | | % DV |
|-----------------------------|-----------------|------|
| Vitamin D (cholecalciferol) | 10 mcg (400 IU) | 50% |

% Daily Value (DV)

Other ingredients: Purified water, potato maltodextrin, modified tapioca starch, extra virgin olive oil, lemon oil, citric acid, potassium sorbate, stevia leaf extract (glucosylsteviosides), natural mixed tocopherols

Recommended Dose

Take one drop one to two times daily or as recommended by your health professional.

Size

1 fl oz (30 mL)

Product Code

01153



D-Mulsion 1000

Natural Spearmint Flavor

Factor in the maintenance of good health[†]

- Helps in the development and maintenance of bones and teeth[†]
- Helps in the absorption and use of calcium and phosphorus[†]

Easy-to-use

- Can be dropped directly in the mouth or mixed in drinks

Spearmint-flavored

- Great taste for excellent patient compliance

Ideal for vegetarians

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 1 Drop (0.0225 mL)
Servings per Container about 1,333

| AMOUNT PER SERVING | | % DV |
|-----------------------------|-------------------|------|
| Vitamin D (cholecalciferol) | 25 mcg (1,000 IU) | 125% |

% Daily Value (DV)

Other ingredients: Purified water, cellulose, natural spearmint flavor, xanthan gum, extra virgin olive oil, organic stevia leaf extract (glucosylsteviosides), potassium sorbate, citric acid

Recommended Dose

Take one drop daily or as recommended by your health professional.

Size

1 fl oz (30 mL)

Product Code

01159



SINGLE VITAMINS

D₃ 1000

Factor in the maintenance of good health[‡]

- Helps in the development and maintenance of bones and teeth[‡]
- Helps in the absorption and use of calcium and phosphorus[‡]

Ideal for vegetarians

- Convenient vegetable capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|--------------------------------|-------------------|------|
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |

% Daily Value (DV)

Other ingredients: Cellulose, hypromellose, magnesium stearate

Recommended Dose

Adults and Children (6 years and older): Take one capsule daily with a meal or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

01119



D₃ 1000 Chewable

Factor in the maintenance of good health[‡]

- Helps in the development and maintenance of bones and teeth[‡]
- Helps in the absorption and use of calcium and phosphorus[‡]

Natural blackcurrant-flavored

- Great taste for excellent patient compliance

Ideal for vegetarians

- Convenient chewable tablet format

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 120

| AMOUNT PER SERVING | | % DV |
|--------------------------------|-------------------|------------------|
| Total Carbohydrate | <1 g | <1% [^] |
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |

% Daily Value (DV)

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Sorbitol, xylitol, natural blackcurrant flavor, silica, magnesium stearate

Recommended Dose

Adults and Children (4 years and older): Chew one tablet once daily, or as recommended by your health professional.

Size

120 Chewable Tablets

Product Code

01155



D₃ 1000 Drops

Factor in the maintenance of good health[†]

- Helps in the development and maintenance of bones and teeth[†]
- Helps in the absorption and use of calcium and phosphorus[†]

Easy-to-use liquid format

- Provides 1,000 IU of vitamin D per drop
- Base of medium-chain triglycerides
- Can be dropped directly in the mouth or mixed in drinks

SUPPLEMENT FACTS

Serving Size 1 Drop (0.028 mL)
Servings per Container about 1071

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------|-------------------|------|
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| % Daily Value (DV) | | |
| Other ingredients: Medium chain triglycerides | | |

Recommended Dose

Adults and Children (All ages): Take one drop daily or as recommended by your health professional.

Size
1 fl oz (30 mL)

Product Code
01152



D₃ K₂ Mulsion

Vitamin D and K₂ combination

- Helps in the development and maintenance of bones and teeth[†]
- Helps in the absorption and use of calcium and phosphorus[†]

Easy-to-use

- Can be dropped directly in the mouth or mixed in drinks

Citrus flavor

- Great taste increases patient compliance

SUPPLEMENT FACTS

Serving Size 5 Drops (0.163 mL)
Servings per Container about 122

| AMOUNT PER SERVING | | % DV |
|----------------------------------------|-------------------|------|
| Vitamin D (cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Vitamin K ₂ (menaquinone-7) | 90 mcg | * |

* Daily Value (DV) not established

Other ingredients: Purified water, glycerin, cellulose, lemon oil, xanthan gum, extra virgin olive oil, citric acid, potassium sorbate, organic stevia leaf extract (glucosylsteviosides), rosemary leaf extract, natural mixed tocopherols

Recommended Dose

Take five drops daily or as recommended by your health professional.

Size
0.7 fl oz (20 mL)

Product Code
01170



E-400 Emulsified

Naturally emulsified vitamin E formulation

- An antioxidant and a factor in the maintenance of good health[†]

Convenient softgel format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 60 or 120

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------|--------|--------|
| Vitamin E (as <i>d</i> -alpha tocopherol) | 268 mg | 1,787% |
| % Daily Value (DV) | | |

Other ingredients: Capsule (gelatin, glycerin, purified water), soybean oil, polysorbate 80
Contains: Soy

Recommended Dose

Take one softgel two times daily with meals or as recommended by your health professional.

Size
60 Softgels
120 Softgels

Product Code
01105
01105120



SINGLE VITAMINS

Myo-Inositol

Support for ovarian health[‡]

- Helps to promote healthy ovulatory activity[‡]
- Helps to support ovarian and reproductive system function[‡]
- Helps to promote hormonal balance and menstrual regularity[‡]
- Supports healthy glucose metabolism[‡]
- Provides 4 g of myo-inositol per daily serving

Myo-inositol is a naturally-occurring inositol isomer. It helps promote the activities of the ovaries through its role as a precursor to inositol 1,4,5-triphosphate (InsP3), which regulates menstrual cycle hormones and oocyte maturation. Myo-inositol also promotes healthy glucose metabolism through the production of inositolphosphoglycans (IPG), signaling molecules involved in insulin-dependent glucose uptake. In a clinical trial involving 42 women, participants were randomized to consume 400 mcg of folic acid alone or in combination with 4 g of myo-inositol daily for six to eight weeks. When compared to the placebo folic acid treatment, myo-inositol supplementation better promoted hormonal balance, menstrual regularity, and glucose homeostasis.[‡]

SUPPLEMENT FACTS

Serving Size 1 Scoop (4 g)
Servings per Container about 45

| AMOUNT PER SERVING | | % DV |
|--------------------|-----|------|
| Calories | 15 | |
| Total Carbohydrate | 4 g | 1% ^ |
| Myo-inositol | 4 g | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Recommended Dose

In a glass, add eight ounces (250 mL) of water or juice to one scoop (two teaspoons) of Myo-Inositol and mix. Take once daily or as recommended by your health professional.

Size

Net Weight 6.6 oz (186 g)

Product Code

02177



Orti C

Vitamin C formulation

- Source of antioxidant for the maintenance of good health[‡]
- Helps in the maintenance of bones, cartilage, teeth and gums[‡]
- Helps the body to metabolize carbohydrates, fats and proteins[‡]
- Helps in tissue and connective tissue formation and in normal wound healing[‡]
- Helps to maintain healthy skin, immune function and proper muscle function[‡]

With green tea and bioflavonoids

- Hesperidin and rutin provide additional antioxidant support[‡]

Ideal for vegans

- Convenient vegetable capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------|---------|------|
| Vitamin C (as ascorbic acid/calcium ascorbate) | 500 mg | 556% |
| Calcium (as calcium carbonate/ascorbate) | 5 mg | <1% |
| Magnesium (as magnesium oxide) | 5 mg | 1% |
| Zinc (as zinc oxide) | 5 mg | 45% |
| Potassium (as potassium chloride) | 5 mg | <1% |
| Hesperidin (from Orange fruit) | 50 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf | 22.5 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf Std. Extract (45% Epigallocatechin-3-gallate) | 17.5 mg | * |
| Rutin (from <i>Dimorphandra mollis</i> seed pod) | 10 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, magnesium stearate, silica

Recommended Dose

Take one capsule three times daily with meals, a few hours before or after taking medications or other supplements, or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

01118



Scorbatate

High potency vitamin C of 1,000 mg per serving with added minerals

- Helps in the maintenance of bones, cartilage, teeth and gums[†]
- Helps the body to metabolize fats and proteins[†]
- Helps in normal wound healing and connective tissue formation[†]
- Vitamin C provides antioxidant support for cellular health[†]
- Provides support for healthy glucose metabolism[†]
- Helps to maintain healthy skin, immune and proper muscle function[†]

Ideal for vegans

- Convenient powder format

SUPPLEMENT FACTS

Serving Size ¼ Teaspoon (approximately 1.37 g)
Servings per Container about 120

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------|----------|--------|
| Vitamin C (ascorbic acid/calcium ascorbate) | 1,000 mg | 1,111% |
| Calcium (calcium carbonate/ascorbate) | 45 mg | 3% |
| Magnesium (magnesium carbonate) | 37.5 mg | 9% |
| Zinc (zinc citrate) | 1.75 mg | 16% |
| Selenium (selenium HVPΔ chelate) | 12.5 mcg | 23% |
| Manganese (manganese sulfate monohydrate) | 1.25 mg | 54% |
| Chromium (chromium nicotinate glycinate chelate) | 12.5 mcg | 36% |
| Molybdenum (molybdenum HVPΔ chelate) | 25 mcg | 56% |
| Potassium (potassium carbonate) | 25 mg | <1% |
| L-Aspartic Acid | 6 mg | * |
| Vanadium (vanadium HVP Δ chelate) | 25 mcg | * |

* Daily Value (DV) not established

Δ Hydrolyzed vegetable (rice) protein

Other ingredients: Silica, citric acid

Recommended Dose

Adults (19 years and older): Add water or juice to ¼ teaspoon of Scorbatate and mix. Take once daily with a meal, a few hours before or after taking medications, or as recommended by your health professional.

Size

Net Weight 6 oz (170 g)

Product Code

01117



Vitamin A

Vitamin A formula

- Supports ocular health, skin membranes and immune function[†]
- Helps in the maintenance of night vision, bones and teeth[†]

Convenient softgel format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------|-----------|------|
| Vitamin A (from cod liver oil and vitamin A palmitate) | 3,000 mcg | 333% |

% Daily Value (DV)

Other ingredients: Soybean oil, capsule (bovine gelatin, glycerin, purified water)

Contains: Fish (cod), soy

Recommended Dose

Take one softgel daily with a meal or as recommended by your health professional.

Size

60 Softgels

Product Code

01126



B VITAMIN COMPLEXES

Active B Complex

Combination of B-vitamins in their active forms

- Supports normal carbohydrate, fat and protein metabolism[‡]
- Supports the formation of healthy red blood cells[‡]
- Provides the active forms of vitamins B₂, B₆, folate, and B₁₂

Active B Complex supports the formation of healthy red blood cells and macronutrient metabolism. Each capsule provides the entire B-vitamin family, including vitamins B₁, B₂, B₃, pantothenic acid B₆, biotin, folate, and B₁₂. Active B Complex uses the preferred active forms of vitamins B₂ (riboflavin-5-phosphate), B₆ (pyridoxal-5-phosphate), folate (Metafolin[®]), and B₁₂ (methylcobalamin). Metafolin[®], a calcium salt of L-methylfolate, may be more bioavailable than folic acid. In one study involving healthy women supplemented with 400 mcg of either L-methylfolate or folic acid for 24 weeks, the women receiving the L-methylfolate supplement had higher red blood cell folate concentrations.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------|-----------------------------------|---------|
| Thiamin (as thiamin hydrochloride) | 50 mg | 4.167% |
| Riboflavin (as riboflavin 5-phosphate sodium) | 25 mg | 1,923% |
| Niacin (as niacinamide) | 100 mg | 625% |
| Vitamin B ₆ (as pyridoxal 5-phosphate) | 25 mg | 1,471% |
| Folate (as Metafolin [®] L-5-MTHF) | 667 mcg DFE (400 mcg L-5-MTHF) | 167% |
| Vitamin B ₁₂ (as methylcobalamin) | 400 mcg | 16,667% |
| Biotin | 300 mcg | 1,000% |
| Pantothenic Acid (as calcium d-pantothenate) | 110 mg | 2,200% |
| Choline (as choline bitartrate) | 25 mg | 5% |
| Inositol | 25 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica, ascorbyl palmitate
Metafolin[®] is a registered trademark of Merck KGaA, Darmstadt, Germany

Recommended Dose

Take one capsule daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

02166



Active B₆ Pyridoxal

Vitamin B₆ in its active form

- Supports healthy tissue formation[‡]
- Aids in normal metabolism of carbohydrates, fats and protein[‡]
- Provides 50 mg of vitamin B₆ per capsule

Active B₆ Pyridoxal provides vitamin B₆ as pyridoxal-5-phosphate (P5P), a biologically active form of the vitamin. P5P is an important cofactor in fatty acid metabolism including the production of important omega-6 polyunsaturated fatty acids, carbohydrate metabolism and the conversion of tryptophan into niacin. Vitamin B₆ also supports healthy tissue formation.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------|-------|--------|
| Vitamin B ₆ (as pyridoxal-5-phosphate) | 50 mg | 2,941% |

% Daily Value (DV)

Other ingredients: Cellulose, hypromellose, silica

Recommended Dose

Adults (19 years and older): Take one capsule two times daily or as recommended by your health professional. Adolescents (9-18 years): Take one capsule daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

02102



Active Chewable B₁₂ Natural Cherry Flavor

Vitamin B₁₂ formula

- Promotes the normal formation of red blood cells[‡]
- Supports normal protein, fat and carbohydrate metabolism[‡]
- Convenient chewable tablet with a great-tasting natural cherry flavor
- Contains 1,000 mcg of methylcobalamin, the active form of vitamin B₁₂

Active Chewable B₁₂ contains a concentrated dose (1,000 mcg) of methylcobalamin, the active form of vitamin B₁₂. Vitamin B₁₂ supports normal red blood cell formation and macronutrient metabolism. Adequate consumption of vitamin B₁₂ can be especially important for certain populations including vegans and the elderly.[‡]

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------|-----------|---------|
| Vitamin B ₁₂ (as methylcobalamin) | 1,000 mcg | 41,667% |

% Daily Value (DV)

Other ingredients: Cellulose, xylitol, mannitol, hyprolose, silica, magnesium stearate, natural cherry flavor

Recommended Dose

Adults and Children (4 years and older): Chew one tablet daily or as recommended by your health professional.

Size

60 Chewable Tablets

Product Code

02165



Active Chewable B₁₂ with L-Methylfolate Natural Cherry Flavor

Vitamin B₁₂ formula plus L-methylfolate

- Promotes normal protein, fat and carbohydrate metabolism[‡]
- Supports normal red blood cell formation[‡]
- Convenient chewable tablet with natural cherry flavor
- Contains 1,000 mcg of methylcobalamin, an active form of vitamin B₁₂, and 400 mcg Metafolin® (L-methylfolate), an active form of folate

Active Chewable B₁₂ with L-Methylfolate supports normal macronutrient metabolism and red blood cell formation. Methylcobalamin and L-methylfolate help maintain already normal plasma levels of the protein metabolite homocysteine. In a recent study, high-dose supplementation with methylcobalamin and folic acid for two weeks supported already healthy plasma homocysteine levels.[‡]

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------|-----------------------------------|---------|
| Folate (as Metafolin®, L-5-MTHF) | 667 mcg DFE (400 mcg L-5-MTHF) | 167% |
| Vitamin B ₁₂ (methylcobalamin) | 1,000 mcg | 41,667% |

% Daily Value (DV)

Other ingredients: Cellulose, xylitol, mannitol, hyprolose, silica, magnesium stearate, natural cherry flavor
Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

Recommended Dose

Adults and Children (4 years and older): Chew one tablet once daily or as recommended by your health professional.

Size

60 Chewable Tablets

Product Code

02164



B VITAMIN COMPLEXES

Active Folate 1000

Biologically active folate rich formula†

- Promotes already healthy homocysteine levels‡
- Provides 1,000 mcg of folate per day from Metafolin®

Active Folate 1,000 provides 1,000 mcg of folate per day from Metafolin® in its physiologically active form. Folate is primarily involved in DNA synthesis and methylation reactions, including the conversion of homocysteine to methionine. Metafolin® is a proprietary and bioavailable form of the folate that does not mask a vitamin B₁₂ deficiency. Randomized, placebo-controlled trials have found that daily supplementation with Metafolin® promotes already healthy levels of both folate and homocysteine.‡

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|----------------------------------|---------------------------------------|------|
| Folate (as Metafolin®, L-5-MTHF) | 1,667 mcg DFE (1,000 mcg L-5-MTHF) | 417% |

% Daily Value (DV)

Other ingredients: Cellulose, hypromellose
Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

Recommended Dose

Take one capsule daily or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

02184



Bio B₁₂ + Folic Acid

Natural Cherry Flavor

B₁₂ formula with Folic Acid

- Supports healthy red blood cell formation‡
- Aids in normal carbohydrate, fat and protein metabolism‡
- Promotes healthy nervous system function‡
- Supports healthy neural tube formation, when taken early in pregnancy or prior to becoming pregnant, in combination with a healthy diet‡
- Provides 1,000 mcg of vitamin B₁₂ and 400 mcg of folic acid per serving

Bio B₁₂ + Folic Acid contains vitamin B₁₂ to help support macronutrient metabolism. Research indicates that daily supplementation with 400 mcg of folic acid during the first trimester may help to support healthy neural tube formation, in combination with a healthy diet. Vitamin B₁₂ helps support normal nervous system function and aids in the production of healthy red blood cells.‡

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------|-------------------------------------|---------|
| Folate (as folic acid) | 667 mcg DFE (400 mcg folic acid) | 167% |
| Vitamin B ₁₂ (as cyanocobalamin) | 1,000 mcg | 41.667% |

% Daily Value (DV)

Other ingredients: Mannitol, maltodextrin, cellulose, stearic acid, natural cherry flavor, silica, carmine

Recommended Dose

Adults and Children (4 years and older): Chew one tablet daily, or as recommended by your health professional.

Size

60 Chewable Tablets

Product Code

02114



Bio Folic Acid + B₁₂ Liquid

Natural Cherry Flavor

Vegan-friendly combination of B vitamins

- Supports normal red blood cell formation[†]
- Promotes normal carbohydrate, fat and protein metabolism[†]
- Supports healthy neural tube formation when taken daily prior to becoming pregnant and during early pregnancy, in combination with a healthy diet[†]
- Provides 400 mcg of folic acid and 125 mcg of vitamin B₁₂ per serving
- Available in a delicious natural cherry flavor

Bio Folic Acid + B₁₂ Liquid is a vegan-friendly supplement designed to support overall health and well-being. Vitamin B₁₂ and folic acid support healthy red blood cell formation and promote normal metabolism of carbohydrates, fats, and protein. Recent research suggests that daily supplementation with 400 mcg of folic acid during the first trimester of pregnancy helps to support healthy neural tube formation. In a randomized, placebo-controlled trial involving 119 pregnant women, continued supplementation with 400 mcg of folic acid daily into the second and third trimesters supported maternal and cord blood folate levels.[‡]

SUPPLEMENT FACTS

Serving Size 8 Drops (0.34 mL)
Servings per Container about 87

| AMOUNT PER SERVING | | % DV |
|------------------------------------------|-------------------------------------|--------|
| Folate (as folic acid) | 667 mcg DFE (400 mcg folic acid) | 167% |
| Vitamin B ₁₂ (cyanocobalamin) | 125 mcg | 5,208% |

% Daily Value (DV)

Other ingredients: Glycerin, purified water, natural cherry flavor, potassium sorbate, sodium benzoate, sodium hydroxide, citric acid

Recommended Dose

Adults and Adolescents (14 years and older): Take eight drops two times daily or as recommended by your health professional. Children (4-13 years): Take eight drops once daily or as recommended by your health professional.

Size
1 fl oz (30 mL)

Product Code
02116



Inositol Nicotinate + Cr

Chromium nicotinate formula

- Supports glucose metabolism[†]
- Promotes normal carbohydrate and fat metabolism[†]
- Provides 300 mg of inositol nicotinate and 100 mcg of chromium per dose

Inositol Nicotinate + Cr is a unique blend of inositol nicotinate and chromium that helps to maintain healthy glucose metabolism. Chromium can support the normal metabolism of carbohydrates and fats by regulating healthy glucose uptake into the cells, glycogen formation, fatty acid synthesis, and triglyceride metabolism. Chromium also can support insulin-mediated cell signaling pathways.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------|---------|------|
| Chromium (as chromium nicotinate) | 100 mcg | 286% |
| Inositol Nicotinate | 300 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, magnesium silicate, magnesium stearate

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size
60 Vegetarian Capsules

Product Code
02127



B VITAMIN COMPLEXES

Liquid B Complex **IMPROVED**

Natural Tangerine-Cherry Flavor

Broad spectrum B-vitamin complex

- Helps to maintain cognitive function, normal immune function and energy production[†]
- Aids in the maintenance of healthy hair, nails and skin[‡]
- Convenient liquid format
- Great-tasting, natural tangerine-cherry flavor
- Improved
 - Now available in a 15.2 fl oz bottle

Liquid B Complex is a delicious combination of seven B vitamins, plus choline and inositol. It provides a significant amount of thiamin, riboflavin, niacinamide, vitamin B₆, vitamin B₁₂, biotin and pantothenic acid. B vitamins play an important role in energy metabolism as cofactors for numerous biochemical reactions in the body. Vitamins B₆, B₁₂ and riboflavin are particularly critical in the metabolism of the amino acid metabolite homocysteine. Vitamin B₁₂ has an additional role supporting immune system function and is involved in red blood cell formation alongside vitamin B₆. In addition, biotin helps maintain cognitive functions as well as healthy hair, nails, mucous membranes and skin. Liquid B Complex also provides choline, a lipotrope that helps support liver function, plus inositol, an important second messenger and component of the phospholipid membrane.[‡]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------|---------|-----------------|
| Calories | 10 | |
| Total Carbohydrate | 3 g | 1% [^] |
| Total Sugars | 1 g | * |
| Includes 1 g Added Sugars | | 3% [^] |
| Thiamin (as thiamin hydrochloride) | 50 mg | 4,167% |
| Riboflavin | 50 mg | 3,846% |
| Niacin (as niacinamide) | 75 mg | 469% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 50 mg | 2,941% |
| Vitamin B ₁₂ (as hydroxocobalamin acetate/methylcobalamin) | 75 mcg | 3,125% |
| Biotin | 200 mcg | 667% |
| Pantothenic Acid (as d-panthenol) | 75 mg | 1,500% |
| Choline (as choline chloride) | 50 mg | 9% |
| Chloride | 60 mg | 3% |
| Inositol | 50 mg | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Purified water, concentrated apple juice, glycerin, natural flavors, citric acid, rebaudioside A (stevia leaf extract), xanthan gum, potassium sorbate

Recommended Dose

Take one teaspoon two times daily with meals or as recommended by your health professional. Shake well before each use.

Size
15.2 fl oz (450 mL)

Product Code
02131A



Methylation Support

Supports already healthy homocysteine levels[‡]

- Provides 1,500 mg of betaine and 75 mg of choline per day
- Includes 50 mg of vitamin B₆, 800 mcg of vitamin B₁₂ and 400 mcg of folate (from Metafolin[®]) per day

Methylation Support provides a combination of betaine, choline, and B vitamins in their physiologically active form to help support already healthy homocysteine metabolism. Homocysteine is an amino acid that can be further metabolized into methionine or cysteine, and normal homocysteine levels are necessary for the methylation of nucleic acids, proteins and lipids, as well as protein production. A randomized, double-blind trial involving 76 adults demonstrated that supplementation with 1.5 g of betaine daily for six weeks significantly better maintained homocysteine levels when compared to a placebo treatment. As a result of their interrelated pathways, it is important to have metabolic balances between choline, betaine, homocysteine, vitamin B₆, vitamin B₁₂ and folate. Methylation Support is ideal for vegans, who tend to consume low levels of vitamin B₁₂.[‡]

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------|-----------------------------------|---------|
| Vitamin B ₆ (as pyridoxal 5-phosphate) | 50 mg | 2,941% |
| Folate (as Metafolin [®] , L-5-MTHF) | 667 mcg DFE (400 mcg L-5-MTHF) | 167% |
| Vitamin B ₁₂ (as methylcobalamin) | 800 mcg | 33,333% |
| Choline (as choline bitartrate) | 75 mg | 14% |
| Betaine (from beet root) | 1,500 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica
Metafolin[®] is a registered trademark of Merck KGaA, Darmstadt, Germany

Recommended Dose

Take three capsules daily or as recommended by your health professional.

Size
90 Vegetarian Capsules

Product Code
02372



Multi B

Vegetarian-friendly vitamin B complex

- Supports healthy carbohydrate, fat and protein metabolism[‡]
- Promotes healthy tissue and red blood cell formation[‡]
- Maintains normal energy production[‡]
- Supports healthy neural tube formation, when taken daily prior to becoming pregnant and during early pregnancy, in combination with a healthy diet[‡]
- Contains all eight B vitamins (B₁, B₂, B₃, B₅, B₆, biotin, folate, B₁₂)
- Contains 50 mg of betaine hydrochloride, 50 mg of inositol and 75 mg of choline

Multi B, which contains all eight B vitamins, betaine hydrochloride, inositol and choline, helps to support and maintain overall health and well-being. The B vitamins help to mediate hundreds of enzymatic reactions, including carbohydrate, fat and protein metabolism. Niacin, thiamine and biotin support normal energy production, while pantothenic acid promotes the formation of the neurotransmitter acetylcholine in the brain. Riboflavin supports vitamin B₆ and folate, which in turn promote normal amino acid metabolism and DNA synthesis, respectively. Folic acid and vitamin B₁₂ promote healthy red blood cell production. Recent research indicates that daily supplementation with 400 mcg of folic acid before or during early pregnancy supports normal neural tube formation.[‡]

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------|-------------------------------------|--------|
| Thiamin (as thiamin mononitrate) | 100 mg | 8,333% |
| Riboflavin | 50 mg | 3,846% |
| Niacin (as niacinamide) | 150 mg | 938% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 50 mg | 2,941% |
| Folate (as folic acid) | 667 mcg DFE (400 mcg folic acid) | 167% |
| Vitamin B ₁₂ (as cyanocobalamin) | 100 mcg | 4,167% |
| Biotin | 300 mcg | 1,000% |
| Pantothenic Acid (as calcium d-pantothenate) | 100 mg | 2,000% |
| Choline (as choline bitartrate) | 75 mg | 14% |
| Calcium | 52 mg | 4% |
| Inositol | 50 mg | * |
| Betaine Hydrochloride | 50 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, dibasic calcium phosphate dihydrate, croscarmellose sodium, silica, magnesium stearate, hypromellose, glycerin

Recommended Dose

Adults (19 years and older): Take one tablet daily with a meal or as recommended by your health professional.

Size
60 Tablets

Product Code
02107



Orti B

Vegan-friendly vitamin B complex

- Promotes normal carbohydrate, fat and protein metabolism[‡]
- Promotes healthy tissue and red blood cell formation[‡]
- Supports healthy neural tube formation, when taken daily prior to becoming pregnant and during early pregnancy, in combination with a healthy diet[‡]
- Includes all eight B vitamins (B₁, B₂, B₃, B₅, B₆, biotin, folate, B₁₂) and 50 mg of inositol and 50 mg of choline

Orti B is a unique vitamin complex that includes all eight B vitamins plus inositol and choline. The B vitamins help to mediate hundreds of enzymatic reactions, including carbohydrate, fat and protein metabolism. Niacin, thiamine and biotin support normal energy production, while pantothenic acid promotes the formation of the neurotransmitter acetylcholine in the brain. Riboflavin supports vitamin B₆ and folate, which in turn promote normal amino acid metabolism and DNA synthesis, respectively. Folic acid and vitamin B₁₂ promote healthy red blood cell production. Recent research indicates that daily supplementation with 400 mcg of folic acid before or during early pregnancy supports normal neural tube formation.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------|-------------------------------------|--------|
| Thiamin (as thiamin hydrochloride) | 75 mg | 6,250% |
| Riboflavin | 75 mg | 5,769% |
| Niacin (as niacinamide) | 120 mg | 750% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 75 mg | 4,412% |
| Folate (as folic acid) | 667 mcg DFE (400 mcg folic acid) | 167% |
| Vitamin B ₁₂ (as cyanocobalamin) | 100 mcg | 4,167% |
| Biotin | 300 mcg | 1,000% |
| Pantothenic Acid (as calcium d-pantothenate) | 125 mg | 2,500% |
| Choline (as choline bitartrate) | 50 mg | 9% |
| Inositol | 50 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica, magnesium stearate

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size
90 Vegetarian Capsules

Product Code
02108



B VITAMIN COMPLEXES

Pantothenic Acid

Vitamin B₅ to support skin and tissue health[‡]

- Promotes normal carbohydrate, fat and protein metabolism[‡]
- Supports healthy tissue formation[‡]
- Promotes skin health[‡]
- Supports energy production[‡]
- Provides 500 mg of pantothenic acid per day

Pantothenic acid (vitamin B₅) promotes normal carbohydrate, fat and protein metabolism. Pantothenic acid, found primarily in the liver, kidneys and heart, supports normal acetylcholine production, energy production, and fatty acid synthesis. Recent research indicates that pantothenic acid helps to maintain the natural barrier of the skin by promoting the growth of skin cells via keratinocyte growth factor production. Pantothenic acid also promotes hydration of the epidermal skin layer.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------|--------|--------|
| Pantothenic Acid (as calcium d-pantothenate) | 250 mg | 5,000% |

% Daily Value (DV)

Other ingredients: Hypromellose, cellulose, magnesium stearate

Recommended Dose

Adults and Children (6 years and older): Take one capsule two times daily with meals or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

02104



SINGLE MINERALS

Calcium

Single mineral calcium supplementation

- 150 mg of calcium aspartate per capsule
- Helps in the development and maintenance of bones and teeth, especially in childhood, adolescence and young adulthood[‡]
- Calcium intake, when combined with sufficient vitamin D, a healthy diet and regular exercise, may help promote healthy bones and joint comfort[‡]

Ideal for vegans

- Convenient vegetable capsule format

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|-----------------------------|--------|------|
| Calcium (calcium aspartate) | 300 mg | 23% |

% Daily Value (DV)

Other ingredients: Hypromellose, magnesium stearate, silica, cellulose

Recommended Dose

Adults and Children (6 years and older): Take two capsules two times daily with meals, a few hours before or after taking medications, or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

04219



Chromium CWS

Chromium in a convenient cold water soluble (CWS) liquid format

- Supports healthy glucose metabolism[†]
- Each single drop serving provides 125% of the Daily Value for chromium
- Can be dropped directly into the mouth or added to beverages

Chromium is an essential micronutrient that helps to support healthy glucose metabolism. Each single drop of Chromium CWS helps to supplement chromium intake by providing 150 mcg of chromium. In a double-blind, randomized, placebo-controlled clinical trial conducted on 26 healthy adults, daily supplementation with 220 mcg of chromium (III)-nicotinate for three months was found to better support healthy glucose metabolism than placebo supplementation.[‡]

SUPPLEMENT FACTS

Serving Size 1 Drop (0.0725 mL)
Servings per Container about 206

| AMOUNT PER SERVING | | % DV |
|------------------------------------|---------|------|
| Chromium (chromium polynicotinate) | 150 mcg | 125% |

% Daily Value (DV)

Other ingredients: Purified water, citric acid

Recommended Dose

Take one drop daily with a meal or as recommended by your health professional. If preferred, Chromium CWS can be mixed with water or juice.

Size
0.5 fl oz (15 mL)

Product Code
01183



GTF Chromium

Organic chromium nicotinate formula

- Provides support for healthy glucose metabolism[†]
- Helps the body to metabolize carbohydrates and fats[‡]

Ideal for vegetarians

- Convenient tablet format

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 120

| AMOUNT PER SERVING | | % DV |
|--------------------------------|---------|------|
| Calcium | 30 mg | 2% |
| Chromium (chromium nicotinate) | 200 mcg | 571% |

% Daily Value (DV)

Other ingredients: Cellulose, dibasic calcium phosphate dihydrate, croscarmellose sodium, magnesium stearate, silica, hypromellose, glycerin

Recommended Dose

Adults (19 years and older): Take one tablet two times daily with meals or as recommended by your health professional.

Size
120 Tablets

Product Code
04209



Iron

Iron from carbonyl iron

- Supports hemoglobin and myoglobin function[†]
- Helps to form red blood cells[‡]

Ideal for vegans

- Convenient vegetable capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|-------------------------|-------|------|
| Iron (as carbonyl iron) | 40 mg | 222% |

% Daily Value (DV)

Other ingredients: Cellulose, hypromellose, magnesium stearate, silica

Recommended Dose

Adults and Children (6 years and older): Take one capsule daily with a meal, a few hours before or after taking medications, or as recommended by your health professional.

Size
90 Vegetarian Capsules

Product Code
04208



SINGLE MINERALS

Liquid Iodine **IMPROVED**

Support for thyroid gland function[‡]

- Helps to maintain normal production of thyroid hormones[‡]
- Provides 300 mcg of iodine per day
- Improved
 - Formula update removed alfalfa and dulse extracts for improved supply chain reliability
 - Label update removed fish/shellfish allergen warning

Iodine is essential to the formation of thyroid hormones thyroxine (T4) and triiodothyronine (T3). These hormones are critical regulators of metabolism and participate in key physiological reactions throughout the body, including the brain, heart, pituitary gland, gastrointestinal tract and kidneys. Iodine requirements increase during pregnancy due to elevations in maternal and fetal thyroid hormone production, as well as iodine losses in the kidneys. Higher iodine requirements are also necessary during lactation as iodine is secreted into breast milk to help meet infants' iodine needs. Liquid Iodine provides 300 mcg of iodine daily to help maintain normal production of thyroid hormones and support thyroid gland function.[‡]

SUPPLEMENT FACTS

Serving Size 1 Drop (0.03 mL)
Servings per Container about 1,000

| AMOUNT PER SERVING | | % DV |
|---------------------------|---------|------|
| Iodine (potassium iodide) | 150 mcg | 100% |

% Daily Value (DV)

Other ingredients: Glycerin, purified water, Japanese kelp extract

Recommended Dose

Take one drop two times daily with meals or as recommended by your health professional. Shake well before each use.

Size

1 fl oz (30 mL)

Product Code

04210



Liquid Iron

Iron formulation

- Supports hemoglobin and myoglobin function[‡]
- Supports red blood cells[‡]

Natural raspberry and vanilla flavor

- Great taste for excellent patient compliance
- Includes colloidal minerals

Ideal for vegans

- Convenient liquid format with higher bioavailability potential

SUPPLEMENT FACTS

Serving Size 9+ Years: 1 Teaspoon (5 mL); 0-8 Years: ½ Teaspoon (2.5 mL)
Servings per Container 9+ Years: about 48 or 96; 0-8 Years: about 96 or 192

| | AMOUNT PER TEASPOON | % DV FOR ADULTS AND ADOLESCENTS 9+ YEARS (1 TEASPOON) | AMOUNT PER ½ TEASPOON | % DV FOR CHILDREN 4-8 YEARS (½ TEASPOON) | % DV FOR CHILDREN 1-3 YEARS (½ TEASPOON) | % DV FOR INFANTS 0-12 MONTHS (1/2 TEASPOON) |
|--------------------------------------|---------------------|-------------------------------------------------------|-----------------------|------------------------------------------|------------------------------------------|---------------------------------------------|
| Iron (as ferric pyrophosphate) 15 mg | | 83% | 7.5 mg | 42% | 107% | 68% |

% Daily Value (DV)

Other ingredients: Purified water, glycerin, natural flavors (raspberry and vanilla), xanthan gum, potassium sorbate, citric acid, stevia leaf extract (rebaudioside A)

Recommended Dose

Adults and Adolescents (9 years and older): Take one teaspoon two times daily with meals, a few hours before or after taking medications or other supplements, or as recommended by your health professional. Infants and Children (0-8 years): Take ½ teaspoon two times daily with meals, a few hours before or after taking medications or other supplements, or as recommended by your health professional. Shake well before each use. Do not drink directly from the bottle.

Size

8.1 fl oz (240 mL)
16.2 fl oz (480 mL)

Product Code

04234240
04234480



Lithium Spray

Convenient oral spray

- Delicious lemonade flavor

Lithium citrate formulation

- Helps to promote a healthy mood[†]
- Helps to support healthy brain function[†]

SUPPLEMENT FACTS

Serving Size 1 Spray (0.44 mL)
Servings per Container about 67

| AMOUNT PER SERVING | | % DV |
|---------------------------|------|------|
| Lithium (lithium citrate) | 1 mg | * |

* Daily Value (DV) not established

Other ingredients: Purified water, glycerin, malic acid, citric acid, natural flavor, rebaudioside A (stevia leaf extract), potassium sorbate, sodium citrate

Recommended Dose

Take one spray orally, once daily, at or before bedtime, or as recommended by your health professional. For adult use only.

Size

1 fl oz (30 mL)

Product Code

04280



Magnesium

Magnesium aspartate formulation

- Helps in tissue formation[†]
- Helps maintain proper muscle function[†]
- Helps the body to metabolize carbohydrates, fats and proteins[†]
- Helps in the maintenance of bones and teeth[†]

Ideal for vegans

- Convenient vegetable capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|------------------------------------------|--------|------|
| Magnesium (as magnesium aspartate/oxide) | 100 mg | 24% |

% Daily Value (DV)

Other ingredients: Cellulose, hypromellose, magnesium stearate, silica

Recommended Dose

Adults (19 years and older): Take one capsule four times daily or as recommended by your health professional. Adolescents (9-18 years): Take one capsule three times daily or as recommended by your health professional. Children (6-8 years): Take one capsule daily or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

04216



SINGLE MINERALS

Magnesium Complex Liquid

Natural Tart Berry Flavor

Concentrated combination of organic magnesium sources

- Helps to maintain cardiovascular health[‡]
- Promotes healthy glucose metabolism[‡]
- Supports muscle function[‡]
- Helps to prevent magnesium deficiency[‡]
- Delicious natural blueberry-raspberry flavor

Magnesium Complex Liquid is a concentrated combination of three organic magnesium sources: magnesium glycinate, citrate and malate. Insufficient magnesium intake is estimated to occur in approximately two-thirds of the American population, making it one of the most common nutritional deficiencies. Magnesium plays an important role in regulating insulin-mediated glucose uptake, and low serum magnesium levels are associated with decreased insulin secretion. In healthy participants with low serum magnesium levels, daily supplementation with 300 mg of magnesium has been shown to support healthy glucose metabolism and pancreatic β -cell function. Each tablespoon serving of Magnesium Complex Liquid provides 500 mg of magnesium to maintain cardiovascular health, promote healthy glucose metabolism, and support muscle function.[‡]

SUPPLEMENT FACTS

Serving Size 1 Tablespoon (15 mL); 9-18 Years: ½ Tablespoon (7.5 mL)
Servings per Container Adults: about 30; 9-18 Years: about 60

| | AMOUNT PER TABLESPOON | % DV FOR ADULTS (1 TABLESPOON) | AMOUNT PER ½ TABLESPOON | % DV FOR ADOLESCENTS 9-18 YEARS (½ TABLESPOON) |
|---------------------------------------------------|-----------------------|--------------------------------|-------------------------|------------------------------------------------|
| Calories | 30 | | 15 | |
| Total Carbohydrate | 5 g | 2% ^ | 2.5 g | <1% ^ |
| Magnesium (as magnesium glycinate/citrate/malate) | 500 mg | 119% | 250 mg | 60% |

% Daily Value (DV)

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Purified water, glycerin, xylitol, citric acid, DL-malic acid, natural flavor (blueberry/raspberry), xanthan gum, potassium sorbate, sodium citrate, organic stevia leaf extract (glucosylsteviosides)

Recommended Dose

Adults (19 years and older): Take one tablespoon daily or as recommended by your health professional. Adolescents (9-18 years): Take ½ tablespoon daily or as recommended by your health professional.

Size

15.2 fl oz (450 mL)

Product Code

04235



Magnesium Glycinate Liquid

Natural Apple-Pomegranate Flavor

Pure magnesium glycinate

- Helps to maintain normal muscle function[‡]
- Helps to metabolize carbohydrates, protein and fat[‡]
- Magnesium glycinate is a gentle form of magnesium that is less likely to cause loose stool[‡]
- 250 mg of magnesium per tablespoon serving

Dissolves completely in water

- No cloudy residue
- Great-tasting apple-pomegranate flavor

Magnesium Glycinate Liquid contains 100% magnesium glycinate, a highly bioavailable and water-soluble organic form of magnesium. Its high solubility means that Magnesium Glycinate Liquid dissolves instantly into water without leaving behind a cloudy residue. Magnesium Glycinate Liquid has a refreshing apple pomegranate flavor and doesn't have a chalky aftertaste. This formulation is naturally sweetened using low-calorie xylitol, free of gluten and soy, and is ideal for vegetarians.

SUPPLEMENT FACTS

Serving Size 1 Tablespoon (15 mL)
Servings per Container 30

AMOUNT PER SERVING

| | | % DV |
|------------------------------------|--------|------|
| Calories | 30 | |
| Total Carbohydrate | 5 g | 2% ^ |
| Magnesium (as magnesium glycinate) | 250 mg | 60% |

% Daily Value (DV)

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Purified water, glycerin, xylitol, DL-malic acid, concentrated apple juice, natural flavor, potassium sorbate, rebaudioside A (stevia leaf extract)

Recommended Dose

Adults (19 years and older): Take one tablespoon one to two times daily or as recommended by your health professional. Adolescents (9-18 years): Take one tablespoon daily or as recommended by your health professional. If preferred, Magnesium Glycinate Liquid can be mixed with juice or water.

Size

15.2 fl oz (450 mL)

Product Code

04225



Malic Acid

L-Malic acid and magnesium formulation

- Helps to maintain proper muscle function[‡]

Ideal for vegans

- Convenient vegetable capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|------------------------------|--------|------|
| Magnesium (magnesium malate) | 20 mg | 5% |
| L-Malic Acid | 500 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica

Recommended Dose

Take one capsule three times daily with meals or as recommended by your health professional.

Size
90 Vegetarian Capsules

Product Code
10530



Manganese

Manganese formulation

- Supports bone health[‡]
- Helps the body to metabolize carbohydrates, fats and proteins[‡]

Ideal for vegans

- Convenient vegetable capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|---------------------------------|-------|--------|
| Manganese (manganese aspartate) | 30 mg | 1,500% |

% Daily Value (DV)

Other ingredients: Hypromellose, cellulose, dibasic calcium phosphate dihydrate, magnesium stearate

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size
90 Vegetarian Capsules

Product Code
04220



Potassium Glycinate Liquid

Natural Blueberry-Lemon-Basil Flavor

Great-tasting liquid potassium formula

- Source of an electrolyte for the maintenance of good health[‡]
- Provides 100 mg of potassium per teaspoon
- Delicious natural blueberry-lemon-basil flavor
- Convenient liquid format mixes easily with juice or water

Potassium Glycinate Liquid provides 100 mg of potassium in each delicious natural blueberry-lemon-basil-flavored teaspoon. Potassium, the primary cation inside human cells, is an electrolyte for the maintenance of good health. It is required to maintain normal cell function, cell volume and pH. Potassium is also essential for establishing a membrane potential, which is required for the electrical activity in nerve fibers and muscle cells. By mediating the contractile state of endothelial and vascular smooth muscle cells, potassium plays an important role in vascular function, including both endothelial cell function and blood flow. Due to its important roles in many metabolic processes throughout the body, it is important to consume adequate levels of this mineral each day. However, research suggests that individuals worldwide consume potassium at a level below recommended values. This may result from a decrease intake of fruits and vegetables or an increased intake of processed foods, as food processing markedly reduces potassium content. Potassium Glycinate Liquid is a great-tasting formula that can help contribute to daily potassium recommendations.[‡]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
Servings per Container about 90

| AMOUNT PER SERVING | | % DV |
|------------------------------------|--------|-------|
| Calories | 5 | |
| Total Carbohydrate | 2 g | <1% ^ |
| Potassium (as potassium glycinate) | 100 mg | 2% |

% Daily Value (DV)

^ Percent daily values (DV) are based on a 2,000 calorie diet

Other ingredients: Purified water, glycerin, natural blueberry, lemon and basil flavors, citric acid, potassium sorbate, stevia leaf extract (glucosylsteviosides)

Recommended Dose

Take one teaspoon daily or as recommended by your health professional. If preferred, Potassium Glycinate Liquid can be mixed with juice or water.

Size
15.2 fl oz (450 mL)

Product Code
04228



SINGLE MINERALS

Zinc

Zinc aspartate formulation

- Helps to maintain immune function[†]
- Helps the body to metabolize carbohydrates, fats and proteins[‡]
- Helps in connective tissue formation[‡]
- Helps to maintain healthy skin[‡]

Ideal for vegetarians

- Convenient tablet format

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|-----------------------|-------|------|
| Zinc (zinc aspartate) | 15 mg | 100% |

% Daily Value (DV)

Other ingredients: Cellulose, dibasic calcium phosphate dihydrate, croscarmellose sodium, magnesium stearate, silica, hypromellose, glycerin

Recommended Dose

Adults (19 years and older): Take one tablet two times daily with meals, a few hours before or after taking other medications, or as recommended by your health professional.
Adolescents (9-18 years): Take one tablet daily with a meal, a few hours before or after taking other medications, or as recommended by your health professional.

Size
90 Tablets

Product Code
04211



Zinc Glycinate Liquid

Natural Peach-Tangerine Flavor

Great-tasting, bioavailable liquid zinc formula

- Provides 30 mg of zinc bisglycinate per teaspoon to contribute to daily zinc requirements
- Helps to maintain immune function and healthy bones, hair, nails, and skin[‡]
- Aids in the maintenance of normal DNA, RNA and protein synthesis[‡]
- Delicious natural peach-tangerine flavor

Zinc Glycinate Liquid is a great-tasting mineral formula that provides zinc in the bioavailable form of zinc bisglycinate. Zinc is an important trace element in the body. It plays a key role in maintaining immune health by stimulating the production of immune cells, regulating natural killer cell activity and mediating cytokine production. Clinical research has demonstrated that daily supplementation with zinc helps to maintain immune function in adults and adolescents, as well as in the airways of children. Zinc also has a long history of use in dermatological health. It helps to maintain immune function in the skin, while promoting collagen synthesis to help maintain skin structure. Additionally, zinc has a role in maintaining hair and nail health, and maintains bone health by regulating bone formation and resorption. Zinc Glycinate Liquid provides a bioavailable source of zinc to help meet daily zinc requirements. In one randomized crossover trial, zinc bisglycinate was demonstrated to have 43% higher bioavailability than zinc gluconate.[‡]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
Servings per Container about 90

| AMOUNT PER SERVING | | % DV |
|-----------------------------|-------|------------------|
| Calories | 5 | |
| Total Carbohydrate | 2 g | <1% [^] |
| Zinc (as zinc bisglycinate) | 30 mg | 273% |

% Daily Value (DV)

[^] Percent daily values (DV) are based on a 2,000 calorie diet

Other ingredients: Purified water, glycerin, concentrated apple juice, xylitol, citric acid, natural peach and tangerine flavors, potassium sorbate

Recommended Dose

Take one teaspoon daily with a meal, a few hours before or after taking medications or other supplements, or as recommended by your health professional. If preferred, Zinc Glycinate Liquid can be mixed with juice or water.

Size
15.2 fl oz (450 mL)

Product Code
04226



Zinc Picolinate Formula

Zinc picolinate formulation

- Helps to maintain immune function[†]
- Helps to maintain healthy skin[†]
- Helps in connective tissue formation[†]
- Helps the body metabolize carbohydrates, proteins and fats[†]

Ideal for vegans

- Convenient vegetable capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|------------------------|-------|------|
| Zinc (zinc picolinate) | 30 mg | 200% |

% Daily Value (DV)

Other ingredients: Hypromellose, cellulose, dibasic calcium phosphate dihydrate, magnesium stearate

Recommended Dose

Take one capsule daily with a meal, a few hours before or after taking other medications, or as recommended by your health professional. For use beyond one month, consult your healthcare practitioner.

Size

60 Vegetarian Capsules

Product Code

04223



Femagen Iron Plus

Multivitamin, mineral and herbal formulation containing iron, yellow dock and celandine

- Provides antioxidant support[†]
- Helps the body to metabolize carbohydrates, fats and proteins[†]
- Helps to support and maintain connective tissue[†]
- Helps in the maintenance of bones, cartilage, teeth and gum[†]
- Helps to form red blood cells and helps in their proper function[†]
- Helps in tissue formation and normal wound healing[†]

Ideal for vegans

- Convenient vegetable capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------|-------------------------------------|--------|
| Vitamin C (as ascorbic acid) | 100 mg | 111% |
| Niacin (as nicotinic acid) | 30 mg | 188% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 5 mg | 294% |
| Folate (as folic acid) | 667 mcg DFE (400 mcg folic acid) | 167% |
| Vitamin B ₁₂ (as cyanocobalamin) | 100 mcg | 4,167% |
| Iron (as carbonyl iron) | 30 mg | 167% |
| Copper (as copper HVP Δ chelate) | 2 mg | 222% |
| Yellow Dock (<i>Rumex crispus</i>) Root | 50 mg | * |
| Celandine (<i>Chelidonium majus</i>) Herb Extract (4:1) 100 mg Dried Equivalent | 25 mg | * |

* Daily Value (DV) not established

Δ Hydrolyzed vegetable (rice) protein

Other ingredients: Cellulose, hypromellose, magnesium stearate, silica

Recommended Dose

Take one capsule daily with a meal, a few hours before or after taking medications, or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

10573



MULTIMINERALS

Femagen PMS Capsules

Multivitamin, mineral and botanical formulation

- Chaste Tree fruit is used in Herbal Medicine to help moderate typical premenstrual symptoms in healthy women[‡]

Ideal for vegans

- Convenient vegetable capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
 Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------|-------------------------------------|--------|
| Vitamin A (as 100% beta-carotene) | 450 mcg | 50% |
| Vitamin E (as <i>d</i> -alpha tocopheryl succinate) | 34 mg | 223% |
| Thiamin (as thiamin mononitrate) | 10 mg | 833% |
| Riboflavin | 10 mg | 769% |
| Niacin (as inositol nicotinate) | 9 mg | 56% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 50 mg | 2,941% |
| Folate (as folic acid) | 333 mcg DFE (200 mcg folic acid) | 83% |
| Vitamin B ₁₂ (as cyanocobalamin) | 25 mcg | 1,042% |
| Pantothenic Acid (as calcium d-pantothenate) | 25 mg | 500% |
| Choline (as choline bitartrate) | 15 mg | 3% |
| Calcium (as calcium citrate / carbonate) | 30 mg | 2% |
| Magnesium (as magnesium citrate) | 60 mg | 14% |
| Zinc (zinc citrate) | 5 mg | 45% |
| Wild Yam (<i>Dioscorea villosa</i>) Root Extract (10:1) 200 mg Dried Equivalent | 20 mg | * |
| St. John's Wort (<i>Hypericum perforatum</i>) Aerial Parts | 20 mg | * |
| Dandelion (<i>Taraxacum officinale</i>) Leaf | 20 mg | * |
| Parsley (<i>Petroselinum crispum</i>) Aerial Parts | 20 mg | * |
| Blue Cohosh (<i>Caulophyllum thalictroides</i>) Root and Rhizome | 15 mg | * |
| Chaste Tree (<i>Vitex agnus-castus</i>) Fruit | 15 mg | * |
| Uva-ursi (<i>Arctostaphylos uva-ursi</i>) Leaf | 15 mg | * |
| Eleuthero (<i>Eleutherococcus senticosus</i>) Root and Rhizome | 15 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, magnesium stearate, silica, cellulose

Recommended Dose

Take one capsule two times daily with meals, a few hours before or after taking medication, or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10569



Femagen PMS Tablets

IMPROVED

Multivitamin, mineral, herbal and glandular support for menstrual comfort[‡]

- Moderates cramps, bloating, breast tenderness and fatigue associated with the menstrual cycle[‡]
- Helps to maintain proper muscle function and red blood cell formation[‡]
- Includes ovary, adrenal and brain glandular extracts
- Improved
 - Now offers activated forms of vitamins, including pyridoxal 5'-phosphate, Metafolin[®] calcium L-5-methyltetrahydrofolate and methylcobalamin

Femagen PMS Tablets were specifically formulated with nutrients, botanicals and glandular extracts to support normal premenstrual syndrome (PMS) symptoms in healthy women. Approximately 30-80% of women experience mild to moderate symptoms of PMS each month. These symptoms may result from imbalances in hormones or decreased levels of vitamins and minerals. Preclinical evidence suggests that chasteberry supports hormonal balance through dopaminemediated modulation of prolactin secretion. Supplementation with chastetree extract for three months has been shown to provide significant support for breast comfort and positive mood, while moderating cramps, bloating and fatigue associated with the menstrual cycle. In addition to hormonal fluctuations, the concentrations of vitamins and minerals, such as magnesium, calcium and zinc, can vary during the menstrual cycle. Femagen PMS Tablets offer magnesium as bioavailable magnesium citrate to support proper muscle function, along with activated forms of B vitamins to support energy metabolism. Iron, a necessary component of the hemoglobin present in red blood cells, is also lost during menstrual bleeding. Femagen PMS Tablets include iron to help maintain healthy iron stores, which is provided alongside ovary, adrenal and brain glandular extracts.[‡]

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------|------------------------------|--------|
| Vitamin A (as 100% beta-carotene) | 600 mcg | 67% |
| Vitamin E (as <i>d</i> -alpha tocopheryl acid succinate) | 34 mg | 227% |
| Thiamin (as thiamin mononitrate) | 10 mg | 833% |
| Riboflavin | 10 mg | 769% |
| Niacin (as nicotinic acid) | 15 mg | 94% |
| Vitamin B ₆ (as pyridoxal 5'-phosphate) | 50 mg | 2941% |
| Folate (as calcium L-5-methyltetrahydrofolate, Metafolin®) | 250 mcg DFE (150 mcg folate) | 63% |
| Vitamin B ₁₂ (as methylcobalamin) | 25 mcg | 1,042% |
| Pantothenic Acid (as calcium d-pantothenate) | 10 mg | 200% |
| Choline (as choline bitartrate) | 15 mg | 3% |
| Calcium (as calcium citrate) | 50 mg | 4% |
| Iron (as ferrous bisglycinate) | 10 mg | 56% |
| Magnesium (as magnesium citrate) | 100 mg | 24% |
| Zinc (as zinc citrate) | 5 mg | 45% |
| Ox (<i>Bos taurus</i>) Ovary | 50 mg | * |
| Ox (<i>Bos taurus</i>) Adrenal | 25 mg | * |
| Pig (<i>Sus scrofa</i>) Brain | 25 mg | * |
| Chastetree (<i>Vitex agnus-castus</i>) | | |
| Fruit Extract (7-10:1) | 50 mg | * |
| 350-500 mg Dried Equivalent | | |
| Dandelion (<i>Taraxacum officinale</i>) Leaf | 10 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, croscarmellose sodium, silica, magnesium stearate, hypromellose, glycerin
Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany

Recommended Dose

Adult Women: Take one tablet daily with a meal, a few hours before or after taking medications or other supplements, or as recommended by your health professional.

Size
90 Tablets

Product Code
10514



Femagen TLI

Complete high-potency B vitamin, iron and copper formulation

- Helps to form red blood cells, helps in their proper function and helps in tissue formation[†]
- Helps in the maintenance of bones, cartilage, teeth and gums[†]
- Helps the body metabolize carbohydrates, fats and proteins[†]
- Provides antioxidant support[†]

With bovine liver

- 500 mg per tablet

Convenient tablet format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------|----------------------------------|--------|
| Vitamin C (as ascorbic acid) | 100 mg | 111% |
| Niacin (as nicotinic acid) | 30 mg | 188% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 5 mg | 294% |
| Folate (as folic acid) | 667 mcg DFE (400 mcg folic acid) | 167% |
| Vitamin B ₁₂ (as cyanocobalamin) | 100 mcg | 4,167% |
| Iron (as carbonyl iron) | 30 mg | 167% |
| Copper (as copper HVP Δ chelate) | 2 mg | 222% |
| Bovine (<i>Bos taurus</i>) Liver | 500 mg | * |
| Yellow Dock (<i>Rumex crispus</i>) Root | 50 mg | * |

* Daily Value (DV) not established

Δ Hydrolyzed vegetable (rice) protein

Other ingredients: Cellulose, croscarmellose sodium, dibasic calcium phosphate dihydrate, magnesium stearate, silica, hypromellose, glycerin

Recommended Dose

Take one tablet daily with a meal, a few hours before or after taking other medications, or as recommended by your health professional.

Size
60 Tablets

Product Code
08306



MULTIMINERALS

KMG Plus

Magnesium, potassium and vitamin B₆ formulation

- Helps maintain proper muscle function and supports tissue formation[†]
- Helps in the maintenance of bones and teeth[†]
- Helps the body to metabolize carbohydrates, fats and proteins[‡]

Ideal for vegans

- Convenient vegetable capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------|--------|------|
| Vitamin B ₆ (as pyridoxine hydrochloride) | 15 mg | 882% |
| Magnesium (as magnesium HVP Δ chelate) | 40 mg | 10% |
| Potassium (as potassium HVP √ complex) | 110 mg | 2% |

% Daily Values (DV)

Δ Hydrolyzed vegetable (rice/soy) protein

√ Hydrolyzed vegetable (soy) protein

Other ingredients: Hypromellose, cellulose, magnesium stearate
Contains: Soy

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

04214



VITAMIN - MINERAL COMPLEXES

Colloidal Multi Mins Liquid

Multimineral formulation provides trace and colloidal minerals

- With added sodium montmorillonite, which provides 49 colloidal minerals
- Provides antioxidants for cellular support[†]
- Helps the body to metabolize carbohydrates, fats and proteins[‡]
- Supports thyroid function[†]
- Helps to maintain healthy skin and immune function[‡]

Natural orange-flavored

- Great taste for excellent patient compliance

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 2 Tablespoons (30 mL)
Servings per Container about 33

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------|---------|------|
| Calories | 15 | |
| Total Carbohydrate | 3 g | 1% ^ |
| Calcium (as calcium carbonate) | 6 mg | 1% |
| Iron (as iron gluconate) | 0.6 mg | 3% |
| Iodine (from potassium iodide) | 100 mcg | 67% |
| Magnesium (as magnesium hydroxide) | 3 mg | 1% |
| Zinc (as zinc gluconate) | 0.6 mg | 4% |
| Selenium (as sodium selenate) | 50 mcg | 71% |
| Copper (as copper gluconate) | 0.2 mg | 10% |
| Manganese (as manganese gluconate) | 0.6 mg | 30% |
| Chromium (as chromium polynicotinate) | 100 mcg | 83% |
| Molybdenum (as molybdenum citrate) | 50 mcg | 67% |
| Potassium (as potassium gluconate/sorbate) | 18 mg | 1% |
| Vanadium (as vanadium citrate) | 50 mcg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Purified water, glycerin, natural flavor, natural orange flavor, ascorbic acid, citric acid, potassium sorbate, rebaudioside A (stevia leaf extract)

Recommended Dose

Adults (19 years and older): Take two tablespoons two times daily with meals or as recommended by your health professional. Take a few hours before or after taking medications or other supplements.

Size

33.8 fl oz (1,000 mL)

Product Code

04215



Active Multi Vite

Provides broad spectrum support[†]

- Assists in the maintenance of bones, cartilage, teeth and gums[†]
- Supports connective tissue health[†]
- Helps maintain proper muscle, immune function and healthy skin[†]

Source of vitamin A

- Helps maintain eyesight, skin and membranes[†]
- Helps in the development and maintenance of night vision[†]

Metabolic enhancer

- Assists in the absorption and use of calcium and phosphorus[†]
- Helps the body metabolize carbohydrates, fats and proteins[†]

PLUS!

- Contains folate, Metafolin®Δ (L-methylfolate) – the active form of folate

SUPPLEMENT FACTS

Serving Size 2 Tablets
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------|-----------------------------------|---------|
| Vitamin A (as 100% beta carotene) | 1,800 mcg | 200% |
| Vitamin C (as ascorbic acid) | 136 mg | 151% |
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Vitamin E (as d-alpha tocopheryl succinate) | 38 mg | 255% |
| Thiamin (as thiamin hydrochloride) | 24 mg | 2,000% |
| Riboflavin (as riboflavin 5-phosphate sodium) | 10 mg | 769% |
| Niacin (as nicotinic acid / niacinamide) | 31 mg | 194% |
| Vitamin B ₆ (as pyridoxal 5-phosphate) | 7.4 mg | 435% |
| Folate (as Metafolin®Δ, L-5-MTHF) | 733 mcg DFE (440 mcg L-5-MTHF) | 183% |
| Vitamin B ₁₂ (as methylcobalamin) | 270 mcg | 11,250% |
| Biotin | 330 mcg | 1,100% |
| Pantothenic Acid (as calcium d-pantothenate) | 29 mg | 580% |
| Choline (as choline bitartrate) | 60 mg | 11% |
| Calcium (as calcium citrate malate) | 55 mg | 4% |
| Iodine (from whole kelp) | 200 mcg | 133% |
| Magnesium (as magnesium citrate) | 27.5 mg | 7% |
| Zinc (as zinc monomethionine) | 16.5 mg | 150% |
| Selenium (as selenium glycinate) | 110 mcg | 200% |
| Copper (as copper amino acid chelate) | 1 mg | 111% |
| Chromium (as chromium amino acid chelate) | 132 mcg | 377% |
| Molybdenum (as molybdenum amino acid chelate) | 110 mcg | 244% |
| Inositol | 23.6 mg | * |
| Lycopene (from Tomato fruit flesh) | 3.3 mg | * |
| Lutein (from Aztec marigold oleoresin) | 3.3 mg | * |
| Zeaxanthin (from Aztec marigold flower) | 1.1 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, croscarmellose sodium, magnesium stearate, hypromellose, silica, hypromellose, glycerin
Δ Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Recommended Dose

Take two tablets daily with a meal, a few hours before or after taking medications, or as recommended by your health professional.

Size
120 Tablets

Product Code
03171



Children's Chewable Vitamins

GREAT FOR CHILDREN

Complete multivitamin and mineral formulation

- Supports children's normal growth and development[†]

Rutin and rose hips

- 5 mg of each per tablet

Orange and papaya-flavored chewable tablets

- Great taste for excellent patient compliance

Ideal for vegetarians

- Convenient chewable tablet format

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 100

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------|-------------------------------------|-------|
| Total Carbohydrate | 1 g | <1% ^ |
| Vitamin A (as vitamin A acetate) | 300 mcg | 33% |
| Vitamin C (as ascorbic acid) | 50 mg | 56% |
| Vitamin D (as cholecalciferol) | 5 mcg (200 IU) | 25% |
| Vitamin E (as d-alpha tocopheryl succinate) | 5 mg | 34% |
| Thiamin (as thiamin mononitrate) | 1 mg | 83% |
| Riboflavin | 0.5 mg | 38% |
| Niacin (as niacinamide) | 2.5 mg | 16% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 1 mg | 59% |
| Folate (as folic acid) | 333 mcg DFE (200 mcg folic acid) | 83% |
| Vitamin B ₁₂ (as cyanocobalamin) | 5 mcg | 208% |
| Biotin | 50 mcg | 167% |
| Calcium (as calcium aspartate) | 20 mg | 2% |
| Iron (as ferrous fumarate) | 2.5 mg | 14% |
| Iodine (as potassium iodide) | 35 mcg | 23% |
| Magnesium (as magnesium oxide) | 20 mg | 5% |
| Zinc (as zinc oxide) | 2.5 mg | 23% |
| Copper (as copper aspartate) | 0.25 mg | 28% |
| Rutin (from <i>Sophora japonica</i> flower bud) | 5 mg | * |
| Rose (<i>Rosa canina</i>) Hips | 5 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2000 calorie diet

Other ingredients: Fructose, dextrose, hydrolyzed rice flour, natural papaya and orange flavors, cellulose, stearic acid, magnesium stearate

Recommended Dose

Children (4 years and older): Chew one tablet two times daily with meals, a few hours before or after taking other medications, or as recommended by your health professional.

Size
100 Chewable Tablets

Product Code
03121



VITAMIN - MINERAL COMPLEXES

GLY Forte

Multivitamin, mineral, botanical and glandular formulation

- Chromium provides support for healthy glucose metabolism, while other ingredients maintain immune function and help the body to metabolize carbohydrates, fats and proteins[†]

Easy-to-use

- One tablet, three times daily ensures patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet

Servings per Container 180

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------|--------------------------------------|--------|
| Vitamin A (as vitamin A palmitate/ 50% beta-carotene) | 500 mcg | 56% |
| Vitamin C (as ascorbic acid) | 83.3 mg | 93% |
| Thiamin (as thiamin mononitrate) | 16.7 mg | 1,392% |
| Riboflavin | 16.7 mg | 1,285% |
| Niacin (as niacinamide) | 135 mg | 844% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 25 mg | 1,471% |
| Folate (as folic acid) | 111 mcg DFE (66.7 mcg folic acid) | 28% |
| Vitamin B ₁₂ (as cyanocobalamin) | 33.3 mcg | 1,388% |
| Biotin | 16.7 mcg | 56% |
| Pantothenic Acid (as calcium d-pantothenate) | 83.3 mg | 1,666% |
| Choline (as choline bitartrate) | 16.7 mg | 3% |
| Calcium (as calcium aspartate/calcium d-pantothenate) | 10 mg | <1% |
| Iodine (from kelp) | 9 mcg | 6% |
| Magnesium (as magnesium aspartate/oxide) | 8.3 mg | 2% |
| Zinc (as zinc aspartate) | 2.5 mg | 23% |
| Selenium (as selenomethionine) | 25 mcg | 45% |
| Manganese (as manganese aspartate) | 3.3 mg | 143% |
| Chromium (as chromium nicotinate) | 37.5 mcg | 107% |
| Potassium (as potassium aspartate) | 9.2 mg | <1% |
| Inositol | 4.2 mg | * |
| Betaine Hydrochloride | 3 mg | * |
| DL-Methionine | 16.7 mg | * |
| L-Glycine | 15 mg | * |
| L-Alanine | 8 mg | * |
| L-Glutamic Acid | 3 mg | * |
| Bovine (<i>Bos taurus</i>) Adrenal | 10 mg | * |
| Bovine (<i>Bos taurus</i>) Pancreas | 10 mg | * |
| Bovine (<i>Bos taurus</i>) Liver | 10 mg | * |
| Bovine (<i>Bos taurus</i>) Kidney | 8 mg | * |
| Bovine (<i>Bos taurus</i>) Spleen | 2 mg | * |
| Dandelion (<i>Taraxacum officinale</i>) Leaf | 10 mg | * |
| Licorice (<i>Glycyrrhiza glabra</i>) Root | 10 mg | * |
| Eleuthero (<i>Eleutherococcus senticosus</i>) Root | 10 mg | * |
| Celandine (<i>Chelidonium majus</i>) Whole Plant Extract (4:1) 8 mg Dried Equivalent | 2 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, croscarmellose sodium, magnesium stearate, silica, hypromellose, glycerin

Recommended Dose

Take one tablet, three times daily, with meals a few hours before or after taking medication, or as recommended by your health professional.

Size
180 TabletsProduct Code
03130To order, call 1.888.737.6925
For more information, visit Seroyal.com

GSF Complex

Comprehensive formulation combining vitamins, minerals and herbs

- Helps to maintain healthy skin, immune and proper muscle function[†]
- Helps in tissue and connective tissue formation[†]
- Helps in normal wound healing[†]
- Provides antioxidants for the maintenance of good health[†]
- Helps in the maintenance of bones, cartilages, teeth and gums[†]
- Helps the body to metabolize carbohydrates, fats and proteins[†]

With adrenal and adrenal cortex

- 100 mg and 20 mg, respectively, per capsule

Convenient vegetable capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule

Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------|--------|--------|
| Vitamin C (as ascorbic acid) | 150 mg | 167% |
| Pantothenic Acid (as calcium d-pantothenate) | 100 mg | 2,000% |
| Magnesium (as magnesium aspartate/oxide) | 25 mg | 6% |
| Zinc (as zinc citrate) | 10 mg | 91% |
| Potassium (as potassium aspartate) | 25 mg | <1% |
| Bovine (<i>Bos taurus</i>) Adrenal | 100 mg | * |
| Bovine (<i>Bos taurus</i>) Adrenal Cortex | 20 mg | * |
| Ginkgo (<i>Ginkgo biloba</i>) Leaf | 27 mg | * |
| Hesperidin (from Orange fruit) | 15 mg | * |
| Licorice (<i>Glycyrrhiza glabra</i>) Root | 10 mg | * |
| Rutin (from <i>Dimorphandra mollis</i> seed pod) | 2.1 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf Std. Extract (50% polyphenols) | 0.9 mg | * |

* Daily Value (DV) not established

Other ingredients: Vegetarian capsule (hypromellose), magnesium stearate, silica, cellulose

Recommended Dose

Take one capsule two times daily with meals, a few hours before or after taking other medications, or as recommended by your health professional.

Size
60 CapsulesProduct Code
10570

Liquid Multi Vite Min

IMPROVED

Natural Lemon-Cardamom Flavor

Ten vitamins and 11 minerals for optimal health[‡]

- Helps to support lens and macular health[‡]
- Helps to maintain healthy bones, hair, nails, skin and immune function[‡]
- Provides support for healthy glucose metabolism[‡]
- Improved
 - Formulation update based on current nutritional guidelines
 - Added nutrients, including lutein, zeaxanthin and vitamin K₂
 - Now available in a delicious natural lemon-cardamom flavor
 - Increased bottle size – now providing one-month supply per bottle

Liquid Multi Vite Min is a great-tasting combination of vitamins, minerals and antioxidants for the maintenance of good health. Available in a convenient, once-daily format, it can help adults meet daily recommended micronutrient levels. It provides seven B vitamins, which are involved in energy metabolism through their roles as cofactors. Also included are vitamins D and K, which help support bone formation and strength. Vitamin D has an additional role in helping to maintain immune function by mediating the proliferation and activity of immune cells. The minerals zinc, magnesium and manganese are included to further support bone health. Zinc also contributes to the maintenance of healthy hair, nails, skin and immune function, while magnesium has additional effects in maintaining normal muscle function. This formula also provides a variety of antioxidants, such as vitamin E and selenium, to help limit oxidative damage to cells. Lutein and zeaxanthin, natural carotenoid pigments in the lens and macula of the retina, provide key protection against oxidative damage in the eye produced by metabolic activity and light exposure. Increased intake of these carotenoids has been associated with support for lens health and macular density.[‡]

SUPPLEMENT FACTS

Serving Size 1 Tablespoon (15 mL)
Servings per Container about 30

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------|-----------------|----------------|
| Calories | 20 | |
| Total Carbohydrate | 4 g | 1 [^] |
| Vitamin D (as cholecalciferol) | 20 mcg (800 IU) | 100% |
| Vitamin E (as <i>d</i> -alpha tocopherol) | 15 mg | 100% |
| Thiamin (as thiamin hydrochloride) | 5 mg | 417% |
| Riboflavin | 5 mg | 385% |
| Niacin (as niacinamide) | 20 mg | 125% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 5 mg | 294% |
| Vitamin B ₁₂ (as hydroxocobalamin acetate/ methylcobalamin) | 25 mcg | 1,042% |
| Biotin | 300 mcg | 1,000% |
| Pantothenic Acid (as <i>d</i> -panthenol) | 10 mg | 200% |
| Choline (as choline chloride) | 55 mg | 10% |
| Calcium (as calcium lactate) | 65 mg | 5% |
| Iodine (as potassium iodine) | 150 mcg | 100% |
| Magnesium (as magnesium citrate) | 20 mg | 5% |
| Zinc (as zinc citrate) | 20 mg | 182% |
| Selenium (as sodium selenate) | 100 mcg | 182% |
| Copper (as copper gluconate) | 1 mg | 111% |
| Manganese (as manganese gluconate) | 2.5 mg | 109% |
| Chromium (as chromium nicotinate) | 100 mcg | 286% |
| Molybdenum (as molybdenum citrate) | 50 mcg | 111% |
| Chloride (as choline chloride) | 20 mg | 1% |
| Potassium (as potassium gluconate) | 50 mg | 1% |
| Vitamin K ₂ (as menaquinone-7) | 20 mcg | * |
| Vanadium (as vanadium citrate) | 100 mcg | * |
| Inositol | 5 mg | * |
| Lutein (from Aztec marigold herb flowering oleoresin) | 5 mg | * |
| Zeaxanthin (from Aztec marigold herb flowering oleoresin) | 1 mg | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2000 calorie diet

Other ingredients: Purified water, glycerin, natural flavors, citric acid, medium-chain triglycerides, xanthan gum, potassium sorbate, rebaudioside A (stevia leaf extract), rosemary leaf extract, natural mixed tocopherols concentrate

Recommended Dose

Take one tablespoon daily with a meal, a few hours before or after taking medications or other supplements, or as recommended by your health professional.

Size

15.2 fl oz (450 mL)

Product Code

03122A



VITAMIN - MINERAL COMPLEXES

Maxum Multi Vite

Complete multivitamin-mineral formulation

- Contains a wide range of antioxidants to assist and promote overall health including rutin, coenzyme Q₁₀ and green tea extract[†]

Convenient vegetable capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule
 Servings per Container 90 or 180

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------|-------------------------------------|--------|
| Vitamin A | 1,350 mcg | 150% |
| (as vitamin A palmitate/67% beta-carotene) | | |
| Vitamin C (as ascorbic acid) | 100 mg | 111% |
| Vitamin D (as cholecalciferol) | 0.38 mcg (15 IU) | 2% |
| Vitamin E (as <i>d</i> -alpha tocopheryl succinate) | 34 mg | 223% |
| Thiamin (as thiamin mononitrate) | 15 mg | 1,250% |
| Riboflavin (as riboflavin/riboflavin-5-phosphate) | 17 mg | 1,308% |
| Niacin (as niacinamide) | 20 mg | 125% |
| Vitamin B ₆ | 17 mg | 1,000% |
| (as pyridoxine hydrochloride/pyridoxal-5-phosphate) | | |
| Folate (as folic acid) | 167 mcg DFE (100 mcg folic acid) | 42% |
| Vitamin B ₁₂ (as cyanocobalamin) | 30 mcg | 1,250% |
| Biotin | 50 mcg | 167% |
| Pantothenic Acid (as calcium d-pantothenate) | 50 mg | 1,000% |
| Choline (as choline bitartrate) | 10 mg | 2% |
| Calcium (as calcium citrate) | 54.5 mg | 4% |
| Iodine (as potassium iodide) | 40 mcg | 27% |
| Magnesium (as magnesium citrate) | 20 mg | 5% |
| Zinc (as zinc oxide) | 5 mg | 45% |
| Selenium (as selenomethionine) | 40 mcg | 73% |
| Manganese (as manganese sulfate) | 4 mg | 174% |
| Chromium | 40 mcg | 114% |
| (as chromium HVP Δ chelate/chloride) | | |
| Molybdenum | 10 mcg | 22% |
| (as molybdenum Krebs ^{††} complex) | | |
| Potassium (as potassium chloride) | 10 mg | <1% |
| Ginkgo (<i>Ginkgo biloba</i>) Leaf | 27 mg | * |
| Inositol | 15 mg | * |
| Betaine Hydrochloride | 10 mg | * |
| L-Cystine | 10 mg | * |
| L-Glutamic Acid | 10 mg | * |
| L-Glutathione | 2 mg | * |
| Rutin (from <i>Dimorphandra mollis</i> seed pod) | 2 mg | * |
| Coenzyme Q ₁₀ (from yeast fermentation) | 1 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf Std. Extract (50% Polyphenols) | 1 mg | * |
| Vanadium (as vanadium Krebs ^{††} complex) | 10 mcg | * |

* Daily Value (DV) not established

Δ Hydrolyzed vegetable (rice) protein

†† Citrate/fumarate/malate/succinate/alphaketoglutarate

Other ingredients: Hypromellose, magnesium silicate, magnesium stearate, cellulose, silica

Recommended Dose

Take one capsule two times daily with meals, a few hours before or after taking medications, or as recommended by your health professional.

Size

90 Vegetarian Capsules
 180 Vegetarian Capsules

Product Code

0314590
 03145



Multi Glyco

Comprehensive multivitamin, mineral, botanical and glandular formulation

- Chromium provides support for healthy glucose metabolism, while other ingredients maintain immune function and help the body to metabolize carbohydrates, fats and proteins[†]

Easy-to-use

- One tablet daily with a meal ensures patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
 Servings per Container 60 or 120

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------|----------|--------|
| Vitamin A (100% beta-carotene) | 5,000 IU | 100% |
| Vitamin C (ascorbic acid) | 200 mg | 333% |
| Thiamin (thiamin mononitrate) | 35 mg | 2,333% |
| Riboflavin | 35 mg | 2,059% |
| Niacin (niacinamide) | 335 mg | 1,675% |
| Vitamin B ₆ (pyridoxine hydrochloride) | 35 mg | 1,750% |
| Vitamin B ₁₂ (cyanocobalamin) | 20 mcg | 333% |
| Biotin | 100 mcg | 33% |
| Pantothenic Acid (calcium d-pantothenate) | 100 mg | 1,000% |
| Iodine (from kelp) | 90 mcg | 60% |
| Zinc (zinc aspartate) | 15 mg | 100% |
| Selenium (selenomethionine) | 50 mcg | 71% |
| Manganese (manganese citrate) | 8 mg | 400% |
| Chromium (chromium nicotinate) | 200 mcg | 167% |
| Bovine (<i>Bos taurus</i>) Adrenal | 50 mg | * |
| Porcine (<i>Sus scrofa</i>) Pancreas | 50 mg | * |
| Bovine (<i>Bos taurus</i>) Liver | 50 mg | * |
| Alfalfa (<i>Medicago sativa</i>) Leaf/Stem | 50 mg | * |
| Eleuthero (<i>Eleutherococcus senticosus</i>) Root | 10 mg | * |
| Licorice (<i>Glycyrrhiza glabra</i>) Root | 10 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, croscarmellose sodium, magnesium stearate, silica, hypromellose, glycerin

Recommended Dose

Take one tablet daily with a meal, a few hours before or after taking other medications, or as recommended by your health professional.

Size

60 Tablets
 120 Tablets

Product Code

03501
 03501120



Multi Vite

Complete multivitamin-mineral formulation

- Supports immune system health and general health†

With digestive enzymes and botanical ingredients

- Pepsin, pancreatin, alfalfa, parsley, rose hips and watercress

Easy-to-use

- One tablet, two times daily ensures patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------|---------------------|------|
| Vitamin A (vitamin A palmitate) | 5000 IU | 100% |
| Vitamin C (ascorbic acid) | 50 mg | 83% |
| Vitamin D (cholecalciferol) | 200 IU | 50% |
| Vitamin E (d-alpha tocopherol) | 30 IU | 100% |
| Thiamin (thiamin mononitrate) | 6 mg | 400% |
| Riboflavin | 3 mg | 176% |
| Niacin (nicotinic acid) | 10 mg | 50% |
| Vitamin B ₆ (pyridoxine hydrochloride) | 2.5 mg | 125% |
| Folic Acid | 200 mcg | 50% |
| Vitamin B ₁₂ (cyanocobalamin) | 3 mcg | 50% |
| Biotin | 150 mcg | 50% |
| Pantothenic Acid (calcium d-pantothenate) | 5 mg | 50% |
| Calcium (dibasic calcium phosphate dihydrate/ calcium carbonate/calcium aspartate) | 175 mg | 18% |
| Iron (carbonyl iron) | 5 mg | 28% |
| Phosphorus (dibasic calcium phosphate dihydrate) | 65 mg | 7% |
| Iodine (from kelp) | 50 mcg | 33% |
| Magnesium (magnesium oxide/aspartate) | 75 mg | 19% |
| Zinc (zinc aspartate) | 4.5 mg | 30% |
| Selenium (selenomethionine) | 30 mcg | 43% |
| Manganese (manganese citrate) | 4 mg | 200% |
| Chromium (chromium nicotinate) | 50 mcg | 42% |
| Molybdenum (molybdenum bisglycinate) | 15 mcg | 20% |
| Potassium (potassium chloride) | 49.5 mg | 1% |
| Choline (choline bitartrate) | 15 mg | * |
| Inositol | 10 mg | * |
| Vanadium (vanadyl sulfate) | 15 mcg | * |
| Pepsin (from porcine stomach) | 45 mg / 450 000 FCC | * |
| Pancreatin Δ (from porcine pancreas) | 25 mg | * |
| Alfalfa (<i>Medicago sativa</i>) Leaf/Stem | 25 mg | * |
| Parsley (<i>Petroselinum crispum</i>) Aerial Parts | 25 mg | * |
| Rose (<i>Rosa canina</i>) Hips | 25 mg | * |
| Watercress (<i>Rorippa nasturtium-aquaticum</i>) Aerial Parts | 25 mg | * |

* Daily Value (DV) not established

Δ Yielding: 5000 USP protease units/ 5000 USP amylase units/ 1000 USP lipase units

Other ingredients: Cellulose, croscarmellose sodium, magnesium stearate, silica, hypromellose, glycerin

Recommended Dose

Take one tablet daily with a meal, a few hours before or after taking other medications, or as recommended by your health professional.

Size

90 Tablets

Product Code

03109



VITAMIN - MINERAL COMPLEXES

Pediatri Vite

GREAT FOR CHILDREN

Comprehensive multi-vitamin supplement for children and adolescents

- Supports bone health, immune function, and normal growth and development[‡]
- Available in a great-tasting, cherry-flavored liquid
- Improved formula
 - Better taste from natural cherry, vanilla cream and raspberry flavors for enhanced compliance
 - Increased amount of essential nutrients: vitamins D and E, niacinamide, pantothenic acid, iodine, magnesium, zinc, choline and inositol
 - Added vitamin K for additional bone health support[‡]
 - More servings per bottle, providing an additional two-week supply

Pediatri Vite provides a delicious, natural cherry-flavored, full-spectrum liquid vitamin and mineral combination specifically formulated to support optimum nutritional status in children one year and older. Adequate amounts of vitamins and essential minerals are required for the healthy functioning of all physiological processes. Optimal nutrient intake is particularly important to the proper development of the skeletal system and maintenance of good health in children. Pediatri Vite contains more than 10 vitamins and minerals in the appropriate ratios needed for the most efficient utilization by young children. It helps in energy metabolism and tissue formation, building strong bones and teeth, and maintaining cognitive, immune and proper muscle function. Research has demonstrated that the supply and use of nutrients is most biologically relevant during early childhood, and the quantity and quality of this nutrient supply can have long-lasting effects on health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
Servings per Container 50

| | AMOUNT PER SERVING | % DV FOR CHILDREN 1-3 YEARS | % DV FOR ADOLESCENTS AND CHILDREN 4+ YEARS |
|---------------------------------------------------------------|--------------------|-----------------------------|--------------------------------------------|
| Calories | 10 | | |
| Total Carbohydrate | 2 g | 1% ^^ | <1% ^ |
| Vitamin D ₃ (as cholecalciferol) | 10 mcg (400 IU) | 67% | 50% |
| Vitamin E (as <i>d</i> -alpha tocopherol) | 7.5 mg | 125% | 50% |
| Vitamin K ₁ (as phyloquinone) | 30 mcg | 100% | 25% |
| Riboflavin | 0.8 mg | 160% | 62% |
| Niacin (as niacinamide) | 6 mg | 100% | 38% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 1 mg | 200% | 59% |
| Vitamin B ₁₂ (as methylcobalamin/hydroxocobalamin) | 8.5 mcg | 944% | 354% |
| Biotin | 70 mcg | 875% | 233% |
| Pantothenic Acid (as d-panthenol) | 2.5 mg | 125% | 50% |
| Choline (as choline chloride) | 27.5 mg | 14% | 5% |
| Calcium (as calcium lactate) | 20 mg | 3% | 2% |
| Iodine (as potassium iodide) | 45 mcg | 50% | 30% |
| Magnesium (as magnesium lactate) | 12 mg | 15% | 3% |
| Zinc (as zinc citrate) | 5.5 mg | 183% | 50% |
| Copper (as copper gluconate) | 0.45 mg | 150% | 50% |
| Inositol | 1 mg | * | * |

* Daily Value (DV) not established

^ Percent daily values (DV) are based on a 2,000 calorie diet

^^ Percent daily values (DV) are based on a 1,000 calorie diet

Other ingredients: Purified water, glycerin, concentrated apple juice, natural flavors (cherry, vanilla cream, raspberry), citric acid, medium chain triglycerides, xanthan gum, potassium sorbate, rebaudioside A (stevia leaf extract), rosemary leaf extract, mixed tocopherol concentrate

Recommended Dose

Adolescents (9-18 years and older): Take one teaspoon two times daily with meals, a few hours before or after taking medications or other supplements, or as recommended by your health professional. Children (1-8 years): Take one teaspoon daily with a meal, a few hours before or after taking medications or other supplements, or as recommended by your health professional. Shake well before each use. Do not drink directly from the bottle.

Size

8.5 fl oz (250 mL)

Product Code

03124-250



Pregna Vite

Broad spectrum pre- and post natal multivitamin, multimineral and herbal formula

- Includes organic sources of minerals (citrate, fumarate and methionine)
- Provides folic acid in amounts recommended for normal neural tube development
- Provides the recommended daily intake of iron during pregnancy.†
- Contains antioxidants for the maintenance of good health‡
- Provides support for healthy glucose metabolism‡
- Helps in the maintenance of eyesight, healthy skin, membranes and immune function, and proper muscle function‡
- Helps in the development and maintenance of bones, cartilage, teeth and gums, night vision, the production of connective tissue, normal wound healing, and growth and development‡
- Helps the body to metabolize carbohydrates, fats and proteins; the formation and proper function of red blood cells; and the function of the thyroid gland‡
- Helps to prevent vitamin A, vitamin C, vitamin D, vitamin E, vitamin K, thiamine, riboflavin, niacin, vitamin B₆, folate, vitamin B₁₂, biotin, pantothenic acid, iodine, zinc, selenium, copper, manganese, chromium and molybdenum deficiency‡

Includes bilberry fruit powder

- An antioxidant for the maintenance of good health‡

Ideal for vegetarians

- Convenient, easy-to-swallow vegetable capsule format

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings per Container 60

| | AMOUNT PER SERVING | % DV FOR ADULT WOMEN | % DV FOR PREGNANT & LACTATING WOMEN |
|------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|----------------------|-------------------------------------|
| Vitamin A (as vitamin A acetate/81% beta-carotene) | 1,190 mcg | 132% | 92% |
| Vitamin C (as ascorbic acid) | 170 mg | 189% | 142% |
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% | 167% |
| Vitamin E (as d-alpha tocopheryl succinate) | 30 mg | 201% | 159% |
| Vitamin K ₁ (as phyloquinone) | 90 mcg | 75% | 100% |
| Thiamin (as thiamin mononitrate) | 2.8 mg | 233% | 200% |
| Riboflavin | 2.8 mg | 215% | 175% |
| Niacin (as niacinamide) | 36 mg | 225% | 200% |
| Vitamin B ₆ (as pyridoxal-5-phosphate) | 3.8 mg | 224% | 190% |
| Folate (as folic acid) | 1,667 mcg DFE (1,000 mcg folic acid) | 417% | 278% |
| Vitamin B ₁₂ (as methylcobalamin) | 50 mcg | 2,083% | 1,786% |
| Biotin | 150 mcg | 500% | 429% |
| Pantothenic Acid (as calcium d-pantothenate) | 12 mg | 240% | 171% |
| Calcium (as calcium citrate) | 200 mg | 15% | 15% |
| Iron (as ferrous fumarate) | 27 mg | 150% | 100% |
| Iodine (as potassium iodide) | 220 mcg | 147% | 76% |
| Magnesium (as magnesium citrate) | 50 mg | 12% | 13% |
| Zinc (as zinc citrate) | 11 mg | 100% | 85% |
| Selenium (as selenomethionine) | 60 mcg | 109% | 86% |
| Copper (as copper citrate) | 1 mg | 111% | 77% |
| Manganese (as manganese citrate) | 2 mg | 87% | 77% |
| Chromium (as chromium polynicotinate) | 30 mcg | 86% | 67% |
| Molybdenum (as molybdenum citrate) | 50 mcg | 111% | 100% |
| Bilberry (<i>Vaccinium myrtillus</i>) Fruit Extract (80 - 100:1) (25% Anthocyanins/2.4 - 3 g Dried Equivalent) | 30 mg | * | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, magnesium stearate, silica

Recommended Dose

Take three capsules daily with a meal, a few hours before or after taking medications, or as recommended by your health professional.

Size

180 Vegetarian Capsules

Product Code

03156



VITAMIN - MINERAL COMPLEXES

ST-TN Capsules

Biotin and vitamin E combination

- Provides antioxidants to help maintain good health[‡]
- Promotes normal carbohydrate, fat and protein metabolism[‡]
- Provides 300 mcg of biotin and 5 IU of vitamin E per dose

ST-TN Capsules contains a blend of biotin and vitamin E that helps to support optimal health. Biotin supports healthy macronutrient metabolism, including fatty acid synthesis and oxidation, leucine metabolism, and glucose production. Vitamin E is an important antioxidant that helps to promote cell membrane structure.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------|---------|--------|
| Vitamin E (as d-alpha tocopheryl succinate) | 3.35 mg | 22% |
| Biotin | 300 mcg | 1,000% |
| Calcium (as calcium propionate) | 27 mg | 2% |
| Sodium (as sodium caprylate) | 48 mg | 2% |
| Potassium (as potassium sorbate) | 38 mg | <1% |
| Caprylic Acid (as sodium caprylate) | 300 mg | * |
| Sorbic Acid (as potassium sorbate) | 100 mg | * |
| Propionic Acid (as calcium propionate) | 100 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, magnesium stearate, silica, magnesium silicate, cellulose

Recommended Dose

Take one capsule daily, a few hours before or after taking other medications, or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

10504



Super Orti Vite

Complete multivitamin-mineral formulation

- With added bromelain, papain and bioflavonoids for joint comfort and support[‡]
- Supports tissue and connective tissue health[‡]
- Helps to maintain eyesight, skin, membranes and immune function[‡]
- Helps in the maintenance of bone and teeth[‡]

Convenient vegetarian capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 120

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------|-------------------------------------|--------|
| Vitamin A (as vitamin A palmitate/67% beta-carotene) | 1,125 mcg | 125% |
| Vitamin C (as niacinamide ascorbate) | 100 mg | 111% |
| Vitamin D (as cholecalciferol) | 0.63 mcg (25 IU) | 3% |
| Vitamin E (as d-alpha tocopheryl succinate) | 50 mg | 335% |
| Thiamin (as thiamin mononitrate) | 25 mg | 2,083% |
| Riboflavin | 15 mg | 1,154% |
| Niacin (as niacinamide ascorbate/niacinamide) | 38 mg | 238% |
| Vitamin B ₆ (as pyridoxine hydrochloride/pyridoxal-5-phosphate) | 15.5 mg | 912% |
| Folate (as folic acid) | 167 mcg DFE (100 mcg folic acid) | 42% |
| Vitamin B ₁₂ (as cyanocobalamin) | 25 mcg | 1,042% |
| Biotin | 75 mcg | 250% |
| Pantothenic Acid (as calcium d-pantothenate) | 25 mg | 500% |
| Choline (as choline bitartrate) | 10 mg | 2% |
| Calcium (as calcium citrate) | 50 mg | 4% |
| Iron (as carbonyl iron) | 4.5 mg | 25% |
| Iodine (from kelp) | 56 mcg | 37% |
| Magnesium (as magnesium aspartate/oxide) | 20 mg | 5% |
| Zinc (as zinc citrate) | 5 mg | 45% |
| Selenium (as selenium HVP Δ chelate) | 25 mcg | 45% |
| Manganese (as manganese citrate) | 5 mg | 217% |
| Chromium (as chromium nicotinate) | 25 mcg | 71% |
| Potassium (as potassium citrate) | 5 mg | <1% |
| Inositol | 10 mg | * |
| L-Cysteine (as cysteine hydrochloride) | 10 mg | * |
| Papain (from papaya fruit) | 5 mg / 60,000 USP PU | * |
| Stem Bromelain (from pineapple) | 5 mg / 12 GDU / 180,000 FCC PU | * |
| Lemon (<i>Citrus limon</i>) Fruit/Peel Std. Extract (50% Bioflavonoids) | 3.75 mg | * |
| Coenzyme Q ₁₀ (from yeast fermentation) | 1 mg | * |

* Daily Value (DV) not established

Δ Hydrolyzed vegetable (rice) protein

Other ingredients: Hypromellose, magnesium stearate, cellulose, silica

Recommended Dose

Take one capsule daily with a meal, a few hours before or after taking medications, or as recommended by your health professional.

Size

120 Vegetarian Capsules

Product Code

03128



TAD+

Multivitamin, mineral, botanical and glandular formulation

- Helps in the maintenance of bones, cartilage, teeth, gums and night vision[†]
- Helps to maintain eyesight, skin, membranes and immune function[†]
- Helps the body to metabolize carbohydrates, fats and proteins[†]
- Helps in normal wound healing and tissue formation[†]

With bovine adrenal powder

- 175 mg per capsule

Easy-to-use

- Three tablets daily with a meal ensures patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 60 or 120

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------|-----------|------|
| Vitamin A (as vitamin A palmitate) | 1,000 mcg | 111% |
| Vitamin C (as ascorbic acid) | 166 mg | 184% |
| Thiamin (as thiamin mononitrate) | 8 mg | 667% |
| Riboflavin | 6.6 mg | 508% |
| Niacin (as niacinamide) | 50 mg | 313% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 16.6 mg | 976% |
| Pantothenic Acid (as calcium d-pantothenate) | 8 mg | 160% |
| Calcium (as dibasic calcium phosphate dihydrate) | 65 mg | 5% |
| Zinc (as zinc aspartate) | 8 mg | 73% |
| Bovine (<i>Bos taurus</i>) Adrenal | 175 mg | * |
| Bovine (<i>Bos taurus</i>) Spleen | 175 mg | * |
| Wild Yam (<i>Dioscorea villosa</i>) Root | 15 mg | * |
| Licorice (<i>Glycyrrhiza glabra</i>) Root | 15 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, croscarmellose sodium, silica, magnesium stearate, hypromellose, glycerin

Recommended Dose

Take one tablet daily with a meal, a few hours before or after taking medications, or as recommended by your health professional.

| Size | Product Code |
|-------------|--------------|
| 60 Tablets | 08301 |
| 120 Tablets | 08301120 |



TBMP

Thiamine, choline and glandular formulation

- Helps the body to metabolize carbohydrates, fats and proteins[†]

With porcine brain powder

- 100 mg per capsule

Convenient vegetable capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------|--------|--------|
| Thiamin (as thiamin mononitrate) | 12 mg | 1,000% |
| Choline (as choline bitartrate) | 50 mg | 9% |
| Calcium (as dibasic calcium phosphate dihydrate) | 80 mg | 6% |
| Phosphorus (as dibasic calcium phosphate dihydrate) | 70 mg | 6% |
| Porcine (<i>Sus scrofa</i>) Brain | 200 mg | * |

* Daily Value (DV) not established

Other ingredients: Vegetarian capsule (hypromellose), cellulose, magnesium silicate, magnesium stearate

Recommended Dose

Take two capsules two times daily with meals or as recommended by your health professional.

Size
60 Capsules

Product Code
08315



VITAMIN - MINERAL COMPLEXES

TFE

Multivitamins, zinc, damiana and glandular formulation

- Provides antioxidants for the maintenance of good health[†]
- Calcium helps in the development and maintenance of bones and teeth[†]
- Vitamin A helps to maintain eyesight, skin, membranes and immune function[†]
- Zinc provides additional immune support[†]

With ovary and uterus tissues

- 200 mg per tablet combined

Convenient tablet format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 2 Tablets
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------|---------|------|
| Vitamin A (as vitamin A palmitate) | 300 mcg | 33% |
| Vitamin E (as <i>d</i> -alpha tocopheryl acid succinate) | 40 mg | 268% |
| Calcium (as dibasic calcium phosphate dihydrate) | 140 mg | 11% |
| Phosphorus (as dibasic calcium phosphate dihydrate) | 110 mg | 9% |
| Zinc (as zinc aspartate) | 30 mg | 273% |
| Bovine (<i>Bos taurus</i>) Ovary | 400 mg | * |
| Damiana (<i>Turnera diffusa</i>) Leaf | 30 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, croscarmellose sodium, magnesium stearate, silica, hypromellose, glycerin

Recommended Dose

Take two tablets daily with a meal, a few hours before or after taking medications or other supplements, or as recommended by your health professional.

Size

60 Tablets

Product Code

08308



THR

Comprehensive formulation combining vitamin E, minerals and herbs

- Includes hawthorn berry and cayenne
- Hawthorn provides support for cardiovascular function[†]
- Cayenne is traditionally used to support peripheral circulation[†]
- Magnesium helps to maintain proper muscle function[†]
- Provides vitamin E, an antioxidant for the maintenance of good health[†]
- Helps in the maintenance of bones and teeth[†]
- Helps the body to metabolize carbohydrates, fats and proteins[†]
- Helps in tissue formation[†]

With heart powder

- 300 mg per tablet

Convenient tablet format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------|--------|------|
| Vitamin E (as <i>d</i> -alpha tocopheryl succinate) | 20 mg | 134% |
| Magnesium (as magnesium aspartate/oxide) | 50 mg | 12% |
| Potassium (as potassium aspartate) | 50 mg | 1% |
| Bovine (<i>Bos taurus</i>) Heart | 300 mg | * |
| Hawthorn (<i>Crataegus laevigata</i>) Berry | 100 mg | * |
| Cayenne (<i>Capsicum annuum</i>) Fruit | 10 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, dibasic calcium phosphate dihydrate, croscarmellose sodium, magnesium stearate, silica, hypromellose, glycerin

Recommended Dose

Take one tablet two times daily with meals or as recommended by your health professional.

Size

60 Tablets

Product Code

08309



TIM

Multivitamins, zinc and glandular formulation

- Helps to maintain eyesight, skin, membranes and immune function†
- Helps in connective tissue formation, to maintain healthy skin and in normal wound healing†

With added bee pollen

- 25 mg per tablet

Convenient tablet format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 60 or 120

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------|-----------|------|
| Vitamin A (as vitamin A palmitate) | 2,250 mcg | 250% |
| Vitamin C (as ascorbic acid) | 100 mg | 111% |
| Vitamin E (as <i>d</i> -alpha tocopheryl succinate) | 34 mg | 223% |
| Calcium (as dibasic calcium phosphate dihydrate) | 98 mg | 8% |
| Zinc (as zinc aspartate) | 10 mg | 91% |
| Bovine (<i>Bos taurus</i>) Spleen | 40 mg | * |
| Ovine (<i>Ovis aries</i>) Thymus | 40 mg | * |
| Bovine (<i>Bos taurus</i>) Adrenal | 40 mg | * |
| Bovine (<i>Bos taurus</i>) Lymph | 40 mg | * |
| Bovine (<i>Bos taurus</i>) Placenta | 25 mg | * |
| Porcine (<i>Sus scrofa</i>) Bone Marrow | 20 mg | * |
| Bee Pollen (from <i>Apis mellifera</i>) | 25 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, silica, croscarmellose sodium, magnesium stearate, hypromellose, glycerin

Recommended Dose

Take one tablet daily with a meal or as recommended by your health professional.

Size

60 Tablets
120 Tablets

Product Code

08305
08305120



TKI

Multivitamins and kidney powder formulation

- Helps to maintain eyesight, skin, membranes and immune function†

With added dandelion and parsley

- 50 mg of each per capsule

Convenient vegetarian capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------|-----------|------|
| Vitamin A (as vitamin A palmitate) | 1,200 mcg | 133% |
| Vitamin C (as ascorbic acid) | 100 mg | 111% |
| Bovine (<i>Bos taurus</i>) Kidney | 500 mg | * |
| Dandelion (<i>Taraxacum officinale</i>) Leaf | 50 mg | * |
| Parsley (<i>Petroselinum crispum</i>) Aerial Parts | 50 mg | * |

* Daily Value (DV) not established

Other ingredients: Vegetarian capsule (hypromellose), silica, croscarmellose sodium

Recommended Dose

Take one capsule two times daily with meals or as recommended by your health professional.

Size

60 Capsules

Product Code

08313



VITAMIN - MINERAL COMPLEXES

TLU

Comprehensive formulation combining vitamins and herbs

- Provide antioxidants for the maintenance of good health[†]
- Helps to maintain eyesight, skin, membranes and immune function[†]
- Helps in the maintenance of bones, cartilage, teeth, gums and night vision[†]
- Helps the body to metabolize fats and proteins[†]
- Helps in normal wound healing and connective tissue formation[†]
- Helps to prevent vitamin A, C, and E deficiency[†]

With lung powder

- 200 mg per capsule

Easy-to-use

- One capsule, twice daily ensures patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------|-----------|------|
| Vitamin A (as vitamin A palmitate) | 1,200 mcg | 133% |
| Vitamin C (as ascorbic acid) | 200 mg | 222% |
| Vitamin E (as <i>d</i> -alpha tocopheryl succinate) | 40 mg | 268% |
| Bovine (<i>Bos taurus</i>) Lung | 200 mg | * |
| Eucalyptus (<i>Eucalyptus globulus</i>) Leaf | 75 mg | * |
| Goldenseal (<i>Hydrastis canadensis</i>) Root and Rhizome | 75 mg | * |
| Star Anise (<i>Illicium verum</i>) Fruit | 75 mg | * |

* Daily Value (DV) not established

Other ingredients: Vegetarian capsule (hypromellose), ascorbyl palmitate, silica

Recommended Dose

Take one capsule two times daily with meals or as recommended by your health professional.

Size

60 Capsules

Product Code

08316



TPIN

Vitamin B₆, herbs and porcine brain powder combination

- Helps in tissue formation and helps the body metabolize carbohydrates, fats and proteins[†]
- Helps to prevent vitamin B₆ deficiency[†]

Convenient vegetarian capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------------------------------------------------|--------|------|
| Vitamin B ₆ (pyridoxal-5-phosphate) | 10 mg | 588% |
| Porcine (<i>Sus scrofa</i>) Brain | 300 mg | * |
| Eleuthero (<i>Eleutherococcus senticosus</i>) Root/Rhizome | 100 mg | * |
| Ginkgo (<i>Ginkgo biloba</i>) Leaf Std. Extract (50:1) (24% Flavone Glycosides; 6% Terpene Lactones/ 500 mg Dried Equivalent) | 10 mg | * |

* Daily Value (DV) not established

Other ingredients: Vegetarian capsule (hypromellose), cellulose, magnesium stearate, magnesium silicate

Recommended Dose

Take one capsule two times daily or as recommended by your health professional.

Size

60 Capsules

Product Code

08325



Trace Mineral Complex CWS

Trace mineral combination

- Supports thyroid function[†]
- Protects against oxidative stress[†]
- Contains the essential micro nutrients: iodine, selenium, manganese, chromium and molybdenum
- Also contains boron

Convenient cold water soluble (CWS) liquid format

- Can be dropped directly into the mouth (3 drops per serving) or added to beverages

SUPPLEMENT FACTS

Serving Size 3 Drops (0.2 mL)
Servings per Container about 75

| AMOUNT PER SERVING | | % DV |
|------------------------------------|---------|------|
| Iodine (potassium iodide) | 50 mcg | 33% |
| Selenium (sodium selenate) | 50 mcg | 71% |
| Manganese (manganese ascorbate) | 0.05 mg | 3% |
| Chromium (chromium polynicotinate) | 50 mcg | 42% |
| Molybdenum (sodium molybdate) | 50 mcg | 67% |
| Boron (sodium borate) | 50 mcg | * |

* Daily Value (DV) not established

Other ingredients: Purified water, citric acid

Recommended Dose

Take three drops daily with a meal or as recommended by your health professional. If preferred, Trace Mineral Complex CWS can be mixed with water or juice.

Size
0.5 fl oz (15 mL)

Product Code
01182



Zinc C CWS

Trace mineral combination

- Supports a healthy immune system[†]
- Provides 168% of the Daily Value of zinc per serving
- Includes 133% of the Daily Value of the antioxidant vitamin C per serving

Convenient cold water soluble (CWS) liquid format

- Can be dropped directly into the mouth (12 drops per serving) or added to beverages

SUPPLEMENT FACTS

Serving Size 12 Drops (0.5 mL)
Servings per Container about 60

| AMOUNT PER SERVING | | % DV |
|-------------------------------|---------|------|
| Vitamin C (as zinc ascorbate) | 120 mg | 133% |
| Zinc (as zinc ascorbate) | 18.5 mg | 168% |

% Daily Value (DV)

Other ingredients: Purified water, potassium sorbate

Recommended Dose

Take 12 drops daily with a meal, a few hours before or after taking medications, or as recommended by your health professional. If preferred, Zinc C CWS can be mixed with water or juice.

Size
1 fl oz (30 mL)

Product Code
01181



MINERALS & GLUCOSAMINES

CDC Forte

Balanced glucosamine sulfate, glucosamine hydrochloride and chondroitin sulfate formulation

- 10 mg of glucosamine sulfate, 90 mg of glucosamine HCl and 113 mg of chondroitin sulfate per tablet
- Promotes joint comfort (individual results may vary)[†]

With added vitamin C and zinc

- Helps in the maintenance of bones, cartilage, teeth and gums[†]
- Helps in connective tissue formation and to help maintain healthy skin[†]

Easy-to-use

- One tablet daily ensures patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------------------------------|-------------------|--------|
| Vitamin C (as ascorbic acid/manganese ascorbate) | 150 mg | 167% |
| Zinc (as zinc aspartate) | 10 mg | 91% |
| Manganese (as manganese ascorbate) | 30 mg | 1.304% |
| Chondroitin Sulfate (as chondroitin sulfate sodium from bovine cartilage/bovine trachea) | 113 mg | * |
| Glucosamine Hydrochloride (from shellfish exoskeleton) | 90 mg | * |
| Glucosamine Sulfate (as glucosamine sulfate potassium chloride from shellfish exoskeleton) | 10 mg | * |
| L-Proline | 25 mg | * |
| L-Glutamic Acid | 20 mg | * |
| L-Cysteine (as L-cysteine hydrochloride) | 9.8 mg | * |
| Ginkgo (<i>Ginkgo biloba</i>) Leaf | 27 mg | * |
| Papain (from papaya fruit) | 25 mg/300,000 USP | * |
| Wild Yam (<i>Dioscorea villosa</i>) Root Extract (10:1) 250 mg Dried Equivalent | 25 mg | * |
| Hesperidin (from orange fruit) | 15 mg | * |
| Rutin (from <i>Dimorphandra mollis</i> seed pod) | 2 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf Std. Extract (50% Polyphenols) | 1 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, croscarmellose sodium, magnesium stearate, silica, hypromellose, glycerin
Contains: Crustaceans (shrimp and crab)

Recommended Dose

Take one tablet daily with a meal, a few hours before or after taking other medications, or as recommended by your health professional.

Size

90 Tablets

Product Code

05260



Glucosamine Complex

Glucosamine sulfate, plus chondroitin sulfate, MSM, amino acids and herbal extracts

- Supports healthy cartilage^{^†}
- Promotes joint comfort^{^†}
- Improved
 - Increase in green tea leaf extract - a higher level of the standardized green tea leaf extract has been included to replace the non-standardized green tea leaf
 - Addition of methylsulfonylmethane (MSM) – now provides 75 mg of MSM per capsule

Glucosamine Complex provides comprehensive support to help maintain cartilage and joint health. It offers glucosamine and chondroitin, two important compounds present in articular cartilage. Research suggests that glucosamine contributes to joint health as a precursor in the synthesis of glycosaminoglycans and other proteoglycans, which act as building blocks for joints, while regulating cytokine production and enzyme activity in the synovial fluid and joints. One form of glucosamine, known as glucosamine sulfate, has been extensively evaluated for its ability to support joint health. Clinical trials have demonstrated that daily supplementation with 1,500 mg of glucosamine sulfate helps to promote joint comfort and support healthy cartilage. MSM, a naturally occurring organosulfur compound, has been clinically studied in combination with glucosamine and chondroitin sulfate. Research suggests that MSM is an important source of sulfur, a primary structural component of connective tissue. Glucosamine Complex also offers the amino acids cysteine and proline, along with stem bromelain, which is traditionally used to help support joint comfort. Green tea extract, hesperidin and rutin are also combined to provide antioxidant protection and help reduce oxidative damage caused by free radicals.^{^†}

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30 or 90

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------------------|---------------------------------|------|
| Glucosamine Sulfate (as glucosamine sulfate potassium chloride from shellfish exoskeleton) | 750 mg | * |
| MSM (methylsulfonylmethane) | 150 mg | * |
| Chondroitin Sulfate (as chondroitin sulfate sodium from bovine cartilage) | 50 mg | * |
| L-Proline | 50 mg | * |
| L-Cysteine (as L-cysteine hydrochloride monohydrate) | 50 mg | * |
| Hesperidin (from orange fruit) | 50 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf Std. Extract (15:1, 600 mg Dried Equivalent) Providing | 40 mg | * |
| Epigallocatechin 3-gallate | 18 mg | * |
| Stem Bromelain (from pineapple stem) | 16.6 mg/60 MCU (600,000 FCC PU) | * |
| Rutin (from <i>Dimorphandra mollis</i> fruit) | 10 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica
Contains: Crustaceans (shrimp and crab)

Recommended Dose

Take two capsules two times daily with meals or as recommended by your health professional.

Size

60 Capsules
180 Capsules

Product Code

10533
10533180



[^] Individual results may vary

Cal Mag + D

Calcium, magnesium supplementation along with vitamin D for maximum absorption and utilization

- Helps in the development and maintenance of bones and teeth[†]
- Helps in tissue formation[†]
- Helps to maintain proper muscle function[†]
- Calcium intake, when combined with sufficient vitamin D, a healthy diet and regular exercise, may help promote healthy bones and joint comfort[†]

Ideal for vegetarians

- Convenient tablet format

SUPPLEMENT FACTS

Serving Size 2 Tablets
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|------------------------------------------|------------------|------|
| Vitamin D (as cholecalciferol) | 3.5 mcg (140 IU) | 18% |
| Calcium (as calcium carbonate/aspartate) | 340 mg | 26% |
| Magnesium (as magnesium aspartate/oxide) | 170 mg | 40% |

% Daily Value (DV)

Other ingredients: Cellulose, hypromellose, croscarmellose sodium, magnesium stearate, hypromellose, glycerin

Recommended Dose

Adults and Adolescents (12 years and older): Take two tablets two times daily with meals, a few hours before or after taking medications, or as recommended by your health professional.

Size

90 Tablets

Product Code

05201



Cal Mag Raspberry Liquid

Natural Raspberry Flavor

Calcium citrate formula with vitamin D

- Calcium and magnesium along with vitamin D to help maintain bones[†]
- Calcium intake, when combined with sufficient vitamin D, a healthy diet and regular exercise, may help promote healthy bones and joint comfort[†]
- Helps in tissue formation and maintaining proper muscle function[†]

Natural raspberry flavor

- Great taste for excellent patient compliance

High bioavailability potential

- Calcium and magnesium are delivered in citrate form providing superior bioavailability

Ideal for vegetarians

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 1 Tablespoon (15 mL)
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|----------------------------------|-------------------|------|
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Calcium (as calcium citrate) | 500 mg | 38% |
| Magnesium (as magnesium citrate) | 200 mg | 48% |

% Daily Value (DV)

Other ingredients: Purified water, xylitol, natural raspberry flavor, citric acid, xanthan gum, stevia leaf extract (glucosylsteviosides), potassium sorbate

Recommended Dose

Take one tablespoon daily with a meal, a few hours before or after taking medications, or as recommended by your health professional. Shake well before each use.

Size

15.2 fl oz (450 mL)

Product Code

05227



CALCIUM - MAGNESIUM COMPLEXES

Cal Mag Vanilla Liquid + Natural Vanilla Flavor

Citrate formula with vitamins D and K

- Calcium and magnesium along with vitamin D to help maintain bones[‡]
- Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may help promote healthy bones and joint comfort[‡]
- Helps in tissue formation and maintaining proper muscle function[‡]

Natural vanilla flavor

- Great taste for excellent patient compliance

High bioavailability potential

- Calcium and magnesium are delivered in citrate form providing superior bioavailability

Ideal for vegetarians

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 1 Tablespoon (15 mL)
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------|-------------------|-----------------|
| Calories | 15 | |
| Total Carbohydrate | 4 g | 1% [^] |
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Vitamin K ₁ (as phylloquinone) | 40 mcg | 33% |
| Calcium (as calcium citrate) | 500 mg | 38% |
| Magnesium (as magnesium citrate) | 200 mg | 48% |
| Vitamin K ₂ (as menaquinone-7) | 60 mcg | * |

[^] Percent Daily Values (DV) are based on a 2000 calorie diet
^Δ Naturally derived from fermented soybeans

Other ingredients: Purified water, xylitol, natural vanilla flavor, medium-chain triglycerides, citric acid, xanthan gum, potassium sorbate, stevia leaf extract (glucosylsteviosides), rosemary leaf extract, mixed tocopherols concentrate

Recommended Dose

Take one tablespoon daily with a meal, a few hours before or after taking medications or other supplements, or as recommended by your health professional.

Size
15.2 fl oz (450 mL)

Product Code
05230



Formula OSG

Calcium, magnesium, vitamin A, vitamin C, vitamin D and other nutrients

- Provides antioxidants for the maintenance of good health[‡]
- Helps in development and maintenance of night vision, bones, cartilage, teeth and gums[‡]
- Helps in tissue and connective tissue formation[‡]
- Helps to maintain proper muscle function[‡]
- Helps maintain eyesight, skin, membranes and immune function[‡]
- Helps the body to metabolize carbohydrates, fats and proteins[‡]
- Helps in normal wound healing[‡]
- Helps in the absorption and use of calcium and phosphorus[‡]
- Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may help promote healthy bones and joint comfort[‡]

Easy-to-use

- One daily tablet with a meal increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 90 or 180

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------|-----------------|------|
| Vitamin A (as vitamin A palmitate) | 300 mcg | 33% |
| Vitamin C (as calcium ascorbate) | 100 mg | 111% |
| Vitamin D (as cholecalciferol) | 1.9 mcg (75 IU) | 9% |
| Calcium (as calcium carbonate/ascorbate/aspartate) | 200 mg | 15% |
| Magnesium (as magnesium oxide/citrate) | 100 mg | 24% |
| Manganese (as manganese aspartate) | 9 mg | 391% |
| Vanadium (as vanadyl sulfate) | 15 mcg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, silica, croscarmellose sodium, magnesium stearate, hypromellose, glycerin

Recommended Dose

Take one tablet daily with a meal, a few hours before or after taking medications, or as recommended by your health professional.

Size
90 Tablets
180 Tablets

Product Code
05255
05255180



Formula OSX

Calcium and magnesium formulation in a 2:1 ratio with vitamin D and additional minerals

- Helps in the maintenance of bones and teeth[‡]
- Helps in tissue formation[‡]
- Supports cardiovascular health[‡]

Easy-to-use

- One tablet daily ensures patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 90 or 180

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------------------------------------------|--------|------|
| Vitamin D ₃ (as cholecalciferol) | 75 IU | 19% |
| Calcium (as dibasic calcium phosphate dihydrate/ calcium carbonate/ microcrystalline hydroxyapatite Δ) | 250 mg | 25% |
| Phosphorus (as dibasic calcium phosphate dihydrate/ microcrystalline hydroxyapatite Δ) | 100 mg | 10% |
| Magnesium (as magnesium oxide) | 125 mg | 31% |
| Molybdenum (as molybdenum Krebs ^{††} complex) | 25 mcg | 33% |
| Vanadium (as vanadyl sulfate) | 20 mcg | * |

* Daily Value (DV) not established

Δ Bovine bone

^{††} Citrate/ fumarate/ malate/ succinate/ alpha-ketoglutarate

Other ingredients: Cellulose, hypromellose, croscarmellose sodium, silica, magnesium stearate, hypromellose, glycerin

Recommended Dose

Take one tablet daily with a meal, a few hours before or after taking other medications, or as recommended by your health professional.

Size

90 Tablets
180 Tablets

Product Code

05250
05250180



LSP IMPROVED

Calcium, magnesium and multi-herbal formulation

- Helps to maintain normal muscle function[‡]
- Passionflower and lemon balm are traditionally used for sleep support[‡]
- Chaste tree is traditionally used to promote healthy mood balance and breast comfort during the menstrual cycle, maintain menstrual regularity and support menopausal comfort[‡]
- Improved formula
 - Improved source of calcium - now provides 70 mg of calcium citrate
 - Increased amount of magnesium - now offers 70 mg of dimagnesium malate
 - Added lemon balm and chaste tree fruit extract
 - Removed magnesium stearate

LSP is a calcium-magnesium formula that combines three plants with long histories of traditional use. Passionflower and lemon balm are traditionally used for sleep support. Preclinical research suggests that these extracts may regulate the activity of GABA, the primary inhibitory neurotransmitter in the brain, to provide calming support that aids sleep. In addition, chaste tree is traditionally used to help maintain menstrual regularity, while supporting menstrual and menopausal comfort. Clinical trials have demonstrated that supplementation with chaste tree berry extract for three months significantly promotes healthy mood balance and breast comfort during the menstrual cycle. LSP also offers calcium and magnesium for their essential roles in maintaining healthy muscle contractile function and supporting bone health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 120

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------------------------------|-------|------|
| Calcium (as calcium citrate) | 70 mg | 5% |
| Magnesium (as dimagnesium malate) | 70 mg | 17% |
| Passionflower (<i>Passiflora incarnata</i>) Aerial Parts Extract (4-6:1) 100-150 mg Dried Equivalent | 25 mg | * |
| Lemon Balm (<i>Melissa officinalis</i>) Herb Top Extract (4-6:1) 100-150 mg Dried Equivalent | 25 mg | * |
| Chaste Tree (<i>Vitex agnus-castus</i>) Fruit Extract (7-10:1) 105-150 mg Dried Equivalent | 15 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, ascorbyl palmitate, silica

Recommended Dose

Take one capsule daily with a meal, a few hours before or after taking medications or other supplements, or as recommended by your health professional.

Size

120 Vegetarian Capsules

Product Code

05516A



CALCIUM - MAGNESIUM COMPLEXES

Mag Cal Formula 2

Magnesium and calcium formulation

- 2:1 ratio to help maintain muscle function and to help in tissue formation[†]
- Helps in the maintenance of bones and teeth[†]
- Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may help promote healthy bones and joint comfort[†]

Convenient tablet format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
 Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------|------------------|------|
| Vitamin D ₃ (as cholecalciferol) | 2.5 mcg (100 IU) | 13% |
| Calcium (as calcium carbonate/aspartate) | 200 mg | 15% |
| Magnesium (as magnesium oxide/aspartate) | 400 mg | 95% |

% Daily Value (DV)

Other ingredients: Cellulose, hypromellose, silica, croscarmellose sodium, magnesium stearate, hypromellose, glycerin

Recommended Dose

Take one tablet daily, a few hours before or after taking medications, or as recommended by your health professional.

Size

90 Tablets

Product Code

05205



Mag Cal Plus

Combination of magnesium, calcium, vitamin D, B vitamins and valerian

- Helps maintain muscle function and to help in tissue formation[†]
- Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may help promote healthy bones and joint comfort[†]
- May promote a feeling of calm[†]

Convenient tablet format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
 Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------|------------------|------|
| Vitamin D (as cholecalciferol) | 2.5 mcg (100 IU) | 13% |
| Niacin (as niacinamide) | 6.25 mg | 39% |
| Vitamin B ₆ (as pyridoxine hydrochloride) | 2.5 mg | 147% |
| Calcium (as calcium aspartate/carbonate) | 100 mg | 8% |
| Magnesium (as magnesium aspartate/oxide) | 150 mg | 36% |
| Valerian (<i>Valeriana officinalis</i>) Root | 30 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, croscarmellose sodium, magnesium stearate, silica, hypromellose, glycerin

Recommended Dose

Take one tablet three times daily with meals, a few hours before or after taking medications, or as recommended by your health professional.

Size

90 Tablets

Product Code

05204



Mag Cal Vanilla Liquid

Natural Vanilla Flavor

Magnesium and calcium formulation

- 2:1 ratio to help maintain muscle function support tissue formation[†]
- Uses the bioavailable citrate forms of magnesium and calcium and includes vitamin D
- Supports cardiovascular and bone health[†]

Natural vanilla flavor

- Great taste for excellent patient compliance

Ideal for vegetarians

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 1 Tablespoon (15 mL)
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|----------------------------------|-------------------|------|
| Calories | 15 | |
| Total Carbohydrate | 4 g | 1% ^ |
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) | 125% |
| Calcium (as calcium citrate) | 250 mg | 19% |
| Magnesium (as magnesium citrate) | 500 mg | 119% |

% Daily value (DV)

^ Percent Daily Value (DV) are based on a 2,000 calorie diet

Other ingredients: Purified water, xylitol, natural vanilla flavor, citric acid, xanthan gum, potassium sorbate, organic stevia leaf extract (glucosylsteviosides)

Recommended Dose

Take one tablespoon daily with a meal, a few hours before or after taking medication, or as recommended by your health professional.

Size

15.2 fl oz (450 mL)

Product Code

05233



MSPD Complex

High amount of bone meal along with multiminerals, vitamin C and antioxidants

- Supports the health of tissue and bone[†]
- Helps in the maintenance of bones, cartilage, teeth and gums[†]
- Helps the body to metabolize carbohydrates, fats and proteins[†]
- Provides support for healthy glucose metabolism[†]
- Helps in tissue and connective tissue formation[†]
- Helps in normal wound healing[†]
- Helps to maintain proper muscle function[†]
- Helps to prevent vitamin C and chromium deficiencies[†]
- Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may help promote healthy bones and joint comfort[†]
- Supports cardiovascular health[†]

Convenient vegetarian capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------------------|---------|------|
| Vitamin C (as ascorbic acid) | 200 mg | 333% |
| Calcium (as bovine bone meal/calcium carbonate/ dibasic calcium phosphate dihydrate/calcium citrate) | 260 mg | 26% |
| Phosphorus (as dibasic calcium phosphate dihydrate/bovine bone meal) | 100 mg | 10% |
| Magnesium (as magnesium aspartate/oxide) | 130 mg | 33% |
| Chromium (as chromium nicotinate) | 200 mcg | 167% |
| Hesperidin (from Orange fruit) | 50 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf/Shoot | 22 mg | * |
| Horsetail (<i>Equisetum arvense</i>) Aerial Parts Extract (6:1) 120 mg Dried Equivalent | 20 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf/Shoot Std. Extract (45% Epigallocatechin-3-gallate) | 18 mg | * |
| Rutin (from <i>Dimorphandra mollis</i> seed pod) | 10 mg | * |
| Vanadium (as vanadium Krebs ^{††} complex) | 40 mcg | * |

* Daily Value (DV) not established

^{††} Citrate/fumarate/malate/succinate/glutarate

Other ingredients: Hypromellose, magnesium stearate, magnesium silicate

Recommended Dose

Take two capsules daily with a meal, a few hours before or after taking medications, or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

05213



CALCIUM - MAGNESIUM COMPLEXES

Super Cal Mag

Calcium and magnesium formulation with added vitamin D, phosphorous, manganese, molybdenum and vanadium

- 2:1 ratio to help maintain muscle function and to help in tissue formation[†]
- Supports cardiovascular health[†]
- Helps in the maintenance of bones and teeth[†]
- Helps the body to metabolize carbohydrates, fats and proteins[†]
- Helps in the absorption and use of calcium and phosphorus[†]
- Calcium intake, when combined with sufficient vitamin D, a healthy diet, and regular exercise, may help promote healthy bones and joint comfort[†]

Easy-to-use

- One daily capsule ensures patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90 or 180

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------------|-----------------|------|
| Vitamin D (as cholecalciferol) | 1.9 mcg (75 IU) | 9% |
| Calcium (as bovine bone meal/dibasic calcium phosphate dihydrate/calcium carbonate) | 150 mg | 12% |
| Phosphorus (as dibasic calcium phosphate dihydrate/bovine bone meal) | 75 mg | 6% |
| Magnesium (as magnesium aspartate/oxide) | 75 mg | 18% |
| Manganese (as manganese citrate) | 5 mg | 217% |
| Molybdenum (as molybdenum Krebs ^{††} complex) | 15 mcg | 33% |
| Vanadium (as vanadyl sulfate) | 25 mcg | * |

* Daily value (DV) not established

†† Citrate/fumarate/malate/succinate/glutarate

Other ingredients: Vegetarian capsule (hypromellose), magnesium stearate, silica, cellulose

Recommended Dose

Take one capsule daily with a meal, a few hours before or after taking medications, or as recommended by your health professional.

Size

90 Capsules
180 Capsules

Product Code

05212
05212180



TOS Cal Hydroxy

Microcrystalline hydroxyapatite calcium, vitamin D and other nutrients

- Helps in the maintenance of bones and teeth[†]
- Helps in the absorption and use of calcium and phosphorus[†]
- Helps the body to metabolize carbohydrates, fats and proteins[†]

Easy-to-use

- Take one capsule daily with meals, for increased patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------------------------------|------------------|------|
| Vitamin D (as cholecalciferol) | 2.5 mcg (100 IU) | 13% |
| Calcium (as microcrystalline hydroxyapatite from bovine bone/dibasic calcium phosphate dihydrate/calcium carbonate) | 125 mg | 10% |
| Phosphorus (as microcrystalline hydroxyapatite from bovine bone/dibasic calcium phosphate dihydrate) | 62.5 mg | 5% |
| Magnesium (as magnesium aspartate/oxide) | 25 mg | 6% |
| Molybdenum (as molybdenum Krebs ^{††} complex) | 25 mcg | 56% |
| Horsetail (<i>Equisetum arvense</i>) Aerial Parts Std. Extract (6:1) (7% Silicon) 150 mg Dried Equivalent | 25 mg | * |
| Vanadium (as vanadium Krebs ^{††} complex) | 25 mcg | * |

* Daily value (DV) not established

†† Citrate/fumarate/malate/succinate/alpha-ketoglutarate

Other ingredients: Cellulose, vegetarian capsule (hypromellose), magnesium stearate, silica

Recommended Dose

Take one capsule daily with a meal, a few hours before or after taking medications, or as recommended by your health professional.

Size

60 Capsules

Product Code

08320





Amino Acids & Proteins

Amino acids are the functional building blocks of proteins. Most proteins are formed from a combination of amino acids and amides, which can all be synthesized by higher plants.

Amino Acids: The Functional Building Blocks of Protein

Genestra Brands proteins and amino acids use only the L-crystalline form of amino acids for maximum effectiveness. The L-crystalline form is known to be significantly more effective than the D-crystalline form due to its high compatibility with human biochemistry.

Our protein mixes are derived from pure, natural vegetarian sources and have been refined and processed to minimize the possibility of contaminants. The protein powders are formulated and processed with natural ingredients, including pure natural vanilla flavor. Many commercial protein drinks contain 30% to 40% sucrose and rice syrup solids. We do not add sucrose or syrup solids to our formulas. Our protein mixes contain 0–14% fructose for enhanced palatability and patient compliance.

Genestra Brands wide range of free amino acids are available in various forms. Some formulas are combined with a high concentration of essential amino acids along with non-essential amino acids. Many of our free amino acid formulas are free of dairy, wheat, soy and egg, and are encapsulated in vegetarian capsules, thus making many of our formulas especially suitable for vegetarians and vegans.

Amino NAC

N-Acetyl-L-Cysteine (NAC) formula

- Supports antioxidant activity and cellular health[†]
- Provides 1,000 mg of NAC daily
- Convenient capsule format

Amino NAC provides 1,000 mg of NAC per day. NAC is an antioxidant that supports cellular health by scavenging reactive oxygen species and binding reactive metal ions. Most importantly, NAC serves as a precursor of cysteine, which is required for the synthesis of glutathione. Glutathione is essential to the antioxidant defense system in the body and is responsible for detoxifying compounds that can generate free radicals, including peroxides and foreign chemicals. The antioxidant effects of NAC may be particularly important to the liver, which contains high levels of glutathione for detoxification reactions, as well as the muscle, where reactive oxygen species increase after prolonged exercise. Similarly, NAC may be important in the elderly, as oxidative stress naturally accumulates with age. NAC supplementation can also provide significant antioxidant support to the lungs, which contain high levels of glutathione. Unlike many supplemented antioxidants that only scavenge free radicals, NAC also provides the cysteine necessary to replenish glutathione levels. In addition, supplementation with NAC is recommended over cysteine, as NAC is better tolerated and less vulnerable to oxidation, while being more soluble in water.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|---------------------------|--------|------|
| N-Acetyl-L-Cysteine (NAC) | 500 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, ethylcellulose, dibasic calcium phosphate dihydrate, magnesium stearate, cellulose, silica

Recommended Dose

Take one capsule two times daily with protein-containing meals, or as recommended by your health professional

Size

60 Vegetarian Capsules

Product Code

10539



5HTP 100 mg

5HTP (L-5-hydroxytryptophan) derived from the Griffonia simplicifolia

- Promotes healthy mood and cranial vessel comfort[†]
- Supports sleep quality[†]
- Convenient capsule format

5-HTP is a precursor to serotonin, an important neurotransmitter in the brain. Serotonin is normally synthesized from tryptophan via the intermediate metabolite 5-HTP. Extracted from the seeds of the Griffonia simplicifolia, supplemented 5-HTP is well absorbed and bypasses the normal conversion of tryptophan into 5-HTP. In the central nervous system, serotonin helps to regulate a variety of biological processes, such as mood, sleep and appetite. As a balanced emotional state depends on normal levels of serotonin, 5-HTP has been shown to support healthy mood by easily crossing the blood-brain barrier to increase serotonin levels. By promoting healthy serotonin metabolism, 5-HTP also supports cranial vessel comfort. As a sleep aid, 5-HTP promotes sleep quality by increasing REM sleep.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | % DV |
|-------------------------------------------------------------------|------|
| L-5-Hydroxytryptophan (from Griffonia simplicifolia seeds) 100 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose

Recommended Dose

Take one capsule three times daily with meals or as recommended by your health professional. To minimize the risk of gastrointestinal side effects, start dosing at one capsule two times daily and slowly increase to recommended dose over a two week period.

Size

90 Vegetarian Capsules

Product Code

06456



Amino Complex

Amino acid formula from whey protein hydrolysate

- Source of essential amino acids

Ideal for vegetarians

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------|----------|------|
| Protein | <1g | 1%^ |
| Whey Protein Hydrolysate (from bovine milk)Δ | 1,000 mg | * |
| (70% protein) | | |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Δ A source of 16 amino acids

Other ingredients: Hypromellose, magnesium stearate, magnesium silicate, cellulose
Contains: Milk

Recommended Dose

Take two capsules two times daily with meals or as recommended by your health professional.

Size
90 Vegetarian Capsules

Product Code
06401



Amino L-Glutamine

L-Glutamine in capsules

- Supports gastrointestinal health during periods of physical stress[‡]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------|--------|------|
| L-Glutamine | 500 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, magnesium stearate

Recommended Dose

Take one capsule two times daily or as recommended by your health professional.

Size
60 Vegetarian Capsules

Product Code
06421



Amino L-Glutamine Powder

Digestive and immune support formula[‡]

- Supports immune and digestive system health following physical stress[‡]
- Restores plasma glutamine levels depleted by physical stress[‡]
- Assists in muscle tissue repair after exercise[‡]
- Supports lean muscle mass[‡]
- Provides 4.5 grams of L-glutamine per serving

Glutamine is a conditionally essential amino acid that supports both digestive and immune system health. The majority of glutamine uptake occurs in the small intestine, where glutamine acts as an important energy source for the intestinal mucosa. During periods of physical stress, glutamine levels can become depleted, increasing the permeability of the intestinal mucosa. Glutamine supplementation has been shown to support normal digestive function and prevent increased intestinal permeability during periods of physical stress.[‡]

Glutamine levels also tend to decrease following prolonged physical exertion, which could impact immune function, as glutamine is a major energy source for certain immune cells. In a clinical study conducted on endurance athletes, glutamine supplementation helped support immune health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Scoop (4.5 g)
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------|-------|------|
| Calories | 20 | |
| L-Glutamine | 4.5 g | * |

* Daily Value (DV) not established

Recommended Dose

In a glass, add water, juice or milk to one scoop of Amino L-Glutamine Powder and mix. Take two times daily or as recommended by your health professional.

Size
Net weight 9.5 oz (270 g)

Product Code
06477



Amino L-Lysine

L-Lysine in capsules

- An essential amino acid
- Assists healthy collagen formation[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings per Container 20

| AMOUNT PER SERVING | | % DV |
|--------------------------------------|----------|------|
| L-Lysine (as L-lysine hydrochloride) | 1,350 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica

Recommended Dose

Take three capsules daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

06407



Amino L-Tyrosine

L-Tyrosine formula

- Supports emotional wellness and promotes restful sleep, especially in periods of temporary stress[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------|--------|------|
| L-Tyrosine | 475 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica, cellulose

Recommended Dose

Take one capsule three times daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

06405



Amino Taurine **IMPROVED**

Helps support cardiovascular function[‡]

- Provides 2,000 mg of taurine per day
- Convenient vegetable capsule format
- Improved formula
 - Increased amount of taurine per capsule – fewer capsules required per day for improved patient compliance
 - Revised non-medicinal ingredients – removed magnesium stearate; added ascorbyl palmitate and silica

Amino Taurine supports cardiovascular function by providing 500 mg of taurine in each convenient capsule. High levels of taurine are present in the heart, where it may maintain intracellular calcium concentrations to support healthy heart rates. Taurine also plays an important role in maintaining normal endothelial cell function. It helps to regulate osmolarity and cytokine production in endothelial cells, and may also help protect them against oxidative damage. To further support cardiovascular function, taurine helps to regulate platelet activity and vascular contractility. Additionally, taurine contributes to arterial function through its role in lipid metabolism. Taurine stimulates the production of bile acids from cholesterol and helps to support already healthy hepatic lipid clearance. Research suggests that taurine also supports cardiovascular function during and after exercise. By mediating calcium homeostasis and supporting heart and skeletal muscle contractions under exhaustive conditions, taurine may help to promote muscle performance and exercise capacity. Randomized, placebo-controlled trials have found that daily supplementation with 1,500 mg of taurine for two weeks significantly supports cardiac function and exercise capacity, while regulating the cytokine and thrombotic response to exercise. [‡]

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|--------------------|----------|------|
| Taurine | 1,000 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, ascorbyl palmitate, silica

Recommended Dose

Take two capsules two times daily with meals or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

06426A



Carnitine (Acetyl-L-Carnitine 500 mg)

Provides cardiovascular and endurance support[‡]

- Helps support exercise recovery[‡]
- Supports cognitive function[‡]

Facilitates energy production[‡]

- Transports long-chain fatty acids into the mitochondria so they can be oxidized to produce energy[‡]
- Concentrated in tissues (skeletal and cardiac muscle etc.) that utilize fatty acids as dietary fuel[‡]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------|----------|------|
| Calcium | 46 mg | 4% |
| Acetylcarnitine (as N-Acetyl L-carnitine hydrochloride) | 1,000 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, calcium carbonate, cellulose, silica, magnesium silicate

Recommended Dose

Take two capsules two times daily or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

06467



FOS + L-Glutamine

Supports digestive health[‡]

- Supports a healthy gut microflora[‡]
- Provides 2,775 mg of Jerusalem artichoke root standardized extract (90% total fructans) per day
- Includes 4,500 mg of L-glutamine per day

FOS + L-Glutamine is a unique combination of Jerusalem artichoke root and L-glutamine that helps support healthy microflora balance and maintain gastrointestinal tract health. Prebiotic carbohydrates such as fructans are non-digestible food ingredients that support the growth and activity of Bifidobacteria and Lactobacilli in the human colon. Glutamine is an important fuel for normal, rapidly dividing cells such as enterocytes and lymphocytes. Research suggests that supplementation with 5 g of L-Glutamine daily supports digestive system health.[‡]

SUPPLEMENT FACTS

Serving Size 5 capsules
Servings per Container 12

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------------|----------|-------------------|
| Total Carbohydrate | < 1 g | < 1% [^] |
| Jerusalem Artichoke (<i>Helianthus tuberosus</i>) Root Std. Extract (90% Total Fructans) | 925 mg | * |
| L-Glutamine | 1,500 mg | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Hypromellose, cellulose, magnesium stearate, silica

Recommended Dose

Take five capsules three times daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10422



GABA 700

GABA (Gamma-aminobutyric acid) formulation

- Helps temporarily promote relaxation[‡]
- Provides 700 mg of GABA per day
- Convenient vegetarian capsule format

GABA is the most important inhibitory neurotransmitter in the brain. As high levels of excitation can result in irritability, restlessness and difficulty sleeping, GABA regulates brain excitability to help temporarily promote relaxation. In one study, supplementation with 100 mg of GABA significantly induced a state of relaxation within one hour, as demonstrated by changes in alpha and beta brain waves. Similarly, another trial demonstrated that GABA temporarily promoted relaxation in adults crossing a suspension bridge. Supplementation with 200 mg of GABA before crossing the bridge significantly increased levels of secretory Immunoglobulin A (IgA), an important antibody in saliva that is considered a marker of relaxation. Therefore, GABA demonstrates relaxant effects, even under occasional stressful conditions.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------------------|--------|------|
| GABA (gamma-aminobutyric acid) | 700 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, ascorbyl palmitate

Recommended Dose

Take one capsule daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

06473



HMB Complex

Natural Citrus Flavor

HMB plus L-glutamine, L-arginine and BCAAs

- Supports lean muscle mass and exercise recovery[‡]
- Provides essential branched chain amino acids (L-leucine, L-isoleucine, L-valine) involved in protein synthesis[‡]
- Convenient, once-daily formula that easily mixes into water or juice
- Improved formula
 - Improved taste profile – now featuring natural orange and lemonade flavors, plus added dextrose and malic acid
 - Increased bottle size – now packaged in a 40 oz. bottle
 - Increased scoop size – each scoop now provides 16.8 grams of powder

HMB Complex combines beta-hydroxy beta-methylbutyrate (HMB) with the amino acids glutamine and arginine, branched chain amino acids (BCAAs) leucine, isoleucine and valine, and vitamin D. It was specifically designed to promote healthy protein metabolism and lean muscle mass when combined with regular exercise training. Amino acids are well-recognized for their important role as the building blocks of proteins. As protein degradation exceeds protein synthesis during aging and after exercise, BCAA supplementation, particularly when enriched with leucine, may provide important support for stimulating muscle protein synthesis in aging individuals and athletes. Furthermore, leucine can be used to form HMB, a clinically studied metabolite that is widely used by bodybuilders and strength athletes. Glutamine helps to support immune system and digestive system health after periods of physical stress, while arginine helps supports exercise capacity and cardiovascular health. Vitamin D further contributes to maintaining good health by aiding in the absorption and use of calcium and phosphorus to support healthy bones and teeth.[‡]

SUPPLEMENT FACTS

Serving Size 2 Scoops (33.6 g)
Servings per Container about 14

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------|-------------------|-----------------|
| Calories | 130 | |
| Total Carbohydrate | 10 g | 4% [^] |
| Total Sugars | 9 g | * |
| Includes 9 g Added Sugars | | 18% |
| Vitamin D (as cholecalciferol) | 12.5 mcg (500 IU) | 63% |
| Calcium | 225 mg | 17% |
| Sodium | 40 mg | 2% |
| Potassium | 230 mg | 5% |
| CaHMB (calcium beta-hydroxy-beta-methylbutyrate) | 1.5 g | * |
| L-Glutamine | 7 g | * |
| L-Arginine (as L-arginine hydrochloride) | 7 g | * |
| Branched Chain Amino Acids | 1.2 g | * |
| L-Leucine | 600 mg | * |
| L-Isoleucine | 300 mg | * |
| L-Valine | 300 mg | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Dextrose, natural flavors (orange, lemonade), potassium citrate, citric acid, DL-malic acid, sodium chloride, thaumatin

Recommended Dose

In a glass, add 250 mL of water or juice to two scoops of HMB Complex and mix. Take once daily with a meal or as recommended by your health professional.

Size

Net Weight 16.75 oz (475 g)

Product Code

06479



Pro Pea Balance

Natural Chocolate Flavor

Delicious chocolate-flavored pea protein and berry extract formulation

- Combines pea protein, alpha-lipoic acid, chromium and berry extracts
- Promotes healthy glucose metabolism[†]
- Provides 15 g of pea proteins and 30 mg of berry polyphenols per serving
- Helps the body to metabolize fats and proteins[‡]

Pro Pea Balance supports glucose and lipid metabolism with a combination of pea protein, alpha lipoic acid, chromium, and polyphenols from berry extracts. Pea (*Pisum sativum*) protein helps to support already healthy postprandial glycemic response. Alpha-lipoic acid is an antioxidant produced endogenously by mitochondria that plays a role in supporting normal glucose metabolism. Chromium is an essential mineral that helps to support healthy glucose tolerance and metabolism. Strawberry extracts have been shown to support healthy lipid metabolism, while blueberry extracts have been found to provide antioxidant support.[‡]

SUPPLEMENT FACTS

Serving Size 1 Scoop (14 g)

Servings per Container about 28

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------------------------|---------|------------------|
| Calories | 50 | |
| Calories from Fat | 10 | |
| Total Fat | 1 g | 2% [^] |
| Saturated Fat | 0.5 g | 1% [^] |
| Sodium | 5 mg | <1% |
| Total Carbohydrate | 3 g | 1% [^] |
| Dietary Fiber | 2 g | 6% [^] |
| Protein | 8 g | 16% [^] |
| Iron | 15 mg | 85% |
| Vitamin D (cholecalciferol) | 200 IU | 50% |
| Vitamin B ₁₂ (methylcobalamin) | 220 mcg | 3,666% |
| Chromium (chromium nicotinate glycinate) | 100 mcg | 83% |
| Pea Proteins (from <i>Pisum sativum</i> seed) | 7.5 g | * |
| DL-Alpha-Lipoic Acid | 150 mg | |
| Curcumin (from <i>Curcuma longa</i> rhizome) | 12.5 mg | * |
| Lecithin (from <i>Helianthus annuus</i> seed) | 300 mg | * |
| Strawberry (<i>Fragaria x ananassa</i>) Fruit Std. Extract (20:1) (2% Polyphenols/5 g Dried Equivalent) | 250 mg | * |
| Blueberry (<i>Vaccinium angustifolium</i>) Fruit Std. Extract (15:1) (4% Polyphenols/3.8 g Dried Equivalent) | 250 mg | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Cocoa powder, guar gum, natural chocolate flavor, natural cream flavor, natural vanilla cream flavor, rebaudioside A (stevia leaf extract), thaumatococcus

Recommended Dose

In a glass, add eight ounces (250 mL) of water, juice or milk to one scoop of Pro Pea Balance and mix. Take once daily or as recommended by your health professional.

Size

Net Weight 13.8 oz (390 g)

Product Code

06454



Pro Pea Balance

Natural Vanilla Flavor

Delicious vanilla-flavored pea protein and berry extract formulation

- Combines pea protein, alpha-lipoic acid, chromium and berry extracts
- Promotes healthy glucose metabolism[†]
- Provides 15 g of pea proteins and 30 mg of berry polyphenols per serving
- Helps the body to metabolize fats and proteins[‡]

Pro Pea Balance supports healthy glucose and lipid metabolism with a combination of pea protein, alpha lipoic acid, chromium, and polyphenols from berry extracts. Pea (*Pisum sativum*) protein helps to promote a healthy postprandial glycemic response. Alpha-lipoic acid is an antioxidant produced endogenously by mitochondria that plays a role in supporting healthy glucose metabolism. Chromium is an essential mineral that helps to support normal glucose tolerance and metabolism. Strawberry extracts have been shown to support healthy lipid metabolism, while blueberry extracts have been found to provide antioxidant support.[‡]

SUPPLEMENT FACTS

Serving Size 1 Scoop (11.5 g)

Servings per Container about 28

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------------------------|---------|------------------|
| Calories | 45 | |
| Calories from Fat | 10 | |
| Total Fat | 1 g | 1% [^] |
| Sodium | 5 mg | <1% |
| Total Carbohydrate | 2 g | <1% [^] |
| Dietary Fiber | 1 g | 4% [^] |
| Protein | 8 g | 15% [^] |
| Iron | 15 mg | 83% |
| Vitamin D (cholecalciferol) | 200 IU | 50% |
| Vitamin B ₁₂ (methylcobalamin) | 220 mcg | 3,666% |
| Chromium (chromium nicotinate glycinate) | 100 mcg | 83% |
| Pea Proteins (from <i>Pisum sativum</i> seed) | 7.5 g | * |
| DL-Alpha-Lipoic Acid | 150 mg | * |
| Curcumin (from <i>Curcuma longa</i> rhizome) | 12.5 mg | * |
| Lecithin (from <i>Helianthus annuus</i> seed) | 300 mg | * |
| Strawberry (<i>Fragaria x ananassa</i>) Fruit Std. Extract (20:1) (2% Polyphenols/5 g Dried Equivalent) | 250 mg | * |
| Blueberry (<i>Vaccinium angustifolium</i>) Fruit Std. Extract (15:1) (4% Polyphenols/3.8 g Dried Equivalent) | 250 mg | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Guar gum, natural vanilla cream flavor, natural cream flavor, rebaudioside A (stevia leaf extract), thaumatococcus

Recommended Dose

In a glass, add eight ounces (250 mL) of water, juice or milk to one scoop of Pro Pea Balance and mix. Take once daily or as recommended by your health professional.

Size

Net Weight 11.4 oz (322 g)

Product Code

06481



Pro Rice

Natural Vanilla Flavor

Amino acid formula from rice

- Source of 16 essential and non-essential amino acids
- Supports healthy weight management as part of a healthy lifestyle with a reduced-calorie diet and regular exercise[†]
- Excellent for calorie-restricted diets, for vegans, athletes and individuals who are nutrition conscious or have a low daily protein intake[†]

Natural vanilla flavor

- Great taste for excellent patient compliance

Ideal for vegans

- Convenient powder format

SUPPLEMENT FACTS

Serving Size 3 Scoops (26.6 g)
Servings per Container about 17

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------|-----------------------|-------|
| Calories | 110 | |
| Total Fat | 1 g | 1% ^ |
| Saturated Fat | 0.5 g | 3% ^ |
| Sodium √ | 35 mg | 2 % |
| Total Carbohydrate | 10 g | 4% ^ |
| Total Sugars | 2 g | * |
| Protein | 14 g | 28% ^ |
| Iron √ | 0.37 mg | 2% |
| Standardized Rice (<i>Oryza sativa</i>) | 17.27 g | * |
| Grain Protein Concentrate Δ (80% Protein) | | * |
| Hydrolyzed Rice (<i>Oryza sativa</i>) Grain Flour | 8.17 g | * |
| Papain (from papaya fruit) | 30 mg / 60,000 FCC PU | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Δ A source of 16 amino acids

√ Naturally occurring

Other ingredients: Natural vanilla Flavor, guar gum

Recommended Dose

In a glass, add eight ounces (250 mL) of water, juice or milk to three scoops of Pro Rice and mix well, or as recommended by your health professional. Do not exceed five scoops daily.

Size

Net Weight 16 oz (454 g)

Product Code

06412



Pro Whey

Natural Vanilla Flavor

23 g of whey protein per day

- Excellent protein source providing essential and branched chain amino acids (BCAAs)
- Supports healthy weight management, lean body mass and daily wellness[†]
- Delicious natural vanilla-flavored powder that mixes easily into liquids
- Increases patient compliance
- Mixes easily into liquids

Pro Whey provides 23 g of whey protein in each great-tasting serving. Whey is an excellent protein source that contains all essential amino acids, including a high concentration of the BCAAs leucine, isoleucine and valine. BCAAs play a key role in the growth and repair of tissues. Specifically, leucine is involved in the initiation of protein synthesis and may have a particular role in promoting muscle hypertrophy. Clinical research has demonstrated that supplementation with whey protein helps support lean muscle mass and provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise. Whey protein also contains high levels of two sulfur-containing amino acids, methionine and cysteine – a precursor to glutathione (GSH). In addition to providing a full-spectrum amino acid profile, whey protein contains important components of the immune system such as immunoglobulins and lactoferrin.^{††}

SUPPLEMENT FACTS

Serving Size 2 Scoops (28 g)
Servings per Container about 15

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------|-------|-------|
| Calories | 110 | |
| Calories from Fat | 5 | |
| Total Fat | 0.5 g | <1% ^ |
| Cholesterol | 15 mg | 5% |
| Total Carbohydrate | 2 g | <1% ^ |
| Sugars | 2 g | * |
| Protein | 23 g | 46% ^ |
| Calcium | 85 mg | 9% |
| Whey protein isolate (from <i>Bos taurus</i> milk) | 27 g | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Soy lecithin, natural flavors, rebaudioside A (stevia leaf extract), thaumatococcus
Contains: Milk, soy

Recommended Dose

In a glass, add 250 mL of water, milk or juice to two scoops of Pro Whey and mix. Take once daily, a few hours before or after taking medications, or as recommended by your health professional.

Size

Net Weight 15 oz (425 g)

Product Code

06494



[†] Provides weight management support as part of a healthy lifestyle with a reduced-calorie diet and regular exercise.



Antioxidants

Genestra Brands antioxidant formulas provide antioxidant nutrients and precursors, and support oxidative metabolism and healthy detoxication processes.‡

Genestra Brands provides a wide range of single antioxidants and combinations

The coenzyme Q₁₀ formulas are laboratory-verified and derived from yeast and bacterial fermentation (not synthetic solanesol processing) to ensure superior bioavailability and efficacy. The primary role of CoQ₁₀ is that of a crucial intermediate of the electron transport system in the mitochondria. Adequate amounts of CoQ₁₀ are necessary for cellular respiration and ATP production. Due to its role in ATP synthesis, CoQ₁₀ affects the function of all cells in the body, making it essential for the health of all tissues and organs. As a fundamental component within the mitochondria and as an antioxidant, the clinical application of CoQ₁₀ as a therapeutic agent is primarily found on the management of cardiovascular support and maintenance. Our Ubiquinol 100 mg formula is a powerful, lipid-soluble, active antioxidant form of Coenzyme Q₁₀, protecting the body's cells from damage caused by oxidative stress and free radicals.‡

Our grape seed extract is standardized to yield a minimum of 85% of proanthocyanidins. The N-Acetyl- Cysteine and N, N-Dimethylglycine capsules provide a pure grade of these exceptional antioxidants.

Genestra Brands Super Oxi Formula is a complete antioxidant preparation combining vitamins, minerals, coenzyme Q₁₀, reduced glutathione and other key free radical scavengers and neutralizers selected for their ability to minimize oxidative stress.‡

CoQ₁₀ 100

Coenzyme Q₁₀ in capsules

- An antioxidant required by tissues and organs to maintain and support cardiovascular health[†]

From yeast fermentation

- An all-natural source from Japan

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------|--------|------|
| Coenzyme Q ₁₀ (from yeast fermentation) | 100 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, magnesium stearate, silica

Recommended Dose

Take one capsule one to three times daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10557



AMD

Multimineral, vitamin C and amino acid formulation

- Provides antioxidants for cellular support[†]
- Helps the body to metabolize carbohydrates, fats and proteins[†]
- Helps in the maintenance of bones, teeth and gums[†]
- Helps to maintain healthy skin[†]
- Helps in connective tissue formation and normal wound healing[†]
- Helps in the function of the thyroid gland[†]
- Helps to maintain immune function[†]
- Provides support for healthy glucose metabolism[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------|---------|------|
| Vitamin C (as ascorbic acid) | 250 mg | 278% |
| Iodine (as potassium iodide) | 18 mcg | 12% |
| Zinc (as zinc aspartate) | 5 mg | 45% |
| Selenium (as selenium HVP Δ chelate) | 25 mcg | 45% |
| Manganese (as manganese aspartate) | 9 mg | 391% |
| Chromium (as chromium HVP Δ chelate/chloride) | 25 mcg | 71% |
| L-Cystine | 100 mg | * |
| L-Methionine | 50 mg | * |
| L-Lysine (L-lysine hydrochloride) | 48 mg | * |
| Alginic Acid (from <i>Laminaria</i> spp.) | 67.5 mg | * |
| Apple Pectin (from <i>Malus domestica</i> fruit) | 55 mg | * |
| Chlorella (<i>Chlorella pyrenoidosa</i>) Whole Organism | 2 mg | * |

* Daily Value (DV) not established

Δ Hydrolyzed vegetable (rice) protein

Other ingredients: Hypromellose, magnesium stearate, magnesium silicate, cellulose

Recommended Dose

Take one capsule daily with a meal, a few hours before or after taking other medication, or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

10222



CoQ₁₀ + Taurine

Combination of coenzyme Q₁₀, taurine and complementary herbs and minerals in capsules

- With standardized ginkgo extract and complementary nutrients to help maintain and support cardiovascular function[†]
- Helps to maintain and support cardiovascular health[†]
- Helps to maintain proper muscle function[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings per Container 20

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------------|--------|------|
| Magnesium (as magnesium citrate/oxide) | 150 mg | 36% |
| Potassium (as potassium citrate) | 90 mg | 2% |
| Taurine | 450 mg | * |
| Hawthorn (<i>Crataegus laevigata</i>) Berry | 300 mg | * |
| Ginkgo (<i>Ginkgo biloba</i>) Leaf Std. Extract (24% Flavone Glycosides; 6% Terpene Lactones) | 60 mg | * |
| Coenzyme Q ₁₀ (from yeast fermentation) | 30mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, magnesium stearate, silica

Recommended Dose

Take three capsules daily with a meal or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10575



CoQ₁₀ 30

Coenzyme Q₁₀ in capsules

- An antioxidant required by tissues and organs to maintain and support cardiovascular health[†]

From yeast fermentation

- An all-natural source from Japan

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------|-------|------|
| Coenzyme Q ₁₀ (from yeast fermentation) Δ | 30 mg | * |

* Daily Value (DV) not established

Δ An all-natural source from Japan

Other ingredients: Hypromellose, dibasic calcium phosphate dihydrate, cellulose, magnesium stearate

Recommended Dose

Take one capsule one to three times daily or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

1053290



CoQ₁₀ Chewable

Natural Black Current Flavor

From natural fermentation

- Derived from natural yeast fermentation versus the synthetic solanesol process

Essential antioxidant

- Helps to maintain and support cardiovascular health†

Natural blackcurrant-flavored

- Great taste for excellent patient compliance

Ideal for vegans

- Convenient chewable tablet format

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------|-------|-------|
| Total Carbohydrate | <1 g | <1% ^ |
| Coenzyme Q ₁₀ (yeast fermentation) | 60 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Sorbitol, xylitol, natural blackcurrant flavor, citric acid, silica, magnesium stearate

Recommended Dose

Chew one tablet one to three times daily or as recommended by your health professional.

Size

60 Chewable Tablets

Product Code

10561



CoQ₁₀ Lipo 100

High potency coenzyme Q₁₀ in softgel capsules

- An antioxidant required by tissues and organs to maintain and support cardiovascular health†
- From bacterial fermentation

Emulsified formulation

- In extra virgin olive oil for enhanced absorption

Easy-to-use

- One vegetarian capsule, one to three times daily ensures patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------|--------|------|
| Coenzyme Q ₁₀ (from bacterial fermentation) | 100 mg | * |

* Daily Value (DV) not established

Other ingredients: Extra virgin olive oil, hypromellose, silica

Recommended Dose

Take one capsule one to three times daily, or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10556



Glutathione Precursors

Supports formation of the key antioxidant compound glutathione[‡]

- Provides antioxidant support[†]
- Provides the three precursors needed to form glutathione within the body: N-acetyl-L-cysteine (NAC), glutamic acid and glycine[†]
- Includes α-lipoic acid

Glutathione Precursors provides antioxidant support and supports glutathione formation. Glutathione, or γ-glutamyl-cysteinylglycine (GSH), is the primary intracellular antioxidant involved in preventing lipid and protein oxidation, and is a critical component in the enzymatic process used to detoxify hydroxide peroxide (H₂O₂). Cysteine, glutamic acid and glycine are the three essential precursors for endogenous glutathione production. Supplementation with NAC, cysteine, and glycine has been shown to increase GSH levels.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|---------------------------|--------|------|
| N-acetyl-L-cysteine (NAC) | 200 mg | * |
| L-glutamic acid | 200 mg | * |
| DL-alpha lipoic acid | 200 mg | * |
| L-glycine | 100 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, magnesium stearate

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size

30 Vegetarian Capsules

Product Code

10366



Grapenol

Grape seed extract standardized to contain 80% proanthocyanidins

- Source of antioxidants

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings per Container 20 or 40

| AMOUNT PER SERVING | | % DV |
|--------------------------------------|-------|------|
| Grape (<i>Vitis vinifera</i>) Seed | 75 mg | * |
| Std. Extract (80% Proanthocyanidins) | | |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, silica, ascorbyl palmitate

Recommended Dose

Take three capsules daily or as recommended by your health professional.

Size

60 Vegetarian Capsules
120 Vegetarian Capsules

Product Code

10524
10524120



GSH Reduced Glutathione

Reduced L-Glutathione formulation

- Helps maintain antioxidant defenses[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|-------------------------|-------|------|
| L-Glutathione (reduced) | 50 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, magnesium silicate, magnesium stearate

Recommended Dose

Take one capsule three times daily with protein-containing meals or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

10536



Lipoic Acid

Alpha lipoic acid formula

- Provides antioxidant support[†]
- Supports healthy glucose metabolism and nerve health[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|----------------------|--------|------|
| DL-Alpha Lipoic Acid | 100 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, magnesium stearate, magnesium silicate, silica

Recommended Dose

Take one capsule three times daily with meals or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10534



Macular Support[‡]

Eye health formula[‡]

- Supports optimal macular function[†]
- May help to promote visual function and ocular blood flow[†]
- Provides naturally-occurring macular pigments: 10 mg of lutein and 1.47 mg of zeaxanthin
- Also includes extracts from bilberry and ginkgo

Macular Support promotes eye health using a unique combination of macular pigments and herbal extracts. Lutein and zeaxanthin are naturally-occurring carotenoid pigments that are highly concentrated within the macula. Optimal macular lutein concentrations may help to protect against oxidative stress associated with regular sunlight exposure. In two recent placebo-controlled clinical trials, daily supplementation with 10 mg of lutein for 48 weeks supported a healthy macular pigment optical density in older participants. *Ginkgo biloba* extracts may provide support for healthy ocular blood flow, and the anthocyanin compounds present in bilberry extracts may help to promote visual acuity.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------------|---------|------|
| Vitamin A (100% as beta-carotene) | 787 IU | 16% |
| Bilberry (<i>Vaccinium myrtillus</i>) Fruit Extract (4:1) 200 mg Fresh Fruit Equivalent | 50 mg | * |
| Ginkgo (<i>Ginkgo biloba</i>) Leaf Std. Extract (24% Flavone Glycosides; 6% Terpene Lactones) | 50 mg | * |
| Lutein (from Aztec marigold flower) | 10 mg | * |
| Zeaxanthin (from <i>Lycium</i> berry) | 1.47 mg | * |
| Natural Mixed Carotenoids (from Dunaliella algae) | 500 mcg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica, magnesium stearate

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

07364



Melatonin Spray

Natural Spearmint Flavor

Promotes healthy sleep patterns[‡]

- Supports the body's natural sleep-wake cycle[‡]
- Improves sleep onset and quality[‡]
- Promotes recovery after shift work and international travel[‡]
- Delicious natural spearmint flavor

Melatonin Spray provides melatonin to help control the body's natural sleep cycle. Melatonin is a hormone that is normally released at night from the pineal gland. Research demonstrates that supplementation with melatonin significantly improves sleep onset, total sleep time and sleep quality when compared to placebo treatments. Supplementation with melatonin before sleeping has been shown to improve sleep quality and duration among shift workers, who often experience less sleep than daytime workers. Melatonin intake at local sleep times can also support the sleep-wake cycle after international travel. As melatonin levels significantly decrease with age, its supplementation can help promote healthy sleep patterns in older individuals.[‡]

SUPPLEMENT FACTS

Serving Size 3 sprays (0.45 mL)
Servings per Container about 66

| AMOUNT PER SERVING | | % DV |
|--------------------|------|------|
| Melatonin | 3 mg | * |

* Daily Value (DV) not established

Other ingredients: Purified water, glycerin, ethanol, xylitol, natural spearmint flavor, citric acid, potassium sorbate, rebaudioside A (stevia leaf extract), menthol

Recommended Dose

Take three sprays orally, once daily at or before bedtime, or as recommended by your health professional. For adult use only.

Size
1 fl oz (30 mL)

Product Code
10379



Satin Care[‡]

Promotes cardiovascular health[‡]

- Helps maintain cardiovascular function[‡]
- Supports healthy lipid metabolism[‡]
- Provides 500 IU of vitamin D, 1,000 mg of L-carnitine and 100 mg of coenzyme Q₁₀ per serving

Statin Care[‡] combines coenzyme Q₁₀, L-carnitine and vitamin D in a convenient capsule format. Statins are first-line agents that promote healthy cholesterol levels by mediating the production of mevalonate, a precursor to both cholesterol and coenzyme Q₁₀. Coenzyme Q₁₀ is required for electron transfer in the mitochondrial respiratory chain, which produces energy necessary for cellular functions and muscle contractions. Similarly, the highest levels of L-carnitine are found in the cardiac and skeletal muscle, where it plays a role in energy balance. L-carnitine transports fatty acids to the mitochondria for oxidation and subsequent energy production. Research has found that supplementation with L-carnitine promotes healthy lipid metabolism in adults.[‡]

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------|----------|------|
| Vitamin D (cholecalciferol) | 500 IU | 125% |
| L-Carnitine (L-carnitine tartrate) | 1,000 mg | * |
| Coenzyme Q ₁₀ (bacterial fermentation) | 100 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, magnesium stearate, silica

Recommended Dose

Take two capsules one to two times daily or as recommended by your health professional.

Size
60 Vegetarian Capsules

Product Code
10472



Selenium + E

Selenium and vitamin E antioxidant combination

- Combined for increased antioxidant support[†]

Ideal for vegetarians

- Convenient tablet format

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------|---------|------|
| Vitamin E (as <i>d</i> -alpha tocopheryl succinate) | 134 mg | 893% |
| Calcium | 23 mg | 2% |
| Selenium (as selenomethionine) | 200 mcg | 364% |

% Daily Value (DV)

Other ingredients: Cellulose, dibasic calcium phosphate dihydrate, magnesium stearate, silica, croscarmellose sodium, hypromellose, glycerin

Recommended Dose

Take one tablet daily with a meal or as recommended by your health professional.

Size

60 Tablets

Product Code

10537



Sodium Alginate

Sodium alginate formulation

- Helps the body to metabolize fats and proteins[†]
- Vitamin C provides antioxidant support[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|------------------------------|--------|------|
| Sodium | 35 mg | 2% |
| Vitamin C (as ascorbic acid) | 2 mg | 2% |
| Sodium Alginate | 400 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose

Recommended Dose

Take one capsule daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

07593



Selenium CWS

Antioxidant nutrient support[†]

- Provides antioxidant support[†]
- Assists in the formation of antioxidant selenoproteins[†]
- Excellent source of selenium

Convenient cold water soluble (CWS) liquid format

- Can be dropped directly into mouth or added to beverages

SUPPLEMENT FACTS

Serving Size 1 Drop (0.065 mL)
Servings per Container about 230

| AMOUNT PER SERVING | | % DV * |
|----------------------------|---------|--------|
| Selenium (sodium selenite) | 100 mcg | 143% |

* Daily Value (DV)

Other ingredients: Purified water, citric acid

Recommended Dose

Take one drop two times daily with a meal or as recommended by your health professional. If preferred, Selenium CWS can be mixed with juice or water.

Size

0.5 fl oz (15 mL)

Product Code

01180



Super Lipoic Acid

Alpha Lipoic Acid formula

- Promotes healthy glucose metabolism[†]
- Provides antioxidant support[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|----------------------|--------|------|
| DL-Alpha Lipoic Acid | 350 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, magnesium stearate

Recommended Dose

Take one capsule two times daily with meals or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10588



Super Oxi Formula

Broad-spectrum antioxidant formula

- Designed to assist the body's defense against free radical damage[†]
- Supports immune and thyroid function[†]
- Helps to maintain eyesight and skin health[†]
- Convenient, once-daily vegetarian capsule format

Super Oxi Formula provides vitamin-, mineral- and plant-derived antioxidants for the maintenance of good health. Antioxidants scavenge and neutralize free radicals to protect the health of cells and tissues. Super Oxi Formula provides glutathione, one of the most important antioxidants present in cells. As part of the first line of antioxidant defense, it helps to suppress free radical formation. Selenium is also provided in this formula as an important component of antioxidant enzymes, including the glutathione enzyme system. Additionally, this formula offers vitamins C and E, which scavenge active free radicals as part of the second line of defense. In addition to its roles in connective tissue formation, vitamin C is a water-soluble antioxidant that can regenerate vitamin E, the most important lipid-soluble antioxidant. Grape seed extract provides additional antioxidants and is standardized to 80% proanthocyanidins. To further support good health, Super Oxi Formula includes iodine to maintain thyroid function and zinc to support immune health. Beta-carotene also provides a source of vitamin A to further help maintain immune function, as well as eyesight, night vision and skin.[†]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------------------|-----------|------|
| Vitamin A (as 100% beta-carotene) | 2,250 mcg | 250% |
| Vitamin C (as ascorbic acid) | 200 mg | 222% |
| Vitamin E (as d-alpha tocopheryl succinate) | 67 mg | 447% |
| Iodine (from kelp) | 225 mcg | 150% |
| Zinc (as zinc citrate) | 5 mg | 45% |
| Selenium (as selenomethionine) | 50 mcg | 91% |
| L-Cysteine (as L-cysteine hydrochloride) | 5 mg | * |
| L-Glutathione | 2.5 mg | * |
| Grape (<i>Vitis vinifera</i>) Seed Std. Extract (80% Proanthocyanidins) | 2.5 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, magnesium stearate, magnesium silicate, dibasic calcium phosphate dihydrate

Recommended Dose

Take one capsule daily with a meal, a few hours before or after taking other medications, or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

10217



Ubiquinol 100 mg

Biologically active, bioavailable form of coenzyme Q₁₀

- Helps maintain and support cardiovascular health[‡]
- Antioxidant for the maintenance of good health[‡]
- Features Kaneka QH™ ubiquinol, the active antioxidant form of CoQ₁₀

Ubiquinol 100 mg offers the biologically active, reduced form of coenzyme Q₁₀ known as ubiquinol. This fat-soluble nutrient plays a vital role in energy production as a key component of the mitochondrial respiratory chain. Ubiquinol is found in all human cells, with the highest concentrations present in the heart, liver and kidneys – organs that require the greatest amount of energy. It is also an important antioxidant that protects mitochondrial and other cell membranes from oxidative damage. Research suggests that ubiquinol helps maintain cardiovascular health by improving energy production in the heart and reducing oxidative stress. By decreasing the production of free radicals, ubiquinol is especially important in maintaining endothelial cell function. While the oxidized form of coenzyme Q₁₀ (ubiquinone) must be converted into ubiquinol before it can be used by the body, ubiquinol is directly absorbed and biologically active. Ubiquinol 100 mg is formulated with Kaneka QH™, a clinically researched form of ubiquinol that has demonstrated high bioavailability.[‡]

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 30

| AMOUNT PER SERVING | % DV |
|-------------------------------------------------------------------|----------|
| Calories | 5 |
| Calories from Fat | 5 |
| Ubiquinol | 100 mg * |
| (Kaneka QH™ active antioxidant form of coenzyme Q ₁₀) | |

* Daily Value (DV) not established

Other ingredients: Medium chain triglycerides, bovine gelatin, glycerin, ascorbyl palmitate, purified water, sunflower lecithin, beeswax, annatto extract



Kaneka QH Ubiquinol™ is a trademark of Kaneka Corporation

Recommended Dose

Take one softgel daily or as recommended by your health professional.

Size
30 Softgels

Product Code
10579



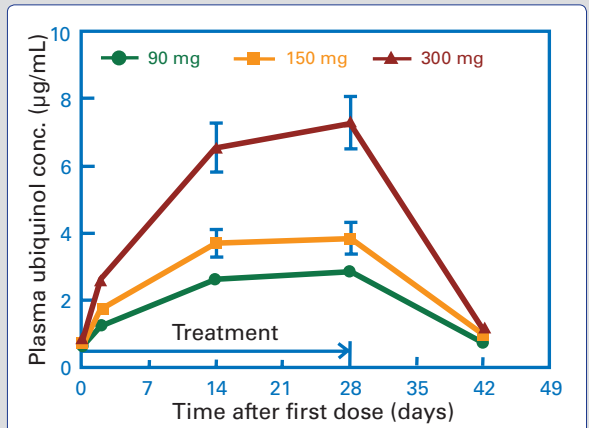
Ubiquinol

Ubiquinol is the active antioxidant form of CoQ₁₀. It has an additional two hydrogen atoms and comprises the majority of the ubiquinone/ubiquinol pool in the plasma of healthy subjects. Ubiquinol may be especially important for older individuals, individuals who may be experiencing greater levels of oxidative or physical stress, or for individuals who appear not to respond to regular CoQ₁₀ supplementation (possibly due to poor conversion of CoQ₁₀ to ubiquinol in the body). Research suggests that it may be more readily absorbed than ubiquinone. In a comparison study involving healthy subjects, supplementation with 200 mg ubiquinol for 4 weeks increased plasma total CoQ₁₀ from 0.9 to 4.3 µg/mL (P < 0.001) compared to 0.9 to 2.5 µg/mL with ubiquinone. It was also noted that ubiquinol supported a healthy ratio of CoQ₁₀ to lipids. Research indicates ubiquinol supports antioxidant status, healthy ejection fraction and mitral valve function while supporting overall physical activity and quality of life. The safety and bioavailability of ubiquinol were evaluated after single oral dose and 4-week multiple dose studies. Significant gastrointestinal absorption was observed and no clinically significant adverse effects were noted.[‡]

The Facts About Kaneka QH™ (Ubiquinol)

- Developed after 10 years of research by Kaneka Corporation, leading manufacturer of CoQ₁₀
- CoQ₁₀ must first be converted to ubiquinol in order to be used by the body; Ubiquinol is the active form that is usable in the body
- Ubiquinol makes up over 90% of the CoQ₁₀ found in the plasma of healthy young individuals
- Contains two additional hydrogen atoms compared to ubiquinone (the oxidized form of CoQ₁₀), making it the reduced and active antioxidant form of CoQ₁₀
- In healthy volunteers, one 4-week trial indicated an 11-fold increase in serum levels over baseline

4-Week Multiple Dose Kaneka QH™ Study



Morning trough concentrations of ubiquinol in plasma during 4-week multiple oral administration of ubiquinol and 2 weeks after completion of the treatment in healthy volunteers. Each point represents the mean +/- SEM of 20 subjects (90 mg and 150 mg) or 19 subjects (300 mg).



Enzymes

The human digestive process is responsible for the conversion or breakdown of the foods we eat into substances that can be absorbed across the intestinal epithelium. Very often, the conversion is a breakdown of complex food structures into their particular building blocks. In all cases, the conversion of complex substances to simple building blocks is performed in the alimentary tract by enzymes.

The Genestra Brands portfolio of digestive enzyme supplements addresses both general and specific digestive support needs.†

Bio Enzymes

Complete digestive enzymes formula

- Supports digestion and absorption of nutrients[†]

Peppermint-flavored

- Excellent taste enhances patient compliance

Easy-to-use

- Convenient chewable tablet format

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 100

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------|-----------------------------|-------|
| Calories | 5 | |
| Total Carbohydrate | 2 g | <1% ^ |
| Total Sugars | 2 g | * |
| Includes 2 g Added Sugars | | 4% ^ |
| Papaya (<i>Carica papaya</i>) Fruit | 50 mg | * |
| Papain (from papaya fruit) | 10 mg/20,000 FCC PU | * |
| Stem Bromelain | 10 mg/9 MCU (90,000 FCC PU) | * |
| (from <i>Ananas comosus/bracteatus</i>) | | |
| Alpha-amylase (from <i>Aspergillus oryzae</i>) | 2 mg/300 SKB (300 FCC DU) | * |
| Pepsin (from porcine stomach) | 2 mg/20,000 FCC PU | * |
| Pancrelipase (from porcine pancreas) | 2 mg | * |
| Yielding | | |
| Protease Activity | 200 USP | * |
| Amylase Activity | 200 USP | * |
| Lipase Activity | 48 USP | * |
| Sodium Copper Chlorophyllin | 0.15 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Dextrose, fructose, stearic acid, cellulose, magnesium stearate, silica, natural peppermint oil

Contains: Milk

Recommended Dose

Chew one tablet with meal, or as recommended by your health professional.

Size

100 Chewable Tablets

Product Code

10529



Betaine HCl

Betaine hydrochloride digestive support

- Promotes optimal stomach pH[†]
- Supports protein digestion[†]
- Provides 1,500 mg of betaine hydrochloride per serving (2 capsules per serving)

Betaine HCl includes 1,500 mg of betaine hydrochloride per serving, to help promote an optimal stomach pH and to support protein digestion. One of the stomach's primary functions is the secretion of hydrochloric acid (HCl). HCl improves protein digestion and the absorption of several nutrients, including iron, calcium and vitamin B₁₂. The median daily pH level of the stomach is approximately 1.4, slightly above the 0.8 pH level of secreted stomach acid. Betaine is a naturally occurring component of foods such as beets, spinach, and whole wheat. Betaine HCl is commonly used to supplement gastric acid levels: in a recent clinical study, a single 1,500 mg serving of betaine HCl was effective in supporting an optimal stomach pH in healthy participants. Within 30 minutes of ingestion of the betaine HCl supplement, participant mean stomach pH was significantly reduced.[‡]

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|-----------------------|----------|------|
| Betaine Hydrochloride | 1,500 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica, magnesium stearate

Recommended Dose

Take one to two capsules with a meal or as recommended by your health professional.

Size

180 Vegetarian Capsules

Product Code

10369



Bromelain Papain +

Multi-enzymatic formulation of bromelain, papain and pancreatin

- Combines proteolytic enzymes along with pancreatic enzymes for optimal digestive support[†]

Easy-to-use

- One tablet, once daily with each meal, ensures patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 60 or 180

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------|---------------------------------|------|
| Stem Bromelain (from <i>Ananas comosus</i>) | 26.7 mg/96 MCU (960,000 FCC PU) | * |
| Papain (from <i>Carica papaya</i> fruit) | 62.5 mg/750,000 USP | * |
| Pancreatin (from porcine pancreas) | 12.5 mg | * |
| Yielding | | |
| Protease | 2,500 USP | * |
| Amylase | 2,500 USP | * |
| Lipase | 500 USP | * |
| Betaine Hydrochloride | 5 mg | * |
| L-Glutamic Acid | 5 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, silica, croscarmellose sodium, magnesium stearate, hypromellose, glycerin

Recommended Dose

Take one tablet three times daily with each meal or as recommended by your health professional.

| Size | Product Code |
|-------------|--------------|
| 60 Tablets | 10510 |
| 180 Tablets | 10510180 |



Digest Dairy Plus

Robust formulation

- Digestive enzyme/lactase to assist in the digestion of foods containing lactose[†]
- Promotes digestive comfort[†]
- Helps to digest proteins[†]

Ideal for vegetarians

- Convenient vegetarian capsule format increases patient compliance

Digest Dairy Plus is designed to assist in the digestion of dairy products. With lactase, protease and lipase, all major nutrient types in dairy foods are targeted. The addition of renin provides rapid coagulation of milk protein in the stomach. In *in vitro* laboratory tests, the effect of one Digest Dairy Plus capsule added to 568 mL of whole milk under intestinal conditions was investigated. Casein and non-casein proteins were digested to short peptides and amino acids. Fat triglycerides were broken down to monoglycerides and free fatty acids, and lactose was virtually undetectable. Each capsule of Digest Dairy Plus will digest the equivalent of 568 mL of whole milk *in vitro* within a 3 hour period.[†]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|-----------------------------------|------|
| Lactase (from <i>Aspergillus oryzae</i>) | 250 mg/16,250 LAU (1,625 FCC ALU) | * |
| Bacterial Protease (from <i>Bacillus subtilis</i>) | 60 mg/8.4 CPU (3,750 FCC PC) | * |
| Stem Bromelain (from <i>Ananas comosus</i>) | 30 mg/60 GDU (900,000 FCC PU) | * |
| Triacylglycerol Lipase (from <i>Rhizopus oryzae</i>) | 15 mg/525 LU (2,450 FCC LU) | * |
| Acid Active Protease (from <i>Aspergillus oryzae</i>) | 10 mg/0.7 CPU (1,980 FCC HUT) | * |
| Alkaline Active Protease (from <i>Aspergillus oryzae</i>) | 10 mg/2 CPU (5,100 FCC HUT) | * |
| Microbial Rennet (from <i>Rhizomucor miehei</i>) | 0.1 mg/0.22 IMCU | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, magnesium stearate
Contains: Milk, wheat

Recommended Dose

Take one capsule with any milk or dairy product, or as recommended by your health professional.

| Size | Product Code |
|------------------------|--------------|
| 60 Vegetarian Capsules | 10564 |



[†]Seroyal, Data on file.

[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Digest Plus

Digestive enzymes formula with hydrochloric acid

- Digestive aid for digestive comfort, especially following high caloric, high fat meals†

Easy-to-use

- One tablet, once a day with each meal, ensures patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 90 or 180

| AMOUNT PER SERVING | | % DV |
|------------------------------------------|-------------------|------|
| Sodium | 5 mg | <1% |
| Betaine Hydrochloride | 162.5 mg | * |
| L-Glutamic Acid | 162.5 mg | * |
| Pancreatin 4X (from porcine pancreas)Δ | 65 mg | * |
| Papain (from <i>Carica papaya</i> fruit) | 65 mg/390,000 USP | * |
| Pepsin (from porcine stomach) | 25 mg/250,000 FCC | * |

* Daily Value (DV) not established
Δ Yielding: 6,500 USP protease units/6,500 USP amylase units/1,300 USP lipase units

Other ingredients: Cellulose, hypromellose, silica, magnesium stearate, croscarmellose sodium, natural vanilla flavor, hypromellose, glycerin

Recommended Dose

Take one tablet with each meal or as recommended by your health professional.

| Size | Product Code |
|-------------|--------------|
| 90 Tablets | 10509 |
| 180 Tablets | 10509180 |



HCl + Pepsin

Betaine hydrochloride plus digestive enzymes

- Supports protein and lipid digestion†
- Includes 650 mg of betaine hydrochloride per serving
- Plus 450,000 USP of pepsin and 110 USP of lipase digestive enzymes

HCl & Pepsin digestive enzyme formula provides betaine hydrochloride and naturally-derived enzymes that support the digestion of proteins and fats.‡

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 180

| EACH CAPSULE CONTAINS | | % DV |
|---------------------------------------|--------------------|------|
| Betaine Hydrochloride | 650 mg | * |
| Pepsin (from porcine stomach) | 150 mg/450,000 USP | * |
| Lipase (from <i>Rhizopus oryzae</i>) | 10 mg/110 USP | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica, magnesium stearate

Recommended Dose

Take one capsule with a meal or as recommended by your health professional.

| Size | Product Code |
|-------------------------|--------------|
| 180 Vegetarian Capsules | 10362 |



Ichol

Combination of choline, inositol, L-methionine and herbs

- Beet, dandelion, green tea and celandine

Ideal for vegetarians

- Convenient tablet format

SUPPLEMENT FACTS

Serving Size 2 Tablets
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------|--------|------|
| Calcium | 121 mg | 12% |
| Choline (as choline bitartrate) | 500 mg | * |
| Inositol | 300 mg | * |
| L-Methionine | 200 mg | * |
| Beet (<i>Beta vulgaris</i>) Root | 100 mg | * |
| Dandelion (<i>Taraxacum officinale</i>) Root | 50 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf | 50 mg | * |
| Celandine (<i>Chelidonium majus</i>) Whole Plant Extract (4:1) 200 mg Dried Equivalent | 50 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, dibasic calcium phosphate dihydrate, silica, croscarmellose sodium, magnesium stearate, hypromellose, glycerin

Recommended Dose

Take two tablets daily with a meal or as recommended by your health professional.

| Size | Product Code |
|------------|--------------|
| 90 Tablets | 02113 |



Ichol Plus

Combination of choline, inositol, L-methionine, botanicals and ox bile

- Beet, dandelion, green tea and celandine

Easy-to-use

- Three capsules daily ensures patient compliance

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------|--------|------|
| Choline (as choline bitartrate) | 375 mg | * |
| Inositol | 300 mg | * |
| L-Methionine | 225 mg | * |
| Ox (<i>Bos taurus</i>) Bile | 225 mg | * |
| Beet (<i>Beta vulgaris</i>) Root | 75 mg | * |
| Dandelion (<i>Taraxacum officinale</i>) Root | 45 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf/Shoot | 45 mg | * |
| Celandine (<i>Chelidonium majus</i>) Whole Plant Extract (4:1) | 45 mg | * |
| 180 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Hypromellose, magnesium stearate, silica, magnesium silicate

Recommended Dose

Take three capsules daily, a few hours before or after taking medications, supplements and food, or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

02115



Pancreatin

Delayed-release pancreatic enzyme formulation

- Helps to decrease mild bloating after high-caloric, high-fat meals[†]
- Supports optimal digestion and absorption of nutrients[†]
- Provides a mixture of pancreatic enzymes, such as protease, amylase, lipase, chymotrypsin and trypsin
- Improved formula
 - Higher concentration of lipase, chymotrypsin and trypsin
 - Formulated with delayed-release capsules for targeted release in the intestine
 - New, easier-to-swallow capsule format

Pancreatin is a digestive aid formula that helps to decrease mild bloating after high-caloric, high-fat meals. It provides a combination of pancreatic enzymes, including lipase, amylase and protease, which break down fats, carbohydrates and proteins, respectively. Chymotrypsin and trypsin are also present in pancreatic secretions and further contribute to protein digestion. Adequate activity of pancreatic enzymes is critical for proper nutrient digestion and absorption, including the absorption of fat-soluble vitamins. Pancreatin contains enzymes that act like those normally secreted by the pancreas, supporting optimal digestion and nutrient absorption in the gut. Supplementation with pancreatic enzymes has also been shown to significantly reduce the occasional postprandial complaints associated with caloric, high-fat meals, including mild bloating, gas and fullness. As pancreatic enzymes are sensitive to low pH, Pancreatin is specifically formulated with delayed-release capsules that resist stomach acid for targeted delivery to the duodenum and allow optimal enzyme activity.[†]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------|-----------------|------|
| Pancreatic Enzymes (from porcine pancreas) | 370 mg | * |
| Yielding | | |
| Protease Activity | 37,000 USP | * |
| Amylase Activity | 37,000 USP | * |
| Lipase Activity | 8,880 USP | * |
| Trypsin (from porcine pancreas) | 20 mg/1,500 USP | * |
| Chymotrypsin (from bovine pancreas) | 8 mg/8,000 USP | * |

* Daily Value (DV) not established

Other ingredients: Delayed-release vegetarian capsule (hypromellose, gellan gum), cellulose, ascorbyl palmitate, silica, lactose
Contains: Milk

Recommended Dose

Take one capsule three times daily, with each meal or immediately before a meal, or as recommended by your health professional.

Size

60 Capsules

Product Code

10511



V-Enzymes

Digestive support

- Includes plant and microbial enzymes and broad-spectrum action
- Includes lactase, which helps in lactose digestion as per *in vitro* laboratory results[†]
- Supports healthy digestive function[†]
- Digestive enzyme
- Supports protein digestion[†]

Wide pH range

- Highly effective from pH 3.5 to pH 9.0

Ideal for vegetarians

- Convenient vegetarian capsule format

V-Enzymes is a benchmark vegan digestive support product. The formula helps to reduce the complex nutritional components of food, digesting proteins, lipids and complex carbohydrates to allow for optimal absorption. In laboratory results, the effects of one V-Enzymes capsule on digestion of beef, egg white and zucchini was investigated (items provided a typical profile of protein, fat and carbohydrate). The *in vitro* experiments simulated intestinal conditions including adjustments for pH and simulated 'churning and pulverization' action of the stomach (via stomacher mixed well and incubated at 37°C/98.6°F). In all cases the addition of V-Enzymes completely liquefied the food item compared to the control where only stomach pulverization took place.^{†‡}

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30

| AMOUNT PER SERVING | % DV |
|---------------------------------------------------------------|------------------------------------|
| Alpha-amylase (from <i>Aspergillus oryzae</i>) | 600 mg/18,000 AU (3,000 FCC DU) * |
| Bacterial Protease (from <i>Bacillus subtilis</i>) | 300 mg/42 CPU (40,000 FCC CU) * |
| Cellulase (from <i>Trichoderma longibrachiatum</i>) | 80 mg/240 CU (2,400 FCC CU) * |
| Stem Bromelain (from <i>Ananas comosus</i> stem) | 60 mg/120 GDU (1,800,000 FCC PU) * |
| Lactase (from <i>Aspergillus oryzae</i>) | 40 mg/2,600 LAU (260 FCC LAU) * |
| Triacylglycerol Lipase (from <i>Rhizopus oryzae</i>) | 30 mg/1,050 LU (13,360 FCC LU) * |
| Acid Active Protease (from <i>Aspergillus oryzae</i>) | 20 mg/1.4 CPU (3,570 FCC HUT) * |
| Alkaline Active Protease (from <i>Aspergillus oryzae</i>) | 20 mg/4 CPU (10,200 FCC HUT) * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, magnesium stearate
Contains: Milk, wheat

Recommended Dose

Take two capsules with each meal or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10558



Cooked Zucchini Digestion (2 whole zucchini) Laboratory Results[†]

Without V-Enzymes



START (chopped) → 3 hours

With V-Enzymes (1 Capsule)



START (chopped) → 3 hours

Cooked Egg White Digestion (5 egg whites) Laboratory Results^{*}

Without V-Enzymes



START (chopped) → 3 hours

With V-Enzymes (1 Capsule)



START (chopped) → 3 hours

Cooked Sirloin Digestion (10 oz) Laboratory Results^{*}

Without V-Enzymes



START (chopped) → 3 hours

With V-Enzymes (1 Capsule)



START (chopped) → 3 hours

[†]Seroyal, Data on file.



Phytonutrients

Genestra Brands herbal formulas combine potent sources of standardized and highly concentrated herbal extracts.

Genestra Brands botanical tinctures are prepared wildcrafted fresh herbs, cultivated at their most bioactive period. The herbs are processed within a few hours of being harvested and are delicately prepared over a three-month period to ensure the highest potency and activity. Genestra Brands botanicals are as close to their natural state as possible.

Herbal Formulas

Genestra Brands standardized and phytonutrient formulas combine potent sources of standardized and highly concentrated herbal extracts. During the standardization process, some of the herb's constituents are lost. To complement and balance the standardized preparation, we add the whole herb to the standardized formula. The addition of the whole herb ensures that all of the plant's naturally occurring constituents are present.

To ensure purity, bioactivity and effectiveness, our phytonutrient products are prepared with 100% organic or wildcrafted herbs. Our phytonutrient preparations contain key free radical scavengers and neutralizers, selected for their ability to minimize oxidative stress. Others contain distinctive nutrients known for their ability to bind to heavy metals and other toxins. Genestra Brands phytonutrient formulas support liver and kidney detoxification.‡

Genestra Brands Phyto Greens formula contains a combination of natural juices, standardized extracts and herbs. This unique caffeine-free formula, rich in vitamins, macro and micro-minerals, digestive enzymes, protein, bioflavonoids and antioxidants, is designed to maintain optimal health.‡

Genestra Brands standardized and phytonutrient formulas have been designed with an intimate understanding of phytotherapeutics and the reactions between plants and plant constituents. We only select distinctive herbs that offer specific support benefits for the body's systems and structures.‡

Botanicals

Genestra Brands botanical tinctures are prepared with 100% certified organic or wildcrafted fresh herbs, unless specified. Our manufacturing process distinguishes us from other companies in the field by using only fresh herbs, which are more bioactive, more stable and less oxidized than dried herbs.

Our herbs are processed within a few hours of being harvested to ensure the retention of all the essential constituents. In order to preserve the bioactivity, purity and alkaloids of the herbs, we do not over process or multi-filter our tinctures. Furthermore, when processing our tinctures, we only use 15% to 20% pure grain alcohol in a delicate three-month extraction process.

Genestra Brands wildcrafted herbs are grown in their native geographical region noted for its pristine purity, and are harvested at their most bioactive period when alkaloid content is highest. When harvesting wildcrafted herbs, only a small portion of the plant is collected, leaving the ecological system undisturbed. All of our organic herbs are 100% certified by the most prestigious world-wide organic crop certification boards.

Our botanical combinations have been formulated by master herbalists who have an intimate understanding of phytotherapeutics and the reactions between plants and plant constituents. Our unique formulations incorporate the principles of phytotherapy and traditional Chinese medicine for effective biochemical action and for the support of the body's systems and structures. At Seroyal, we always maintain the natural state of our herbs as much as possible. Our botanicals are never over processed or multi-filtered, resulting in the most flavorful, aromatic and effective tinctures.‡

We care about the quality, efficacy and effectiveness of our tinctures, which is why Genestra Brands botanical tinctures are as close to their natural state as possible.

Liv Complex

Artichoke, dandelion, milk thistle, bupleurum and fringetree

- Helps support liver function, increase bile flow, and promote digestive comfort[‡]
- Ideal for vegans
- Convenient vegetarian capsule format

Traditionally used to support liver health and function. The liver plays several key roles: removing and excreting body wastes; synthesizing plasma proteins, including those necessary for blood clotting; and the production of bile to aid in fat digestion and absorption.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------|--------|------|
| Artichoke (<i>Cynara scolymus</i>) Leaf Extract (4:1) 700 mg Dried Equivalent | 175 mg | * |
| Milk Thistle (<i>Silybum marianum</i>) Fruit Std. Extract (80% Silymarin) | 125 mg | * |
| Dandelion (<i>Taraxacum officinale</i>) Root Extract (4:1) 400 mg Dried Equivalent | 100 mg | * |
| Bupleurum (<i>Bupleurum chinense</i>) Root Extract (4.5:1) 240 mg Dried Equivalent | 60 mg | * |
| Fringe Tree (<i>Chionanthus virginicus</i>) Bark Extract (5:1) 120 mg Dried Equivalent | 30 mg | * |
| Rosemary (<i>Rosmarinus officinalis</i>) Leaf Extract (7.5:1) 75 mg Dried Equivalent | 10 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica

Recommended Dose

Take one capsule two times daily or as recommended by your health professional.

Size
90 Vegetarian Capsules

Product Code
07567



To order, call **1.888.737.6925**
For more information, visit **Seroyal.com**

Adreno Calm[‡]

Calming combination of herbal extracts, L-theanine and phosphatidylserine[‡]

- Helps to temporarily promote relaxation[‡]
- Helps to maintain healthy cortisol levels during stressful conditions[‡]
- Provides 200 mg each of L-theanine and ashwagandha root std. extract per day
- Includes 150 mg of magnolia bark std. extract and 50 mg of phosphatidylserine per day

Adreno Calm[‡] helps to temporarily promote relaxation using a combination of L-theanine, phosphatidylserine, and herbal extracts. L-Theanine is an amino acid present almost exclusively in tea. It is quickly absorbed from the intestines into the blood, where it is transported to important organs, including the brain. By mediating the release of neurotransmitters – including dopamine, GABA and serotonin – L-theanine effectively promotes a state of relaxation. Clinical research demonstrates that supplementation with 200 mg of L-theanine significantly increases alpha waves in the brain within 30 minutes of intake, an indication of a relaxed but alert mental state. L-Theanine has been shown to promote relaxation when consumed at rest, after stressful mental tasks, and after exhaustive exercise tests. Phosphatidylserine maintains optimal health as a naturally occurring component of cell membranes, and supports normal cellular communication and membrane fluidity. Adreno Calm[‡] also includes standardized extracts from magnolia and ashwagandha, plants used in traditional Chinese and Ayurvedic medicine, respectively, that may help to maintain healthy cortisol levels during stressful conditions.[‡]

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------------------------------|--------|------|
| L-Theanine (Suntheanine [®]) | 200 mg | * |
| Ashwagandha (<i>Withania somnifera</i>) Root Extract (5-8:1) 1-1.6 g Dried Equivalent | 200 mg | * |
| Magnolia (<i>Magnolia officinalis</i>) Bark Std. Extract (5% honokiol) | 150 mg | * |
| Phosphatidylserine (from soy lecithin) | 50 mg | * |

[‡] Daily Value not established

Other ingredients: Hypromellose, cellulose, silica, ascorbyl palmitate

Contains: Soy

Suntheanine[®] is a registered trademark of Taiyo International, Inc.

Recommended Dose

Take two capsules daily or as recommended by your health professional.

Size
120 Vegetarian Capsules

Product Code
07332



[‡]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

STANDARDIZED HERBAL FORMULAS

Adreno Restore

Restorative combination of adaptogenic herbal extracts[‡]

- Includes standardized extracts from ashwagandha, rhodiola, and eleuthero root
- Helps the body respond to mental and physical stress[‡]
- Promotes energy metabolism and physical working capacity[‡]
- Maintains healthy adrenal hormone function[‡]
- Supports general mental wellness[‡]

Adreno Restore is a restorative formula containing rhodiola and eleuthero root extracts. By mediating neurotransmitter activity and nervous system responses, these adaptogenic herbs support cognitive function and mental performance, even after occasional mental and physical stress. Clinical research demonstrates that daily supplementation with 100-200 mg of rhodiola extract significantly supports mental and physical wellbeing during stress, promotes coordination in athletes, regulates fatigue in stressful situations, and provides antioxidant protection. Daily supplementation with eleuthero root has been shown to help the body adjust to mental, physical and metabolic stress, and support physical working capacity. Adreno Restore also includes a standardized extract from ashwagandha, a plant used in traditional Ayurvedic medicine.[‡]

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------------|---------|---------|
| Vitamin C (as magnesium ascorbate) | 375 mg | 417% |
| Vitamin B ₆ (as pyridoxal 5-phosphate) | 24 mg | 1,412% |
| Vitamin B ₁₂ (as methylcobalamin) | 400 mcg | 16,667% |
| Pantothenic Acid (as calcium d-pantothenate) | 100 mg | 2,000% |
| Magnesium (as magnesium glycinate/ascorbate) | 105 mg | 25% |
| Zinc (as zinc citrate) | 6 mg | 55% |
| Ashwagandha (<i>Withania somnifera</i>) Root Extract (5-8:1) 1,000-1,600 mg Dried Equivalent | 200 mg | * |
| Rhodiola (<i>Rhodiola rosea</i>) Root Std. Extract (3% Rosavins, 1% Salidroside) | 200 mg | * |
| Eleuthero (<i>Eleutherococcus senticosus</i>) Root Extract (15:1) 3,000 mg Dried Equivalent | 200 mg | * |

* Daily value (DV) not established

Other ingredients: Hypromellose, ascorbyl palmitate, cellulose, silica

Recommended Dose

Take three capsules daily with a meal, a few hours before or after taking medications or other supplements, or as recommended by your health professional.
Not to be taken immediately before bedtime.

Size

90 Vegetarian Capsules

Product Code

07333



Bilberry **IMPROVED**

Natural source of anthocyanosides

- Promotes healthy vision[‡]
- Supports antioxidant defense[‡]
- Convenient capsule format
- Improved
 - Increased amount of bilberry per capsule – now provides 480 mg of bilberry fruit extract per day

Bilberry is one of the richest naturally occurring sources of anthocyanosides, which are derivatives of anthocyanins. Anthocyanosides are the primary bioactive compounds in bilberries and are responsible for their characteristic bluish-black color. Research has found that bilberries contain higher anthocyanoside levels than other berries, such as strawberries, cranberries and raspberries. *In vitro* research has demonstrated that bilberry is able to decrease oxidative damage in cells, including light-induced oxidative damage in retinal photoreceptors. Bilberry also helps to support healthy vision, which may result from its ability to promote healthy levels of rhodopsin - a retinal pigment involved in vision and the adaptation to low-light spaces. In a randomized, double-blind, placebo-controlled trial, supplementation with anthocyanosides for four weeks significantly supported healthy vision, including the mediation of visual fatigue and the promotion of night vision.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------------------------------------|--------|------|
| Bilberry (<i>Vaccinium myrtillus</i>) Fruit Std. Extract (80-100:1) (25% Anthocyanosides/12.8-16 g Dried Equivalent) | 160 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, ascorbyl palmitate

Recommended Dose

Take one capsule three times daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

07499A



Boswellia

Standardized anthocyanoside formula

- Supports joint mobility and function[†]
- ApresFlex[®] Boswellia is a clinically researched standardized extract containing 20% 3-Acetyl-11-keto- β -boswellic acid (AKBA)
- Convenient once-daily capsule format

Boswellia serrata, one of the most important herbs in Ayurvedic Medicine, supports joint and connective tissue health. It contains AKBA, a boswellic acid that helps maintain joint cartilage integrity. ApresFlex[®] is a unique, scientifically researched boswellia extract that provides highly bioavailable AKBA. Clinical trials have demonstrated that this extract supports joint comfort and flexibility, and may be more efficacious than a boswellia extract standardized to 30% AKBA. Preclinical research suggests that this extract supports joint health by maintaining healthy activity of the 5-lipoxygenase (5-LOX) and matrix metalloproteinase (MMP) enzymes, which have an impact on leukotriene activity and connective tissue integrity. ApresFlex[®] may also support healthy joint and connective tissue composition by promoting glycosaminoglycan production and healthy cytokine responses.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|------|
| ApresFlex [®] Boswellia (<i>Boswellia serrata</i>) Gum Oleoresin Std. Extract (16:1) (20% 3-Acetyl-11-keto- β -boswellic acid/ 1.6 g Dried Equivalent) | 100 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, silica
ApresFlex[®] is a registered trademark of Laila Nutraceuticals.
U.S. Patent # 8,551,496 and other patents pending.

Recommended Dose

Take one capsule daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

07644



Cardio Care[‡]

Nutrient and herbal combination for cardiovascular health[‡]

- Helps to support cardiovascular health and muscle function[†]
- Helps to promote healthy lipid and energy metabolism[†]
- Provides antioxidant support[†]
- Includes standardized extracts of garlic, hawthorn, cranberry and grape
- Also contains coenzyme Q₁₀ and magnesium

Cardio Care[‡] supports cardiovascular health using a unique combination of coenzyme Q₁₀, magnesium and standardized herbal extracts. Coenzyme Q₁₀ is required for electron transfer in the mitochondrial respiratory chain, which produces energy necessary for cellular functions and muscle contractions. As a result, its highest levels are found in the most metabolically active tissues, including the heart. Coenzyme Q₁₀ supplementation has been shown to promote cardiovascular health in adults, including healthy blood flow and myocardial function. It also maintains antioxidant defense, promotes the integrity of vitamin E, and may support healthy lipid metabolism. Cardio Care[‡] also includes garlic to promote healthy lipid metabolism plus magnesium to support muscle function. Cranberry, grape seed and hawthorn provide polyphenols and flavonoids to further promote good health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------------------------------------------------------------------|--------|------|
| Vitamin C (as ascorbyl palmitate) | 7 mg | 12% |
| Magnesium (as magnesium citrate) | 50 mg | 13% |
| Cardiophenol™ Proprietary Blend | 115 mg | * |
| Grape (<i>Vitis vinifera</i>) Seed Extract | | |
| Organic Cranberry (<i>Vaccinium macrocarpon</i>) Fruit Extract | | |
| Garlic (<i>Allium sativum</i>) Bulb Std. Extract (1% Allicin) | 100 mg | * |
| Hawthorn (<i>Crataegus monogyna/laevigata</i>) Flower and Leaf Std. Extract (3-6:1) (165-330 mg Dried Equivalent/1.5% Flavonoids) | 55 mg | * |
| Coenzyme Q ₁₀ (from yeast fermentation) | 40 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica

Recommended Dose

Take one to two capsules daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10363



STANDARDIZED HERBAL FORMULAS

Cognitive Care[‡]

Combination of adaptogenic herbal and fruit extracts

- Helps the body respond to occasional mental and physical stress[‡]
- Promotes energy metabolism, physical working capacity and general mental wellness[‡]
- Includes standardized extracts from ashwagandha, rhodiola and eleuthero root
- Provides antioxidants from Neurophenol[®] grape and organic blueberry fruit blend

Cognitive Care[‡] is a unique combination of standardized rhodiola, eleuthero and ashwagandha extracts, plus Neurophenol[®] – an organic blueberry and grape seed extract. By mediating neurotransmitter activity and nervous system responses, these adaptogenic herbs support cognitive function and mental performance after occasional mental and physical stress. Clinical research demonstrates that daily supplementation with 100-200 mg of rhodiola extract significantly supports mental and physical well-being during periods of stress, regulates fatigue in stressful situations, and provides antioxidant protection. Daily supplementation with eleuthero root has been shown to help the body adjust to mental, physical and metabolic stress, as well as support physical working capacity. Neurophenol[®] is a standardized blend of flavonoids and other polyphenols from Canadian wild blueberries and French grapes. Dietary consumption of polyphenols from these fruits has been associated with neurocognitive health. Neurophenol[®] is the subject of an ongoing research program, which has demonstrated neurological benefits in preclinical studies.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|------|
| Rhodiola (<i>Rhodiola rosea</i>) Root Std. Extract (3% Rosavins, 1% Salidroside) | 144 mg | * |
| Ashwagandha (<i>Withania somnifera</i>) Root Std. Extract (5-8:1) (675-1,080 mg Dried Equivalent/7% Withanolides) | 135 mg | * |
| Eleuthero (<i>Eleutherococcus senticosus</i>) Root Std. Extract (15:1) (1,500 mg Dried Equivalent/0.8% Eleutherosides) | 100 mg | * |
| Neurophenol [®] Proprietary Blend Grape (<i>Vitis vinifera</i>) Fruit Extract Organic Blueberry (<i>Vaccinium angustifolium</i>) Fruit Extract | 91 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica, ascorbyl palmitate

Recommended Dose

Take one capsule one to two times daily or as recommended by your health professional. Not to be taken immediately before bedtime.

Size
60 Vegetarian Capsules

Product Code
07359



Curcumin Complex

CRYO-dri enhanced curcumin with black pepper for improved absorption

- CRYO-dri extraction maintains the biological activity of curcumin
- Black pepper promotes curcumin bioavailability
- Promotes joint comfort and function[‡]
- Supports antioxidant defenses[‡]
- Provides 1,200 mg of curcumin and 75 mg of black pepper per day

Curcumin Complex offers CRYO-dri enhanced curcumin, along with black pepper to promote curcumin absorption. Curcumin is the primary bioactive ingredient in turmeric and has been used for more than 4,000 years in traditional Asian and African medicine. It is used to support joint comfort and function, which may result from its ability to decrease the activity of cyclooxygenase-2 (COX-2), lipoxygenase (LOX) and inducible nitric oxide synthase (iNOS), three key enzymes that control regulatory processes in the body. Curcumin also acts by mediating the expression of cytokines, including IL-1β, IL-6 and TNF-α. Clinical trials have demonstrated that curcumin supplementation promotes joint comfort, structure and function, including the ability to perform daily tasks. By effectively scavenging free radicals, curcumin is also involved in maintaining good health. Curcumin Complex is formulated using a unique CRYO-dri process, which extracts water by drying without heat to maintain curcumin biological activity, structure and purity. As curcumin may be rapidly metabolized in the body, Curcumin Complex contains black pepper to increase curcumin bioavailability.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------|--------|------|
| Curcumin (from <i>Curcuma longa</i> rhizome) | 400 mg | * |
| Black pepper (<i>Piper nigrum</i>) seed | 25 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica, magnesium stearate

Recommended Dose

Take one capsule one to three times daily or as recommended by your health professional.

Size
60 Vegetarian Capsules

Product Code
07496



D.I.M.

Diindolylmethane (DIM) formulation

- Helps to promote breast comfort[†]
- Provides 75 mg of 3,3'-diindolylmethane
- Isolated from the cruciferous Vegetarian broccoli
- Convenient capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------------------------|--------|------|
| BioResponse DIM® (complex of starch, diindolylmethane, vitamin E, sunflower phosphatidylcholine and silica) | 100 mg | * |
| Yielding Diindolylmethane | 25 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, ascorbyl palmitate
BioResponse DIM® is a proprietary, enhanced bioavailability complex containing Diindolylmethane licensed from BioResponse, L.L.C., Boulder, Colorado.

Recommended Dose

Take one capsule one to three times daily or as recommended by your health professional.

Size
60 Vegetarian Capsules

Product Code
10474



Milk Thistle Plus

Milk thistle standardized extract combined with the whole seed

- Helps to support liver function[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------|--------|------|
| Milk Thistle (<i>Silybum marianum</i>) Seed Std. Extract (80% Silymarin) | 125 mg | * |
| Milk Thistle (<i>Silybum marianum</i>) Seed | 275 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose

Recommended Dose

Take one capsule two times daily or as recommended by your health professional. Use for a minimum of three weeks to see beneficial effects.

Size
60 Vegetarian Capsules

Product Code
07475



To order, call **1.888.737.6925**
For more information, visit **Seroyal.com**

NEW Neurogen Cognition

Research-driven support for cognitive health[†]

- Combines LONGVIDA® Optimized Curcumin with BACOGNIZE® Bacopa and standardized ginger extracts
- Supports brain function and working memory, while maintaining memory performance in older adults[†]
- Helps support energy levels, calmness and contentedness during occasional mental stress in a healthy aging population[†]

Neurogen Cognition was specifically developed to support cognitive health and brain function. It offers LONGVIDA® Optimized Curcumin, which has been demonstrated in clinical research to support cognitive function and working memory; energy levels, calmness and contentedness during occasional mental stress in a healthy aging population; and memory performance in older adults. LONGVIDA® provides curcumin in a solid lipid formulation, which helps to increase its bioavailability. This formula also offers BACOGNIZE® Bacopa, a standardized extract of the plant *Bacopa monnieri*, which has been traditionally used to support memory. BACOGNIZE® Bacopa has been clinically shown to support cognitive health and brain function, increasing performance in a test measuring attention, freedom from distractibility, and working memory. Additionally, Neurogen Cognition provides a standardized extract of ginger, which has been shown to support cognitive health and memory in preclinical research.[‡]

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------------------|--------|------|
| LONGVIDA® Optimized Curcumin | 400 mg | * |
| Providing Curcumin (from <i>Curcuma longa</i> rhizome) | 80 mg | * |
| BACOGNIZE® Bacopa (<i>Bacopa monnieri</i>) Aerial Parts Std. Extract (12% Bacosides) | 300 mg | * |
| Ginger (<i>Zingiber officinale</i>) Rhizome Std. Extract (14.6:1) (5% Gingerols) | 100 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica, soy lecithin, stearic acid, maltodextrin, ascorbyl palmitate

Contains: Soy

Longvida® is a trademark of Verdure Sciences, Inc.

Patents: www.vs-corp.com/ip.html

BACOGNIZE® is a registered trademark of Verdure Sciences Inc.

Recommended Dose

Take 2 capsules daily or as recommended by your health professional.

Size
60 Vegetarian Capsules

Product Code
07643



[†]These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

STANDARDIZED HERBAL FORMULAS

NEW PhosCholine Complex

Research-driven support for cognitive health[‡]

- Enteric-coated to promote targeted release in the intestines
- Supports GI comfort and colon health[‡]
- Convenient capsule format

PhosCholine Complex is a unique combination of phosphatidylcholine, curcumin and ApresFlex® Boswellia serrata extract. Phosphatidylcholine is an important phospholipid present in cell membranes throughout the body. Specifically, it is the primary phospholipid in mucus and is particularly critical to the function of colonic mucus. Phosphatidylcholine may help establish the hydrophobic barrier of the mucosa, while regulating signalling pathways in the mucosa involving TNF- α and NF κ B. Turmeric has a long history of traditional use and contains curcumin, the primary bioactive compound responsible for a variety of beneficial health effects. Preclinical research suggests that curcumin may provide further support to the colon by scavenging reactive oxygen species, mediating the infiltration of neutrophils and regulating NF κ B activation. PhosCholine Complex also contains the clinically studied ApresFlex® Boswellia serrata extract. Although boswellia has been traditionally used to support a range of body systems, recent research has focused on its effects on the colon. Emerging evidence suggests that boswellia can regulate leukotriene metabolism, which may in turn promote colonic mucosal health. Additionally, this formula is enteric-coated to promote targeted release in the intestines.[‡]

SUPPLEMENT FACTS

Serving Size 2 Tablets
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------------------------------------------|--------|------|
| Phosphatidylcholine (from soy bean) | 375 mg | * |
| Curcumin (from tumeric rhizome) | 100 mg | * |
| ApresFlex® Boswellia (<i>Boswellia serrata</i>) Gum Oleoresin Extract (20% 3-Acetyl-11-keto-beta-boswellic acid) | 50 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, croscarmellose sodium, silica, delayed-release tablet coating (ethylcellulose, ammonium hydroxide, medium-chain triglycerides, oleic acid, sodium alginate, stearic acid), ascorbyl palmitate

Contains: Soy

ApresFlex® is a registered trademark of Laila Nutraceuticals. US Patent #8,551,496 and others pending

Recommended Dose

Take two tablets two times daily or as recommended by your health professional.

Size

60 Delayed-Release Tablets

Product Code

10355



Red-gen

Red algae formulation

- Red algae extract comprised of minerals which most closely mirror the naturally-occurring mineral matrix found within the human body

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

AMOUNT PER SERVING

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------|--------|------|
| Calcium \checkmark | 135 mg | 10% |
| Red Algae (<i>Lithothamnion corallioides</i>) Whole Organism | 600 mg | * |

* Daily Value (DV) not established
 \checkmark Naturally occurring

Other ingredients: Hypromellose, silica, magnesium stearate, cellulose

Recommended Dose

Take one capsule two times daily, or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

07463



Rhodiola 150

Adaptogenic herbal support[‡]

- Helps the body respond to occasional mental and physical stress[‡]
- Promotes energy metabolism and physical working capacity[‡]
- Provides antioxidant support[‡]
- Provides 300 mg of rhodiola root extract per day

Rhodiola 150 provides rhodiola, an adaptogenic herb used in traditional medicine. Rhodiola provides support for occasional mental and physical stress by supporting mediators of stress responses, including the hormone cortisol. By promoting neurotransmitter activity, rhodiola also supports cognitive function, including mental focus and stamina. Recent clinical trials have demonstrated that daily supplementation with 100-200 mg of rhodiola extract significantly supports mental and physical wellbeing during stress, promotes coordination in athletes, regulates fatigue in stressful situations, and provides antioxidant protection.[‡]

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------|--------|------|
| Rhodiola (<i>Rhodiola rosea</i>) Root Std. Extract (3% Rosavins, 1% Salidroside) | 300 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose

Recommended Dose

Take two capsules daily or as recommended by your health professional. Not to be taken immediately before bedtime.

Size

60 Vegetarian Capsules

Product Code

07641



Saw Palmetto Plus

Standardized extract of saw palmetto berry

- Traditionally used to support urinary function[‡]

Ideal for vegans

- Convenient vegetarian capsule

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------|--------|------|
| Saw Palmetto (<i>Serenoa repens</i>) Berry Std. Extract (45% Total Fatty Acids) | 100 mg | * |
| Saw Palmetto (<i>Serenoa repens</i>) Berry | 300 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose

Recommended Dose

Take one capsule two times daily with meals or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

07480



STANDARDIZED HERBAL FORMULAS

Silymarin

Standardized milk thistle fruit extract

- Offers traditional support for healthy liver function and intestinal comfort[‡]
- Provides 500 mg of milk thistle per day

Milk thistle has been traditionally used for more than 2,000 years. It contains a combination of polyphenolic molecules known collectively as silymarin, of which the most prevalent and biologically active is silybin. Milk thistle provides traditional support for liver function and intestinal comfort. Research suggests that bioactives in milk thistle may act through a variety of mechanisms, such as regulating free radical damage, cytokine production and hepatic tissue structure. Silymarin has demonstrated the ability to directly scavenge free radicals, decrease lipid peroxidation and protect glutathione from depletion. By reducing reactive oxygen species in the mitochondria, silymarin promotes mitochondrial function, which may in turn help to maintain metabolic processes in the liver. It has also been shown to support liver function by promoting healthy hepatic lipid metabolism. Silymarin maintains liver health and structure by regulating NFκB activity to mediate cytokine production, while controlling protein synthesis in hepatocytes. By stimulating the production of bile, a digestive juice produced by the liver that is critical to fat absorption, silymarin also helps to support digestive health.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------------|--------|------|
| Milk Thistle (<i>Silybum marianum</i>) Fruit Std. Extract (80% Silymarin) | 250 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, silica

Recommended Dose

Take one capsule two times daily with meals or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

07476



St. Johnswort Plus

Standardized St. John's wort extract

- Supports mental and emotional health[‡]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------------|--------|------|
| St. John's Wort (<i>Hypericum perforatum</i>) Aerial Parts Std. Extract (0.3% Hypericin) | 250 mg | * |
| St. John's Wort (<i>Hypericum perforatum</i>) Aerial Parts | 150 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose

Recommended Dose

Take one capsule three times daily away from meals or as recommended by your health professional. May be used for up to six weeks.

Size

60 Vegetarian Capsules

Product Code

07460



Chlorgen

Chlorella formulation

- Provides support for healthy glucose metabolism[†]
- Helps the body to metabolize carbohydrates and fats[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90 or 180

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------|--------|------|
| Chromium | 5 mcg | 14% |
| (as chromium citrate/ <i>Chlorella vulgaris</i> broken cell) | | |
| Chlorella (<i>Chlorella vulgaris</i>) Broken Cell | 500 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, magnesium stearate, cellulose

Recommended Dose

Take one capsule two times daily with meals or as recommended by your health professional.

Size

90 Vegetarian Capsules
180 Vegetarian Capsules

Product Code

0759890
07598



Cilantro

An excellent source of cilantro

- Traditionally used in Herbal Medicine to promote intestinal comfort[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------|--------|------|
| Cilantro (<i>Coriandrum sativum</i>) Leaf | 315 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, magnesium stearate

Recommended Dose

Take one capsule daily or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

07599



Collinsonia Formula

Complementary multi-herbal combination

- Helps to promote intestinal function[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------|--------|------|
| Stoneroot (<i>Collinsonia canadensis</i>) Root | 200 mg | * |
| Organic Milk Thistle (<i>Silybum marianum</i>) Seed | 200 mg | * |
| Organic Calendula (<i>Calendula officinalis</i>) Flower | 200 mg | * |
| Organic Marshmallow (<i>Althaea officinalis</i>) Root | 200 mg | * |
| Organic Dandelion (<i>Taraxacum officinale</i>) Root | 150 mg | * |
| Organic Witch Hazel (<i>Hamamelis virginiana</i>) Leaf | 80 mg | * |
| Organic Parsley (<i>Petroselinum crispum</i>) Leaf | 80 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose

Recommended Dose

Take two capsules two times daily with meals, a few hours before or after taking medications, minerals or B-vitamin supplements, or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

07522



HERBAL FORMULAS

Cor Defense

Formula comprised of:

- Epicor®, dried yeast fermente of *Saccharomyces cerevisiae*
- European elderberry flower extract
- Vitamin C and D
- Zinc

Boosts antioxidant and immune function†

- Provides antioxidant support†
- Helps to maintain healthy skin and immune function†

Convenient capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule
Serving per Container 30

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------------------|------------------|------|
| Vitamin C (as ascorbic acid) | 25 mg | 28% |
| Vitamin D (as cholecalciferol) | 1.25 mcg (50 IU) | 6% |
| Zinc (as zinc monomethionine) | 1 mg | 9% |
| Brewers Yeast (<i>Saccharomyces cerevisiae</i>) (EpiCor®) | 500 mg | * |
| European Elderberry (<i>Sambucus nigra</i>) Flower Extract (4:1) 300 mg Dried Equivalent | 75 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, magnesium stearate, silica
EpiCor® is a registered trademark of Embria Health Sciences, L.L.C.

Recommended Dose

Take one capsule daily with food, a few hours before or after taking medications, or as recommended by your health professional.

Size

30 Vegetarian Capsules

Product Code

04275



Cranberry Plus

Cranberry in combination with vitamin C

- Promotes healthy urinary function†

Convenient vegetarian capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule
Serving per Container 90

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------------|--------|------|
| Vitamin C (as ascorbic acid) | 10 mg | 11% |
| Cranberry (<i>Vaccinium macrocarpon</i>) Fruit Extract (36:1) 21.6 g Dried Equivalent | 600 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, calcium silicate, silica

Recommended Dose

Take one capsule daily or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

10560



Dioscorea Capsules

Wild yam root

- Traditionally used to help support typical menstrual symptoms and to promote digestive comfort†

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Serving per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------|--------|------|
| Wild Yam (<i>Dioscorea villosa</i>) Root | 500 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

07541



NEW English Ivy
Natural Raspberry Flavor

Herbal combination supporting upper respiratory immune health[‡]

- Includes a soothing blend of English ivy, marshmallow and European elder extracts
- Supports upper respiratory health and function[‡]
- Promotes oropharyngeal mucosal health and comfort[‡]
- Delicious natural raspberry flavor
- Convenient liquid formula suitable for the entire family

English Ivy Syrup is a great-tasting combination of herbs traditionally used to support upper respiratory and immune health. It provides English ivy, an important source of α -hederin, which has been shown to support surfactant secretion and bronchiole function in preclinical research. Clinical trials have also demonstrated the beneficial effects of English ivy on supporting respiratory function in both adults and children. A mucilaginous herb, marshmallow contains polysaccharides that coat the mucosal lining of the respiratory tract. Clinical research supports its traditional use as a demulcent, promoting oropharyngeal mucosal health and providing soothing comfort to the airway. English Ivy Syrup also includes European elder, an herb well-recognized for its high anthocyanin content. European elder is traditionally used to help maintain a healthy immune system, providing specific support to the upper respiratory tract. Available in a delicious natural raspberry flavor, English Ivy Syrup is a convenient way of supporting upper respiratory function and mucosal comfort in both adults and children.[‡]

SUPPLEMENT FACTS

Serving Size 1 Teaspoon (5 mL)
Servings per Container 24

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------|--------|-----------------|
| Calories | 10 | |
| Total Carbohydrate | 2 g | 1% [^] |
| Marshmallow (<i>Althaea officinalis</i>) Root Extract (4:1) | 125 mg | * |
| English Ivy (<i>Hedera helix</i>) Leaf Extract (4-7:1) | 40 mg | * |
| European Elder (<i>Sambucus nigra</i> subsp. <i>nigra</i>) Fruit Extract (16:1) | 25 mg | * |

* Daily Value (DV) not established

[^] Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Purified water, glycerin, xylitol, natural flavors, citric acid, xanthan gum, potassium sorbate

Recommended Dose

Take one teaspoon three times daily or as recommended by your health professional. Take a few hours before or after taking medications or other supplements.

Size
4 fl oz (120 mL)

Product Code
07642



Fenugreek

Support for healthy glucose and lipid metabolism[‡]

- Promotes healthy glycemic responses[‡]
- Supports healthy lipid metabolism[‡]
- May help promote milk production in nursing mothers[‡]
- Provides 2,000 mg of fenugreek seed extract per day (5-8:1; 10-16 g dried equivalent)

Fenugreek seeds have been used in traditional medicine for over 2,500 years. They can support already healthy glycemic responses by stimulating insulin signaling pathways and optimizing normal glucose uptake in peripheral tissues. Animal research has found that the soluble fiber fraction of fenugreek can also delay carbohydrate digestion and glucose absorption. Fenugreek seeds may also support healthy lipid metabolism by promoting the excretion of bile acids and neutral sterols. Fenugreek is also traditionally used to support lactation.[‡]

SUPPLEMENT FACTS

Serving Size 4 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------------|----------|------|
| Fenugreek (<i>Trigonella foenum-graecum</i>) Seed Extract (5-8:1) 10-16 g Dried Equivalent | 2,000 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica

Recommended Dose

Take four capsules daily or as recommended by your health professional.

Size
120 Vegetarian Capsules

Product Code
07358



HERBAL FORMULAS

Ginkgo Capsules

IMPROVED

Support for the nervous and cardiovascular systems[‡]

- Supports mental acuity[‡]
- Provides support for healthy blood circulation[‡]
- Standardized to contain 24% flavone glycosides and 6% terpene lactones
- Convenient once-daily vegetarian capsule format
- Improved
 - Formula revision – now provides 160 mg of ginkgo leaf std. extract (28-50:1) per dose

Ginkgo Capsules provide a standardized extract of ginkgo leaf to support the nervous and cardiovascular systems. Research has demonstrated that daily supplementation with 120 mg of *ginkgo biloba* (standardized to 24% flavone glycosides and 6% terpene lactones) for 30 days significantly supports memory processes (including both working memory and memory consolidation) in healthy adults aged 18-40. Randomized controlled trials have also found that ginkgo intake can help increase performance on cognitive tasks in older adults. Ginkgo provides support for healthy blood circulation and may further promote cerebrovascular health by increasing blood flow in the brain. Preclinical research suggests that ginkgo may provide these benefits by regulating oxidative stress in brain tissue, supporting neuronal health, controlling calcium homeostasis in endothelial cells, and mediating blood viscosity and platelet function.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | % DV |
|--------------------------------------------------------------------------------------------------------------|----------|
| Ginkgo (<i>Ginkgo biloba</i>) Leaf Std. Extract (28-50:1) (24% flavone glycosides, 6% terpene lactones) | 160 mg * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose

Recommended Dose

Take one capsule daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

07455



Herbal Bulk

Soluble and insoluble fiber combination

- Psyllium hull, oat bran, rice bran, apple pectin and guar gum

Effective

- Supports gastrointestinal health by promoting bowel movement by increasing bulk volume and water content[‡]

Ideal for vegans

- Convenient powder format

SUPPLEMENT FACTS

Serving Size 2 Teaspoons (12 g)
Servings per Container about 37

| AMOUNT PER SERVING | % DV |
|--------------------------------------------------------|-----------|
| Calories | 5 |
| Total Carbohydrate | 10 g 4% ^ |
| Dietary Fiber | 9 g 32% ^ |
| Total Sugars | 1 g * |
| Includes 1 g Added Sugar | 2% ^ |
| Psyllium (<i>Plantago ovata</i>) Hull | 3.6 g * |
| Oat (<i>Avena sativa</i>) Bran | 3.0 g * |
| Rice (<i>Oryza sativa</i>) Bran | 2.4 g * |
| Apple Pectin (from <i>Malus pumila</i> fruit) | 600 mg * |
| Guar Gum (from <i>Cyamopsis tetragonoloba</i> seed) | 600 mg * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Fructose, magnesium trisilicate

Recommended Dose

Take two teaspoons two times daily or as recommended by your health professional. Mix with eight ounces (250 mL) of water or juice. Follow immediately with another eight ounces (250 mL) of water.

Size

Net Weight 16 oz (454 g)

Product Code

10410



Herbal Calm[‡] IMPROVED

Herbal support for sleep, digestion and menstrual comfort[‡]

- Lemon balm and passionflower are traditionally used to support sleep[‡]
- Sweet fennel and lemon balm are traditionally used to support digestive comfort[‡]
- Sweet fennel is traditionally used to help support menstrual comfort[‡]

Herbal Calm[‡] is a soothing blend of herbs traditionally used for the nervous, digestive and reproductive systems. Lemon balm and passionflower are traditionally used to support sleep, which may result from their ability to regulate GABA activity. Along with sweet fennel, lemon balm is also traditionally used to help support digestive comfort. Sweet fennel has other traditional uses, including helping to support menstrual comfort and respiratory health. Herbal Calm[‡] also contains valerian, another plant with a long history of traditional use.[‡]

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings per Container 20

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------------------------------------------------------------------------------|--------|------|
| Sweet Fennel (<i>Foeniculum vulgare</i> subsp. <i>vulgare</i> var. <i>dulce</i>) Seed Extract (4:1) 1,200 mg Dried Equivalent | 300 mg | * |
| Lemon Balm (<i>Melissa officinalis</i>) Herb Top Extract (4:1) 600 mg Dried Equivalent | 150 mg | * |
| Passionflower (<i>Passiflora incarnata</i>) Aerial Parts Extract (4-6:1) 300-450 mg Dried Equivalent | 75 mg | * |
| Valerian (<i>Valeriana officinalis</i>) Root Extract (2.7:1) 202.5 mg Dried Equivalent | 75 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, ascorbyl palmitate, silica

Recommended Dose

Take three capsules daily one hour before bedtime or as recommended by your health professional.

Size
60 Vegetarian Capsules

Product Code
07508A



Herbal GI

Complementary herbal combination

- Contains bromelain and papain, which act as digestive enzymes[‡]
- Includes peppermint, marshmallow, star anise and clove

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------|--------------------------------|------|
| Cranesbill (<i>Geranium maculatum</i>) Root Extract (4:1) 150 mg Dried Equivalent | 37.5 mg | * |
| Marshmallow (<i>Althaea officinalis</i>) Root | 150 mg | * |
| Slippery Elm (<i>Ulmus rubra</i>) Bark | 150 mg | * |
| Star Anise (<i>Illicium verum</i>) Fruit | 100 mg | * |
| Cabbage (<i>Brassica oleracea</i> var. <i>capitata</i>) Leaf | 100 mg | * |
| Clove (<i>Syzygium aromaticum</i>) Fruit | 100 mg | * |
| Peppermint (<i>Mentha piperita</i>) Leaf | 50 mg | * |
| Stem Bromelain (from Pineapple) | 50 mg/1,800,000 FCC PU/180 MCU | * |
| Papain (from Papaya fruit) | 25 mg/1,200,000 FCC PU | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, silica

Recommended Dose

Take two capsules two times daily with meals, a few hours before or after taking other medications, or as recommended by your health professional. For prolonged use, consult your healthcare practitioner.

Size
90 Vegetarian Capsules

Product Code
07542



HERBAL FORMULAS

Herbolax **IMPROVED**

Herbal support for healthy colon function[‡]

- Promotes normal bowel movement by direct action on the large intestine[†]
- Includes a blend of Senna, Chinese Rhubarb, Anise, Fenugreek and Cascara Sagrada
- Improved
 - Now offered in a convenient vegetarian capsule format

Herbolax is an herbal combination that supports healthy gastrointestinal motility. It includes senna, an herb that can support healthy bowel movement by direct action on the large intestine. Senna's bioactive compounds, members of the anthraquinone family, work by regulating water reabsorption from the colon and colonic motility. Preclinical research suggests that they decrease water reabsorption in the colon and promote electrolyte secretion into the colon to raise the fecal water content. By stimulating the myenteric plexus, an important nerve center that coordinates peristalsis in the gastrointestinal tract, these compounds also increase intestinal motility. Collectively, these actions help produce soft stools and reduce transit time to support healthy bowel movements. In addition to providing senna, Herbolax offers other anthraquinone-containing herbs, including rhubarb and cascara, along with a blend of anise and fenugreek. Anise contains the bioactive compound anethole, while fenugreek seeds are known for their high content of mucilaginous fiber.[‡]

SUPPLEMENT FACTS

Serving Size 4 Capsules
Servings per Container about 22

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------|----------|------|
| Senna (<i>Senna alexandrina</i>) Leaf | 1,120 mg | * |
| Chinese Rhubarb (<i>Rheum palmatum</i>) Root | 260 mg | * |
| Anise (<i>Pimpinella anisum</i>) Seed | 220 mg | * |
| Fenugreek (<i>Trigonella foenum-graecum</i>) Seed | 220 mg | * |
| Cascara Sagrada (<i>Frangula purshiana</i>) Bark Extract (2-4:1) | 90 mg | * |
| 180-360 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, silica, hypromellose, magnesium stearate

Recommended Dose

Take four capsules daily before bedtime, a few hours before or after taking medications or other supplements, or as recommended by your health professional. Take two to three times per week.

Size

90 Vegetarian Capsules

Product Code

07502A



Herbotox Capsules

Synergistic multibotanical preparation

- Dandelion, parsley and uva-ursi are traditionally used to support urinary function[†]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------|--------|------|
| Parsley (<i>Petroselinum crispum</i>) Aerial Parts | 190 mg | * |
| Beet (<i>Beta vulgaris</i>) Root | 150 mg | * |
| Cascara Sagrada (<i>Frangula purshiana</i>) Bark | 115 mg | * |
| Dandelion (<i>Taraxacum officinale</i>) Root | 115 mg | * |
| Uva-ursi (<i>Arctostaphylos uva-ursi</i>) Leaf | 110 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, magnesium stearate

Recommended Dose

Take one capsule daily at bedtime, away from food, or as recommended by your health professional. Take a few hours before or after taking medications or health products. For occasional use only, do not use for more than seven days.

Size

90 Vegetarian Capsules

Product Code

07513



Herbotox Tablets

Multi-botanical preparation

- Cascara Sagrada is traditionally used for proper gastrointestinal support[†]
- Dandelion, parsley and uva-ursi are traditionally used to support urinary function[†]

Ideal for vegans

- Convenient tablet format

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 90

| EACH TABLET CONTAINS | | % DV |
|------------------------------------------------------|--------|------|
| Parsley (<i>Petroselinum crispum</i>) Aerial Parts | 250 mg | * |
| Beet (<i>Beta vulgaris</i>) Root | 200 mg | * |
| Cascara Sagrada (<i>Frangula purshiana</i>) Bark | 150 mg | * |
| Dandelion (<i>Taraxacum officinale</i>) Root | 150 mg | * |
| Uva-ursi (<i>Arctostaphylos uva-ursi</i>) Leaf | 150 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, silica, magnesium stearate, croscarmellose sodium, hypromellose, glycerin

Recommended Dose

Take one tablet daily at bedtime, away from food, or as recommended by your health professional. Take a few hours before or after taking other medications or other supplements. For occasional use only; do not use for more than seven days.

Size

90 Tablets

Product Code

07506



Kidney Complex

Herbal formula to support kidney, prostate and urinary tract health[†]

- Helps maintain healthy microbial balance in the urinary tract[†]
- Promotes prostate health and urinary tract function[†]
- Supports cellular health by providing protection against free radicals[†]
- Combines seven herbal extracts: Cranberry, Uva-Ursi, European Barberry, Corn, Three-leaf Caper, Saw Palmetto and Stinging Nettle

Kidney Complex was specifically formulated with herbs that help support the urinary system and prostate. It offers uva-ursi, which is used to support normal urinary tract function. Cranberry has also been used to help maintain urinary tract health for hundreds of years. Cranberry helps to maintain healthy microbial balance in the urinary tract and has been shown in clinical research to support measures of urinary tract function, such as urine flow rate, average flow, total volume and postvoid residual urine volume. Saw palmetto and stinging nettle further support prostate and urinary tract health, and have also been found to support urinary comfort and function in clinical trials. In addition, Kidney Complex contains three-leaf caper and barberry for their traditional use in supporting kidney health. These important herbs may help the body's normal regulation of calcium oxalate crystallization. Similarly, corn has a long history of use in traditional medicine to support the kidneys and bladder. Along with other herbs in this formula, such as cranberry, stinging nettle, barberry and caper, corn supports cellular health by providing protection against free radicals.[†]

SUPPLEMENT FACTS

Serving Size 4 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------------|--------|------|
| Uva-ursi (<i>Arctostaphylos uva-ursi</i>) Leaf Extract (4:1) | 400 mg | * |
| 1,600 mg Dried Equivalent | | |
| Barberry (<i>Berberis vulgaris</i>) Root Extract (4:1) | 400 mg | * |
| 1,600 mg Dried Equivalent | | |
| Cranberry (<i>Vaccinium macrocarpon</i>) Fruit Extract (36:1) | 300 mg | * |
| 10.8 g Fresh Equivalent | | |
| Corn (<i>Zea mays</i>) Style and Stigma Extract (10:1) | 150 mg | * |
| 1,500 mg Dried Equivalent | | |
| Three-Leaf Caper (<i>Crateva magna</i>) Bark Extract (12:1) | 70 mg | * |
| 840 mg Dried Equivalent | | |
| Saw Palmetto (<i>Serenoa repens</i>) Fruit Std. Extract (45% Fatty Acids) | 50 mg | * |
| Stinging Nettle (<i>Urtica dioica</i>) Leaf Extract (3-5:1) | 30 mg | * |
| 90-150 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Hypromellose, ascorbyl palmitate, silica, cellulose

Recommended Dose

Take four capsules two times daily, a few hours before or after taking any medication or supplements, or as recommended by your health professional. Take with food to minimize gastric disturbance. Do not take with highly acidic foods or medications which may acidify urine. For occasional use only.

Size

120 Vegetarian Capsules

Product Code

07682



HERBAL FORMULAS

NEW Kids English Ivy Syrup
Natural Raspberry Flavor

Herbal combination supporting upper respiratory immune health in kids[‡]

- Includes a soothing blend of English ivy, marshmallow and elderberry extracts
- Supports upper respiratory health and function[‡]
- Promotes oropharyngeal mucosal health and comfort[‡]
- Delicious natural raspberry flavor
- Convenient liquid formula suitable for children 3 years and older

Kids English Ivy Syrup is a great-tasting combination of herbs traditionally used to support upper respiratory and immune health. It provides English ivy, an important source of α-hederin, which has been shown to support surfactant secretion and bronchiole function in preclinical research. Clinical trials have also demonstrated the beneficial effects of English ivy on supporting respiratory function in children. A mucilaginous herb, marshmallow contains polysaccharides that coat the mucosal lining of the respiratory tract. Clinical research supports its traditional use as a demulcent, promoting oropharyngeal mucosal health and providing soothing comfort to the airway. Kids English Ivy Syrup also includes elderberry, an herb well-recognized for its high anthocyanin content. Elderberry is traditionally used to help maintain a healthy immune system, providing specific support to the upper respiratory tract. Available in a delicious natural raspberry flavor, Kids English Ivy Syrup is a convenient way of supporting upper respiratory function and mucosal comfort in children.[‡]

SUPPLEMENT FACTS

Serving Size 3-5 years: ½ Teaspoon (2.5 mL); 6+ years: 1 Teaspoon (5 mL)
Servings per Container 3-5 years: 48; 6+ years: 24

| | AMOUNT PER 1 TSP. | % DV FOR CHILDREN 6+ YEARS (1 TSP.) | AMOUNT PER ½ TSP. | % DV FOR CHILDREN 3 YEARS (½ TSP.) | % DV FOR CHILDREN 4-5 YEARS (¾ TSP.) |
|-------------------------------------------------------|-------------------|-------------------------------------|-------------------|------------------------------------|--------------------------------------|
| Calories | 10 | | 5 | | |
| Total Carbohydrate | 2 g | 1% ^ | 1 g | 1% ^^ | <1% ^ |
| Marshmallow (<i>Althaea officinalis</i>) | | | | | |
| Root Extract (4:1) | 125 mg | * | 62.5 mg | * | * |
| English Ivy (<i>Hedera helix</i>) | | | | | |
| Leaf Extract (4-7:1) | 40 mg | * | 20 mg | * | * |
| European Elder (<i>Sambucus nigra subsp. nigra</i>) | | | | | |
| Fruit Extract (16:1) | 25 mg | * | 12.5 mg | * | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

^^ Percent Daily Values (DV) are based on a 1,000 calorie diet

Other ingredients: Purified water, glycerin, xylitol, natural flavors, citric acid, xanthan gum, potassium sorbate

Recommended Dose

Children (6 years and older): Take one teaspoon three times daily or as recommended by your health professional. Children (3-5 years): Take ½ teaspoon three times daily or as recommended by your health professional. Take a few hours before or after taking medications or other supplements.

Size

4 fl oz (120 mL)

Product Code

07645



Liquid Chlorophyll

Chlorophyll formulation

- Provides antioxidant support[‡]

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 13 Drops (0.325 mL)
Servings per Container about 92

| AMOUNT PER SERVING | % DV |
|---------------------------------------------|---------|
| Chlorophyllin (sodium copper chlorophyllin) | 25 mg * |

* Daily Value (DV) not established

Other ingredients: Glycerin, purified water, sodium chloride

Recommended Dose

Take 13 drops once daily or as recommended by your health professional. Add to 250 mL of water or juice and stir.

Size

1 fl oz (30 mL)

Product Code

07525



Liver Support & Detoxification[‡]

Supports healthy liver function and detoxification[‡]

- Milk thistle seed extract and curcumin promote antioxidant support by increasing levels of the endogenous antioxidant glutathione (GSH) and decreasing lipid peroxidation[‡]
- Provides standardized extracts from milk thistle seed, turmeric rhizome, and licorice root
- Also includes lipotropes choline and L-methionine

Liver Support and Detoxification[‡] provides a combination of nutrients and herbs that promote liver health. The liver is the primary site for the detoxification of metabolic waste products. Certain waste products, along with reactive oxygen species, can be toxic to liver cells. Research demonstrates that milk thistle promotes liver health by increasing the activity of detoxifying enzymes in the liver. Along with active ingredients in turmeric and licorice, milk thistle supports and enhances the body's antioxidant defense system. Milk thistle and licorice also promote a healthy cytokine balance to further maintain liver health. In a randomized, placebo-controlled trial, daily supplementation with 140 mg of silymarin (the primary bioactive in milk thistle) for two months significantly promoted healthy levels of the liver enzymes alanine transaminase (ALT) and aspartate transaminase (AST), two important clinical markers of liver health. Lipotropic compounds, including choline and L-methionine, are also included to support healthy lipid metabolism in the liver.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------|--------|------|
| Biotin | 50 mcg | 17% |
| Choline Bitartrate | 200 mg | * |
| Inositol | 25 mg | * |
| Calcium-D-Glucarate | 50 mg | * |
| Indole-3-Carbinol | 25 mg | * |
| L-Methionine | 25 mg | * |
| L-Glycine | 25 mg | * |
| Milk Thistle (<i>Silybum marianum</i>) Seed Std. Extract (80% silymarin) | 100 mg | * |
| Turmeric (<i>Curcuma longa</i>) Rhizome Std. Extract (95% curcuminoids) | 80 mg | * |
| Licorice (<i>Glycyrrhiza glabra</i>) Root Std. Extract (20% glycyrrhizin) | 50 mg | * |
| Limonene (from <i>Citrus sinensis</i> peel oil) | 25 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica, magnesium stearate

Recommended Dose

Take one capsule two times daily with a meal or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

06368



Macagen

High concentration of maca root

- Perennial plant cultivated at high altitudes in the Andean Mountains
- Helps support emotional wellness and sexual health[‡]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60 or 180

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------|--------|------|
| Maca (<i>Lepidium meyenii</i>) Root Extract (4:1) 1,720 mg Dried Equivalent | 430 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose

Recommended Dose

Take one capsule two times daily or as recommended by your health professional.

Size

60 Vegetarian Capsules
180 Vegetarian Capsules

Product Code

07439
07439180



HERBAL FORMULAS

Phyto Greens Capsules

(organic)

Broad spectrum blend of phytonutrients formulation

- Certified organic and GMO-free
- Includes nearly 30 fruits, vegetables, grains and grasses that offer polyphenolic antioxidants[‡]
- Provides the key microalgae spirulina and chlorella
- Convenient vegetarian capsule format

Organic Phyto Greens Capsules provide naturally occurring phytonutrients and antioxidants in a certified organic and GMO-free formula. These antioxidants scavenge free radicals to support cellular health. A wide variety of organic grains and grasses are included in this blend, including oat, barley, rice and millet, along with organic fruits and vegetables, such as wild strawberry, blackberry, cucumber and ginger. Spirulina and chlorella, two important species of microalgae, are also included in this formula. Microalgae have been used as food sources for centuries as they contain valuable nutrients, including protein, polyunsaturated fatty acids, vitamins, minerals and pigments. Available in a convenient capsule format, supplementation with Organic Phyto Greens Capsules is an easy way to increase the daily intake of phytonutrients and antioxidants.[‡]

SUPPLEMENT FACTS

Serving Size 6 Capsules
 Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------|-----------|-------|
| Calories | 15 | |
| Total Carbohydrate | 2 g | <1% ^ |
| Protein | 2 g | 3% ^ |
| Vitamin A (as 100% Beta-carotene) [‡] | 510 mcg | 57% |
| Iron [‡] | 1.5 mg | 8% |
| Sodium [‡] | 30 mg | 1% |
| Potassium [‡] | 80 mg | 2% |
| Organic Spirulina Whole Cell | 1,140 mg | * |
| Organic Fruit and Vegetable Blend | 969 mg | * |
| Organic Apple Fruit | 270.75 mg | * |
| Organic Beet Root | 142.5 mg | * |
| Organic Carrot Root | 88.38 mg | * |
| Organic Spinach Leaf | 85.5 mg | * |
| Organic Strawberry Fruit | 49.8 mg | * |
| Organic Cherry Fruit | 43.54 mg | * |
| Organic Broccoli Stem and Floret | 42.78 mg | * |
| Organic Tomato Fruit | 42.78 mg | * |
| Organic Kale (Collards) Leaf | 34.2 mg | * |
| Organic Parsley Leaf | 21.66 mg | * |
| Organic Red Cabbage Head | 21.12 mg | * |
| Organic Blackberry Fruit | 17.4 mg | * |
| Organic Bell Pepper Fruit | 17.1 mg | * |
| Organic Brussels Sprouts Edible Head | 17.1 mg | * |
| Organic Cucumber Fruit | 11.4 mg | * |
| Organic Celery Stalk | 8.58 mg | * |
| Organic Garlic Clove | 8.58 mg | * |
| Organic Onion Bulb | 8.58 mg | * |
| Organic Ginger Root | 8.4 mg | * |
| Organic Blueberry Fruit | 7.48 mg | * |
| Organic Raspberry Fruit | 6.2 mg | * |
| Organic Asparagus Shoot | 5.7 mg | * |
| Organic Cauliflower Head | 5.7 mg | * |
| Organic Rice Seed | 3.6 mg | * |
| Organic Chlorella Broken Cell | 570 mg | * |
| Organic Alfalfa Leaf | 285 mg | * |
| Organic Barley Leaf | 285 mg | * |
| Organic Millet Sprout | 285 mg | * |
| Organic Oat Grass | 285 mg | * |
| Organic Wheat Leaf | 285 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

Other ingredients: Pullulan, organic sunflower oil, sunflower lecithin

[‡]Naturally occurring

Recommended Dose

Take six capsules once daily, a few hours before or after taking medications or other supplements, or as recommended by your health professional.

Size

180 Vegetarian Capsules

Product Code

07783



Phyto Greens Powder

(certified organic)

Broad spectrum blend of phytonutrients formulation

- Certified organic and GMO-free
- Includes nearly 30 fruits, vegetables, grains and grasses that offer polyphenolic antioxidants[‡]
- Provides 2,000 mg of spirulina per day to support upper respiratory health[‡]
- Convenient powder that mixes easily into water or juice

Organic Phyto Greens Powder provides naturally occurring phytonutrients and antioxidants in a certified organic and GMO-free formula. This blend contains a wide variety of organic grains and grasses, including oat, barley, rice and millet, along with organic fruits and vegetables, such as wild strawberry, blackberry, cucumber and ginger. In addition to promoting antioxidant defenses, this formula provides 2,000 mg of spirulina per day to support healthy nasal function and upper respiratory health. Available in a convenient powder format, Organic Phyto Greens Powder can be easily mixed into any liquid to create a phytonutrient-rich drink.[‡]

SUPPLEMENT FACTS

Serving Size 1 Scoop (7.2 g)
Servings per Container about 30

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------|----------|------|
| Calories | 25 | |
| Total Carbohydrate | 3 g | 1% ^ |
| Dietary Fiber | 1 g | 4% ^ |
| Protein | 3 g | 6% ^ |
| Vitamin A (100% as Beta-carotene) ^v | 900 mcg | 100% |
| Iron ^v | 2 mg | 11% |
| Sodium ^v | 50 mg | 2% |
| Potassium ^v | 140 mg | 3% |
| Organic Spirulina Whole Cell | 2,000 mg | * |
| Organic Fruit and Vegetable Blend | 1,700 mg | * |
| Organic Apple Fruit | 475 mg | * |
| Organic Beet Root | 250 mg | * |
| Organic Carrot Root | 155 mg | * |
| Organic Spinach Leaf | 150 mg | * |
| Organic Strawberry Fruit | 87.3 mg | * |
| Organic Cherry Fruit | 76.4 mg | * |
| Organic Broccoli Stem and Floret | 75 mg | * |
| Organic Tomato Fruit | 75 mg | * |
| Organic Kale (Collards) Leaf | 60 mg | * |
| Organic Parsley Leaf | 38 mg | * |
| Organic Red Cabbage Head | 37 mg | * |
| Organic Blackberry Fruit | 30.56 mg | * |
| Organic Brussel Sprouts Edible Head | 30 mg | * |
| Organic Bell Pepper Fruit | 30 mg | * |
| Organic Cucumber Fruit | 20 mg | * |
| Organic Celery Stalk | 15 mg | * |
| Organic Garlic Clove | 15 mg | * |
| Organic Ginger Root | 15 mg | * |
| Organic Onion Bulb | 15 mg | * |
| Organic Blueberry Fruit | 13.09 mg | * |
| Organic Raspberry Fruit | 10.9 mg | * |
| Organic Cauliflower Head | 10 mg | * |
| Organic Asparagus Shoot | 10 mg | * |
| Organic Rice Seed | 6.75 mg | * |
| Organic Chlorella Broken Cell | 1,000 mg | * |
| Organic Alfalfa Leaf | 500 mg | * |
| Organic Barley Leaf | 500 mg | * |
| Organic Millet Sprout | 500 mg | * |
| Organic Oat Grass | 500 mg | * |
| Organic Wheat Leaf | 500 mg | * |

* Daily Value (DV) not established

^ Percent Daily Values (DV) are based on a 2,000 calorie diet

^v Naturally occurring

Other ingredients: Organic sunflower oil, sunflower lecithin

Recommended Dose

In a glass, add water or juice to one scoop of Organic Phyto Greens Powder and mix. Take once daily, a few hours before or after taking medications or other supplements, or as recommended by your health professional.

Size

Net Weight 7.6 oz (216 g)

Product Code

07782



HERBAL FORMULAS

Super Flavonoids

Green tea extract and bioflavonoids

- Provides antioxidants for the maintenance of good health[‡]

Ideal for vegans

- Convenient vegetarian capsule format

SUPPLEMENT FACTS

Serving Size 1 Capsule
 Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------------------|--------|------|
| Lemon and Orange (<i>Citrus limon/sinensis</i>) Peel Yielding | 235 mg | * |
| Hesperidin | 94 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf/Shoot | 110 mg | * |
| Rutin (from <i>Dimorphandra mollis</i> seed pod) | 75 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf/Shoot Std. Extract (90 % polyphenols) | 70 mg | * |
| Dog Rose (<i>Rosa canina</i>) Hips | 25 mg | * |
| Watercress (<i>Nasturtium officinale</i>) Aerial Parts | 20 mg | * |
| Alfalfa (<i>Medicago sativa</i>) Leaf/ Stem | 15 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, magnesium stearate, magnesium silicate, cellulose, dibasic calcium phosphate dihydrate

Recommended Dose

Take one capsule daily with a meal or as recommended by your health professional.

Size

90 Vegetarian Capsules

Product Code

07535



Vitex Agnus-Castus

Concentrated Chaste Tree fruit extract

- Used traditionally to support premenstrual symptoms[‡]
- Used traditionally to support healthy hormone levels[‡]
- Used traditionally to help provide support for typical menopause symptoms[‡]

Vitex agnus-castus is used traditionally to promote healthy hormone levels and provide support for normal pre-menstrual and menopausal symptoms. This vegan, dairy-free and gluten-free formulation comes in a convenient capsule format.[‡]

SUPPLEMENT FACTS

Serving Size 1 Capsule
 Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------------------------------|--------|------|
| Chastetree (<i>Vitex agnus-castus</i>) Fruit Extract (7-10:1) 700-1,000 mg Dried Equivalent | 100 mg | * |

* Daily Value not established

Other ingredients: Hypromellose, cellulose, silica

Recommended Dose

Take one capsule two times daily or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

07436



Astragalus Tincture

Astragalus formulation

- Traditionally used in Traditional Chinese Medicine for deficiency of ch'i (flow of energy)[†]
- Supports healthy digestion[†]
- Supports healthy immune system[†]

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 30 Drops (1.5 mL)
Servings per Container about 40

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------|--------|------|
| Astragalus (<i>Astragalus membranaceus</i>) Root Extract (1:4) | 1.5 mL | * |
| 375 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 30 drops three times daily or as recommended by your health professional.

Size 2 fl oz (60 mL) **Product Code** 11686



Cat's Claw Tincture

Cat's claw formulation

- Used traditionally to help promote joint comfort and to support the immune system[†]

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 15 Drops (0.75 mL)
Servings per Container about 80

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------|---------|------|
| Cat's Claw (<i>Uncaria tomentosa</i>) Bark Extract (1:4) | 0.75 mL | * |
| 187.5 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 15 drops two to three times daily or as recommended by your health professional.

Size 2 fl oz (60 mL) **Product Code** 11687



Ginkgo Tincture

Ginkgo formulation

- Used in traditionally to support peripheral circulation[†]

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 20 Drops (1 mL)
Servings per Container about 60

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------|------|------|
| Ginkgo (<i>Ginkgo biloba</i>) Leaf Extract (1:4) | 1 mL | * |
| 250 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 20 drops three times daily or as recommended by your health professional.

Size 2 fl oz (60 mL) **Product Code** 11695



Goldenseal Tincture

Goldenseal root extract

- Traditionally used to help support gastrointestinal health[†]

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 35 Drops (1.75 mL)
Servings per Container about 34

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------|---------|------|
| Goldenseal (<i>Hydrastis canadensis</i>) Root Extract (1:8) | 1.75 mL | * |
| 218.75 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 35 drops three times daily with water, 30 minutes before meals, or as recommended by your health professional.

Size 2 fl oz (60 mL) **Product Code** 11696



BOTANICAL COMBINATIONS

Milk Thistle Tincture

Milk thistle seed extract

- 300 mg dried equivalent per 1 mL (20 drops)
- Used traditionally to help support liver function and for digestive comfort†

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 20 Drops (1 mL)
Servings per Container about 60

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------|------|------|
| Milk Thistle (<i>Silybum marianum</i>) Seed Extract (1:3) | 1 mL | * |
| 300 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 20 drops (1 mL) three times daily or as recommended by your health professional.

Size

2 fl oz (60 mL)

Product Code

11689



Astragalus Combination #1

Combination of astragalus and other complementary herbs

- Eleuthero, burdock, red clover and schisandra

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 25 Drops (1.25 mL)
Servings per Container about 48

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------|---------|------|
| Astragalus (<i>Astragalus membranaceus</i>) Root Extract (1:5) | 0.53 mL | * |
| 105 mg Dried Equivalent | | |
| Eleuthero (<i>Eleutherococcus senticosus</i>) Root Extract (1:5) | 0.26 mL | * |
| 52.5 mg Dried Equivalent | | |
| Burdock (<i>Arctium lappa</i>) Root Extract (1:5) | 0.20 mL | * |
| 40 mg Dried Equivalent | | |
| Red Clover (<i>Trifolium pratense</i>) Flower Extract (1:5) | 0.20 mL | * |
| 40 mg Dried Equivalent | | |
| Schisandra (<i>Schisandra chinensis</i>) Berry Extract (1:5) | 0.13 mL | * |
| 26.3 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Take 25 drops three times daily, thirty minutes before meals, or as recommended by your health professional.

Size

2 fl oz (60 mL)

Product Code

11737



Black Walnut Combination #1

Complex botanical formulation

- Traditionally used to help promote digestion and digestive comfort[†]

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 30 Drops (1.5 mL)
Servings per Container about 40

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------|----------|------|
| Black Walnut (<i>Juglans nigra</i>) Leaf Extract (1:10) | 0.450 mL | * |
| 45.0 mg Dried Equivalent | | |
| Quassia (<i>Quassia amara</i>) Wood Extract (1:10) | 0.375 mL | * |
| 37.5 mg Dried Equivalent | | |
| Yarrow (<i>Achillea millefolium</i>) Whole Herb Extract (1:10) | 0.300 mL | * |
| 30 mg Dried Equivalent | | |
| Wormwood (<i>Artemisia absinthium</i>) Flower and Aerial Parts Extract (1:10) | 0.225 mL | * |
| 22.5 mg Dried Equivalent | | |
| Clove (<i>Syzygium aromaticum</i>) Bud Extract (1:10) | 0.150 mL | * |
| 15 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 30 drops four times daily with meals or as recommended by your health professional.

Size

2 fl oz (60 mL)

Product Code

11738



Cleavers Combination #1

Combination of cleavers, heal all and other herbs

- Traditionally used to support urine flow as an astringent[†]

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 30 Drops (1.5 mL)
Servings per Container about 40

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------|---------|------|
| Cleavers (<i>Galium aparine</i>) Aerial Parts Extract (1:4) | 0.68 mL | * |
| 169 mg Dried Equivalent | | |
| Heal All (<i>Prunella vulgaris</i>) Aerial Parts Extract (1:4) | 0.30 mL | * |
| 75 mg Dried Equivalent | | |
| Red Clover (<i>Trifolium pratense</i>) Flower Extract (1:4) | 0.23 mL | * |
| 56 mg Dried Equivalent | | |
| Echinacea (<i>Echinacea purpurea</i>) Root Extract (1:4) | 0.18 mL | * |
| 45 mg Dried Equivalent | | |
| Mallow (<i>Malva neglecta</i>) Aerial Parts Extract (1:4) | 0.12 mL | * |
| 30 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 30 drops three to five times daily, 30 minutes before meals, or as recommended by your health professional.

Size

2 fl oz (60 mL)

Product Code

11719



BOTANICAL COMBINATIONS

Echinacea Combination #2

Combination of Echinacea, cayenne and other herbs

- Traditionally used to help promote immune function†

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 15 Drops (0.75 mL)

Servings per Container about 80

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------|---------|------|
| Echinacea (<i>Echinacea purpurea</i>) Root Extract (1:4) | 0.34 mL | * |
| 84.4 mg Dried Equivalent | | |
| Purple Loosestrife (<i>Lythrum salicaria</i>) Aerial Parts Extract (1:4) | 0.17 mL | * |
| 41.3 mg Dried Equivalent | | |
| Osha (<i>Ligusticum porteri</i>) Root Extract (1:4) | 0.11 mL | * |
| 28.1 mg Dried Equivalent | | |
| Yarrow (<i>Achillea millefolium</i>) Aerial Parts Extract (1:4) | 0.11 mL | * |
| 28.1 mg Dried Equivalent | | |
| Capsicum (<i>Capsicum minimum</i>) Fruit Extract (1:4) | 0.02 mL | * |
| 5.6 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 15 drops three to five times daily, 30 minutes before meals, or as recommended by your health professional.

Size

2 fl oz (60 mL)

Product Code

11724



Echinacea Mix

Three species of Echinacea – angustifolia, purpurea and pallida

- Traditionally used to help support respiratory function and immune health†

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 25 Drops (1.25 mL)

Servings per Container about 48

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------|---------|------|
| Echinacea (<i>Echinacea angustifolia</i>) Root Extract (1:4) | 0.41 mL | * |
| 103 mg Dried Equivalent | | |
| Echinacea (<i>Echinacea pallida</i>) Root Extract (1:4) | 0.41 mL | * |
| 103 mg Dried Equivalent | | |
| Echinacea (<i>Echinacea purpurea</i>) Root Extract (1:4) | 0.41 mL | * |
| 103 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 25 drops two to three times daily, thirty minutes before meals or as recommended by your health professional.

Size

2 fl oz (60 mL)

Product Code

11693



Kelp Combination #1

Combination of kelp and other herbs

- Kelpware is traditionally used to support healthy thyroid function†

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 15 Drops (0.75 mL)
Servings per Container about 80

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------|----------|------|
| Kelpware (<i>Fucus vesiculosus</i>) Thallus Extract (1:4) | 0.713 mL | * |
| 178.13 mg Dried Equivalent | | |
| Skullcap (<i>Scutellaria lateriflora</i>) Herb Extract (1:4) | 0.023 mL | * |
| 5.6 mg Dried Equivalent | | |
| American Ginseng (<i>Panax quinquefolius</i>) Root Extract (1:4) | 0.008 mL | * |
| 1.8 mg Dried Equivalent | | |
| Eleuthero (<i>Eleutherococcus senticosus</i>) Root Extract (1:4) | 0.008 mL | * |
| 1.8 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 15 drops two to five times daily, thirty minutes before meals or as recommended by your health professional.

Size

2 fl oz (60 mL)

Product Code

11718



Oat Combination

Combination of oat, passionflower, skullcap and motherwort

- Traditionally used to support emotional wellness and promote restful sleep in periods of temporary stress†
- Traditionally used to support typical menstrual symptoms in healthy women†

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 25 Drops (1.25 mL)
Servings per Container about 48

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------|---------|------|
| Oat (<i>Avena sativa</i>) Aerial Parts Extract (1:10) | 0.40 mL | * |
| 40 mg Dried Equivalent | | |
| Passionflower (<i>Passiflora incarnata</i>) Aerial Parts Extract (1:10) | 0.38 mL | * |
| 38 mg Dried Equivalent | | |
| Motherwort (<i>Leonurus cardiaca</i>) Aerial Parts Extract (1:10) | 0.29 mL | * |
| 29 mg Dried Equivalent | | |
| Skullcap (<i>Scutellaria lateriflora</i>) Aerial Parts Extract (1:10) | 0.19 mL | * |
| 19 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 25 drops four times daily with meals or as recommended by your health professional.

Size

2 fl oz (60 mL)

Product Code

11710



BOTANICAL COMBINATIONS

Passiflora Combination

Combination of passionflower and other herbs

- Traditionally used to help promote a healthy mood balance and support healthy sleep/wake cycles†

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 15 Drops (0.75 mL)
 Servings per Container about 80

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------------------------|---------|------|
| Passionflower (<i>Passiflora incarnata</i>) Aerial Parts Extract (1:5) 51 mg Dried Equivalent | 0.26 mL | * |
| Hops (<i>Humulus lupulus</i>) Strobile Extract (1:5) 36 mg Dried Equivalent | 0.18 mL | * |
| Skullcap (<i>Scutellaria lateriflora</i>) Aerial Parts Extract (1:5) 36 mg Dried Equivalent | 0.18 mL | * |
| Linden (<i>Tilia cordata</i>) Flower Extract (1:5) 18 mg Dried Equivalent | 0.09 mL | * |
| St. John's Wort (<i>Hypericum perforatum</i>) (1:5) Aerial Parts Extract 9 mg Dried Equivalent | 0.05 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 15 drops one to three times daily with water, 30 minutes before meals, or as recommended by your health professional.

Size

2 fl oz (60 mL)

Product Code

11727



Yellow Dock Combination #1

Combination of yellow dock and other herbs

- Traditionally used to help maintain a healthy immune system and to support skin health†

Ideal for vegans

- Convenient liquid format

SUPPLEMENT FACTS

Serving Size 30 Drops (1.5 mL)
 Servings per Container about 40

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------------------|---------|------|
| Yellow Dock (<i>Rumex crispus</i>) Root Extract (1:4) 71.3 mg Dried Equivalent | 0.29 mL | * |
| Figwort (<i>Scrophularia marilandica</i>) Whole Herb Extract (1:4) 67.5 mg Dried Equivalent | 0.27 mL | * |
| Echinacea (<i>Echinacea purpurea</i>) Root Extract (1:4) 63.8 mg Dried Equivalent | 0.26 mL | * |
| Dandelion (<i>Taraxacum officinale</i>) Root Extract (1:4) 48.8 mg Dried Equivalent | 0.20 mL | * |
| Spikenard (<i>Aralia racemosa</i>) Root Extract (1:4) 45 mg Dried Equivalent | 0.18 mL | * |
| Red Clover (<i>Trifolium pratense</i>) Flower Extract (1:4) 41.3 mg Dried Equivalent | 0.17 mL | * |
| Cleavers (<i>Galium aparine</i>) Whole Herb Extract (1:4) 37.5 mg Dried Equivalent | 0.15 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain)

Recommended Dose

Take 30 drops three times daily, a few hours before or after taking other medications or health products, or as recommended by your health professional.

Size

2 fl oz (60 mL)

Product Code

11706





Plant Compounds Supporting Healthy Microbial Balance‡

An important area of scientific research and innovation has been the evaluation of plant compounds supporting healthy microbial balance, gastric and cardiovascular health. Genestra Brands is an industry and science leader that incorporates the latest evidence-based research.‡

Berberis Formula

Herbal combination for the digestive system‡

- Includes a blend of barberry, Oregon grape and goldenseal
- Provides traditional support for intestinal health and microflora balance‡

Berberis Formula was designed to support the digestive system with a combination of barberry, Oregon grape and goldenseal. Goldenseal is traditionally used to support intestinal health and microflora balance, as well as digestion and bowel regularity. Its primary bioactive compounds are isoquinoline alkaloids including hydrastine and berberine, which have been well-studied for their pharmacological actions. Berberine is also an important bioactive compound in other plants, such as barberry and Oregon grape.‡

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 90 or 180

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------------------------------------------------|--------|------|
| Barberry (<i>Berberis vulgaris</i>) Root and Stem Extract (4:1) 800 mg Dried Equivalent | 200 mg | * |
| Oregon Grape (<i>Mahonia aquifolium</i>) Root Extract (4:1) 800 mg Dried Equivalent | 200 mg | * |
| Goldenseal (<i>Hydrastis canadensis</i>) Root Std. Extract (6:1) (5% Alkaloids) 300 mg Dried Equivalent | 50 mg | * |
| Barberry (<i>Berberis vulgaris</i>) Root | 25 mg | * |
| Oregon Grape (<i>Mahonia aquifolium</i>) Root | 25 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, hypromellose, silica

Recommended Dose

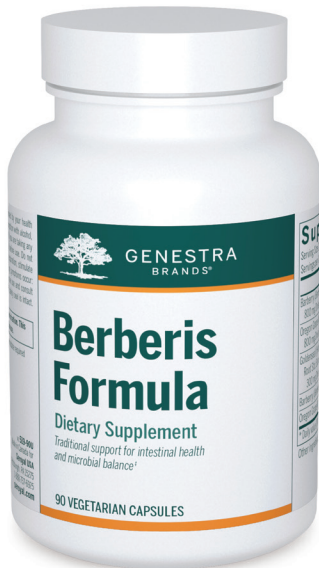
Take one capsule daily with a meal or as recommended by your health professional.

Size

90 Vegetarian Capsules
180 Vegetarian Capsules

Product Code

07519
07519180



Allisyn

Garlic bulb and cinnamon bark combination

- Contains ingredients traditionally used to maintain optimal cardiovascular health and to support healthy lipid metabolism‡
- Provides 10 mg of allicin and 80 mg of cinnamaldehyde per day

Allisyn is a blend of allicin and cinnamaldehyde that is traditionally used in herbal medicine to support optimal cardiovascular health. The main bioactive compound in garlic is allicin. When broken down, this sulfur-containing compound is responsible for the characteristic odor of garlic. Recent research indicates that long-term garlic consumption may support healthy lipid metabolism. In a randomized, placebo-controlled trial involving 150 adults, daily supplementation with 800 mg of garlic powder capsules (providing 2 mg of allicin) for six weeks supported cardiovascular health.‡

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------|--------|------|
| Garlic (<i>Allium sativum</i>) Bulb Powder (yields 4.5 mg Allicin) | 500 mg | * |
| Cinnamon (<i>Cinnamomum verum</i>) Bark (20% Cinnamaldehyde) | 200 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica, magnesium stearate

Recommended Dose

Take one capsule two times daily with meals, or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10547



Black Walnut Capsules

Combination of black walnut and natural plant ingredients to support digestive health‡

- Contains ingredients traditionally used to support digestion and bowel health‡
- Includes ingredients traditionally used to promote gastric motility‡
- Provides a unique blend of black walnut hull, quassia bark, yarrow leaf/flower, sweet wormwood leaf, gentian root, pumpkin seed extract, and clove bud

Black Walnut Capsules contain a blend of herbs traditionally used to support digestive health. Black walnut, quassia, wormwood, and gentian root all contain extremely bitter compounds, including tannins, quassin, absinthin, and amarogentin. These bitter compounds cause taste bud nerves to increase the release of the saliva and gastric juices that aid digestion. Bitter compounds can also promote gastric motility.‡

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 45 or 90

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------|--------|------|
| Black Walnut (<i>Juglans nigra</i>) Hull | 200 mg | * |
| Quassia (<i>Quassia amara</i>) Bark | 200 mg | * |
| Yarrow (<i>Achillea millefolium</i>) Leaf/Flower | 200 mg | * |
| Sweet Wormwood (<i>Artemisia annua</i>) Leaf | 150 mg | * |
| Gentian (<i>Gentiana lutea</i>) Root | 100 mg | * |
| Pumpkin (<i>Cucurbita pepo</i>) Seed Extract (5:1) 50 mg Dried Equivalent | 100 mg | * |
| Clove (<i>Syzygium aromaticum</i>) Bud | 50 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, stearic acid
Contains: Tree nuts (black walnut)

Recommended Dose

Take two capsules two times daily, 15 to 60 minutes before meals, or as recommended by your health professional.

Size
90 Vegetarian Capsules
180 Vegetarian Capsules

Product Code
07546
07546180



Citrigen

Echinacea and flavonoid combination

- Contains ingredients traditionally used to support optimal respiratory health, and immune health‡
- Contains a unique blend of Echinacea root, grapefruit fruit extract, green tea leaf, and peppermint leaf

Citrigen contains Echinacea angustifolia, which is traditionally used to support upper respiratory health and immune function. In one study, supplementation with 100 mg of Echinacea root for four weeks supported immune function.‡

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 45

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------------------------------------|--------|------|
| Echinacea (<i>Echinacea angustifolia</i>) Root | 500 mg | * |
| Grapefruit (<i>Citrus paradisi</i>) Fruit Extract (20:1) (45% Bioflavonoids/4,800 mg Dried Equivalent) | 240 mg | * |
| Green Tea (<i>Camellia sinensis</i>) Leaf | 40 mg | * |
| Peppermint (<i>Mentha piperita</i>) Leaf | 20 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, cellulose, magnesium silicate, magnesium stearate

Recommended Dose

Adults: Take two capsules daily with meals or as recommended by your health professional.

Size
90 Vegetarian Capsules

Product Code
07528



Garlic + Parsley

Combination of garlic bulb and parsley seed oil

- Contains ingredients traditionally used to support already healthy blood lipid levels in adults‡
- Contains ingredients traditionally used to promote cardiovascular health and maintain respiratory health‡
- Provides 4 mg of garlic bulb oil and 4 mg of parsley seed oil per day

Garlic + Parsley is a unique blend of garlic and parsley oils that are traditionally used to help maintain optimal cardiovascular and upper respiratory tract health. Recent research demonstrates that garlic oil supports already healthy lipid levels by mediating fatty acid synthesis. These effects are thought to be due to the allyl sulfides in garlic oil, including diallyl sulfide, disulfide, and trisulfide. In a randomized, placebo-controlled trial involving 27 male runners, daily supplementation with garlic oil for four months supported healthy lipid metabolism.‡

SUPPLEMENT FACTS

Serving Size 1 Softgel
Servings per Container 90

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------|------|------|
| Garlic (<i>Allium sativum</i>) Bulb Oil | 2 mg | * |
| Parsley (<i>Petroselinum crispum</i>) Seed Oil | 2 mg | * |

* Daily Value (DV) not established

Other ingredients: Flaxseed oil, bovine gelatin, glycerin, purified water

Recommended Dose

Take one softgel two times daily with meals or as recommended by your health professional.

Size

90 Softgels

Product Code

07520



IntestiBal

Essential oils from ginger and wormwood to promote digestive health‡

- Contains ingredients traditionally used to support optimal digestive health, as well as normal gastric motility and emptying‡
- Proprietary blend includes oregano, clove, ginger, wormwood, and evening primrose

IntestiBal is a unique combination of natural ingredients that are traditionally used to promote digestive health. Ginger contains oleoresin, which is responsible for its pungent odor. It supports bile secretion and gastric motility and emptying. It also supports the release of pancreatic digestive enzymes, which can support a healthy transit time. Wormwood oil contains absinthin, an extremely bitter compound that supports gastric secretion, motility, and digestion.‡

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------------------------------|-------|------|
| Oregano (<i>Origanum vulgare</i>) Flowering Tops Essential Oil Std. Extract (70% Carvacrol) | 95 mg | * |
| Clove (<i>Syzygium aromaticum</i>) Leaf Essential Oil | 45 mg | * |
| Ginger (<i>Zingiber officinale</i>) Root Essential Oil | 45 mg | * |
| Wormwood (<i>Artemisia absinthium</i>) Leaf Essential Oil | 45 mg | * |
| Evening Primrose (<i>Oenothera biennis</i>) Seed Oil | 20 mg | * |

* Daily Value (DV) not established

Other ingredients: Hypromellose, silica, magnesium stearate

Recommended Dose

Take one capsule two times daily with meals, a few hours before or after taking supplements containing iron, zinc, calcium or copper, or as recommended by your health professional.

Size

60 Vegetarian Capsules

Product Code

10555



Oregano Oil

Carvacrol formula for antioxidant support‡

- Promotes healthy microbial balance‡
- Provides 25 mg of oregano oil per day
- Includes 20 mg of carvacrol per day

Oregano Oil provides carvacrol, one of the primary bioactive compounds in oregano. In addition to its antioxidant activity, carvacrol promotes healthy microbial balance. *In vitro* research suggests that carvacrol can diffuse through microbial lipid membranes. In a clinical trial involving 13 adults, daily supplementation with oregano oil for six weeks significantly supported healthy microbial balance.‡

SUPPLEMENT FACTS

Serving Size 3 Drops (0.093 mL)
Servings per Container about 161

| AMOUNT PER SERVING | | % DV |
|---------------------------------|-------|------|
| Oregano oil (from Oregano leaf) | 25 mg | * |
| Providing: Carvacrol | 20 mg | * |

* Daily Value (DV) not established

Other ingredients: Extra virgin olive oil

Recommended Dose

Take three drops daily or as recommended by your health professional. Take with food, a few hours before or after taking supplements containing iron, zinc, calcium or copper.

Size

0.5 fl oz (15 mL)

Product Code

07681





Phyto-gens

Genestra Brands Phyto-gen therapy consists of plant remedies made from fresh buds and young shoots of growing plants. Phyto-gens modify biochemical actions and evoke phytotherapeutic energetic principles. Macerated in equal parts of water, natural glycerin and alcohol mediums, they are standardized to a 1:20 extract to ensure delivery of concentrated bioactive extracts to target organs. Each plant extract is organic Eco-Certified and allows for a high potency, low dose dispensing therapy, making Phyto-gens cost-effective and highly convenient for patient use.

Capturing Bud Vitality

Concentrated phytoembryotherapies manufactured with a respect for nature

Phytotherapy

Harnessing plant biochemical and energetic actions

Many plants synthesize phyto-chemicals with recognized health benefits, including alkaloids, terpenoids and polyphenols. These phyto-chemicals vary from plant to plant, as each has its own taxonomically distinct combination of naturally bioactive components. Each component exerts its specific benefit through the action of these compounds on one or more naturally occurring phytonutrient biochemical pathways.†

The biochemical effects of plant therapy also evoke phytotherapeutic energetic principles – the belief that plants and plant remedies hold a vital energetic force. Much of the power of phytotherapy, therefore, lies in the remedy's ability to harness and carry not only the biochemical benefits, but the energetic aspect as well. The biochemical and energetic make-up is affected by many factors, such as plant age at harvest, methods of harvest, plant components utilized, storage, extraction method and concentration of active ingredients in the final product.

Homeopathy, Phytotherapy, Gemmotherapy, Oligo-elements and Schüssler Tissue Salts are modalities used in traditional medicine. Homeopathic uses are based on the Materia Medica and are not supported by clinical trials. These therapies are not substitutions for standard medical care.

Please refer to the product label for complete supplement facts. Visit Seroyal.com for more information.

†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Phytoembryotherapy

Capturing the power of the meristem and growth cycle

Phytoembryotherapy is a branch of phytotherapy that specifically incorporates plant embryological tissues (buds and young shoots) containing “plant meristem” cells – undifferentiated, fast dividing cells which contain the plant’s genetic blueprint and material (see Figure 1). These embryonic tissues are rich in beneficial phytochemicals including: growth factors and plant hormones (see Figure 2), enzymes, nucleic acids, oligo-elements, and phytonutrients such as polyphenols and flavonoids. These embryological tissues are also utilized because many of the above mentioned components are lost in fully developed plants once chlorophyll is formed.

These embryological tissues are also utilized because their energetic components are at their highest levels when they are harvested in the spring – the most active phase of the growth cycle.

Plant buds have been used medicinally dating as far back as the ancient Egyptians, though the revolution of phytoembryological tissue therapy began in the 1950s. Dr. Pol Henry, a renowned Belgian homeopath, who had become inspired by Johann Wolfgang von Goethe’s book “The Metamorphosis of Plants”, conducted research on the therapeutic properties of plant buds. He concluded that plant meristems retain the anabolic potential and energetic power of plants. In 1970, he published his clinical findings, naming this new therapy “Phytoembryotherapie”. Phytoembryotherapy was further adapted by French Homeopath, Dr. Max Tetau. He was instrumental in advancing the clinical application of embryonic plant therapy. Both during and since his time, other Belgian and French doctors, among other researchers like Claude Bergeret and the biologist Jean-Claude Leunis, have further contributed to the scientific and clinical development of this phytotherapy.

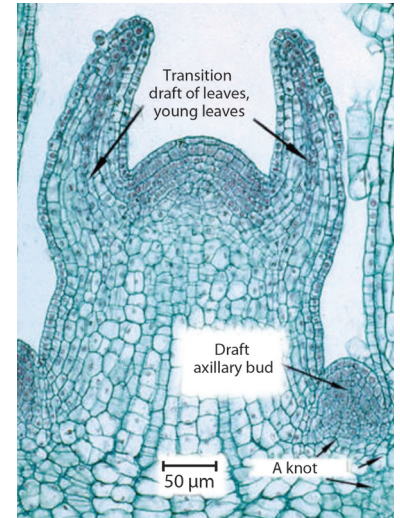


Figure 1

Phytoembryotherapy is a branch of phytotherapy that specifically incorporates plant embryological tissues containing “plant meristem” cells – undifferentiated, fast dividing cells which contain the plant’s genetic blueprint and material.

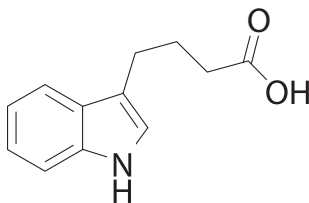
Figure 2

Phytoembryotherapy is rich in phyto-chemicals, including the following plant hormones: Auxins, Gibberellins, Cytokinins and Abscissin.

Auxins

An essential growth hormone for plant development. It was discovered in 1926 by Frits W. Went.

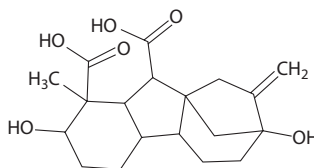
- Stimulates bud formation
- Stimulates embryogenesis
- Responsible of apical dominance
- Promotes growth of roots, stems and buds
- Acts on cell plasticity



Gibberellins

There are currently more than 80 known gibberellins. The most common gibberellin molecule is GA452D (below).

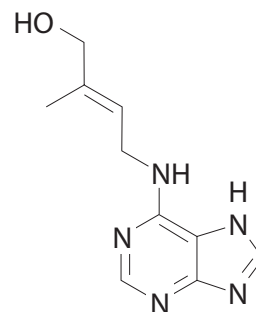
- Stimulates the synthesis of meristems
- Stimulates flower buds
- Promotes growth of young leaves
- Promotes the flowering of plants
- Acts on cell plasticity
- Disappears at the onset of chlorophyll



Cytokinins

Discovered in 1940.

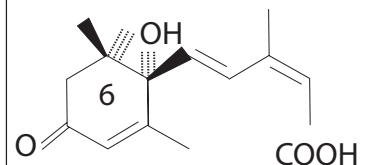
- Stimulates metabolism of young shoots cells
- Promotes the growth of young shoots
- Stimulates the opening of leaves
- Stimulates the production of chlorophyll
- Activates cell division



Abcissin

Abscisic acid or ABA is a plant hormone, discovered in 1963. Also called “dormin” because it is responsible of the winter dormancy of buds. This molecule is very unstable.

- Stops bud growth in winter
- Inhibition of seed germination
- Helps to fight against drought (adaptogen hormone)
- Stress hormone in case of lack of water and nutrients
- Strengthens the defense of the plant



Genestra Brands Phyto-gens

Manufactured with a respect for nature

Phyto-gen manufacturing follows the original production process created by Dr. Pol Henry, the founder of phytoembryotherapy. Every stage respects the natural phytonutrients and the environment from which they come.

Harvest

- **Fresh buds and young shoots:** Buds and young shoots contain genetic material lost after plant matures.
- **Spring harvested by accredited growers:** Preserves plant integrity and captures highest energetic levels during the most active growth cycle.
- **Monitored growing regions:** Grown biodynamically or in wildcrafted preserves.
- **No pre-soaking:** Refrigerated with immediate transport to extraction site helps maintain biological structure and limit energetic loss. No crushing, grinding, freezing or liquid immersion before maceration (unlike competitors who immerse immediately in glycerin solution and thus are unable to qualitatively standardize batches).



Figure 3

Genestra Brands Phyto-gen therapy, which incorporates only buds and young shoots, are macerated in equal amounts of water, alcohol and glycerin.

Proprietary maceration and extraction

- **Standardized extracts:** Secures homogenous properties of product in all manufactured batches.
- **20 day maceration:** Phytonutrients are macerated (soaked) in equal parts of water, alcohol and natural glycerin for 20 days (see Figure 3) providing the fullest range of nutrient and energy extraction.
- **Biochemical component extraction:** The various macerate components not only help to retain the polar and non-polar aspects, but are responsible for the extraction of specific biochemical components while respecting plant physiology:
 - **Water:** Water soluble derivatives, tannins, minerals, water-soluble flavonoids, water-soluble vitamins, and some water-soluble acids. Dr. Pol Henry also attached great importance to the role of water in the maceration process, believing that it is the water fraction that carries the energetic benefits of the bud.
 - **Alcohol:** Alkaloids, glycosides, heterosides and some acids.
 - **Glycerin:** Essential oils, fat soluble flavonoids, fat soluble vitamins and some acids.
- **No mechanization:** During maceration phytonutrients are slowly agitated aseptically by hand (no machine). The macerates are filtered by gravity and extracted by very gentle pressure – avoiding extremely powerful presses that destroy both the physiology and energetic plant properties. After maceration, the buds and young shoots are returned to nature and used as fertilizer in organic farming (to complete the energetic life cycle).
- **Minimal processing:** The resulting concentrated macerates contain no chemical preservatives, are never irradiated and have never been heated or frozen.

Optimal quality: High tannin and flavonoid concentration

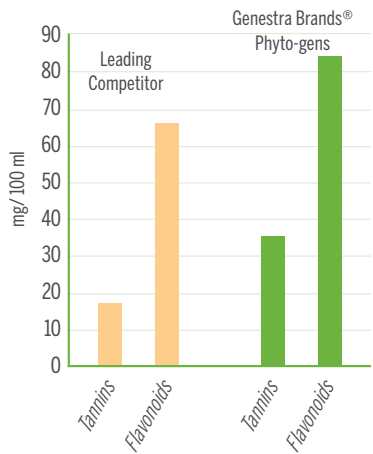
Genestra Brands Phyto-gens are a unique product line: 1:20 extract from young buds and shoots, macerated in equal parts of alcohol, water and natural glycerin. While there may be other phytotherapies available on the market, none quite match the purity, strength and effectiveness of Genestra Brands Phyto-gens.

In a recent laboratory analysis versus a leading competitor, Genestra Brands Phyto-gens were found to have:

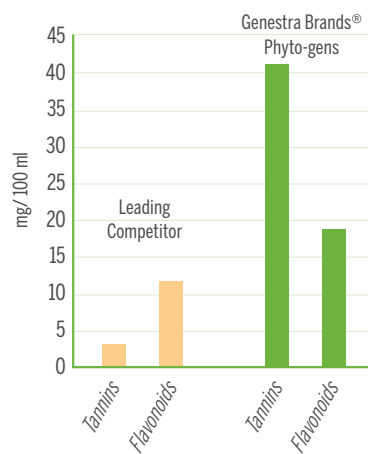
- Greater frequency of higher tannin concentrations as measured via the European Pharmacopoeia 6.0 standards (see Figure 4)
- Greater frequency of higher flavonoid concentrations as measured via spectrophotometry (see Figure 4)
- Tannin and flavonoid measurements that appear to be more homogeneous

Figure 4

Comparison of the levels of tannins and flavonoids present in the macerated Hawthorn (*Crataegus laevigata*)



Comparison of the levels of tannins and flavonoids present in the macerated Fig tree (*Ficus carica*)



Two concentrated bud macerates were analyzed: Hawthorn (*Crataegus laevigata*) and Fig (*Ficus carica*). Both tannins & flavonoids were measured by an independent laboratory. Tannins were measured based on the European Pharmacopoeia 6.0 standards. Flavonoids were measured based on spectrophotometry.

Genestra Brands Phyto-gens present themselves as a darker color than competitors (see Figure 5), which may be due to a higher content of flavonoid-type molecules. Moreover, this line is less sweet and viscous, as it may contain less glycerin than competitors.

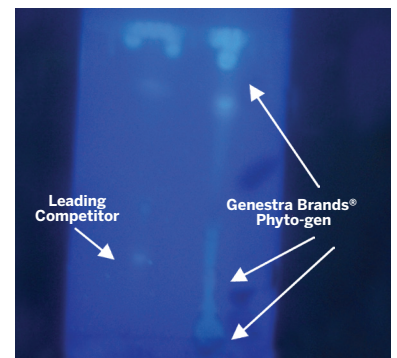
Another laboratory analysis demonstrates that while chromatographic profiles were similar, Genestra Brands Phyto-gens appear to be more loaded – meaning a larger range of molecules was extracted in the macerates when compared to a leading competitor (see Figure 6). The density and the dry-matter content of the competitor product tend to be lower due to higher glycerin levels.

Figure 5



In a visual comparison of the same single remedy, Genestra Brands Phyto-gens appear to be more concentrated than the leading competitor.

Figure 6



The chromatographic profile on the right is a Genestra Brands Phyto-gen – and appears to have more active ingredients than the leading competitor.

Genestra Brands Phyto-gens



Genestra Brands Phyto-gen Therapy

Genestra Brands Phyto-gen therapy incorporates only buds and young shoots. It is macerated in equal amounts of water, alcohol and natural glycerin. This adjunctive therapy is considered one of the major disciplines of natural medicine to improve health in accordance with the laws of nature.

Extensive research and laboratory analysis, supported with years of European clinical practice, has helped to identify the different bud and young shoot properties and best genus of species to determine the most beneficial biochemical and energetic effect.

“To achieve an ideal equilibrium, physical and mental, the indicator of perfect health, man, a reflection of the Universe, must live in harmony with the forces of nature he is immersed in and, above all, in this plant ocean, the forest is a special place where we commune with the very essence of life.”

Dr. Bergeret

Singles

- **Flexible protocols.** Formulated to support health physically and constitutionally. They can also be used in combination with condition-specific remedies.‡

| | | |
|------------------------|---------------------------|------------------------|
| Bilberry Young Shoot | European Mistletoe | Oak Bud |
| Black Alder Bud | Young Shoot | Olive Young Shoot |
| Black Currant Bud | Fig Bud | Raspberry Young Shoot |
| Blackberry Young Shoot | Giant Sequoia Young Shoot | Rosemary Young Shoot |
| Boston Ivy Young Shoot | Ginkgo Bud | Sea Buckthorn Bud |
| Corn Root Bark | Hawthorn Young Shoot | Servicetree Bud |
| Crab Apple Bud | Heather Young Shoot | Silver Birch Bud |
| Dog Rose Young Shoot | Horse Chestnut Bud | Silver Fir Young Shoot |
| Dogwood Bud | Juniper Young Shoot | Silver Linden Bud |
| English Walnut Bud | Lingonberry Young Shoot | Spanish Chestnut Bud |
| European Hazel Bud | Mugo Pine Bud | White Birch Bud |

Symbiotic Combinations

- **Symbiotic macerate.** Made by the maceration of all the three phytonutrients together – not by association after isolated maceration. This synergy creates an effect that is greater than the sum of the individual components.‡
- **Condition-specific.** Symbiotic concept makes it easy to prescribe and increases patient compliance. Convenient to use and can be taken at any time of day.

| | | | | |
|-----------|-------------|------------|-----------|------------|
| Acn-gen | Cir-gen | Growth-gen | Micro-gen | Skn-gen |
| Al-gen | Defense-gen | Hemo-gen | Mig-gen | Spm-gen |
| Alert-gen | Digest-gen | Hpe-gen | Mns-gen | Tonic-gen |
| Antia-gen | Dtx-gen | Hpo-gen | Ocu-gen | Trauma-gen |
| Aox-gen | Ener-gen | Imu-gen | Osteo-gen | Uri-gen |
| Art-gen | Fem-gen | Intest-gen | Perid-gen | Vrl-gen |
| Bn-gen | Fluid-gen | Liv-gen | Pulmo-gen | |
| Calm-gen | Gln-d-gen | Meno-gen | Renal-gen | |
| Car-gen | Glucu-gen | Met-gen | Renu-gen | |

Homeopathy, Phytotherapy, Gemmotherapy, Oligo-elements and Schüssler Tissue Salts are modalities used in traditional medicine. Homeopathic uses are based on the Materia Medica and are not supported by clinical trials. These therapies are not substitutions for standard medical care.

Taxonomical Quick Reference

Sorted by English (alphabetically)

| English | Latin |
|--------------------|-------------------------------|
| Almond | <i>Prunus dulcis</i> |
| Bilberry | <i>Vaccinium myrtillus</i> |
| Black Alder | <i>Alnus glutinosa</i> |
| Black Currant | <i>Ribes nigrum</i> |
| Black Poplar | <i>Populus nigra</i> |
| Blackberry | <i>Rubus fruticosus</i> |
| Boston Ivy | <i>Ampelopsis veitchii</i> |
| Cedar of Lebanon | <i>Cedrus libani</i> |
| Corn | <i>Zea mays</i> |
| Crab Apple | <i>Malus sylvestris</i> |
| Dog Rose | <i>Rosa canina</i> |
| Dogwood | <i>Cornus sanguinea</i> |
| Elm | <i>Ulmus campestris</i> |
| English Holly | <i>Ilex aquifolium</i> |
| English Walnut | <i>Juglans regia</i> |
| European Ash | <i>Fraxinus excelsior</i> |
| European Beech | <i>Fagus sylvatica</i> |
| European Hazel | <i>Corylus avellana</i> |
| European Mistletoe | <i>Viscum album</i> |
| Fig | <i>Ficus carica</i> |
| Giant Sequoia | <i>Sequoia gigantea</i> |
| Ginkgo | <i>Ginkgo biloba</i> |
| Grape | <i>Vitis vinifera</i> |
| Hawthorn | <i>Crataegus laevigata</i> |
| Heather | <i>Calluna vulgaris</i> |
| Hornbeam | <i>Carpinus betulus</i> |
| Horse Chestnut | <i>Aesculus hippocastanum</i> |
| Judas Tree | <i>Cercis siliquastrum</i> |
| Juniper | <i>Juniperus communis</i> |
| Lingonberry | <i>Vaccinium vitis-idaea</i> |
| Mugo Pine | <i>Pinus mugo</i> |
| Oak | <i>Quercus robur</i> |
| Olive | <i>Olea europaea</i> |
| Raspberry | <i>Rubus idaeus</i> |
| Rosemary | <i>Rosmarinus officinalis</i> |
| Sea Buckthorn | <i>Hippophae rhamnoides</i> |
| Servicetree | <i>Sorbus domestica</i> |
| Silver Birch | <i>Betula pendula</i> |
| Silver Fir | <i>Abies alba</i> |
| Silver Linden | <i>Tilia tomentosa</i> |
| Spanish Chestnut | <i>Castanea sativa</i> |
| Tamarisk | <i>Tamarix gallica</i> |
| Wayfaring Tree | <i>Viburnum lantana</i> |
| White Birch | <i>Betula pubescens</i> |

Sorted by Latin (alphabetically)

| Latin | English |
|-------------------------------|--------------------|
| <i>Abies alba</i> | Silver Fir |
| <i>Aesculus hippocastanum</i> | Horse Chestnut |
| <i>Alnus glutinosa</i> | Black Alder |
| <i>Ampelopsis veitchii</i> | Boston Ivy |
| <i>Betula pendula</i> | Silver Birch |
| <i>Betula pubescens</i> | White Birch |
| <i>Calluna vulgaris</i> | Heather |
| <i>Carpinus betulus</i> | Hornbeam |
| <i>Castanea sativa</i> | Spanish Chestnut |
| <i>Cedrus libani</i> | Cedar of Lebanon |
| <i>Cercis siliquastrum</i> | Judas Tree |
| <i>Cornus sanguinea</i> | Dogwood |
| <i>Corylus avellana</i> | European Hazel |
| <i>Crataegus laevigata</i> | Hawthorn |
| <i>Fagus sylvatica</i> | European Beech |
| <i>Ficus carica</i> | Fig |
| <i>Fraxinus excelsior</i> | European Ash |
| <i>Ginkgo biloba</i> | Ginkgo |
| <i>Hippophae rhamnoides</i> | Sea Buckthorn |
| <i>Ilex aquifolium</i> | English Holly |
| <i>Juglans regia</i> | English Walnut |
| <i>Juniperus communis</i> | Juniper |
| <i>Malus sylvestris</i> | Crab Apple |
| <i>Olea europaea</i> | Olive |
| <i>Pinus mugo</i> | Mugo Pine |
| <i>Populus nigra</i> | Black Poplar |
| <i>Prunus dulcis</i> | Almond |
| <i>Quercus robur</i> | Oak |
| <i>Ribes nigrum</i> | Black Currant |
| <i>Rosa canina</i> | Dog Rose |
| <i>Rosmarinus officinalis</i> | Rosemary |
| <i>Rubus fruticosus</i> | Blackberry |
| <i>Rubus idaeus</i> | Raspberry |
| <i>Sequoia gigantea</i> | Giant Sequoia |
| <i>Sorbus domestica</i> | Servicetree |
| <i>Tamarix gallica</i> | Tamarisk |
| <i>Tilia tomentosa</i> | Silver Linden |
| <i>Ulmus campestris</i> | Elm |
| <i>Vaccinium myrtillus</i> | Bilberry |
| <i>Vaccinium vitis-idaea</i> | Lingonberry |
| <i>Viburnum lantana</i> | Wayfaring Tree |
| <i>Viscum album</i> | European Mistletoe |
| <i>Vitis vinifera</i> | Grape |
| <i>Zea mays</i> | Corn |

Calm-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------|---------|------|
| Silver Linden (<i>Tilia tomentosa</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Fig (<i>Ficus carica</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Hawthorn (<i>Crataegus laevigata</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23880



SINGLES

Bilberry Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------|---------|------|
| Bilberry (<i>Vaccinium myrtillus</i>) Young Shoot Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23952



Black Alder Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------------|---------|------|
| Black Alder (<i>Alnus glutinosa</i>) Bud Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23950



For more detailed product information, contact your Seroyal representative to order the Phyto-gen Product Guide.



Black Currant Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------|---------|------|
| Black Currant (<i>Ribes nigrum</i>) Bud Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23953



Boston Ivy Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------|---------|------|
| Boston Ivy (<i>Ampelopsis veitchii</i>) Young Shoot Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23975



Blackberry Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------|---------|------|
| Blackberry (<i>Rubus fruticosus</i>) Young Shoot Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23954



Corn Root Bark

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------|---------|------|
| Corn (<i>Zea mays</i>) Root Bark Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23976



SINGLES

Crab Apple Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------|---------|------|
| Crab Apple (<i>Malus sylvestris</i>) Bud Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23951



Dogwood Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------|---------|------|
| Dogwood (<i>Cornus sanguinea</i>) Bud Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23956



Dog Rose Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------|---------|------|
| Dog Rose (<i>Rosa canina</i>) Young Shoot Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23955



English Walnut Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------|---------|------|
| English Walnut (<i>Juglans regia</i>) Bud Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23974



European Hazel Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------------------------|---------|------|
| European Hazel (<i>Corylus avellana</i>) Bud Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23960



European Mistletoe Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------------------|---------|------|
| European Mistletoe (<i>Viscum album</i>) Young Shoot Extract (1:20) 0.28 mL 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23977



Fig Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------|---------|------|
| Fig (<i>Ficus carica</i>) Bud Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23957



Giant Sequoia Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------------|---------|------|
| Giant Sequoia (<i>Sequoia gigantea</i>) Young Shoot Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23958



SINGLES

Ginkgo Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------------------|---------|------|
| Ginkgo (<i>Ginkgo biloba</i>) Bud Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23805



Heather Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------------------------------|---------|------|
| Heather (<i>Calluna vulgaris</i>) Young Shoot Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23961



Hawthorn Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------|---------|------|
| Hawthorn (<i>Crataegus laevigata</i>) Young Shoot Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23959



Horse Chestnut Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------------------|---------|------|
| Horse Chestnut (<i>Aesculus hippocastanum</i>) Bud Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23962



Juniper Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------|---------|------|
| Juniper (<i>Juniperus communis</i>) Young Shoot Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23963



Lingonberry Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------|---------|------|
| Lingonberry (<i>Vaccinium vitis-idaea</i>) Young Shoot Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23964



Mugo Pine Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------|---------|------|
| Mugo Pine (<i>Pinus mugo</i>) Bud Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23965



Oak Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------|---------|------|
| Oak (<i>Quercus robur</i>) Bud Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23966



SINGLES

Olive Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
 Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------|---------|------|
| Olive (<i>Olea europaea</i>) Young Shoot Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
 0.5 fl oz (15 mL)

Product Code
 23967



Rosemary Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
 Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------|---------|------|
| Rosemary (<i>Rosmarinus officinalis</i>) Young Shoot Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
 0.5 fl oz (15 mL)

Product Code
 23969



Raspberry Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
 Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------|---------|------|
| Raspberry (<i>Rubus idaeus</i>) Young Shoot Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
 0.5 fl oz (15 mL)

Product Code
 23968



Sea Buckthorn Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
 Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------|---------|------|
| Sea Buckthorn (<i>Hippophae rhamnoides</i>) Bud Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
 0.5 fl oz (15 mL)

Product Code
 23970



Servicetree Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------|---------|------|
| Servicetree (<i>Sorbus domestica</i>) Bud Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23978



Silver Birch Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------------|---------|------|
| Silver Birch (<i>Betula pendula</i>) Bud Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23971



Silver Fir Young Shoot

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------|---------|------|
| Silver Fir (<i>Abies alba</i>) Young Shoot Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23972



Silver Linden Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------|---------|------|
| Silver Linden (<i>Tilia tomentosa</i>) Bud Extract (1:20) 14 mg Dried Equivalent | 0.28 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23973



SINGLES

Spanish Chestnut Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------|---------|------|
| Spanish Chestnut (<i>Castanea sativa</i>) Bud Extract | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23979



White Birch Bud

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------|---------|------|
| White Birch (<i>Betula pubescens</i>) Bud Extract (1:20) | 0.28 mL | * |
| 14 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23980



SYMBIOTIC COMBINATIONS

Acn-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------|---------|------|
| Elm (<i>Ulmus campestris</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Juniper (<i>Juniperus communis</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Rosemary (<i>Rosmarinus officinalis</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23921



Al-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------|---------|------|
| Black Currant (<i>Ribes nigrum</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Rosemary (<i>Rosmarinus officinalis</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Juniper (<i>Juniperus communis</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23810



Alert-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------|---------|------|
| Silver Linden (<i>Tilia tomentosa</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Fig (<i>Ficus carica</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Olive (<i>Olea europaea</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23922



Antia-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------|---------|------|
| Ginkgo (<i>Ginkgo biloba</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Oak (<i>Quercus robur</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Olive (<i>Olea europaea</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23815



Aox-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------|---------|------|
| Rosemary (<i>Rosmarinus officinalis</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Black Currant (<i>Ribes nigrum</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Black Poplar (<i>Populus nigra</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23870



Art-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------|---------|------|
| Olive (<i>Olea europaea</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Dogwood (<i>Cornus sanguinea</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Black Alder (<i>Alnus glutinosa</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23923



SYMBIOTIC COMBINATIONS

Bn-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------|---------|------|
| Birch (<i>Betula pubescens</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Giant Sequoia (<i>Sequoia gigantea</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Silver Fir (<i>Abies alba</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23890



Cir-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------|---------|------|
| Horse Chestnut (<i>Aesculus hippocastanum</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Spanish Chestnut (<i>Castanea sativa</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Servicetree (<i>Sorbus domestica</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23825



Car-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------|---------|------|
| Juniper (<i>Juniperus communis</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Silver Birch (<i>Betula pendula</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Mugo Pine (<i>Pinus mugo</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23820



Defense-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------|---------|------|
| Dog Rose (<i>Rosa canina</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Black Alder (<i>Alnus glutinosa</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Silver Birch (<i>Betula pendula</i>) Bud Extract (1:20) | 0.09 mL | * |
| 0.47 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23924



Digest-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------|---------|------|
| Black Alder (<i>Alnus glutinosa</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Fig (<i>Ficus carica</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| English Walnut (<i>Juglans regia</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23885



Dtx-gen

SUPPLEMENT FACTS

Serving Size ½ Teaspoon (2.5 mL)
Servings per Container about 80

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------|----------|------|
| Birch (<i>Betula pendula</i>) Sap | 1.92 mL | * |
| Black Currant (<i>Ribes nigrum</i>) Bud Extract (1:20) | 0.125 mL | * |
| 6.3 mg Dried Equivalent | | |
| Birch (<i>Betula pendula</i>) Bud Extract (1:20) | 0.125 mL | * |
| 6.3 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ½ teaspoon (2.5 mL) once daily, or as recommended by your health professional.

Size
6.8 fl oz (200 mL)

Product Code
23925



Ener-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------|---------|------|
| Oak (<i>Quercus robur</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Grape (<i>Vitis vinifera</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Sea Buckthorn (<i>Hippophae rhamnoides</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23926



Fem-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------|---------|------|
| Almond (<i>Prunus dulcis</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Oak (<i>Quercus robur</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Grape (<i>Vitis vinifera</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23936



SYMBIOTIC COMBINATIONS

Fluid-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------------------------|---------|------|
| Olive (<i>Olea europaea</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Almond (<i>Prunus dulcis</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Judas Tree (<i>Cercis siliquastrum</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23830



Gluco-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------|---------|------|
| English Walnut (<i>Juglans regia</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Olive (<i>Olea europaea</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Black Poplar (<i>Populus nigra</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23938



GInd-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------------------------------|---------|------|
| White Birch (<i>Betula pubescens</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Rosemary (<i>Rosmarinus officinalis</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Raspberry (<i>Rubus idaeus</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23937



Growth-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------|---------|------|
| Silver Birch (<i>Betula pendula</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Silver Fir (<i>Abies alba</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Dog Rose (<i>Rosa canina</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23835



Hemo-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------------------|---------|------|
| Tamarisk (<i>Tamarix gallica</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Dogwood (<i>Cornus sanguinea</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Hornbeam (<i>Carpinus betulus</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23875



Hpe-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------|---------|------|
| Dogwood (<i>Cornus sanguinea</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Hawthorn (<i>Crataegus laevigata</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Dog Rose (<i>Rosa canina</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23840



Hpo-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------|---------|------|
| Servicetree (<i>Sorbus domestica</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Almond (<i>Prunus dulcis</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| White Birch (<i>Betula pubescens</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23920



Imu-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------|---------|------|
| Sea Buckthorn (<i>Hippophae rhamnoides</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| English Walnut (<i>Juglans regia</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Dog Rose (<i>Rosa canina</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23865



SYMBIOTIC COMBINATIONS

Intest-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------------------------------|---------|------|
| English Walnut (<i>Juglans regia</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Rosemary (<i>Rosmarinus officinalis</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Lingonberry (<i>Vaccinium vitis-idaea</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23927



Liv-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------------------------------------|---------|------|
| Juniper (<i>Juniperus communis</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Black Currant (<i>Ribes nigrum</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| English Walnut (<i>Juglans regia</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23928



Meno-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------------------------------|---------|------|
| Raspberry (<i>Rubus idaeus</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Mugo Pine (<i>Pinus mugo</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Lingonberry (<i>Vaccinium vitis-idaea</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23845



Met-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------------------------------------|---------|------|
| Olive (<i>Olea europaea</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Almond (<i>Prunus dulcis</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Rosemary (<i>Rosmarinus officinalis</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23915



Micro-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------|---------|------|
| Ginkgo (<i>Ginkgo biloba</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| European Hazel (<i>Corylus avellana</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Bilberry (<i>Vaccinium myrtillus</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23850



Mig-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------|---------|------|
| Fig (<i>Ficus carica</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Black Currant (<i>Ribes nigrum</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Black Alder (<i>Alnus glutinosa</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23929



Mns-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|--------------------------------------------------------------------------|---------|------|
| Black Currant (<i>Ribes nigrum</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Rosemary (<i>Rosmarinus officinalis</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Raspberry (<i>Rubus idaeus</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23930



Ocu-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-----------------------------------------------------------------------|---------|------|
| Bilberry (<i>Vaccinium myrtillus</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Sea Buckthorn (<i>Hippophae rhamnoides</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Judas Tree (<i>Cercis siliquastrum</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23931



SYMBIOTIC COMBINATIONS

Osteo-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------------------------------|---------|------|
| Mugo Pine (<i>Pinus mugo</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Lingonberry (<i>Vaccinium vitis-idaea</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Blackberry (<i>Rubus fruticosus</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23855



Perid-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------------------------------------------|---------|------|
| Oak (<i>Quercus robur</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Dog Rose (<i>Rosa canina</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Cedar of Lebanon (<i>Cedrus libani</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23932



Pulmo-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------------------------------|---------|------|
| European Beech (<i>Fagus sylvatica</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| European Hazel (<i>Corylus avellana</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Blackberry (<i>Rubus fruticosus</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23900



Renal-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------|---------|------|
| Juniper (<i>Juniperus communis</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Elm (<i>Ulmus campestris</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Corn (<i>Zea mays</i>) Root Bark Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size

0.5 fl oz (15 mL)

Product Code

23939



Renu-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|-------------------------------------------------------------|---------|------|
| Hawthorn (<i>Crataegus oxyacantha</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Oak (<i>Quercus robur</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Silver Linden (<i>Tilia tomentosa</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23940



Skn-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------|---------|------|
| English Walnut (<i>Juglans regia</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Elm (<i>Ulmus campestris</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Cedar of Lebanon (<i>Cedrus libani</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23933



Spm-gen (formerly Spasm-gen)

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------|---------|------|
| Juniper (<i>Juniperus communis</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Silver Linden (<i>Tilia tomentosa</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| English Holly (<i>Ilex aquifolium</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23910



Tonic-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|----------------------------------------------------------------------|---------|------|
| Oak (<i>Quercus robur</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Giant Sequoia (<i>Sequoia gigantea</i>) Young Shoot Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |
| Black Currant (<i>Ribes nigrum</i>) Bud Extract (1:20) | 0.09 mL | * |
| 4.7 mg Dried Equivalent | | |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23934



SYMBIOTIC COMBINATIONS

Trauma-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
 Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------|---------|------|
| Black Alder (<i>Alnus glutinosa</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Black Currant (<i>Ribes nigrum</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Hawthorn (<i>Crataegus laevigata</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23905



Vri-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
 Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|---------------------------------------------------------------------------------------------|---------|------|
| Black Currant (<i>Ribes nigrum</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Sea Buckthorn (<i>Hippophae rhamnoides</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Black Alder (<i>Alnus glutinosa</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23935



Uri-gen

SUPPLEMENT FACTS

Serving Size 10 Drops (0.28 mL)
 Servings per Container about 53

| AMOUNT PER SERVING | | % DV |
|------------------------------------------------------------------------------------------------|---------|------|
| Silver Birch (<i>Betula pendula</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| Juniper (<i>Juniperus communis</i>) Young Shoot Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |
| European Ash (<i>Fraxinus excelsior</i>) Bud Extract (1:20) 4.7 mg Dried Equivalent | 0.09 mL | * |

* Daily Value (DV) not established

Other ingredients: Purified water, ethanol (grain), glycerin

Recommended Dose

Adults and Children (over 12 years): Take ten drops once daily or as recommended by your health professional.

Size
0.5 fl oz (15 mL)

Product Code
23860





Glandular Extracts

Genestra Brands glandular extracts are obtained from fresh animal tissues and freeze-dried to preserve the maximum potency and activity of all components.

Genestra Brands glandular extracts are prepared with pure material, fresh plants and animal tissue extracts. All of our glandular extracts are obtained from mature, free-range stock, lyophilized to preserve their maximum potency and bioactivity. Our glandular extracts are sourced from healthy animals in government-inspected facilities using proper sanitation and handling methods. Our glandular extracts contain only natural ingredients.

TADS

Adrenal formulation

- 165 mg per tablet
- Provides the whole adrenal gland, including the adrenal cortex and medulla

Convenient tablet format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Tablet
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|--------------------------------------|--------|------|
| Calcium | 47 mg | 4% |
| Bovine (<i>Bos taurus</i>) Adrenal | 165 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, dibasic calcium phosphate dihydrate, croscarmellose sodium, silica, magnesium stearate, hypromellose, glycerin

Recommended Dose

Take one tablet two times daily with meals or as recommended by your health professional.

Size

60 Tablets

Product Code

08300



THYM

Thymus glandular formulation

- Provides freeze-dried bovine thymus

Convenient Vegetarian capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|-------------------------------------|--------|------|
| Bovine (<i>Bos taurus</i>) Thymus | 400 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, vegetarian capsule (hypromellose), magnesium stearate

Recommended Dose

Take two capsules two times daily with meals, or as recommended by your health professional.

Size

60 Capsules

Product Code

08312



TLIP

Liver formulation

- 550 mg per capsule

Convenient Vegetarian capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|------------------------------------|--------|------|
| Bovine (<i>Bos taurus</i>) Liver | 550 mg | * |

* Daily Value (DV) not established

Other ingredients: Vegetarian capsule (hypromellose), silica

Recommended Dose

Take one capsule three times daily with meals or as recommended by your health professional.

Size

60 Capsules

Product Code

08317



TMG

Multi-glandular formulation

- Source of iron

Convenient Vegetarian capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 3 Capsules
Servings per Container 40

| AMOUNT PER SERVING | | % DV |
|----------------------------------------|----------|------|
| Iron | 0.717 mg | 4% |
| Bovine (<i>Bos taurus</i>) Liver | 555 mg | * |
| Porcine (<i>Sus scrofa</i>) Brain | 489 mg | * |
| Porcine (<i>Sus scrofa</i>) Stomach | 135 mg | * |
| Bovine (<i>Bos taurus</i>) Kidney | 120 mg | * |
| Bovine (<i>Bos taurus</i>) Heart | 120 mg | * |
| Bovine (<i>Bos taurus</i>) Spleen | 69 mg | * |
| Bovine (<i>Bos taurus</i>) Pancreas | 60 mg | * |
| Porcine (<i>Sus scrofa</i>) Duodenum | 27 mg | * |
| Bovine (<i>Bos taurus</i>) Adrenal | 6 mg | * |

* Daily Value (DV) not established

Other ingredients: Vegetarian capsule (hypromellose), dibasic calcium phosphate dihydrate, magnesium stearate

Recommended Dose

Take three capsules two times daily with meals or as recommended by your health professional.

Size

120 Capsules

Product Code

08314



TPTP

Pituitary formulation

- 90 mg per capsule

Convenient Vegetarian capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 2 Capsules
Servings per Container 30

| AMOUNT PER SERVING | | % DV |
|----------------------------------------|--------|------|
| Bovine (<i>Bos taurus</i>) Pituitary | 180 mg | * |

* Daily Value (DV) not established

Other ingredients: Cellulose, vegetarian capsule (hypromellose), magnesium stearate

Recommended Dose

Take two capsules two times daily with meals or as recommended by your health professional.

Size

60 Capsules

Product Code

08323



TSPP

Spleen formulation

- 300 mg per capsule

Convenient Vegetarian capsule format

- Increases patient compliance

SUPPLEMENT FACTS

Serving Size 1 Capsule
Servings per Container 60

| AMOUNT PER SERVING | | % DV |
|-------------------------------------|--------|------|
| Bovine (<i>Bos taurus</i>) Spleen | 300 mg | * |

* Daily Value (DV) not established

Other ingredients: Vegetarian capsule (hypromellose), cellulose, silica

Recommended Dose

Take one capsule two times daily with meals or as recommended by your health professional.

Size

60 Capsules

Product Code

08324





Homeopathic Preparations

Genestra Brands homeopathic remedies are prepared with pure materials and fresh plants that are harvested during their most bioactive period.

Genestra Brands homeopathic endocrine formulas are prepared according to homeopathic methods and are developed based on the principles of organotherapy.

The term “homeopathy” is derived from the Greek words homeo (similar) and pathos (suffering or disease). The first basic principles of homeopathy were formulated by German physician Samuel Hahnemann in the late 1700’s. The practice of homeopathy is based on the belief that disease symptoms can be cured by small doses of substances which produce similar symptoms in healthy people.

Central to all homeopathy is the determination of the effect of substances on healthy volunteers and the use of the developed “drug picture” by the consumer and/or trained health care practitioners according to the homeopathic principle of similia similibus curentur - Let Likes be cured by Likes. Homeopathic drugs, by international convention, are designated by their Latin names.

The potencies of homeopathic drugs are specified in terms of dilution, i.e., 1X (1/10 dilution), 2X (1/100 dilution), etc. Also called homeopathic attenuation, the potency refers to the number of times the original substance has been diluted and succussed according to a method described in homeopathic pharmacopoeia.

Homeopathic potency is written as a number associated with one of the following letters or combinations of letters: X, D, C, CH, K, CK, M, MK, LM or Q (see below).

| Dilution Scales | |
|--------------------------|-------------------------|
| Scale | Designation Equivalence |
| Decimal (1/10) | X = D = DH |
| Centesimal (1/100) | CH = C = CK = K |
| Millesimal (1/1000) | M = MK |
| 50 Millesimal (1/50,000) | LM = Q |

So, in summary in a product containing *Sepia* 4X, the substance was diluted with nine parts dilutant and repeated four times (1/10,000 dilution), whereas for preparing *Sepia* 4CH, the substance was diluted with 99 parts dilutant and repeated 4 times (1/100,000,000 dilution).

Homeopathy, Phytotherapy, Gemmotherapy, Oligo-elements and Schüssler Tissue Salts are modalities used in traditional medicine. Homeopathic uses are based on the Materia Medica and are not supported by clinical trials. These therapies are not substitutions for standard medical care.

Can Albex 30X

Candida albicans

- Homeopathic nosode preparation that is part of the unique Can Albex Candidiasis Program, specifically formulated according to the Homeopathic Materia Medica
- Helps maintain natural resistance to thrush

Easy-to-use

- 10 drops, two to three times daily ensures patient compliance

Ideal for vegans

- Convenient liquid format

DRUG FACTS

| ACTIVE INGREDIENTS | PURPOSE |
|-----------------------------|-------------------|
| <i>Candida albicans</i> 30X | Fungal infections |

X is a homeopathic dilution: see www.seroyal.com/homeopathics for details.

Uses

- Helps to maintain natural resistance to thrush.
 - Temporarily alleviates mild yeast infection symptoms.
- Product 'Uses' are based on Homeopathic Materia Medica and are not supported by clinical trials. These 'Uses' have not have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.
If pregnant or breastfeeding, ask a health professional before use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place. Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Inactive ingredients Ethanol (beet), purified water

Size
1 fl oz (30 mL)

Product Code
1061230



To order, call **1.888.737.6925**
 For more information, visit Seroyal.com

Can Albex 500X

Candida albicans

- Homeopathic nosode preparation that is part of the unique Can Albex Candidiasis Program, specifically formulated according to the Homeopathic Materia Medica
- Helps maintain natural resistance to thrush

Easy-to-use

- 10-30 drops, one to three times daily ensures patient compliance

Ideal for vegans

- Convenient liquid format

DRUG FACTS

| ACTIVE INGREDIENTS | PURPOSE |
|------------------------------|-------------------|
| <i>Candida albicans</i> 500X | Fungal infections |

X is a homeopathic dilution: see www.seroyal.com/homeopathics for details.

Uses

- Helps to maintain natural resistance to thrush.
 - Temporarily alleviates mild yeast infection symptoms.
- Product 'Uses' are based on Homeopathic Materia Medica and are not supported by clinical trials. These 'Uses' have not have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.
If pregnant or breastfeeding, ask a health professional before use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place. Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Inactive ingredients Ethanol (beet), purified water

Size
1 fl oz (30 mL)

Product Code
10612500



†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Fucus Complex

Homeopathic preparation of *Fucus vesiculosus*, *Badiaga* and *Spongia tosta*

- Homeopathic remedy used to help promote and maintain normal metabolic functions

Convenient liquid format

- Increases patient compliance

DRUG FACTS

ACTIVE INGREDIENTS

| ACTIVE INGREDIENTS | PURPOSE |
|---------------------------------------------------------|------------------|
| Each drop contains: | |
| <i>Badiaga</i> (River sponge) 3X..... | Thyroid function |
| <i>Fucus vesiculosus</i> (Bladderwrack) Thallus 1X..... | Thyroid function |
| <i>Spongia tosta</i> (Roasted sponge) 2X..... | Thyroid function |

X is a homeopathic dilution: see www.seroyal.com/homeopathics for details.

Uses Helps promote and maintain normal metabolic functions.

Product 'Uses' are based on Homeopathic Materia Medica and are not supported by clinical trials. These 'Uses' have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place.

Inactive ingredients Ethanol (beet), purified water

Size

1.7 fl oz (50 mL)

Product Code

11744



Fungisode

Broad-spectrum homeopathic preparation

- Multiminerals, herbs and isopathic substances

Easy-to-use

- 10 drops, two to three times daily ensures patient compliance. For maximum benefits, use Fungisode with the Can Albex Candidiasis Program

Convenient liquid format

- Increases patient compliance

DRUG FACTS

ACTIVE INGREDIENTS

| ACTIVE INGREDIENTS | PURPOSE |
|--------------------------------------------------------------------------------|------------------|
| Each drop contains: | |
| <i>Arsenicum album</i> (Arsenic trioxide) 4CH..... | Stuffy nose |
| <i>Berberis vulgaris</i> (Barberry) Bark 4CH..... | Mild Fever |
| <i>Calcarea carbonica</i> (Impure calcium carbonate from oyster shell) 8X..... | Mild Fever |
| <i>Candida albicans</i> 12X..... | Fungal infection |
| <i>Carbo vegetabilis</i> (Vegetable charcoal) 7CH..... | Chills |
| <i>Chelidonium majus</i> (Greater celandine) Rhizome and Root 4CH..... | Headache |
| <i>Echinacea purpurea</i> (Purple cone-flower) Aerial Parts 3X..... | Chills |
| <i>Hepar sulphuris calcareum</i> (Liver of sulfur) 5CH..... | Runny nose |
| <i>Kreosotum</i> (Creosote from beech tar) 5CH..... | Weakness |
| <i>Lycopodium clavatum</i> (Clubmoss) Spore 5CH..... | Congestion |
| <i>Mercurius solubilis</i> (Hahnemann's soluble mercury) 5CH..... | Mild fever |
| <i>Muriaticum acidum</i> (Hydrochloric acid) 7CH..... | Headache |
| <i>Nitricum acidum</i> (Nitric acid) 5CH..... | Swollen glands |
| <i>Oxalicum acidum</i> (Oxalic acid) 8X..... | Chills |
| <i>Sepia officinalis</i> (Sepia) Dried Inky Secretion 5CH..... | Mild Fever |
| <i>Sulphur</i> (Sublimed sulfur) 4CH..... | Chills |

X and CH are homeopathic dilutions: see www.seroyal.com/homeopathics for details.

Uses For the temporary relief of symptoms associated with minor fungal, viral and bacterial infections.

Product 'Uses' are based on Homeopathic Materia Medica and are not supported by clinical trials. These 'Uses' have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information

Store in a cool, dry place.

Inactive ingredients

Ethanol (beet), purified water

Do not use if outer seal is missing or broken.

Contains: Shellfish

Size

1 fl oz (30 mL)

Product Code

10601



HAD

Organotherapy and homeopathic remedy

- Homeopathic preparation of rabbit adrenal and spleen and botanicals

Convenient liquid format

- Increases patient compliance

DRUG FACTS

| ACTIVE INGREDIENTS | PURPOSE |
|------------------------------------------------------------------------------------------------------------------------------|--------------|
| Each drop contains: | |
| <i>Atropinum sulphuricum</i> (Atropine sulfate) 6X..... | Weakness |
| <i>Berberis vulgaris</i> (Barberry) Bark 3X..... | Limb fatigue |
| <i>Bryonia</i> (White bryony) Root 4X..... | Irritability |
| <i>Carduus marianus</i> (Milk thistle) Fruit 2X..... | Headache |
| <i>Chelidonium majus</i> (Greater celandine) Rhizome and Root 3X..... | Drowsiness |
| <i>Echinacea angustifolia</i> (Coneflower) Aerial Parts 2X..... | Exhaustion |
| <i>Lycopodium clavatum</i> (Clubmoss) Spores 12X..... | Weakness |
| <i>Magnesia phosphorica</i> (Magnesium hydrogen phosphate) 6X..... | Tired |
| <i>Oryctolagus cuniculus</i> (Rabbit) Adrenal Gland 10X..... | Exhaustion |
| <i>Oryctolagus cuniculus</i> (Rabbit) Spleen 10X..... | Weakness |
| <i>Zingiber officinale</i> (Ginger) Rhizome 2X..... | Exhaustion |
| X is a homeopathic dilution: see www.seroyal.com/homeopathics for details. | |

Uses Helps promote and maintain ■ natural resistance to stress ■ normal energy levels. Product 'Uses' are based on Homeopathic Materia Medica and have not been clinically tested. These 'Uses' have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place.

Inactive ingredients Ethanol (beet), purified water

Size
1 fl oz (30 mL)

Product Code
09622



HFE

Organotherapy and homeopathic remedy

- Homeopathic preparation with rabbit ovary, adrenal and uterus and botanicals

Convenient liquid format

- Increases patient compliance

DRUG FACTS

| ACTIVE INGREDIENTS | PURPOSE |
|------------------------------------------------------------------------------------------------------------------------------|------------------|
| Each drop contains: | |
| <i>Apis mellifica</i> 5X..... | Ovarian pain |
| Belladonna Whole Plant 4X..... | Cramps |
| (< 10-6 % alkaloids, calculated) | |
| <i>Caulophyllum thalictroides</i> Underground Parts 4X..... | Cramps |
| <i>Cimicifuga racemosa</i> Root/Rhizome 6X..... | Irregular menses |
| <i>Dioscorea villosa</i> Underground Parts 4X..... | Uterine colic |
| <i>Gelsemium sempervirens</i> Root 8X..... | Cramps |
| <i>Helonias dioica</i> Root/Rhizome 4X..... | Uterine tonic |
| <i>Magnesia phosphorica</i> 10X..... | Menstrual colic |
| <i>Oryctolagus cuniculus</i> (Rabbit) Adrenal Gland 10X..... | Exhaustion |
| <i>Oryctolagus cuniculus</i> (Rabbit) Ovary 10X..... | Ovarian function |
| <i>Oryctolagus cuniculus</i> (Rabbit) Uterus 10X..... | Cramps |
| <i>Viburnum opulus</i> Bark 2X..... | Irregular menses |
| X is a homeopathic dilution: see www.seroyal.com/homeopathics for details. | |

Uses Helps promote and maintain general female reproductive health. Product 'Uses' are based on Homeopathic Materia Medica and have not been clinically tested. These 'Uses' have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place.

Inactive ingredients Ethanol (beet), purified water

Size
1 fl oz (30 mL)

Product Code
09623



HHR

Organotherapy and homeopathic remedy

- Homeopathic preparation with rabbit heart and botanicals

Convenient liquid format

- Increases patient compliance

DRUG FACTS

ACTIVE INGREDIENTS

Each drop contains:

| ACTIVE INGREDIENTS | PURPOSE |
|--------------------------------------------------------------------|-------------------|
| <i>Arnica montana</i> (Mountain arnica) Underground Parts 6X | Weak pulse |
| <i>Aurum muriaticum</i> (Gold chloride) 6X | Palpitations |
| <i>Cactus grandiflorus</i> (Night-blooming cereus) Stem/Flowers 3X | Chills |
| <i>Convallaria majalis</i> (Lily of the valley) Aerial Parts 3X | Rapid pulse |
| <i>Digitalis purpurea</i> (Foxglove) Leaves 6X | Weak pulse |
| <i>Oryctolagus cuniculus</i> (Rabbit) Heart (Cardinum) 10X | Heart function |
| <i>Spigelia marilandica</i> (Indian pink) Root/Rhizome 5X | Accelerated pulse |
| <i>Valeriana officinalis</i> (Valerian) Root 3X | Rapid pulse |
| <i>Veratrum album</i> (White hellebore) Root/Rhizome 4X | Irregular pulse |

X is a homeopathic dilution: see www.seroyal.com/homeopathics for details.

Uses Helps promote and maintain ■ healthy circulatory system ■ overall heart health
Product 'Uses' are based on Homeopathic Materia Medica and are not supported by clinical trials. These 'Uses' have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place.

Inactive ingredients Ethanol (beet), purified water

Size

1 fl oz (30 mL)

Product Code

09624



HKI

Kidney organotherapy and homeopathic remedy

- Homeopathic preparation with reninum and botanicals

Convenient liquid format

- Increases patient compliance

DRUG FACTS

ACTIVE INGREDIENTS

Each drop contains:

| ACTIVE INGREDIENTS | PURPOSE |
|----------------------------------------------------|--------------------|
| <i>Atropinum sulphuricum</i> 6X | Frequent urination |
| <i>Benzoicum acidum</i> 6X | Bladder function |
| <i>Berberis vulgaris</i> (Barberry) Bark 5X | Bladder pain |
| <i>Calcarea carbonica</i> 12X | Frequent urination |
| <i>Colocynthis</i> (Bitter apple) Dried fruit 6X | Urge to urinate |
| <i>Coccus cacti</i> (Cochineal) 5X | Bladder function |
| <i>Lapis albus</i> (Gastein rock) 12CH | Painful urination |
| <i>Lithium carbonicum</i> 6X | Turbid urine |
| <i>Lycopodium clavatum</i> (Clubmoss) Spores 5X | Slow urine |
| <i>Oryctolagus cuniculus</i> (Rabbit) Kidney 10X | Decreased urine |
| <i>Rubia tinctorum</i> (Madder) Root 4X | Kidney pain |
| <i>Sarsaparilla</i> Root 1X | Urge to urinate |
| <i>Urtica urens</i> (Dwarf nettle) Aerial parts 1X | Renal colic |

X and CH are homeopathic dilutions: see www.seroyal.com/homeopathics for details.

Uses Helps promote and maintain healthy kidney and urinary tract functions.

Product 'Uses' are based on Homeopathic Materia Medica and are not supported by clinical trials. These 'Uses' have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place.

Inactive ingredients Ethanol (beet), purified water

Size

1 fl oz (30 mL)

Product Code

09625



HLIP

Organotherapy and homeopathic remedy

- Homeopathic preparation with liver, multiple botanicals and minerals

Convenient liquid format

- Increases patient compliance

DRUG FACTS

| ACTIVE INGREDIENTS | PURPOSE |
|------------------------------------------------------|----------------|
| Each drop contains: | |
| <i>Atropinum sulphuricum</i> 6X..... | Stomach pain |
| <i>Bryonia alba</i> Root 6X..... | Constipation |
| <i>Berberis vulgaris</i> Bark 4X..... | Heartburn |
| <i>Carduus marianus</i> Fruit 2X..... | Liver function |
| <i>Chelidonium majus</i> Root/Rhizome 4X..... | Colic |
| <i>Leptandra virginica</i> Underground Parts 3X..... | Nausea |
| <i>Lycopodium clavatum</i> Spores 12X..... | Indigestion |
| <i>Magnesia muricata</i> 4X..... | Bloating |
| <i>Natrum muriaticum</i> 5X..... | Heartburn |
| <i>Natrum sulphuricum</i> 6X..... | Flatulence |
| <i>Oryctolagus cuniculus</i> (Rabbit) Liver 10X..... | Liver function |
| <i>Zingiber officinale</i> Rhizome 2X..... | Poor digestion |

X and CH are homeopathic dilutions: see www.seroyal.com/homeopathics for details.

Uses Helps promote and maintain a healthy digestive tract and general liver and gall bladder functions.

Product 'Uses' are based on Homeopathic Materia Medica and have not been clinically tested. These 'Uses' have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place.

Inactive ingredients Ethanol (beet), purified water

Size
1 fl oz (30 mL)

Product Code
09628



HLU

Organotherapy and homeopathic remedy

- Homeopathic preparation with lung, botanicals and minerals

Convenient liquid format

- Increases patient compliance

DRUG FACTS

| ACTIVE INGREDIENTS | PURPOSE |
|----------------------------------------------------------------|---------------|
| Each drop contains: | |
| <i>Arsenicum iodatum</i> (Arsenic triiodide) 7X..... | Expectoration |
| <i>Calcarea phosphorica</i> (Calcium phosphate) 10X..... | Dry throat |
| <i>Carbo vegetabilis</i> (Vegetable charcoal) 12X..... | Hoarseness |
| <i>Oryctolagus cuniculus</i> (Rabbit) Lung (Pulminum) 10X..... | Lung function |
| <i>Phellandrium aquaticum</i> (Water fennel) Fruit 5X..... | Mucus |
| <i>Silicea</i> (Silica) 12X..... | Hoarseness |
| <i>Stannum metallicum</i> (Tin) 10X..... | Fatigue |
| Sulphur (Sublimed sulfur) 12X..... | Mucus |
| <i>Thymus vulgaris</i> (Thyme) Aerial Parts 4X..... | Expectoration |

X is a homeopathic dilution: see www.seroyal.com/homeopathics for details.

Uses Helps promote and maintain ■ respiratory tract health ■ general lung health. Product 'Uses' are based on Homeopathic Materia Medica and have not been clinically tested. These 'Uses' have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place.

Inactive ingredients Ethanol (beet), purified water

Size
1 fl oz (30 mL)

Product Code
09626



HPNP

Organotherapy and homeopathic remedy

- Homeopathic preparation with rabbit pancreas and kidney and botanicals

Convenient liquid format

- Increases patient compliance

DRUG FACTS

ACTIVE INGREDIENTS

Each drop contains:

| | PURPOSE |
|---------------------------------------------------------------------------|------------------|
| <i>Berberis vulgaris</i> (Barberry) Root Bark 2X | Heartburn |
| <i>Chelidonium majus</i> (Greater Root/Rhizome) 4X | Bellyache |
| <i>Kreosotum</i> (Creosote) 6X | Abdominal cramps |
| <i>Natrium sulphuricum</i> (Sodium sulfate) 6X | Colic |
| <i>Oryctolagus cuniculus</i> (Rabbit) Kidney (Reninum) 10X | Renal function |
| <i>Oryctolagus cuniculus</i> (Rabbit) Pancreatin (Pancreatinum) 10X | Irritable bowel |
| <i>Phosphoricum acidum</i> (Phosphoric acid) 4X | Flatulence |
| <i>Syzygium jambolanum</i> (Jambol seed) Fruit 10X | Blood sugar |
| <i>Vaccinium myrtillus</i> (Bilberry) Berries 2X | Indigestion |

X is a homeopathic dilution: see www.seroyal.com/homeopathics for details.

Uses Helps promote and maintain ■ healthy digestive functions ■ normal blood sugar levels
Product 'Uses' are based on Homeopathic Materia Medica and have not been clinically tested. These 'Uses' have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place.

Inactive ingredients Ethanol (beet), purified water

Size

1 fl oz (30 mL)

Product Code

09629



HPTP

Organotherapy and homeopathic remedy

- Homeopathic preparation with rabbit pituitary and adrenal, and botanicals

Convenient liquid format

- Increases patient compliance

DRUG FACTS

ACTIVE INGREDIENTS

Each drop contains:

| | PURPOSE |
|---------------------------------------------------------------------|----------------|
| <i>Arnica montana</i> (Mountain arnica) Underground Parts 6X | Limb stiffness |
| <i>Achillea millefolium</i> (Yarrow) Aerial Parts 6X | Overexertion |
| <i>Erigeron canadensis</i> (Horse-weed) Aerial Parts 6X | Aching joints |
| <i>Hydrastis canadensis</i> (Goldenseal) Underground Parts 6X | Limb Pain |
| <i>Oryctolagus cuniculus</i> (Rabbit) Adrenal Gland 10X | Exhaustion |
| <i>Oryctolagus cuniculus</i> (Rabbit) Pituitary Gland 10X | Growth control |
| Sabina (Savin) Twig 8X | Joint pain |
| <i>Secale cornutum</i> (Rye ergot) Sclerotium 8X | Mental fatigue |

X is a homeopathic dilution: see www.seroyal.com/homeopathics for details.

Uses Helps promote and maintain ■ growth and development ■ normal energy levels
Product 'Uses' are based on Homeopathic Materia Medica and are not supported by clinical trials. These 'Uses' have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place.

Inactive ingredients Ethanol (beet), purified water

Size

1 fl oz (30 mL)

Product Code

09630



HTHY

Organotherapy and homeopathic remedy

- Homeopathic preparation with rabbit adrenal, pituitary, spleen, thyroid and thymus, botanicals and minerals

Convenient liquid format

- Increases patient compliance

DRUG FACTS

ACTIVE INGREDIENTS

Each drop contains:

| ACTIVE INGREDIENTS | PURPOSE |
|----------------------------------------------------------------|------------------|
| <i>Calcarea carbonica</i> 8X..... | Fatigue |
| <i>Calcarea iodata</i> 4X..... | Thyroid function |
| <i>Ferrum iodatum</i> 6X..... | Fatigue |
| <i>Fucus vesiculosus</i> (Bladderwrack) Thallus 6X..... | Thyroid function |
| <i>Hepar sulphuris calcareum</i> 8X..... | Chills |
| <i>Kali iodatum</i> 6X..... | Fatigue |
| <i>Lapis albus</i> (Gastein rock) Calcium Fluosilicate 6X..... | Thyroid function |
| <i>Oryctolagus cuniculus</i> (Rabbit) Adrenal Gland 10X..... | Exhaustion |
| <i>Oryctolagus cuniculus</i> (Rabbit) Pituitary Gland 10X..... | Growth control |
| <i>Oryctolagus cuniculus</i> (Rabbit) Spleen 10X..... | Weakness |
| <i>Oryctolagus cuniculus</i> (Rabbit) Thymus Gland 10X..... | Growth control |
| <i>Oryctolagus cuniculus</i> (Rabbit) Thyroid Gland 10X..... | Growth control |
| <i>Spongia tosta</i> (Roasted Sponge) 6X..... | Exhaustion |

X is a homeopathic dilution: see www.seroyal.com/homeopathics for details.

Uses Helps promote and maintain normal metabolic functions.

Product 'Uses' are based on Homeopathic Materia Medica and are not supported by clinical trials. These 'Uses' have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place.

Inactive ingredients Ethanol (beet), purified water

Size

1 fl oz (30 mL)

Product Code

09631



HTYP

Organotherapy and homeopathic remedy

- Homeopathic preparation with rabbit thymus, botanicals and minerals

Convenient liquid format

- Increases patient compliance

DRUG FACTS

ACTIVE INGREDIENTS

Each drop contains:

| ACTIVE INGREDIENTS | PURPOSE |
|-------------------------------------------------------------------|-----------------|
| <i>Arsenicum album</i> (Arsenic trioxide) 6X..... | Stuffy nose |
| <i>Belladonna</i> (Deadly nightshade) Whole Plant 6X..... | Fever |
| <i>Calcarea fluorica</i> (Calcium fluoride) 6X..... | Head cold |
| <i>Calcarea sulphurica</i> (Calcium sulfate) 4X..... | Sore Throat |
| <i>Echinacea angustifolia</i> (Coneflower) Whole Plant 1X..... | Nausea |
| <i>Hepar sulphuris calcareum</i> (Impure calcium sulfide) 8X..... | Swollen Glands |
| <i>Nux moschata</i> (Nutmeg) Seed 3X..... | Cough |
| <i>Oryctolagus cuniculus</i> (Rabbit) Thymus Gland 10X..... | Growth Disorder |
| <i>Silicea</i> (Silica) 6X..... | Sore Throat |
| <i>Sulphur iodatum</i> (Sulfur iodide) 6X..... | Sneezing |

X is a homeopathic dilution: see www.seroyal.com/homeopathics for details.

Uses Helps promote and maintain ■ healthy immune system function ■ overall health Product 'Uses' are based on Homeopathic Materia Medica and have not been clinically tested. These 'Uses' have not been evaluated by the Food and Drug Administration.

Warnings

Stop use and ask a doctor if symptoms persist or worsen.

If pregnant or breastfeeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions ■ To be taken 20 minutes away from food. ■ Place drops directly under the tongue or into ¼ oz. of water. ■ Adults and adolescents (12 years and older): Take ten drops two to three times daily or as recommended by your health professional. ■ Children (under 12 years): Take under the direction of your health professional.

Other information Store in a cool, dry place.

Inactive ingredients Ethanol (beet), purified water

Size

1 fl oz (30 mL)

Product Code

09632





Topicals

Genestra Brands topicals are prepared with naturally-sourced plant oils, herbal extracts, vitamins and other complementary ingredients. The convenient topical format is easy to use and provides moisture directly to the skin. The gluten free, dairy free and vegan formulas are specifically designed for individualized needs.

Lymphagen Cream

Unique combination of cleavers, burdock, celandine and other complementary ingredients

- St. John's wort, calendula, echinacea, osha, dandelion, red clover, meadowfoam, clary, rosemary and lavender

Ideal for vegans

- Convenient topical cream format

INGREDIENTS: Water, Herbal Tincture [Arctium Lappa Root Extract, Calendula Officinalis Flower Extract, Echinacea Purpurea Root Extract, Ligusticum Porteri Root Extract, Galium Aparine Extract, Chelidonium Majus Extract, Hypericum Perforatum Flower/Leaf/Stem Extract, Taraxacum Officinale (Dandelion) Rhizome/Root Extract, Trifolium Pratense (Clover) Flower Extract], Glyceryl Stearate, Glycerin, Limnanthes Alba (Meadowfoam) Seed Oil, Cetearyl Oliviate, Sorbitan Oliviate, Calendula Officinalis Flower Oil, Squalane, Caprylic/Capric Triglyceride, Glycereth-2 Cocoate, Benzoic Acid, Sodium PCA, Xanthan Gum, Tocopheryl Acetate, Allantoin, Rosmarinus Officinalis (Rosemary) Leaf Oil, Salvia Sclarea (Clary) Oil, Lavandula Hybrida Oil

Recommended Application

Apply liberally to skin as needed, or as recommended by your health professional. For external use only.

Size

Net Weight 2 oz (56 g)

Product Code

07551



Dermagen C

Unique combination of vitamin C as ascorbyl glucoside and other complementary ingredients

- Meadowfoam, calendula and lavender

Ideal for vegans

- Convenient topical cream format

INGREDIENTS: Water, Glyceryl Stearate, Glycerin, Limnanthes Alba (Meadowfoam) Seed Oil, Cetearyl Oliviate, Sorbitan Oliviate, Sodium Hydroxide, Ascorbyl Glucoside, Calendula Officinalis Flower Oil, Squalane, Caprylic/Capric Triglyceride, Xanthan Gum, Sodium Citrate, Tocopheryl Acetate, Allantoin, Glycereth-2 Cocoate, Benzoic Acid, Sodium PCA, Litsea Cubeba Fruit Oil, Lavandula Angustifolia (Lavender) Oil, Citric Acid

Recommended Application:

Apply liberally to skin as needed, or as recommended by your health professional. For external use only.

Size

Net Weight 2 oz (56 g)

Product Code

10552



Devil's Claw Cream

Unique combination of Devil's claw and other complementary ingredients

- Calendula and chamomille

Ideal for vegans

- Convenient topical format

INGREDIENTS: Water, Harpagophytum Procumbens Root Extract, Glycerin, Glyceryl Stearate, Limnanthes Alba (Meadowfoam) Seed Oil, Cetearyl Oliviate, Sorbitan Oliviate, Calendula Officinalis Flower Oil, Squalane, Caprylic/Capric Triglyceride, Calendula Officinalis Flower Extract, Chamomilla Recutita (Matricaria) Flower Extract, Glycereth-2 Cocoate, Benzoic Acid, Sodium PCA, Xanthan Gum, Tocopheryl Acetate, Allantoin

Recommended Application

Apply liberally to skin as needed or as recommended by your health professional. For external use only.

Size
Net Weight 2 oz (56 g)

Product Code
07544



Isogen Forte Cream

Unique combination of soy isoflavones, wild yam and other complementary ingredients

- St. John's wort, calendula and meadowfoam

Ideal for vegans

- Convenient topical format

INGREDIENTS: Water, Glyceryl Stearate, Glycerin, Cetearyl Oliviate, Sorbitan Oliviate, Limnanthes Alba (Meadowfoam) Seed Oil, Calendula Officinalis Flower Extract, Soy Isoflavones, Calendula Officinalis Flower Oil, Squalane, Caprylic/Capric Triglyceride, Hypericum Perforatum Flower/Leaf/Stem Extract, Dioscorea Villosa (Wild Yam) Root Extract, Glycereth-2 Cocoate, Benzoic Acid, Sodium PCA, Xanthan Gum, Tocopheryl Acetate, Allantoin

Recommended Application

Apply liberally to skin as needed, or as recommended by your health professional. For external use only.

Size
Net Weight 2 oz (56 g)

Product Code
07595



Dioscorea Cream

Unique combination of wild yam and other complementary ingredients

- St. John's wort, calendula, lavender and meadowfoam

Ideal for vegans

- Convenient topical cream format

INGREDIENTS: Water, Glyceryl Stearate, Glycerin, Limnanthes Alba (Meadowfoam) Seed Oil, Cetearyl Oliviate, Sorbitan Oliviate, Dioscorea Villosa (Wild Yam) Root Extract, Calendula Officinalis Flower Extract, Calendula Officinalis Flower Oil, Squalane, Caprylic/Capric Triglyceride, Hypericum Perforatum Flower/Leaf/Stem Extract, Glycereth-2 Cocoate, Benzoic Acid, Sodium PCA, Xanthan Gum, Tocopheryl Acetate, Allantoin, Made in Canada for Litsea Cubeba Fruit Oil, Lavandula Angustifolia (Lavender) Oil

Recommended Application

Apply liberally to skin as needed, or as recommended by your health professional. For external use only.

Size
Net Weight 2 oz (56 g)

Product Code
07540



A

Acerola (*Malpighia glabra*)

| | |
|-----------------------------------------|-----|
| Phyto Greens | |
| Capsules (organic) | 164 |
| Phyto Greens Powder (certified organic) | 165 |

Acetylcarnitine (N-Acetyl L-carnitine hydrochloride)

| | |
|---------------------------------------|-----|
| Carnitine (Acetyl L-carnitine 500 mg) | 125 |
|---------------------------------------|-----|

Acid Active Protease (from *Aspergillus oryzae*)

| | |
|-------------------|-----|
| Digest Dairy Plus | 141 |
| V-Enzymes | 144 |

Adrenal

| | |
|---------------------|-----|
| Femagen PMS Tablets | 98 |
| GLY Forte | 102 |
| GSF Complex | 102 |
| HAD | 211 |
| HFE | 211 |
| HPTP | 214 |
| HTHY | 215 |
| Multi Glyco | 104 |
| TAD+ | 109 |
| TADS | 204 |
| TIM | 111 |
| TMG | 205 |

Adrenal Cortex

| | |
|-------------|-----|
| GSF Complex | 102 |
|-------------|-----|

ALA (Alpha-Linolenic Acid)

| | |
|--------------------------|----|
| Biotine EFA | 66 |
| Flax Oil Capsules | 68 |
| GLA 90 Black Current Oil | 68 |
| Multi EFA Capsules | 54 |
| Perilla EFA | 69 |

Alfalfa (*Medicago sativa*)

| | |
|-----------------------------------------|-----|
| Liquid Iodine | 92 |
| Multi Glyco | 104 |
| Multi Vite | 105 |
| Phyto Greens | |
| Capsules (organic) | 164 |
| Phyto Greens Powder (certified organic) | 165 |
| Super Flavonoids | 166 |

Algal Oil (from *Schizochytrium* sp.)

| | |
|--------------------|----|
| DHA/EPA Vegan | 67 |
| Super Neurogen DHA | 70 |

Alginate Acid (from *Macrocystis* spp./ *Laminaria* spp.)

| | |
|-----|-----|
| AMD | 130 |
|-----|-----|

Alkaline Active Protease (from *Aspergillus oryzae*)

| | |
|-------------------|-----|
| Digest Dairy Plus | 141 |
| V-Enzymes | 144 |

Almond (*Prunus dulcis*)

| | |
|-----------|-----|
| Fem-gen | 195 |
| Fluid-gen | 196 |
| Hpo-gen | 197 |
| Met-gen | 198 |

American Basswood (*Tilia americana*)

| | |
|------------------------|-----|
| Passiflora Combination | 172 |
|------------------------|-----|

American Ginseng (*Panax quinquefolius*)

| | |
|---------------------|-----|
| Kelp Combination #1 | 171 |
|---------------------|-----|

Amylase

| | |
|-------------|-----|
| Bio Enzymes | 140 |
| Pancreatin | 143 |
| V-Enzymes | 144 |

Anise (*Pimpinella anisum*)

| | |
|----------|-----|
| Herbolax | 160 |
|----------|-----|

Anthocyanins

| | |
|----------------|----|
| Berry DHA | 61 |
| Berry EFA Plus | 62 |

Apis mellifera (Honey Bee)

| | |
|-----|-----|
| HFE | 211 |
|-----|-----|

Apple (*Malus domestica*/ *Malus pumila*)

| | |
|-----------------------------------------|-----|
| AMD | 130 |
| Berry DHA | 61 |
| Herbal Bulk | 158 |
| Phyto Greens | |
| Capsules (organic) | 164 |
| Phyto Greens Powder (certified organic) | 165 |

Arnica montana (*Mountain arnica*)

| | |
|------|-----|
| HHR | 212 |
| HPTP | 214 |

Arsenicum album (Arsenic trioxide)

| | |
|-----------|-----|
| HTYP | 215 |
| Fungisode | 210 |

Arsenicum iodatum (Arsenic triiodide)

| | |
|-----|-----|
| HLU | 213 |
|-----|-----|

Ashwagandha (*Withania somnifera*)

| | |
|-----------------------------|-----|
| Adreno Calm [†] | 147 |
| Adreno Restore | 148 |
| Cognitive Care [†] | 150 |

Astragalus (*Astragalus membranaceus*)

| | |
|---------------------------|-----|
| Astragalus Combination #1 | 168 |
| Astragalus Tincture | 167 |

Atropinum sulfuricum (Atropine sulfate)

| | |
|------|-----|
| HAD | 211 |
| HKI | 212 |
| HLIP | 213 |

Aurum muriaticum (Gold chloride)

| | |
|-----|-----|
| HHR | 212 |
|-----|-----|

B

Bacopa (*Bacopa monnieri*)

| | |
|---------------------|-----|
| Neurogen Cognition | 151 |
| PhosCholine Complex | 152 |

Badiaga (River sponge)

| | |
|---------------|-----|
| Fucus Complex | 210 |
|---------------|-----|

Barberry (*Berberis vulgaris*)

| | |
|------------------|-----|
| Berberis Formula | 174 |
| Fungisode | 210 |
| HAD | 211 |
| HKI | 212 |
| HLIP | 213 |
| HPNP | 214 |
| Kidney Complex | 161 |

Barley (*Hordeum vulgare*)

| | |
|-----------------------------------------|-----|
| Phyto Greens | |
| Capsules (organic) | 164 |
| Phyto Greens Powder (certified organic) | 165 |

Bee Pollen (from *Apis mellifera*)

| | |
|-----------------------------------------|-----|
| Phyto Greens | |
| Capsules (organic) | 164 |
| Phyto Greens Powder (certified organic) | 165 |
| TIM | 111 |

Beet (*Beta vulgaris*)

| | |
|-----------------------------------------|-----|
| Herbotox Capsules | 160 |
| Herbotox Tablets | 161 |
| Ichol | 142 |
| Ichol Plus | 143 |
| Phyto Greens | |
| Capsules (organic) | 164 |
| Phyto Greens Powder (certified organic) | 165 |

Belladonna (Deadly Nightshade)

| | |
|------|-----|
| HFE | 211 |
| HTYP | 215 |

Benzoicum acidum (Benzoic acid)

| | |
|-----|-----|
| HKI | 212 |
|-----|-----|

Betaine

| | |
|---------------------|----|
| Methylation Support | 88 |
|---------------------|----|

Betaine Hydrochloride

| | |
|--------------------|-----|
| Betaine HCl | 140 |
| Bromelain Papain + | 141 |
| Digest Plus | 142 |
| GLY Forte | 102 |
| HCl + Pepsin | 142 |
| Multi B | 89 |

***Bifidobacterium animalis* subsp. *lactis* (CUL-34)**

| | |
|---------------------|----|
| HMF Baby B | 42 |
| HMF Baby F | 43 |
| HMF Bifido Capsules | 29 |
| HMF Bifido Powder | 30 |
| HMF Capsules | 30 |
| HMF Child | 43 |

| | |
|-------------------------|----|
| HMF Fit for School | 44 |
| HMF Forte | 31 |
| HMF Immune | 39 |
| HMF Intensive | 29 |
| HMF Intensive 50 | 32 |
| HMF Intensive Powder | 33 |
| HMF Multi Strain | 33 |
| HMF Multi Strain 50 | 34 |
| HMF Multi Strain Powder | 35 |
| HMF Maternity | 42 |
| HMF Multi Strain | 33 |
| HMF Neuro Capsules | 38 |
| HMF Neuro Powder | 39 |
| HMF Powder | 36 |
| HMF Replenish Capsules | 36 |
| HMF Replete | 37 |
| HMF Super Powder | 37 |
| HMF Women's Daily | 41 |

***Bifidobacterium animalis* subsp. *lactis* (BI-04)**

| | |
|---------------------|----|
| HMF Bifido Capsules | 29 |
| HMF Bifido Powder | 30 |
| HMF Immune | 39 |

***Bifidobacterium animalis* subsp. *lactis* (CUL-62)**

| | |
|-------------------------|----|
| HMF Multi Strain | 33 |
| HMF Multi Strain 50 | 34 |
| HMF Multi Strain Powder | 35 |
| HMF Natogen | 44 |

***Bifidobacterium animalis* subsp. *lactis* (HNO19)**

| | |
|-------------------------|----|
| HMF Multi Strain | 33 |
| HMF Multi Strain 50 | 34 |
| HMF Multi Strain Powder | 35 |

***Bifidobacterium bifidum* (CUL-20)**

| | |
|-------------------------|----|
| HMF Baby B | 42 |
| HMF Baby F | 43 |
| HMF Bifido Capsules | 29 |
| HMF Bifido Powder | 30 |
| HMF Capsules | 30 |
| HMF Child | 43 |
| HMF Fit for School | 44 |
| HMF Forte | 31 |
| HMF Immune | 39 |
| HMF Intensive | 29 |
| HMF Intensive 50 | 32 |
| HMF Intensive Powder | 33 |
| HMF Maternity | 42 |
| HMF Multi Strain | 33 |
| HMF Multi Strain 50 | 34 |
| HMF Multi Strain Powder | 35 |
| HMF Neuro Capsules | 38 |
| HMF Neuro Powder | 39 |
| HMF Powder | 36 |
| HMF Replenish Capsules | 36 |
| HMF Replete | 37 |
| HMF Super Powder | 37 |
| HMF Women's Daily | 41 |

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|-------------------------------------------------------|-------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|
| Bifidobacterium breve (CUL-74) | Black Currant (<i>Ribes nigrum</i>) | Brewers Yeast (<i>Saccharomyces cerevisiae</i>) (EpiCor® – Registered trademark of Embria Health Sciences, L.L.C.) | Calcarea sulphurica (Calcium sulfate) |
| HMF Bifido Capsules 29 | Al-gen 192 | Cor Defense 156 | HTYP 215 |
| HMF Bifido Powder 30 | Aox-gen 193 | | Calcium 90 |
| HMF Multi Strain 33 | Berry DHA 61 | Broccoli (<i>Brassica oleracea</i> var. <i>italica</i>) | Active Multi Vite 101 |
| HMF Multi Strain 50 34 | Black Currant Bud 185 | Phyto Greens | Ascorbate C 78 |
| HMF Multi Strain Powder 35 | Dtx-gen 195 | Capsules (organic) 164 | Cal Mag + D 115 |
| Bifidobacterium longum subsp. infantis (Bi-26) | Liv-gen 198 | Phyto Greens Powder | Cal Mag Raspberry Liquid 115 |
| HMF Bifido Capsules 29 | Mig-gen 199 | (certified organic) 165 | Cal Mag Vanilla Liquid + 116 |
| HMF Bifido Powder 30 | Mns-gen 199 | | Calcium 90 |
| HMF Multi Strain Powder 35 | Tonic-gen 201 | Bromelain | Children's Chewable Vitamins 101 |
| Bifidobacterium longum subsp. longum (CUL-75) | Trauma-gen 202 | Bio Enzymes 140 | Femagen PMS Capsules 98 |
| HMF Bifido Capsules 29 | Vrl-gen 202 | Bromelain Papain + 141 | Femagen PMS Tablets 98 |
| HMF Bifido Powder 30 | Black Pepper (<i>Piper nigrum</i>) | Digest Dairy Plus 141 | Formula OSG 116 |
| HMF Multi Strain Powder 35 | Curcumin Complex 150 | Glucosamine Complex 114 | Formula OSX 117 |
| Bilberry (<i>Vaccinium myrtillus</i>) | Black Poplar (<i>Populus nigra</i>) | Herbal GI 159 | GLY Forte 102 |
| Berry DHA 61 | Aox-gen 193 | Phyto Greens | Liquid Multi Vite Min 103 |
| Bilberry 148 | Gluco-gen 196 | Capsules (organic) 164 | Liver Support & |
| Bilberry Young Shoot 184 | Black Walnut (<i>Juglans nigra</i>) | Phyto Greens Powder | Detoxification† 163 |
| HPNP 214 | Black Walnut Capsules 175 | (certified organic) 165 | LSP 117 |
| Macular Support† 134 | Black Walnut Combination #1 169 | Super Orti Vite 108 | Mag Cal Formula 2 118 |
| Micro-gen 199 | Blackberry (<i>Rubus fruticosus</i>) | V-Enzymes 144 | Mag Cal Plus 118 |
| Ocu-gen 199 | Blackberry Young Shoot 185 | Bupleurum (<i>Bupleurum chinense</i>) | Mag Cal Vanilla Liquid 119 |
| Phyto Greens | Osteo-gen 200 | Liv Complex 147 | MSPD Complex 119 |
| Capsules (organic) 164 | Pulmo-gen 200 | Burdock (<i>Arctium lappa</i>) | Colloidal Multi Mins Liquid 100 |
| Phyto Greens Powder | Bladderwrack (<i>Fucus vesiculosus</i>) | Astragalus Combination #1 168 | Multi Vite 105 |
| (certified organic) 165 | Fucus Complex 210 | Lymphagen Cream 218 | Orti C 82 |
| Pregna Vite 107 | HTHY 215 | Butyric Acid | Pediatri Vite 106 |
| Biotin | Kelp Combination #1 171 | Bryonia alba (White Bryony) | Pregna Vite 107 |
| Active B Complex 84 | Blue Cohosh (<i>Caulophyllum thalictroides</i>) | HAD 211 | Scorbatate 83 |
| Active Multi Vite 101 | Femagen PMS Capsules 98 | HLIP 213 | ST-TN Capsules 108 |
| Children's Chewable Vitamins 101 | Femagen PMS Tablets 98 | C | Super Cal Mag 120 |
| GLY Forte 102 | HFE 211 | Cabbage (<i>Brassica capitata</i>) | Super Orti Vite 108 |
| Liquid B Complex 88 | Blueberry (<i>Vaccinium angustifolium</i>) | Herbal GI 159 | TAD+ 109 |
| Liquid Multi Vite Min 103 | Cognitive Care† 150 | Cactus grandiflorus (Night Blooming Cereus) | TOS Cal Hydroxy 120 |
| Liver Support & | Bone Marrow | HHR 212 | Calendula (<i>Calendula officinalis</i>) |
| Detoxification† 163 | TIM 111 | CaHMB 212 | Collinsonia Formula 155 |
| Multi B 89 | Boneset (<i>Eupatorium perfoliatum</i>) | HMB Complex 126 | Dermagen C 218 |
| Multi Glyco 104 | Echinacea Combination #2 170 | Calcarea carbonica (Impure calcium carbonate from oyster shell) | Devil's Claw Cream 219 |
| Multi Vite 105 | Borage (<i>Borago officinalis</i>) | Fungisode 210 | Dioscorea Cream 219 |
| Orti B 89 | Kelp Combination #1 171 | HKI 212 | Isofen Forte Cream 219 |
| Pediatri Vite 106 | Multi EFA Capsules 54 | HTHY 215 | Lymphagen Cream 218 |
| Pregna Vite 107 | Boron | Calcarea fluorica (Calcium fluoride) | Canadian Goldenrod (<i>Solidago canadensis</i>) |
| ST-TN Capsules 108 | Trace Mineral Complex CWS 113 | HTYP 215 | Candida albicans 209 |
| Super Orti Vite 108 | Boston Ivy (<i>Ampelopsis veitchii</i>) | Calcarea iodata (Calcium iodide hydrate) | Can Albex 30X 209 |
| Black Alder (<i>Alnus glutinosa</i>) | Boston Ivy Young Shoot 185 | HTHY 215 | Can Albex 500X 209 |
| Art-gen 193 | Brain | Calcarea phosphorica (Calcium phosphate) | Fungisode 210 |
| Black Alder Bud 184 | TBMP 109 | HLU 213 | Caprylic Acid 108 |
| Defense-gen 194 | TMG 205 | Carbo vegetabilis (Vegetable charcoal) | ST-TN Capsules 108 |
| Digest-gen 195 | TPIN 112 | Fungisode 210 | Cardiopheno™ Proprietary Blend |
| Mig-gen 199 | Black Cohosh (<i>Actaea racemosa/ Cimicifuga racemosa</i>) | HLU 213 | Cardio Care† 149 |
| Trauma-gen 202 | HFE 211 | | |
| Vrl-gen 202 | | | |

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|-------------------------------------------------------|-----|----------------------------------------|-----|---------------------------------------------------|-----|---------------------------------------------------|-----|
| Cascara Sagrada (Frangula purshiana) | | Chlorophyllin | | Clove (Syzygium aromaticum) | | D | |
| Herbolax | 160 | Liquid Chlorophyll | 162 | Black Walnut Capsules | 175 | Damiana (Turnera aphrodisiaca) | |
| Herbotox Capsules | 160 | Chokeberry (Aronia melanocarpa) | | Black Walnut Combination #1 | 169 | TFE | 110 |
| Herbotox Tablets | 161 | Berry DHA | 61 | Herbal GI | 159 | Dandelion (Taraxacum officinale) | |
| Cat's Claw (Uncaria tomentosa) | | Choline | | Coccus cacti (Cochineal) | | Collinsonia Formula | 155 |
| Cat's Claw Tincture | 167 | Active B Complex | 84 | HKI | 212 | Femagen PMS Capsules | 98 |
| Cauliflower (Brassica oleracea | | Active Multi Vite | 101 | Coconut (Cocos nucifera) | | Femagen PMS Tablets | 98 |
| var. botrytis) | | Femagen PMS Capsules | 98 | Cod Liver Oil | | GLY Forte | 102 |
| Phyto Greens | | Femagen PMS Tablets | 98 | Cod Liver Oil DHA/EPA Forte | | Herbotox Capsules | 160 |
| Capsules (organic) | 164 | GLY Forte | 102 | Capsules | 52 | Herbotox Tablets | 161 |
| Phyto Greens | | Ichol | 142 | Cod Liver Oil Forte | 53 | Ichol | 142 |
| Powder (certified organic) | 165 | Ichol Plus | 143 | Coenzyme Q₁₀ | | Ichol Plus | 143 |
| Cayenne (Capsicum annuum) | | Liquid B Complex | 88 | Cardio Care [†] | 149 | Liv Complex | 147 |
| Echinacea Combination #2 | 170 | Liquid Multi Vite Min | 103 | CoQ ₁₀ + Taurine | 131 | Lymphagen Cream | 218 |
| THR | 110 | Liver Support & | | CoQ ₁₀ 30 | 131 | Phyto Greens | |
| Cedar of Lebanon (Cedrus libani) | | Detoxification [†] | 163 | CoQ ₁₀ 100 | 130 | Capsules (organic) | 164 |
| Perid-gen | 200 | Methylation Support | 88 | CoQ ₁₀ Chewable | 132 | Phyto Greens Powder | |
| Skn-gen | 201 | Multi B | 89 | CoQ ₁₀ Lipo 100 | 132 | (certified organic) | 165 |
| Celandine (Chelidonium majus) | | Multi Vite | 105 | Super EFA Liquid Plus CoQ ₁₀ | 60 | TKI | 111 |
| Femagen Iron Plus | 97 | Orti B | 89 | Super Orti Vite | 108 | Yellow Dock Combination #1 | 172 |
| Fungisode | 210 | Pediatri Vite | 106 | Colocynthis (Bitter Apple) | | Devil's Claw (Harpagophytum | |
| GLY Forte | 102 | Super Orti Vite | 108 | HKI | 212 | procumbens) | |
| HAD | 211 | TBMP | 109 | Convallaria majalis (Lily of the | | Devil's Claw Cream | 219 |
| HLIP | 213 | Chondroitin Sulfate | | Valley) | | Glucosamine Complex | 114 |
| HPNP | 214 | CDC Forte | 114 | HHR | 212 | DHA (Docosahexaenoic acid) | |
| Ichol | 142 | Glucosamine Complex | 114 | Copper | | Berry DHA | 61 |
| Ichol Plus | 143 | Chromium | | Active Multi Vite | 101 | Berry EFA Plus | 62 |
| Lymphagen Cream | 218 | Active Multi Vite | 101 | Children's Chewable Vitamins | 101 | Cod Liver Oil | |
| Phyto Greens | | AMD | 130 | Femagen Iron Plus | 97 | DHA/EPA Forte Capsules | 52 |
| Capsules (organic) | 164 | Chlorgen | 155 | Femagen TLI | 99 | Cod Liver Oil Forte | 53 |
| Phyto Greens Powder | | Chromium CWS | 91 | Liquid Multi Vite Min | 103 | DHA Pediaburst | 53 |
| (certified organic) | 165 | GLY Forte | 102 | Colloidal Multi Mins Liquid | 100 | DHA/EPA Vegan | 67 |
| Celery (Apium graveolens) | | GTF Chromium | 91 | Pediatri Vite | 106 | Fruit EFA | 62 |
| Phyto Greens | | Inositol Nicotinate + Cr | 87 | Pregna Vite | 107 | Krill Oil | 63 |
| Capsules (organic) | 164 | Liquid Multi Vite Min | 103 | Corn (Zea mays) | | Multi EFA Capsules | 54 |
| Phyto Greens Powder | | MSPD Complex | 119 | Corn Root Bark | 185 | Omega 800 | 54 |
| (certified organic) | 165 | Multi Glyco | 104 | Kidney Complex | 161 | Omega EFA Liquid | 55 |
| Cellulase (from Trichoderma sp.) | | Colloidal Multi Mins Liquid | 100 | Renal-gen | 200 | SEP EFA | 55 |
| V-Enzymes | 144 | Multi Vite | 105 | Couch Grass (Elymus repens) | | Super DHA Liquid | 56 |
| Chamomile (Matricaria recutita) | | Pregna Vite | 107 | Crab Apple (Malus sylvestris) | | Super EFA Capsules | 52 |
| Devil's Claw Cream | 219 | Scorbatate | 83 | Crab Apple Bud | 186 | Super EFA Forte Capsules | 58 |
| Chaste Tree (Vitex agnus-castus) | | Super Orti Vite | 108 | Cramp Bark (Viburnum opulus) | | Super EFA Forte Capsules + D | 58 |
| Femagen PMS Capsules | 98 | Trace Mineral Complex CWS | 113 | LSP | 117 | Super EFA Forte Liquid | 59 |
| Vitex agnus-castus | 166 | Chymotrypsin | | Cranberry (Vaccinium | | Super EFA Forte Liquid + D | 59 |
| Chinese Rhubarb | | Pancreatin | 143 | macrocarpon) | | Super EFA Liquid Plus | 56 |
| (Rheum palmatum) | | Cilantro (Coriandrum sativum) | | Cardio Care [†] | 149 | Super EFA Liquid Plus CoQ ₁₀ | 60 |
| Herbolax | 160 | Cilantro | 155 | Cranberry Plus | 156 | Super EFA Liquid Plus D | 60 |
| Chlorella (Chlorella pyrenoidosa) | | Cinnamon (Cinnamomum verum) | | HMF Cystgen | 41 | Super EFA Liquid Plus D | 60 |
| AMD | 130 | Allisyn | 174 | HMF Women's Daily | 41 | Super Neurogen DHA | 70 |
| Chlorgen | 155 | CLA (Conjugated Linoleic Acid) | | Kidney Complex | 161 | Digitalis purpurea (Foxglove) | |
| Phyto Greens | | CLA 700 | 66 | Cranesbill (Geranium maculatum) | | HHR | 212 |
| Capsules (organic) | 164 | Clary (Salvia sclarea) | | Herbal GI | 159 | Diindolylmethane (DIM) | |
| Phyto Greens Powder | | Lymphagen Cream | 218 | Curcumin (Curcuma longa) | | D.I.M. | 151 |
| (certified organic) | 165 | Cleavers (Galium aparine) | | Curcumin Complex | 150 | Dioscorea villosa (Wild Yam) | |
| | | Cleavers Combination #1 | 169 | Neurogen Cognition | 151 | HFE | 211 |
| | | Lymphagen Cream | 218 | PhosCholine Complex | 152 | | |
| | | Yellow Dock Combination #1 | 172 | | | | |

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| DL-Alpha Lipoic Acid | | English Holly (<i>Ilex aquifolium</i>) | | European Mistletoe (<i>Viscum album</i>) | | Folate | |
| Glutathione Precursors | 133 | Spm-gen | 201 | European Mistletoe | | Active B Complex | 84 |
| Lipoic Acid | 134 | English Ivy (<i>Hedera helix</i>) | | Young Shoot | 187 | Active Chewable B ₁₂ with | |
| Super Lipoic Acid | 137 | English Ivy Syrup | 157 | Evening Primrose (<i>Oenothera biennis</i>) | | L-Methylfolate | 85 |
| DL-Methionine | | Kids English Ivy Syrup | 162 | GLA 130 Primrose Oil | 69 | Active Folate 1000 | 86 |
| GLY Forte | 102 | English Walnut (<i>Juglans regia</i>) | | | | Active Multi Vite | 101 |
| Dog Rose (<i>Rosa canina</i>) | | Digest-gen | 195 | | | Methylation Support | 88 |
| Defense-gen | 194 | English Walnut Bud | 186 | F | | Folic Acid | |
| Dog Rose Young Shoot | 186 | Gluco-gen | 196 | False Unicorn (<i>Chamaelirium luteum/ Helonias dioica</i>) | | Bio B ₁₂ + Folic Acid | 86 |
| Growth-gen | 196 | Imu-gen | 197 | Femagen PMS Capsules | 98 | Bio Folic Acid + B ₁₂ Liquid | 87 |
| Hpe-gen | 197 | Intest-gen | 198 | Fenugreek (<i>Trigonella foenum-graecum</i>) | | Children's Chewable Vitamins | 101 |
| Imu-gen | 197 | Liv-gen | 198 | Fenugreek | 157 | Femagen Iron Plus | 97 |
| Perid-gen | 200 | Skn-gen | 201 | Herbolax | 160 | Femagen PMS Capsules | 98 |
| Super Flavonoids | 166 | EPA (Eicosapentaenoic acid) | | Ferrum iodatum (Ferrous iodide) | | Femagen PMS Tablets | 98 |
| Dogwood (<i>Cornus sanguinea</i>) | | Berry DHA | 61 | HTHY | 215 | Femagen TLI | 99 |
| Art-gen | 193 | Berry EFA Plus | 62 | Fig (<i>Ficus carica</i>) | | GLY Forte | 102 |
| Dogwood Bud | 186 | Cod Liver Oil | | Alert-gen | 193 | Liquid B Complex | 88 |
| Hemo-gen | 197 | DHA/EPA Forte Capsules | 52 | Calm-gen | 184 | Liquid Multi Vite Min | 103 |
| Hpe-gen | 197 | Cod Liver Oil Forte | 53 | Digest-gen | 195 | Multi B | 89 |
| Dong Quai (<i>Angelica sinensis</i>) | | DHA Pediaburst | 53 | Fig Bud | 187 | Multi Vite | 105 |
| Femagen PMS Tablets | 98 | DHA/EPA Vegan | 67 | Mig-gen | 199 | Orti B | 89 |
| Dulse (<i>Palmaria palmata</i>) | | Fruit EFA | 62 | Figwort (<i>Scrophularia marilandica</i>) | | Pediatri Vite | 106 |
| Liquid Iodine | 92 | Krill Oil | 63 | Yellow Dock Combination #1 | 172 | Pregna Vite | 107 |
| Duodenum | | Multi EFA Capsules | 54 | Fish Oil (Anchovy) | | Super Orti Vite | 108 |
| TMG | 205 | Omega 800 | 54 | Omega EFA Liquid | 55 | Fringe Tree (<i>Chionanthus virginicus</i>) | |
| E | | Omega EFA Liquid | 55 | Super EFA Liquid | 56 | Liv Complex | 147 |
| Echinacea (<i>Echinacea angustifolia</i>) | | SEP EFA | 55 | Super EFA Capsules | 52 | Fructooligosaccharides (FOS) | |
| Citrigen | 175 | Super DHA Liquid | 56 | Super EFA Forte Capsules | 58 | Ascorbate C | 78 |
| Echinacea Mix | 170 | Super EFA Capsules | 52 | Super EFA Forte Capsules + D | 58 | HMf Baby F | 43 |
| HAD | 211 | Super EFA Forte Capsules | 58 | Super EFA Forte Liquid | 59 | HMf Forte | 31 |
| HTYP | 215 | Super EFA Forte Liquid | 59 | Super EFA Forte Liquid + D | 59 | HMf Neuro Powder | 39 |
| Echinacea (<i>Echinacea pallida</i>) | | Super EFA Forte Liquid + D | 59 | Super EFA Liquid Plus | 56 | HMf Powder | 36 |
| Echinacea Mix | 170 | Super EFA Liquid Plus | 56 | Super EFA Liquid Plus CoQ ₁₀ | 60 | HMf Replenish Capsules | 36 |
| Echinacea (<i>Echinacea purpurea</i>) | | Super EFA Liquid Plus CoQ ₁₀ | 60 | Super EFA Liquid Plus D | 60 | HMf Replete | 37 |
| Cleavers Combination #1 | 169 | Erigeron canadensis (Horse-weed) | | Super EFA Liquid Plus D | 60 | HMf Super Powder | 37 |
| Echinacea Combination #2 | 170 | HPTP | 214 | Fish Oil (Anchovy, Sardine and Mackerel) | | Phyto Greens | |
| Echinacea Mix | 170 | Esterified Astaxanthin | | Super EFA Forte Capsules | 58 | Capsules (organic) | 164 |
| Fungisode | 210 | Krill Oil | 63 | Super EFA Forte Capsules + D | 58 | Phyto Greens Powder | |
| Lymphagen Cream | 218 | Eucalyptus (<i>Eucalyptus globulus</i>) | | Super EFA Forte Liquid | 59 | (certified organic) | 165 |
| Yellow Dock Combination #1 | 172 | TLU | 112 | Super EFA Forte Liquid + D | 59 | G | |
| Eleuthero (<i>Eleutherococcus senticosus</i>) | | European Ash (<i>Fraxinus excelsior</i>) | | Fish Oil (Anchovy, Sardine and Salmon) | | Gamma-aminobutyric acid | |
| Adreno Restore | 148 | Uri-gen | 202 | SEP EFA | 55 | GABA 700 | 126 |
| Astragalus Combination #1 | 168 | European Beech (<i>Fagus sylvatica</i>) | | Fish Oil (Tuna) | | Gamma-Tocopherol | |
| Cognitive Care [†] | 150 | Pulmo-gen | 200 | DHA Pediaburst | 53 | Garlic (<i>Allium sativum</i>) | |
| Femagen PMS Capsules | 98 | European Elder (<i>Sambucus nigra</i>) | | Super DHA Liquid | 56 | Allisyn | 174 |
| GLY Forte | 102 | Berry DHA | 61 | Fish Oil (Tuna, Sardine and Anchovy) | | Cardio Care [†] | 149 |
| Kelp Combination #1 | 171 | Cor Defense | 156 | Berry DHA | 61 | Garlic + Parsley | 176 |
| Multi Glyco | 104 | English Ivy Syrup | 157 | Flax (<i>Linum usitatissimum</i>) | | Gelsemium sempervirens (Yellow Jessamine) | |
| TPIN | 112 | Kids English Ivy Syrup | 162 | Flax Oil Capsules | 68 | HFE | 211 |
| Elm (<i>Ulmus campestris</i>) | | European Hazel (<i>Corylus avellana</i>) | | Multi EFA Capsules | 54 | Gentian (<i>Gentiana lutea</i>) | |
| Acn-gen | 192 | European Hazel Bud | 187 | | | Black Walnut Capsules | 175 |
| Renal-gen | 200 | Micro-gen | 199 | Giant Sequoia (<i>Sequoia gigantea</i>) | | Bn-gen | 194 |
| Skn-gen | 201 | Pulmo-gen | 200 | Bn-gen | 194 | Giant Sequoia Young Shoot | 187 |
| | | | | Tonic-gen | 201 | | 201 |

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|--------------------------------------------------|-----|---------------------------------------------------------------|-----|--------------------------------------------------------------|-----|------------------------------------------------------|-----|
| Ginger (<i>Zingiber officinale</i>) | | Guar (<i>Cyamopsis tetragonoloba</i>) | | Inositol | | K | |
| HAD | 211 | Herbal Bulk | 158 | Active B Complex | 84 | Kali iodatum (Potassium iodide) | |
| HLIP | 213 | | | Active Multi Vite | 101 | HTHY | 215 |
| Ginkgo (<i>Ginkgo biloba</i>) | | H | | GLY Forte | 102 | Kelp (<i>Lessonia nigrescens</i>) | |
| Antia-gen | 193 | Hawthorn (<i>Crataegus laevigata/oxycantha</i>) | | Ichol | 142 | Multi Glyco | 104 |
| CDC Forte | 114 | Calm-gen | 184 | Ichol Plus | 143 | Kidney | |
| CoQ ₁₀ + Taurine | 131 | Cardio Care [†] | 149 | Liquid B Complex | 88 | GLY Forte | 102 |
| Ginkgo Bud | 188 | CoQ ₁₀ + Taurine | 131 | Liquid Multi Vite Min | 103 | HKI | 212 |
| Ginkgo Capsules | 158 | Hawthorn Young Shoot | 188 | Liver Support & Detoxification [†] | 163 | HPNP | 214 |
| Ginkgo Tincture | 167 | Hpe-gen | 197 | Multi B | 89 | TKI | 111 |
| GSF Complex | 102 | Renu-gen | 201 | Multi Vite | 105 | TMG | 205 |
| Macular Support [†] | 134 | THR | 110 | Orti B | 89 | | |
| Micro-gen | 199 | Trauma-gen | 202 | Pediatri Vite | 106 | Kreosotum (Creosote) | |
| Phyto Greens | | | | Super Orti Vite | 108 | Fungisode | 210 |
| Capsules (organic) | 164 | Heal All (<i>Prunella vulgaris</i>) | | Inositol Nicotinate | | HPNP | 214 |
| Phyto Greens Powder (certified organic) | 165 | Cleavers Combination #1 | 169 | Inositol Nicotinate + Cr | 87 | | |
| TPIN | 112 | | | Iodine | | Krill (<i>Euphausia superba</i>) | |
| GLA (Gamma-Linolenic Acid) | | Heart | | Active Multi Vite | 101 | Krill Oil | 63 |
| GLA 90 Black Current Oil | 68 | HHR | 212 | AMD | 130 | | |
| GLA 130 Primrose Oil | 69 | THR | 110 | Children's Chewable Vitamins | 101 | L | |
| Multi EFA Capsules | 54 | TMG | 205 | GLY Forte | 102 | L-5-Hydroxytryptophan | |
| Globe Artichoke (<i>Cynara scolymus</i>) | | Heather (<i>Calluna vulgaris</i>) | | Liquid Iodine | 92 | 5HTP 100mg | 122 |
| Liv Complex | 147 | Heather Young Shoot | 188 | Liquid Multi Vite Min | 103 | L-Alanine | |
| Glucosamine Hydrochloride | | Helonias dioica (Blazing Star) | | Colloidal Multi Mins Liquid | 100 | GLY Forte | 102 |
| CDC Forte | 114 | HFE | 211 | Multi Vite | 105 | L-Arginine | |
| Glucosamine Sulfate | | Hepar sulphuris calcareum (Impure calcium sulfide) | | Pediatri Vite | 106 | HMB Complex | 126 |
| CDC Forte | 114 | Fungisode | 210 | Pregna Vite | 107 | L-Aspartic Acid | |
| Glucosamine Complex | 114 | HTHY | 215 | Super Orti Vite | 108 | Scorbatate | 83 |
| Goldenseal (<i>Hydrastis canadensis</i>) | | HTYP | 215 | Super Oxi Formula | 137 | L-Cysteine | |
| Berberis Formula | 174 | Hesperidin | | Trace Mineral Complex CWS | 113 | CDC Forte | 114 |
| Goldenseal Tincture | 167 | CI000 | 78 | Iron | | Glucosamine Complex | 114 |
| HPTP | 214 | CDC Forte | 114 | Children's Chewable Vitamins | 101 | Super Orti Vite | 108 |
| TLU | 112 | Glucosamine Complex | 114 | Femagen Iron Plus | 97 | Super Oxi Formula | 137 |
| Grape (<i>Vitis vinifera</i>) | | GSF Complex | 102 | Femagen PMS Tablets | 98 | L-Cystine | |
| Cardio Care [†] | 149 | MSPD Complex | 119 | Femagen TLI | 99 | AMD | 130 |
| Cognitive Care [†] | 150 | Orti C | 82 | Iron | 91 | L-Glutamic Acid | |
| Ener-gen | 195 | Super Flavonoids | 166 | Liquid Iron | 92 | Bromelain Papain + | 141 |
| Fem-gen | 195 | Hops (<i>Humulus lupulus</i>) | | Colloidal Multi Mins Liquid | 100 | CDC Forte | 114 |
| Grapenol | 133 | LSP | 117 | Multi Vite | 105 | Digest Plus | 142 |
| Phyto Greens | | Passiflora Combination | 172 | Pregna Vite | 107 | Glutathione Precursors | 133 |
| Capsules (organic) | 164 | Hornbeam (<i>Carpinus betulus</i>) | | Super Orti Vite | 108 | GLY Forte | 102 |
| Phyto Greens Powder (certified organic) | 165 | Cir-gen | 194 | TLIP | 205 | Super Orti Vite | 108 |
| Super Oxi Formula | 137 | Hemo-gen | 197 | | | | |
| Grapefruit (<i>Citrus paradisi</i>) | | Horse Chestnut (<i>Aesculus hippocastanum</i>) | | J | | L-Glutamine | |
| Citrigen | 175 | Cir-gen | 194 | Jerusalem Artichoke (<i>Helianthus tuberosus</i>) | | Amino L-Glutamine | 123 |
| Green Tea (<i>Camellia sinensis</i>) | | Horse Chestnut Bud | 188 | FOS + L-Glutamine | 125 | Amino L-Glutamine Powder | 123 |
| CDC Forte | 114 | Horsetail (<i>Equisetum arvense</i>) | | Judas Tree (<i>Cercis siliquastrum</i>) | | FOS + L-Glutamine | 125 |
| Citrigen | 175 | MSPD Complex | 119 | Fluid-gen | 196 | HMB Complex | 126 |
| Glucosamine Complex | 114 | TOS Cal Hydroxy | 120 | Ocu-gen | 199 | HM Neuro Capsules | 38 |
| GSF Complex | 102 | | | Juniper (<i>Juniperus communis</i>) | | HM Neuro Powder | 39 |
| Ichol | 142 | I | | Acn-gen | 192 | L-Glutathione | |
| Ichol Plus | 143 | Indole-3-Carbinol | | Al-gen | 192 | GSH Reduced Glutathione | 134 |
| MSPD Complex | 119 | Liver Support & Detoxification [†] | 163 | Car-gen | 194 | Super Oxi Formula | 137 |
| Orti C | 82 | | | Juniper Young Shoot | 189 | | |
| Super Flavonoids | 166 | | | Liv-gen | 198 | L-Glycine | |
| | | | | Renal-gen | 200 | AMD | 130 |
| | | | | Spm-gen | 201 | Glutathione Precursors | 133 |
| | | | | Uri-gen | 202 | GLY Forte | 102 |
| | | | | | | Liver Support & Detoxification [†] | 163 |

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| L-Isoleucine | | Lactobacillus acidophilus (CUL-60) | Lactobacillus rhamnosus (HN001) | Liver |
| HMB Complex..... | 126 | HMF Capsules..... | HMF Multi Strain..... | Femagen TLI..... |
| L-Leucine..... | | HMF Child..... | HMF Women's Daily..... | GLY Forte..... |
| HMB Complex..... | 126 | HMF Cystgen..... | | HLIP..... |
| L-Lysine | | HMF Fit for School..... | Lactobacillus salivarius (CUL-61) | Multi Glyco..... |
| AMD..... | 130 | HMF Forte..... | HMF Baby B..... | TLIP..... |
| Amino L-Lysine..... | 124 | HMF Immune..... | HMF Baby F..... | TMG..... |
| L-Methionine | | HMF Intensive..... | HMF Child..... | Lung..... |
| AMD..... | 130 | HMF Intensive 50..... | HMF Maternity..... | |
| Ichol..... | 142 | HMF Intensive Powder..... | HMF Multi Strain..... | Magnolia (Magnolia officinalis) |
| Ichol Plus..... | 143 | HMF Multi Strain..... | HMF Multi Strain 50..... | Adreno Calm [†] |
| Liver Support & Detoxification [†] | 163 | HMF Multi Strain 50..... | HMF Multi Strain Powder..... | |
| L-Proline | | HMF Multi Strain Powder..... | HMF Replenish Capsules..... | Manganese |
| CDC Forte..... | 114 | HMF Natogen..... | HMF Replete..... | AMD..... |
| Glucosamine Complex..... | 114 | HMF Neuro Capsules..... | | CDC Forte..... |
| L-Theanine (Suntheanine® – a registered trademark of Taiyo International, Inc.) | | HMF Neuro Powder..... | Lapis albus (Gastein Rock) | Formula OSG..... |
| Adreno Calm [†] | 147 | HMF Powder..... | HKI..... | GLY Forte..... |
| L-Tyrosine..... | | HMF Replenish Capsules..... | HTHY..... | Liquid Multi Vite Min..... |
| Amino L-Tyrosine..... | 124 | HMF Replete..... | | Multi Glyco..... |
| L-Valine | | HMF Super Powder..... | Lavender (Lavandula angustifolia/ hybrida) | Colloidal Multi Mins Liquid... 100 |
| HMB Complex..... | 126 | HMF Women's Daily..... | Dermagen C..... | Multi Vite..... |
| LA (Linoleic Acid) | | Lactobacillus acidophilus (La-14) | Dioscorea Cream..... | Pregna Vite..... |
| Flax Oil Capsules..... | 68 | HMF Women's Daily..... | Lymphagen Cream..... | Scorbatate..... |
| GLA 130 Primrose Oil..... | 69 | Lactobacillus acidophilus (NCFM®) | | Super Cal Mag..... |
| Multi EFA Capsules..... | 54 | HMF Multi Strain..... | Lemon (Citrus limon) | Super Orti Vite..... |
| Perilla EFA..... | 69 | HMF Multi Strain 50..... | Super Flavonoids..... | Trace Mineral Complex CWS... 113 |
| Pumpkin Capsules..... | 70 | HMF Multi Strain Powder..... | Super Orti Vite..... | |
| Lactase (from Aspergillus oryzae) | | Lactobacillus casei (CUL-06) | Leptandra virginica (Veronica Virginica) | Marshmallow (Althaea officinalis) |
| Digest Dairy Plus..... | 141 | HMF Multi Strain..... | HLIP..... | Collinsonia Formula..... |
| V-Enzymes..... | 144 | HMF Multi Strain 50..... | | English Ivy Syrup..... |
| Lactobacillus acidophilus (CUL-21) | | HMF Multi Strain Powder..... | Licorice (Glycyrrhiza glabra) | Herbal GI..... |
| HMF Capsules..... | 30 | Lactobacillus fermentum (CUL-67) | GLY Forte..... | Kids English Ivy Syrup..... |
| HMF Child..... | 43 | HMF Multi Strain..... | GSF Complex..... | |
| HMF Cystgen..... | 41 | HMF Multi Strain 50..... | Liver Support & Detoxification [†] | May Chang (Litsea cubeba) |
| HMF Fit for School..... | 44 | HMF Multi Strain Powder..... | Multi Glyco..... | Dermagen C..... |
| HMF Forte..... | 31 | Lactobacillus gasseri (CUL-09) | TAD+..... | Dioscorea Cream..... |
| HMF Immune..... | 39 | HMF Multi Strain..... | Limonene (from Citrus sinensis peel oil) | Meadowfoam (Limnanthes alba) |
| HMF Intensive..... | 29 | HMF Multi Strain 50..... | Liver Support & Detoxification [†] | Dermagen C..... |
| HMF Intensive 50..... | 32 | HMF Multi Strain Powder..... | | Devil's Claw Cream..... |
| HMF Intensive Powder..... | 33 | HMF Women's Daily..... | Lingonberry (Vaccinium vitis-idaea) | Dioscorea Cream..... |
| HMF Multi Strain..... | 33 | Lactobacillus paracasei (CUL-08) | Intest-gen..... | Isogen Forte Cream..... |
| HMF Multi Strain 50..... | 34 | HMF Baby B..... | Lingonberry Young Shoot..... | Lymphagen Cream..... |
| HMF Multi Strain Powder..... | 35 | HMF Baby F..... | Meno-gen..... | |
| HMF Natogen..... | 44 | HMF Child..... | Osteo-gen..... | Melatonin |
| HMF Neuro Capsules..... | 38 | HMF Maternity..... | | Melatonin Spray..... |
| HMF Neuro Powder..... | 39 | HMF Multi Strain..... | Lipase (from Rhizopus oryzae) | |
| HMF Powder..... | 36 | HMF Multi Strain 50..... | Digest Dairy Plus..... | Mercurius solubilis (Hahnemann's soluble mercury) |
| HMF Replenish Capsules..... | 36 | HMF Multi Strain Powder..... | HCl + Pepsin..... | Fungisode..... |
| HMF Replete..... | 37 | HMF Natogen..... | V-Enzymes..... | |
| HMF Super Powder..... | 37 | Lactobacillus plantarum (CUL-66) | | Milk Thistle (Silybum marianum/ Carduus marianu) |
| HMF Women's Daily..... | 41 | HMF Multi Strain..... | Lipase Activity | Collinsonia Formula..... |
| | | HMF Multi Strain 50..... | Pancreatin..... | HAD..... |
| | | HMF Multi Strain Powder..... | | HLIP..... |
| | | Lactobacillus rhamnosus (CUL-63) | Lithium | Liv Complex..... |
| | | HMF Multi Strain Powder..... | Lithium Spray..... | Liver Support & Detoxification [†] |
| | | HMF Neuro Capsules..... | | Milk Thistle Plus..... |
| | | HMF Neuro Powder..... | Lithium carbonicum (Lithium carbonate) | Milk Thistle Tincture..... |
| | | | HKI..... | Silymarin..... |

| | | | |
|--------------------------------------------|------------------------------------------------|--------------------------------------|----------------------------------------|
| Molybdenum | Orti B 89 | Oregon Grape | Phyto Greens |
| Active Multi Vite 101 | Pediatri Vite 106 | (Mahonia aquifolium) | Capsules (organic) 164 |
| Formula OSX 117 | Pregna Vite 107 | Berberis Formula 174 | Phyto Greens Powder |
| Liquid Multi Vite Min 103 | Super Orti Vite 108 | Osha (Ligusticum porteri) | (certified organic) 165 |
| Colloidal Multi Mins Liquid 100 | TAD+ 109 | Echinacea Combination #2 . . . 170 | Pro Rice 128 |
| Multi Vite 105 | Nitricum acidum (Nitric acid) | Lymphagen Cream 218 | Super Orti Vite 108 |
| Pregna Vite 107 | Fungisode 210 | Ovary | Papaya (Carica papaya) |
| Scorbatate 83 | Nux moschato (Nutmeg) | Femagen PMS Tablets 98 | Bio Enzymes 140 |
| Super Cal Mag 120 | HTYP 215 | HFE 211 | Phyto Greens |
| TOS Cal Hydroxy 120 | O | TFE 110 | Capsules (organic) 164 |
| Trace Mineral Complex CWS . . 113 | OA (Oleic Acid) | Ox Bile | Phyto Greens Powder |
| Motherwort (Leonurus cardiaca) | Flax Oil Capsules 68 | Ichol Plus 143 | (certified organic) 165 |
| Oat Combination 171 | GLA 130 Primrose Oil 69 | Oxalicum acidum (Oxalic acid) | Parsley (Petroselinum crispum) |
| Mugo Pine (Pinus mugo) | Multi EFA Capsules 54 | Fungisode 210 | Collinsonia Formula 155 |
| Car-gen 194 | Perilla EFA 69 | P | Femagen PMS Capsules 98 |
| Meno-gen 198 | Pumpkin Capsules 70 | PA (Palmitic Acid) | Garlic + Parsley 176 |
| Mugo Pine Bud 189 | Oak (Quercus robur) | GLA 130 Primrose Oil 69 | Herbotox Capsules 160 |
| Osteo-gen 200 | Antia-gen 193 | Pumpkin Capsules 70 | Herbotox Tablets 161 |
| Muriaticum acidum (Muriatic acid) | Ener-gen 195 | Pancreas | Multi Vite 105 |
| Fungisode 210 | Fem-gen 195 | GLY Forte 102 | Phyto Greens |
| Myo-inositol 82 | Oak Bud 189 | Multi Glyco 104 | Capsules (organic) 164 |
| Myo-Inositol 82 | Perid-gen 200 | TMG 205 | Phyto Greens Powder |
| N | Renu-gen 201 | Pancreatin | (certified organic) 165 |
| N-Acetyl-L-Cysteine (NAC) | Tonic-gen 201 | Bromelain Papain + 141 | TKI 111 |
| Amino NAC 122 | Oat (Avena sativa) | Digest Plus 142 | Passionflower (Passiflora |
| Glutathione Precursors 133 | Herbal Bulk 158 | HPNP 214 | incarnata) |
| Natrium muriacum | Oat Combination 171 | Multi Vite 105 | LSP 117 |
| (Sodium chloride) | Olive (Olea europaea) | Pancreatin 143 | Oat Combination 171 |
| HLIP 213 | Alert-gen 193 | Super Orti Vite 108 | Passiflora Combination 172 |
| Natrium sulfuricum (Sodium | Antia-gen 193 | Pancrelipase | Peppermint (Mentha piperita) |
| sulfate) | Art-gen 193 | Bio Enzymes 140 | Citri-gen 175 |
| HLIP 213 | Fluid-gen 196 | Pantothenic Acid | Herbal GI 159 |
| HPNP 214 | Gluco-gen 196 | Active B Complex 84 | Pepsin |
| Natural Mixed Carotenoids | Met-gen 198 | Active Multi Vite 101 | Bio Enzymes 140 |
| Macular Support [†] 134 | Olive Young Shoot 190 | Adreno Restore 148 | Digest Plus 142 |
| Neurophenol™ Proprietary Blend | Omega-3 Fatty Acids | Femagen PMS Capsules 98 | HCl + Pepsin 142 |
| Cognitive Care [†] 150 | Berry DHA 61 | Femagen PMS Tablets 98 | Multi Vite 105 |
| Niacin | Cod Liver Oil | GLY Forte 102 | Perilla (Perilla frutescens) |
| Active Multi Vite 101 | DHA/EPA Forte Capsules 52 | GSF Complex 102 | Perilla EFA 69 |
| Femagen Iron Plus 97 | Cod Liver Oil Forte 53 | Liquid B Complex 88 | Phellandrium aquaticum |
| Femagen PMS Capsules 98 | Krill Oil 63 | Liquid Multi Vite Min 103 | (Water fennel) |
| Femagen PMS Tablets 98 | Omega EFA Liquid 55 | Multi B 89 | HLU 213 |
| Femagen TLI 99 | Super EFA Capsules 52 | Multi Glyco 104 | Phosphatides |
| Multi Vite 105 | Super EFA Forte Capsules 58 | Multi Vite 105 | Phos Choline 63 |
| Niacinamide | Super EFA Forte Capsules + D . . 58 | Orti B 89 | Phosphatidylserine 64 |
| Active B Complex 84 | Super EFA Forte Liquid 59 | Pantothenic Acid 90 | Adreno Calm [†] 147 |
| Active Multi Vite 101 | Super EFA Forte Liquid + D . . . 59 | Pediatri Vite 106 | Phosphatidylserine 64 |
| Children's Chewable Vitamins . . 101 | Super EFA Liquid Plus 56 | Pregna Vite 107 | Phospholipids |
| GLY Forte 102 | Super EFA Liquid Plus CoQ ₁₀ . . 60 | Super Orti Vite 108 | Krill Oil 63 |
| Liquid B Complex 88 | Super EFA Liquid Plus D 60 | TAD+ 109 | Phosphoricum acidum |
| Liquid Multi Vite Min 103 | Orange (Citrus sinensis) | Papain | (Phosphoric Acid) |
| Mag Cal Plus 118 | Super Flavonoids 166 | Bio Enzymes 140 | HPNP 214 |
| Multi B 89 | Oregano (Origanum vulgare) | Bromelain Papain + 141 | |
| Multi Glyco 104 | Oregano Oil 176 | CDC Forte 114 | |
| | | Digest Plus 142 | |
| | | Herbal GI 159 | |

Phosphorus

| | |
|-----------------|-----|
| Formula OSX | 117 |
| MSPD Complex | 119 |
| Multi Vite | 105 |
| Super Cal Mag | 120 |
| TOS Cal Hydroxy | 120 |

Pituitary

| | |
|---------------------|-----|
| Femagen PMS Tablets | 98 |
| HPTP | 214 |
| HTHY | 215 |
| TPTP | 206 |

Placenta

| | |
|-----|-----|
| TIM | 111 |
|-----|-----|

Plant Sterol Esters

| | |
|-----------------------|----|
| Col-Sterol | 67 |
| Super EFA Liquid Plus | 56 |

Potassium

| | |
|-----------------------------|-----|
| Ascorbate C | 78 |
| CoQ ₁₀ + Taurine | 131 |
| GLY Forte | 102 |
| GSF Complex | 102 |
| HMF Cystgen | 41 |
| KMG Plus | 100 |
| Liquid Multi Vite Min | 103 |
| Colloidal Multi Mins Liquid | 100 |
| Multi Vite | 105 |
| Orti C | 82 |
| Potassium Glycinate Liquid | 95 |
| Scorbatate | 83 |
| ST-TN Capsules | 108 |
| Super Orti Vite | 108 |
| THR | 110 |

Propionic Acid

| | |
|----------------|-----|
| ST-TN Capsules | 108 |
|----------------|-----|

Protease

| | |
|-------------------|-----|
| Digest Dairy Plus | 141 |
| Pancreatin | 143 |
| V-Enzymes | 144 |

Psyllium (*Plantago ovata*)

| | |
|-------------|-----|
| Herbal Bulk | 158 |
|-------------|-----|

Pumpkin (*Cucurbita pepo*)

| | |
|-----------------------|-----|
| Black Walnut Capsules | 175 |
| Pumpkin Capsules | 70 |

Purple Loosestrife**(*Lythrum salicaria*)**

| | |
|--------------------------|-----|
| Echinacea Combination #2 | 170 |
|--------------------------|-----|

Q**Quassia (*Quassia amara*)**

| | |
|-----------------------------|-----|
| Black Walnut Capsules | 175 |
| Black Walnut Combination #1 | 169 |

Quercetin

| | |
|-------|----|
| C1000 | 78 |
|-------|----|

R**Raspberry (*Rubus idaeus*)**

| | |
|-----------------------|-----|
| GInd-gen | 196 |
| Meno-gen | 198 |
| Mns-gen | 199 |
| Raspberry Young Shoot | 190 |

Red Algae**(*Lithothamnium corallioides*)**

| | |
|---------|-----|
| Red-gen | 152 |
|---------|-----|

Red Clover (*Trifolium pratense*)

| | |
|----------------------------|-----|
| Astragalus Combination #1 | 168 |
| Cleavers Combination #1 | 169 |
| Lymphagen Cream | 218 |
| Yellow Dock Combination #1 | 172 |

Rennin (from *Rhizomucor miehei*)

| | |
|-------------------|-----|
| Digest Dairy Plus | 141 |
|-------------------|-----|

Rhodiola (*Rhodiola rosea*)

| | |
|-----------------------------|-----|
| Adreno Restore | 148 |
| Cognitive Care [†] | 150 |
| Rhodiola 150 | 153 |

Riboflavin

| | |
|------------------------------|-----|
| Active B Complex | 84 |
| Active Multi Vite | 101 |
| Children's Chewable Vitamins | 101 |
| Femagen PMS Capsules | 98 |
| Femagen PMS Tablets | 98 |
| GLY Forte | 102 |
| Liquid B Complex | 88 |
| Liquid Multi Vite Min | 103 |
| Multi B | 89 |
| Multi Glyco | 104 |
| Multi Vite | 105 |
| Orti B | 89 |
| Pediatri Vite | 106 |
| Pregna Vite | 107 |
| Super Orti Vite | 108 |
| TAD+ | 109 |

Rice (*Oryza sativa*)

| | |
|-------------|-----|
| Herbal Bulk | 158 |
| Pro Rice | 128 |

Rose (*Rosa canina*)

| | |
|------------------------------|-----|
| C1000 | 78 |
| Children's Chewable Vitamins | 101 |
| Multi Vite | 105 |

Rosemary (*Rosmarinus officinalis*)

| | |
|----------------------|-----|
| Acn-gen | 192 |
| Al-gen | 192 |
| Aox-gen | 193 |
| GInd-gen | 196 |
| Intest-gen | 198 |
| Liv Complex | 147 |
| Lymphagen Cream | 218 |
| Met-gen | 198 |
| Mns-gen | 199 |
| Rosemary Young Shoot | 190 |

***Rubia tinctorum* (Madder)**

| | |
|-----|-----|
| HKI | 212 |
|-----|-----|

Rutin

| | |
|------------------------------|-----|
| C1000 | 78 |
| CDC Forte | 114 |
| Children's Chewable Vitamins | 101 |
| Glucosamine Complex | 114 |
| GSF Complex | 102 |
| MSPD Complex | 119 |
| Orti C | 82 |
| Super Flavonoids | 166 |

S**SA (Stearic Acid)**

| | |
|------------------|-----|
| Pumpkin Capsules | 70 |
| Sabina (Savin) | |
| HPTP | 214 |

***Saccharomyces cerevisiae* subsp. *boulardii* (CNCM I-1079)**

| | |
|---------------------|----|
| HMF Multi Strain 50 | 34 |
|---------------------|----|

Sarsaparilla**(*Smilax aristolochiifolia*)**

| | |
|-----|-----|
| HKI | 212 |
|-----|-----|

Saw Palmetto (*Serenoa repens*)

| | |
|-------------------|-----|
| Kidney Complex | 161 |
| Saw Palmetto Plus | 153 |

Schisandra (*Schisandra chinensis*)

| | |
|---------------------------|-----|
| Astragalus Combination #1 | 168 |
|---------------------------|-----|

Sea Buckthorn**(*Hippophae rhamnoides*)**

| | |
|-------------------|-----|
| Ener-gen | 195 |
| Imu-gen | 197 |
| Ocu-gen | 199 |
| Sea Buckthorn Bud | 190 |
| Vrl-gen | 202 |

***Secale cornutum* (Rye ergot)**

| | |
|------|-----|
| HPTP | 214 |
|------|-----|

Selenium

| | |
|-----------------------------|-----|
| Active Multi Vite | 101 |
| AMD | 130 |
| GLY Forte | 102 |
| Liquid Multi Vite Min | 103 |
| Multi Glyco | 104 |
| Colloidal Multi Mins Liquid | 100 |
| Multi Vite | 105 |
| Pregna Vite | 107 |
| Scorbatate | 83 |
| Selenium + E | 136 |
| Selenium CWS | 136 |
| Super Orti Vite | 108 |
| Super Oxi Formula | 137 |
| Trace Mineral Complex CWS | 113 |

Senna (*Senna alexandrina*)

| | |
|----------|-----|
| Herbolax | 160 |
|----------|-----|

***Sepia officinalis* (Sepia)**

| | |
|-----------|-----|
| Fungisode | 210 |
|-----------|-----|

Service tree (*Sorbus domestica*)

| | |
|------------------|-----|
| Cir-gen | 194 |
| Hpo-gen | 197 |
| Service tree Bud | 191 |

***Silicea* (Silica)**

| | |
|------|-----|
| HLU | 213 |
| HTYP | 215 |

Silver Birch (*Betula pendula*)

| | |
|------------------|-----|
| Car-gen | 194 |
| Defense-gen | 194 |
| Dtx-gen | 195 |
| Growth-gen | 196 |
| Silver Birch Bud | 191 |
| Uri-gen | 202 |

Silver Fir (*Abies alba*)

| | |
|------------------------|-----|
| Bn-gen | 194 |
| Growth-gen | 196 |
| Silver Fir Young Shoot | 191 |

Silver Linden (*Tilia tomentosa*)

| | |
|-------------------|-----|
| Alert-gen | 193 |
| Calm-gen | 184 |
| Renu-gen | 201 |
| Silver Linden Bud | 191 |
| Spm-gen | 201 |

Skullcap (*Scutellaria lateriflora*)

| | |
|---------------------|-----|
| Kelp Combination #1 | 171 |
|---------------------|-----|

St. John's Wort**(*Hypericum perforatum*)**

| | |
|------------------------|-----|
| Dioscorea Cream | 219 |
| Femagen PMS Capsules | 98 |
| Isogen Forte Cream | 219 |
| Lymphagen Cream | 218 |
| Passiflora Combination | 172 |
| St. Johnswort Plus | 154 |

Standardized Rice Grain Protein Powder

| | |
|----------|-----|
| Pro Rice | 128 |
|----------|-----|

***Stannum metallicum* (Tin)**

| | |
|-----|-----|
| HLU | 213 |
|-----|-----|

Star Anise (*Illicium verum*)

| | |
|-----------|-----|
| Herbal GI | 159 |
| TLU | 112 |

Stevia (*Stevia rebaudiana*)

| | |
|----------------|----|
| A-Mulsion | 77 |
| D-Mulsion 400 | 79 |
| D3 K2 Mulsion | 81 |
| DHA Pediaburst | 53 |

Stinging Nettle (*Urtica dioica*)

| | |
|----------------|-----|
| Kidney Complex | 161 |
|----------------|-----|

Stomach

| | |
|-----|-----|
| TMG | 205 |
|-----|-----|

Stoneroot (*Collinsonia canadensis*)

| | |
|---------------------|-----|
| Collinsonia Formula | 155 |
|---------------------|-----|

| | | | |
|---------------------------------------------------------------------|-----|--|--|
| <i>Streptococcus salivarius subsp. thermophilus</i> (CUL-68) | | | |
| HMF Multi Strain | 33 | | |
| Sugarcane (<i>Saccharum officinarum</i>) | | | |
| Phyto Greens | | | |
| Capsules (organic) | 164 | | |
| Phyto Greens Powder (certified organic) | 165 | | |
| <i>Sulfur iodatum</i> (Sulfur iodide) | | | |
| HTYP | 215 | | |
| Sulphur (sublimed sulfur) | | | |
| Fungisode | 210 | | |
| HLU | 213 | | |
| Sweet Wormwood (<i>Artemisia annua</i>) | | | |
| Black Walnut Capsules | 175 | | |
| <i>Syzygium jambolanum</i> (Jambol seed) | | | |
| HPNP | 214 | | |
| T | | | |
| Tamarisk (<i>Tamarix gallica</i>) | | | |
| Hemo-gen | 197 | | |
| Taurine | | | |
| Amino Taurine | 124 | | |
| CoQ ₁₀ + Taurine | 131 | | |
| Thiamine | | | |
| Active B Complex | 84 | | |
| Active Multi Vite | 101 | | |
| Children's Chewable Vitamins | 101 | | |
| Femagen PMS Capsules | 98 | | |
| Femagen PMS Tablets | 98 | | |
| GLY Forte | 102 | | |
| Liquid B Complex | 88 | | |
| Liquid Multi Vite Min | 103 | | |
| Multi B | 89 | | |
| Multi Glyco | 104 | | |
| Multi Vite | 105 | | |
| Orti B | 89 | | |
| Pediatri Vite | 106 | | |
| Pregna Vite | 107 | | |
| Super Orti Vite | 108 | | |
| TAD+ | 109 | | |
| TBMP | 109 | | |
| Three-Leaf Caper (<i>Crateva magna</i>) | | | |
| Kidney Complex | 161 | | |
| Thymus | | | |
| HTHY | 215 | | |
| HTYP | 215 | | |
| THYM | 204 | | |
| TIM | 111 | | |
| <i>Thymus vulgaris</i> (Thyme) | | | |
| HLU | 213 | | |
| Thyroid | | | |
| HTHY | 215 | | |
| Transgalactooligosaccharides (GOS) | | | |
| HMF Baby B | 42 | | |
| HMF Baby F | 43 | | |
| Trypsin | | | |
| Pancreatin | 143 | | |
| Turmeric (<i>Curcuma longa</i>) | | | |
| Liver Support & Detoxification† | 163 | | |
| U | | | |
| Ubiquinol | | | |
| Ubiquinol 100 mg | 138 | | |
| <i>Urtica urens</i> (Dwarf Nettle) | | | |
| HKI | 212 | | |
| Uterus | | | |
| HFE | 211 | | |
| TFE | 110 | | |
| <i>Uva-Ursi</i> (<i>Arctostaphylos uva-ursi</i>) | | | |
| Femagen PMS Capsules | 98 | | |
| Herbotox Capsules | 160 | | |
| Herbotox Tablets | 161 | | |
| Kidney Complex | 161 | | |
| V | | | |
| Valerian (<i>Valeriana officinalis</i>) | | | |
| HHR | 212 | | |
| LSP | 117 | | |
| Mag Cal Plus | 118 | | |
| Vanadium | | | |
| Formula OSG | 116 | | |
| Formula OSX | 117 | | |
| Liquid Multi Vite Min | 103 | | |
| MSPD Complex | 119 | | |
| Colloidal Multi Mins Liquid | 100 | | |
| Multi Vite | 105 | | |
| Scorbatate | 83 | | |
| Super Cal Mag | 120 | | |
| TOS Cal Hydroxy | 120 | | |
| <i>Veratrum album</i> (White Hellebore) | | | |
| HHR | 212 | | |
| <i>Viburnum opulus</i> (High Bush Cranberry) | | | |
| HFE | 211 | | |
| Vitamin A | | | |
| Active Multi Vite | 101 | | |
| A-Mulsion | 77 | | |
| Children's Chewable Vitamins | 101 | | |
| Cod Liver Oil | | | |
| DHA/EPA Forte Capsules | 52 | | |
| Cod Liver Oil Forte | 53 | | |
| Formula OSG | 116 | | |
| GLY Forte | 102 | | |
| Liquid Multi Vite Min | 103 | | |
| Macular Support† | 134 | | |
| Multi Vite | 105 | | |
| Pediatri Vite | 106 | | |
| Pregna Vite | 107 | | |
| Super Orti Vite | 108 | | |
| Vitamin B₆ | | | |
| Active B Complex | 84 | | |
| Active B ₆ Pyridoxal | 84 | | |
| Active Multi Vite | 101 | | |
| Adreno Restore | 148 | | |
| Children's Chewable Vitamins | 101 | | |
| Femagen Iron Plus | 97 | | |
| Femagen PMS Capsules | 98 | | |
| Femagen PMS Tablets | 98 | | |
| Femagen TLI | 99 | | |
| GLY Forte | 102 | | |
| KMG Plus | 100 | | |
| Liquid B Complex | 88 | | |
| Liquid Multi Vite Min | 103 | | |
| Mag Cal Plus | 118 | | |
| Methylation Support | 88 | | |
| Multi B | 89 | | |
| Multi Glyco | 104 | | |
| Multi Vite | 105 | | |
| Orti B | 89 | | |
| Pediatri Vite | 106 | | |
| Pregna Vite | 107 | | |
| Super Orti Vite | 108 | | |
| TAD+ | 109 | | |
| TPIN | 112 | | |
| Vitamin B₁₂ | | | |
| Active B Complex | 84 | | |
| Active Chewable B ₁₂ | 85 | | |
| Active Chewable B ₁₂ with L-Methylfolate | 85 | | |
| Active Multi Vite | 101 | | |
| Adreno Restore | 148 | | |
| Bio B ₁₂ + Folic Acid | 86 | | |
| Bio Folic Acid + B ₁₂ Liquid | 87 | | |
| Children's Chewable Vitamins | 101 | | |
| Femagen Iron Plus | 97 | | |
| Femagen PMS Capsules | 98 | | |
| Femagen PMS Tablets | 98 | | |
| Femagen TLI | 99 | | |
| GLY Forte | 102 | | |
| Liquid B Complex | 88 | | |
| Liquid Multi Vite Min | 103 | | |
| Methylation Support | 88 | | |
| Multi B | 89 | | |
| Multi Glyco | 104 | | |
| Multi Vite | 105 | | |
| Orti B | 89 | | |
| Pediatri Vite | 106 | | |
| Pregna Vite | 107 | | |
| Super Orti Vite | 108 | | |
| Vitamin C | | | |
| Active Multi Vite | 101 | | |
| Adreno Restore | 148 | | |
| AMD | 130 | | |
| Ascorbate C | 78 | | |
| Berry DHA | 61 | | |
| Berry EFA Plus | 62 | | |
| C1000 | 78 | | |
| CDC Forte | 114 | | |
| Children's Chewable Vitamins | 101 | | |
| Cor Defense | 156 | | |
| Cranberry Plus | 156 | | |
| Dermagen C | 218 | | |
| Femagen Iron Plus | 97 | | |
| Femagen TLI | 99 | | |
| Formula OSG | 116 | | |
| GLY Forte | 102 | | |
| GSF Complex | 102 | | |
| HMF Cystgen | 41 | | |
| HMF Fit for School | 44 | | |
| HMF Immune | 39 | | |
| Liquid Multi Vite Min | 103 | | |
| MSPD Complex | 119 | | |
| Multi Glyco | 104 | | |
| Colloidal Multi Mins Liquid | 100 | | |
| Multi Vite | 105 | | |
| Orti C | 82 | | |
| Pediatri Vite | 106 | | |
| Pregna Vite | 107 | | |
| Scorbatate | 83 | | |
| Sodium Alginate | 136 | | |
| Super Orti Vite | 108 | | |
| Super Oxi Formula | 137 | | |
| TAD+ | 109 | | |
| TIM | 111 | | |
| TKI | 111 | | |
| TLU | 112 | | |
| Zinc C CWS | 113 | | |
| Vitamin D | | | |
| Active Multi Vite | 101 | | |
| Cal Mag + D | 115 | | |
| Cal Mag Raspberry Liquid | 115 | | |
| Cal Mag Vanilla Liquid + | 116 | | |
| Children's Chewable Vitamins | 101 | | |
| Cod Liver Oil DHA/EPA Forte Capsules | 52 | | |
| Cod Liver Oil Forte | 53 | | |
| Cor Defense | 156 | | |
| D-Mulsion 400 | 79 | | |
| D-Mulsion 1000 -Spearment | 79 | | |
| D3 1000 | 80 | | |
| D3 1000 Chewable | 80 | | |
| D3 1000 Drops | 81 | | |
| D3 K2 Mulsion | 81 | | |
| Formula OSG | 116 | | |
| Formula OSX | 117 | | |
| HMB Complex | 126 | | |
| HMF Fit for School | 44 | | |

| | | | |
|--------------------------------------------------|-----|-------------------------------------------------|-----|
| HMF Immune | 39 | Wheat (<i>Triticum aestivum</i>) | |
| Liquid Multi Vite Min | 103 | Phyto Greens | |
| Mag Cal Formula 2 | 118 | Capsules (organic) | 164 |
| Mag Cal Plus | 118 | Phyto Greens Powder | |
| Mag Cal Vanilla Liquid | 119 | (certified organic) | 165 |
| Multi Vite | 105 | Whey Protein Hydrolysate | |
| Pediatri Vite | 106 | Amino Complex | 123 |
| Pregna Vite | 107 | Whey Protein Isolate | |
| Super Cal Mag | 120 | Pro Whey | 128 |
| Super EFA Forte Capsules + D | 58 | White Birch (<i>Betula pubescens</i>) | |
| Super EFA Forte Liquid + D | 59 | Bn-gen | 194 |
| Super EFA Liquid Plus D | 60 | Glnd-gen | 196 |
| Super Orti Vite | 108 | Hpo-gen | 197 |
| TOS Cal Hydroxy | 120 | White Birch Bud | 192 |
| Vitamin E | | Wild Berry-Apple Concentrate | |
| Active Multi Vite | 101 | Berry DHA | 61 |
| Children's Chewable Vitamins | 101 | Berry EFA Plus | 62 |
| Dermagen C | 218 | Wild Yam (<i>Dioscorea villosa</i>) | |
| Devil's Claw Cream | 219 | CDC Forte | 114 |
| DHA Pediaburst | 53 | Dioscorea Capsules | 156 |
| Dioscorea Cream | 219 | Dioscorea Cream | 219 |
| E-400 Emulsified | 81 | Femagen PMS Capsules | 98 |
| Femagen PMS Capsules | 98 | Femagen PMS Tablets | 98 |
| Femagen PMS Tablets | 98 | Glucosamine Complex | 114 |
| Isogen Forte Cream | 219 | Isogen Forte Cream | 219 |
| Liquid Multi Vite Min | 103 | LSP | 117 |
| Lymphagen Cream | 218 | TAD+ | 109 |
| Multi Vite | 105 | Witch Hazel | |
| Pediatri Vite | 106 | (<i>Hamamelis virginiana</i>) | |
| Pregna Vite | 107 | Collinsonia Formula | 155 |
| Selenium + E | 136 | Wood Betony (<i>Stachys officinalis</i>) | |
| ST-TN Capsules | 108 | LSP | 117 |
| Super Orti Vite | 108 | Wormwood (<i>Artemisia absinthium</i>) | |
| Super Oxi Formula | 137 | Black Walnut Combination #1 | 169 |
| TFE | 110 | Y | |
| THR | 110 | Yarrow (<i>Achillea millefolium</i>) | |
| TIM | 111 | Black Walnut Capsules | 175 |
| TLU | 112 | Black Walnut Combination #1 | 169 |
| Vitamin K1 | | Echinacea Combination #2 | 170 |
| Cal Mag Vanilla Liquid + | 116 | HPTP | 214 |
| Pregna Vite | 107 | Yeast (<i>Saccharomyces cerevisiae</i>) | |
| Vitamin K2 | | Femagen Iron Plus | 97 |
| Cal Mag Vanilla Liquid + | 116 | Yellow Dock (<i>Rumex crispus</i>) | |
| D3 K2 Mulsion | 81 | Femagen Iron Plus | 97 |
| W | | Femagen TLI | 99 |
| Watercress (<i>Nasturtium officinale/</i> | | Yellow Dock Combination #1 | 172 |
| Rorippa nasturtium-aquaticum) | | | |
| Multi Vite | 105 | | |
| Phyto Greens | | | |
| Capsules (organic) | 164 | | |
| Phyto Greens Powder | | | |
| (certified organic) | 165 | | |
| Super Flavonoids | 166 | | |

Z**Zeaxanthin**

| | |
|------------------------------|-----|
| Active Multi Vite | 101 |
| Macular Support [†] | 134 |

Zinc

| | |
|------------------------------|-----|
| Active Multi Vite | 101 |
| Adreno Restore | 148 |
| AMD | 130 |
| CDC Forte | 114 |
| Children's Chewable Vitamins | 101 |
| Cor Defense | 156 |
| Femagen PMS Capsules | 98 |
| Femagen PMS Tablets | 98 |
| GLY Forte | 102 |
| GSF Complex | 102 |
| Liquid Multi Vite Min | 103 |
| Multi Glyco | 104 |
| Colloidal Multi Mins Liquid | 100 |
| Multi Vite | 105 |
| Orti C | 82 |
| Pediatri Vite | 106 |
| Pregna Vite | 107 |
| Scorbatate | 83 |
| Super Orti Vite | 108 |
| Super Oxi Formula | 137 |
| TAD+ | 109 |
| TFE | 110 |
| TIM | 111 |
| Zinc | 96 |
| Zinc C CWS | 113 |
| Zinc Glycinate Liquid | 96 |
| Zinc Picolinate Formula | 97 |

Probiotics

Daily Probiotic

| | |
|------------------------------------|----|
| HMF Intensive | 29 |
| NEW HMF Bifido Capsules | 29 |
| NEW HMF Bifido Powder | 30 |
| HMF Capsules | 30 |
| HMF Fitness | 31 |
| HMF Forte | 31 |
| NEW HMF Intensive 50 | 32 |
| HMF Intensive 500 | 32 |
| HMF Intensive Powder | 33 |
| HMF Multi Strain | 33 |
| HMF Multi Strain 100 | 34 |
| HMF Multi Strain 50 | 34 |
| NEW HMF Multi Strain Powder | 35 |
| HMF Powder | 36 |
| HMF Replenish Capsules | 36 |
| HMF Replete | 37 |
| HMF Super Powder | 37 |
| HMF Neuro Capsules | 38 |
| HMF Travel | 38 |

Immune Function

| | |
|-----------------------|----|
| NEW HMF Immune | 39 |
| HMF Neuro Powder | 39 |

Topical Cream

| | |
|-----------|----|
| HMF Cream | 40 |
|-----------|----|

Women's Health

| | |
|------------------------------|----|
| HMF CranPro | 40 |
| HMF Cystgen | 41 |
| NEW HMF Women's Daily | 41 |

Pregnancy & Child Support

| | |
|--------------------|----|
| HMF Maternity | 42 |
| HMF Baby B | 42 |
| HMF Baby F | 43 |
| HMF Child | 43 |
| HMF Fit For School | 44 |
| HMF Natogen | 44 |

Essential Fatty Acids & Phospholipids

Fish Oils – Liquids & Capsules

| | |
|-----------------------------------------|----|
| Cod Liver Oil | |
| DHA/EPA Forte Capsules | 52 |
| Super EFA Capsules | 52 |
| Cod Liver Oil Forte | 53 |
| DHA Pediaburst | 53 |
| Multi EFA Capsules | 54 |
| Omega 800 | 54 |
| Omega EFA Liquid | 55 |
| SEP EFA | 55 |
| Super DHA Liquid | 56 |
| Super EFA Liquid - Orange | 56 |
| Super EFA Liquid Plus | 56 |
| Super EFA Liquid- Strawberry | 57 |
| NEW Super EFA Forte Capsules | 58 |
| NEW Super EFA Forte Capsules + D | 58 |
| NEW Super EFA Forte Liquid | 59 |
| NEW Super EFA Forte Liquid + D | 59 |

Essential Fatty Acids & Phospholipids (cont'd)

Fish Oils – Emulsified

| | |
|-----------------------------------------|----|
| Super EFA Liquid Plus CoQ ₁₀ | 60 |
| Super EFA Liquid Plus D | 60 |
| Berry DHA | 61 |
| Berry EFA Plus | 62 |
| Fruit EFA | 62 |

Phospholipids

| | |
|--------------------|----|
| Krill Oil | 63 |
| Phos Choline | 63 |
| Phosphatidylserine | 64 |

Plant Oils

| | |
|--------------------------|----|
| Biotine EFA | 66 |
| CLA 700 | 66 |
| Col-Sterol | 67 |
| DHA/EPA Vegan | 67 |
| Flax Oil Capsules | 68 |
| GLA 90 Black Current Oil | 68 |
| GLA 130 Primrose Oil | 69 |
| Perilla EFA | 69 |
| Pumpkin Capsules | 70 |
| Super Neurogen DHA | 70 |

Vitamins & Minerals

Single Vitamins

| | |
|----------------------------|----|
| A-Mulsion | 77 |
| D-Mulsion 1000 - Lemon | 77 |
| Ascorbate C | 78 |
| C1000 | 78 |
| D-Mulsion 1000 - Spearmint | 79 |
| D-Mulsion 400 - Citrus | 79 |
| D3 1000 | 80 |
| D3 1000 Chewable | 80 |
| D3 1000 Drops | 81 |
| D3 K2 Mulsion | 81 |
| E-400 Emulsified | 81 |
| Myo-Inositol | 82 |
| Orti C | 82 |
| Scorbatate | 83 |
| Vitamin A | 83 |

B Vitamin Complexes

| | |
|-----------------------------------------------------|----|
| Active B Complex | 84 |
| Active B ₆ Pyridoxal | 84 |
| Active Chewable B ₁₂ - Cherry | 85 |
| Active Chewable B ₁₂ with L-Methylfolate | 85 |
| Active Folate 1000 | 86 |
| Bio B ₁₂ + Folic Acid - Cherry | 86 |
| Bio Folic Acid + B ₁₂ Liquid | 87 |
| Inositol Nicotinate + Cr | 87 |
| Liquid B Complex IMPROVED | 88 |
| Methylation Support | 88 |
| Multi B | 89 |
| Orti B | 89 |
| Pantothenic Acid | 90 |

Vitamins & Minerals

(cont'd)

Single Minerals

| | |
|-------------------------------|----|
| Calcium | 90 |
| Chromium CWS | 91 |
| GTF Chromium | 91 |
| Iron | 91 |
| Liquid Iodine IMPROVED | 92 |
| Liquid Iron | 92 |
| Lithium Spray | 93 |
| Magnesium | 93 |
| Magnesium Complex Liquid | 94 |
| Magnesium Glycinate Liquid | 94 |
| Malic Acid | 95 |
| Manganese | 95 |
| Potassium Glycinate Liquid | 95 |
| Zinc | 96 |
| Zinc Glycinate Liquid | 96 |
| Zinc Picolinate Formula | 97 |

Multiminerals

| | |
|-------------------------------------|-----|
| Femagen Iron Plus | 97 |
| Femagen PMS Capsules | 98 |
| Femagen PMS Tablets IMPROVED | 98 |
| Femagen TLI | 99 |
| KMG Plus | 100 |

Vitamin & Mineral Complexes

| | |
|---------------------------------------|-----|
| Colloidal Multi Mins Liquid | 100 |
| Active Multi Vite | 101 |
| Children's Chewable Vitamins | 101 |
| GLY Forte | 102 |
| GSF Complex | 102 |
| Liquid Multi Vite Min IMPROVED | 103 |
| Maxum Multi Vite | 104 |
| Multi Glyco | 104 |
| Multi Vite | 105 |
| Pediatric Vite IMPROVED | 106 |
| Pregna Vite | 107 |
| ST-TN Capsules | 108 |
| Super Orti Vite | 108 |
| TAD+ | 109 |
| TAD+ | 109 |
| TBMP | 109 |
| TFE | 110 |
| THR | 110 |
| TIM | 111 |
| TKI | 111 |
| TLU | 112 |
| TPIN | 112 |
| Trace Mineral Complex CWS | 113 |
| Zinc C CWS | 113 |

Minerals & Glucosamines

| | |
|---------------------|-----|
| CDC Forte | 114 |
| Glucosamine Complex | 114 |

Vitamins & Minerals

(cont'd)

Calcium & Magnesium Complexes

| | |
|--------------------------|-----|
| Cal Mag + D | 115 |
| Cal Mag Raspberry Liquid | 115 |
| Cal Mag Vanilla Liquid + | 116 |
| Formula OSG | 116 |
| Formula OSX | 117 |
| LSP IMPROVED | 117 |
| Mag Cal Formula 2 | 118 |
| Mag Cal Plus | 118 |
| Mag Cal Vanilla Liquid | 119 |
| MSPD Complex | 119 |
| Super Cal Mag | 120 |
| TOS Cal Hydroxy | 120 |

Amino Acids & Proteins

| | |
|---------------------------------------|-----|
| 5HTP 100 mg | 122 |
| Amino NAC | 122 |
| Amino Complex | 123 |
| Amino L-Glutamine | 123 |
| Amino L-Glutamine Powder | 123 |
| Amino L-Lysine | 124 |
| Amino L-Tyrosine | 124 |
| Amino Taurine IMPROVED | 124 |
| Carnitine (Acetyl L-Carnitine 500 mg) | 125 |
| FOS + L-Glutamine | 125 |
| GABA 700 | 126 |
| HMB Complex | 126 |
| Pro Pea Balance - Chocolate | 127 |
| Pro Pea Balance - Vanilla | 127 |
| Pro Rice | 128 |
| Pro Whey | 128 |

Antioxidants

| | |
|------------------------------|-----|
| AMD | 130 |
| CoQ ₁₀ 100 | 130 |
| CoQ ₁₀ + Taurine | 131 |
| CoQ ₁₀ 30 | 131 |
| CoQ ₁₀ Chewable | 132 |
| CoQ ₁₀ Lipo 100 | 132 |
| Glutathione Precursors | 133 |
| Grapenol | 133 |
| GSH Reduced Glutathione | 134 |
| Lipoic Acid | 134 |
| Macular Support [†] | 134 |
| Melatonin Spray | 135 |
| Satin Care [†] | 135 |
| Selenium + E | 136 |
| Selenium CWS | 136 |
| Sodium Alginate | 136 |
| Super Lipoic Acid | 137 |
| Super Oxi Formula | 137 |
| Ubiquinol 100 mg | 138 |

Enzymes

| | |
|--------------------|-----|
| Betaine HCl | 140 |
| Bio Enzymes | 140 |
| Bromelain Papain + | 141 |
| Digest Dairy Plus | 141 |
| Digest Plus | 142 |
| HCl + Pepsin | 142 |
| Ichol | 142 |
| Ichol Plus | 143 |
| Pancreatin | 143 |
| V-Enzymes | 144 |

Phytonutrients

Standardized Herbal Formulas

| | |
|--------------------------------|-----|
| Adreno Calm [†] | 147 |
| Adreno Restore | 148 |
| Bilberry IMPROVED | 148 |
| Boswellia | 149 |
| Cardio Care [†] | 149 |
| Cognitive Care [†] | 150 |
| Curcumin Complex | 150 |
| D.I.M. | 151 |
| Milk Thistle Plus | 151 |
| NEW Neurogen Cognition | 151 |
| NEW PhosCholine Complex | 152 |
| Red-gen | 152 |
| Rhodiola 150 | 153 |
| Saw Palmetto Plus | 153 |
| Silymarin | 154 |
| St. Johnswort Plus | 154 |

Herbal Formulas

| | |
|---------------------------------------------|-----|
| Chlorgen | 155 |
| Cilantro | 155 |
| Collinsonia Formula | 155 |
| Cor Defense | 156 |
| Cranberry Plus | 156 |
| Dioscorea Capsules | 156 |
| NEW English Ivy | 157 |
| Fenugreek | 157 |
| Ginkgo Capsules IMPROVED | 158 |
| Herbal Bulk | 158 |
| Herbal Calm [†] IMPROVED | 159 |
| Herbal GI | 159 |
| Herbolax IMPROVED | 160 |
| Herbotox Capsules | 160 |
| Herbotox Tablets | 161 |
| Kidney Complex | 161 |
| NEW Kids English Ivy Syrup | 162 |
| Liquid Chlorophyll | 162 |
| Liv Complex | 147 |
| Liver Support & Detoxification [†] | 163 |
| Macagen | 163 |
| Phyto Greens Capsules (organic) | 164 |
| Phyto Greens Powder (certified organic) | 165 |
| Super Flavonoids | 166 |
| Vitex Agnus-Castus | 166 |

Phytonutrients (cont'd)

Botanical Single Tinctures

| | |
|---------------------|-----|
| Astragalus Tincture | 167 |
| Cat's Claw Tincture | 167 |
| Ginkgo Tincture | 167 |
| Goldenseal Tincture | 167 |

Botanical Combinations

| | |
|-----------------------------|-----|
| Astragalus Combination #1 | 168 |
| Milk Thistle Tincture | 168 |
| Black Walnut Combination #1 | 169 |
| Cleavers Combination #1 | 169 |
| Echinacea Combination #2 | 170 |
| Echinacea Mix | 170 |
| Kelp Combination #1 | 171 |
| Oat Combination | 171 |
| Passiflora Combination | 172 |
| Yellow Dock Combination #1 | 172 |

Plant Compounds Supporting Healthy Microbial Balance[†]

| | |
|-----------------------|-----|
| Allisyn | 174 |
| Berberis Formula | 174 |
| Black Walnut Capsules | 175 |
| Citri-gen | 175 |
| Garlic + Parsley | 176 |
| IntestiBal | 176 |
| Oregano Oil | 176 |

Phyto-gens

Singles

| | |
|--------------------------------|-----|
| Bilberry Young Shoot | 184 |
| Black Alder Bud | 184 |
| Calm-gen | 184 |
| Black Currant Bud | 185 |
| Blackberry Young Shoot | 185 |
| Boston Ivy Young Shoot | 185 |
| Corn Root Bark | 185 |
| Crab Apple Bud | 186 |
| Dog Rose Young Shoot | 186 |
| Dogwood Bud | 186 |
| English Walnut Bud | 186 |
| European Hazel Bud | 187 |
| European Mistletoe Young Shoot | 187 |
| Fig Bud | 187 |
| Giant Sequoia Young Shoot | 187 |
| Ginkgo Bud | 188 |
| Hawthorn Young Shoot | 188 |
| Heather Young Shoot | 188 |
| Horse Chestnut Bud | 188 |
| Juniper Young Shoot | 189 |
| Lingonberry Young Shoot | 189 |
| Mugo Pine Bud | 189 |
| Oak Bud | 189 |
| Olive Young Shoot | 190 |
| Raspberry Young Shoot | 190 |

Phyto-gens (cont'd)

Singles (cont'd)

| | |
|------------------------|-----|
| Rosemary Young Shoot | 190 |
| Sea Buckthorn Bud | 190 |
| Servicetree Bud | 191 |
| Silver Birch Bud | 191 |
| Silver Fir Young Shoot | 191 |
| Silver Linden Bud | 191 |
| Spanish Chestnut Bud | 192 |
| White Birch Bud | 192 |

Symbiotic Combinations

| | |
|-------------|-----|
| Acn-gen | 192 |
| Al-gen | 192 |
| Alert-gen | 193 |
| Antia-gen | 193 |
| Aox-gen | 193 |
| Art-gen | 193 |
| Bn-gen | 194 |
| Car-gen | 194 |
| Cir-gen | 194 |
| Defense-gen | 194 |
| Digest-gen | 195 |
| Dtx-gen | 195 |
| Ener-gen | 195 |
| Fem-gen | 195 |
| Fluid-gen | 196 |
| GlnD-gen | 196 |
| GlucO-gen | 196 |
| Growth-gen | 196 |
| Hemo-gen | 197 |
| Hpe-gen | 197 |
| Hpo-gen | 197 |
| Imu-gen | 197 |
| Intest-gen | 198 |
| Liv-gen | 198 |
| Meno-gen | 198 |
| Met-gen | 198 |
| Micro-gen | 199 |
| Mig-gen | 199 |
| Mns-gen | 199 |
| Ocu-gen | 199 |
| Osteo-gen | 200 |
| Perid-gen | 200 |
| Pulmo-gen | 200 |
| Renal-gen | 200 |
| Renu-gen | 201 |
| Skn-gen | 201 |
| Spm-gen | 201 |
| Tonic-gen | 201 |
| Trauma-gen | 202 |
| Uri-gen | 202 |
| Vrl-gen | 202 |

Glandular Extracts

| | |
|------|-----|
| TADS | 204 |
| THYM | 204 |
| TLIP | 205 |
| TMG | 205 |
| TPTP | 206 |
| TSPP | 206 |

Homeopathic Preparations

| | |
|----------------|-----|
| Can Albex 30X | 209 |
| Can Albex 500X | 209 |
| Fucus Complex | 210 |
| Fungisode | 210 |
| HAD | 211 |
| HFE | 211 |
| HHR | 212 |
| HKI | 212 |
| HLIP | 213 |
| HLU | 213 |
| HPNP | 214 |
| HPTP | 214 |
| HTHY | 215 |
| HTYP | 215 |

Topicals

| | |
|--------------------|-----|
| Dermagen C | 218 |
| Lymphagen Cream | 218 |
| Devil's Claw Cream | 219 |
| Dioscorea Cream | 219 |
| Isogen Forte Cream | 219 |

| | | | | | | | |
|-----------------------------------------------------|-----|---------------------------------------|-----|------------------------------------------|-----|---------------------------------------------|-----|
| 5HTP 100 mg | 122 | Carnitine (Acetyl L-Carnitine 500 mg) | 125 | Femagen Iron Plus | 97 | HMF Cystgen | 41 |
| A-Mulsion | 77 | Cat's Claw Tincture | 167 | Femagen PMS Capsules | 98 | HMF Fit For School | 44 |
| Acn-gen | 192 | CDC Forte | 114 | Femagen PMS Tablets IMPROVED | 98 | HMF Fitness | 31 |
| Active B Complex | 84 | Children's Chewable Vitamins | 101 | Femagen TLI | 99 | HMF Forte | 31 |
| Active B ₆ Pyridoxal | 84 | Chlorgen | 155 | Fenugreek | 157 | NEW HMF Immune | 39 |
| Active Chewable B ₁₂ - Cherry | 85 | Chromium CWS | 91 | Fig Bud | 187 | HMF Intensive | 29 |
| Active Chewable B ₁₂ with L-Methylfolate | 85 | Cilantrofen | 155 | Flax Oil Capsules | 68 | NEW HMF Intensive 50 | 32 |
| Active Folate 1000 | 86 | Cir-gen | 194 | Fluid-gen | 196 | HMF Intensive 500 | 32 |
| Active Multi Vite | 101 | Citrigen | 175 | Formula OSG | 116 | HMF Intensive Powder | 33 |
| Adreno Calm [†] | 147 | CLA 700 | 66 | Formula OSX | 117 | HMF Maternity | 42 |
| Adreno Restore | 148 | Cleavers Combination #1 | 169 | FOS + L-Glutamine | 125 | HMF Multi Strain | 33 |
| Al-gen | 192 | Cod Liver Oil | | Fruit EFA | 62 | HMF Multi Strain 100 | 34 |
| Alert-gen | 193 | DHA/EPA Forte Capsules | 52 | Fucus Complex | 210 | HMF Multi Strain 50 | 34 |
| Allisyn | 174 | Cod Liver Oil Forte | 53 | Fungisode | 210 | NEW HMF Multi Strain Powder | 35 |
| AMD | 130 | Cognitive Care [†] | 150 | GABA 700 | 126 | HMF Natogen | 44 |
| Amino Complex | 123 | Col-Sterol | 67 | Garlic + Parsley | 176 | HMF Neuro Capsules | 38 |
| Amino L-Glutamine | 123 | Collinsonia Formula | 155 | Giant Sequoia Young Shoot | 187 | HMF Neuro Powder | 39 |
| Amino L-Glutamine Powder | 123 | Colloidal Multi Mins Liquid | 100 | Ginkgo Bud | 188 | HMF Powder | 36 |
| Amino L-Lysine | 124 | CoQ ₁₀ + Taurine | 131 | Ginkgo Capsules IMPROVED | 158 | HMF Replenish Capsules | 36 |
| Amino L-Tyrosine | 124 | CoQ ₁₀ 100 | 130 | Ginkgo Tincture | 167 | HMF Replete | 37 |
| Amino NAC | 122 | CoQ ₁₀ 30 | 131 | GLA 130 Primrose Oil | 69 | HMF Super Powder | 37 |
| Amino Taurine IMPROVED | 124 | CoQ ₁₀ Chewable | 132 | GLA 90 Black Current Oil | 68 | HMF Travel | 38 |
| Antia-gen | 193 | CoQ ₁₀ Lipo 100 | 132 | GInd-gen | 196 | NEW HMF Women's Daily | 41 |
| Aox-gen | 193 | Cor Defense | 156 | Gluco-gen | 196 | Horse Chestnut Bud | 188 |
| Art-gen | 193 | Corn Root Bark | 185 | Glucosamine Complex | 114 | Hpe-gen | 197 |
| Ascorbate C | 78 | Crab Apple Bud | 186 | Glutathione Precursors | 133 | HPNP | 214 |
| Astragalus Combination #1 | 168 | Cranberry Plus | 156 | GLY Forte | 102 | Hpo-gen | 197 |
| Astragalus Tincture | 167 | Curcumin Complex | 150 | Goldenseal Tincture | 167 | HPTP | 214 |
| Berberis Formula | 174 | D-Mulsion 1000 - Lemon | 77 | Grapenol | 133 | HTHY | 215 |
| Berry DHA | 61 | D-Mulsion 1000 - Spearmint | 79 | Growth-gen | 196 | HTYP | 215 |
| Berry EFA Plus | 62 | D-Mulsion 400 - Citrus | 79 | GSF Complex | 102 | Ichol | 142 |
| Betaine HCl | 140 | D.I.M. | 151 | GSH Reduced Glutathione | 134 | Ichol Plus | 143 |
| Bilberry IMPROVED | 148 | D3 1000 | 80 | GTF Chromium | 91 | Imu-gen | 197 |
| Bilberry Young Shoot | 184 | D3 1000 Chewable | 80 | HAD | 211 | Inositol Nicotinate + Cr | 87 |
| Bio B ₁₂ + Folic Acid - Cherry | 86 | D3 1000 Drops | 81 | Hawthorn Young Shoot | 188 | Intest-gen | 198 |
| Bio Enzymes | 140 | D3 K2 Mulsion | 81 | HCl + Pepsin | 142 | IntestiBal | 176 |
| Bio Folic Acid + B ₁₂ Liquid | 87 | Defense-gen | 194 | Heather Young Shoot | 188 | Iron | 91 |
| Biotine EFA | 66 | Dermagen C | 218 | Hemo-gen | 197 | Isogen Forte Cream | 219 |
| Black Alder Bud | 184 | Devil's Claw Cream | 219 | Herbal Bulk | 158 | Juniper Young Shoot | 189 |
| Black Currant Bud | 185 | DHA Pediaburst | 53 | Herbal Calm [†] IMPROVED | 159 | Kelp Combination #1 | 171 |
| Black Walnut Capsules | 175 | DHA/EPA Vegan | 67 | Herbal Gl | 159 | Kidney Complex | 161 |
| Black Walnut Combination #1 | 169 | Digest Dairy Plus | 141 | Herbolax IMPROVED | 160 | NEW Kids English Ivy Syrup | 162 |
| Blackberry Young Shoot | 185 | Digest Plus | 142 | Herbotox Capsules | 160 | KMG Plus | 100 |
| Bn-gen | 194 | Digest-gen | 195 | Herbotox Tablets | 161 | Krill Oil | 63 |
| Boston Ivy Young Shoot | 185 | Dioscorea Capsules | 156 | HFE | 211 | Lingonberry Young Shoot | 189 |
| Boswellia | 149 | Dioscorea Cream | 219 | HHR | 212 | Lipoic Acid | 134 |
| Bromelain Papain + | 141 | Dog Rose Young Shoot | 186 | HKI | 212 | Liquid B Complex IMPROVED | 88 |
| C1000 | 78 | Dogwood Bud | 186 | HLIP | 213 | Liquid Chlorophyll | 162 |
| Cal Mag + D | 115 | Dtx-gen | 195 | HLU | 213 | Liquid Iodine IMPROVED | 92 |
| Cal Mag Raspberry Liquid | 115 | E-400 Emulsified | 81 | HMB Complex | 126 | Liquid Iron | 92 |
| Cal Mag Vanilla Liquid + | 116 | Echinacea Combination #2 | 170 | HMF Baby B | 42 | Liquid Multi Vite Min IMPROVED | 103 |
| Calcium | 90 | Echinacea Mix | 170 | HMF Baby F | 43 | Lithium Spray | 93 |
| Calm-gen | 184 | Ener-gen | 195 | NEW HMF Bifido Capsules | 29 | Liv Complex | 147 |
| Can Albex 30X | 209 | NEW English Ivy | 157 | NEW HMF Bifido Powder | 30 | Liv-gen | 198 |
| Can Albex 500X | 209 | English Walnut Bud | 186 | HMF Capsules | 30 | Liver Support & Detoxification [†] | 163 |
| Car-gen | 194 | European Hazel Bud | 187 | HMF Child | 43 | LSP IMPROVED | 117 |
| Cardio Care [†] | 149 | European Mistletoe Young Shoot | 187 | HMF CranPro | 40 | Lymphagen Cream | 218 |
| | | Fem-gen | 195 | HMF Cream | 40 | Macagen | 163 |

| | | | | | |
|--------------------------------------------|-----|-----------------------------------------|-----|----------------------------|-----|
| Macular Support† | 134 | Red-gen | 152 | Ubiquinol 100 mg | 138 |
| Mag Cal Formula 2 | 118 | Renal-gen | 200 | Uri-gen | 202 |
| Mag Cal Plus | 118 | Renu-gen | 201 | V-Enzymes | 144 |
| Mag Cal Vanilla Liquid | 119 | Rhodiola 150 | 153 | Vitamin A | 83 |
| Magnesium | 93 | Rosemary Young Shoot | 190 | Vitex Agnus-Castus | 166 |
| Magnesium Complex Liquid | 94 | Satin Care† | 135 | Vrl-gen | 202 |
| Magnesium Glycinate Liquid | 94 | Saw Palmetto Plus | 153 | White Birch Bud | 192 |
| Malic Acid | 95 | Scorbatate | 83 | Yellow Dock Combination #1 | 172 |
| Manganese | 95 | Sea Buckthorn Bud | 190 | Zinc | 96 |
| Maxum Multi Vite | 104 | Selenium + E | 136 | Zinc C CWS | 113 |
| Melatonin Spray | 135 | Selenium CWS | 136 | Zinc Glycinate Liquid | 96 |
| Meno-gen | 198 | SEP EFA | 55 | Zinc Picolinate Formula | 97 |
| Met-gen | 198 | Servicetree Bud | 191 | | |
| Methylation Support | 88 | Silver Birch Bud | 191 | | |
| Micro-gen | 199 | Silver Fir Young Shoot | 191 | | |
| Mig-gen | 199 | Silver Linden Bud | 191 | | |
| Milk Thistle Plus | 151 | Silymarin | 154 | | |
| Milk Thistle Tincture | 168 | Skn-gen | 201 | | |
| Mns-gen | 199 | Sodium Alginate | 136 | | |
| MSPD Complex | 119 | Spanish Chestnut Bud | 192 | | |
| Mugo Pine Bud | 189 | Spm-gen | 201 | | |
| Multi B | 89 | ST-TN Capsules | 108 | | |
| Multi EFA Capsules | 54 | St. Johnswort Plus | 154 | | |
| Multi Glyco | 104 | Super Cal Mag | 120 | | |
| Multi Vite | 105 | Super DHA Liquid | 56 | | |
| Myo-Inositol | 82 | Super EFA Capsules | 52 | | |
| NEW Neurogen Cognition | 151 | NEW Super EFA Forte Capsules | 58 | | |
| Oak Bud | 189 | NEW Super EFA Forte Capsules + D | 58 | | |
| Oat Combination | 171 | NEW Super EFA Forte Liquid | 59 | | |
| Ocu-gen | 199 | NEW Super EFA Forte Liquid + D | 59 | | |
| Olive Young Shoot | 190 | Super EFA Liquid - Orange | 56 | | |
| Omega 800 | 54 | Super EFA Liquid Plus | 56 | | |
| Omega EFA Liquid | 55 | Super EFA Liquid Plus CoQ ₁₀ | 60 | | |
| Oregano Oil | 176 | Super EFA Liquid Plus D | 60 | | |
| Orti B | 89 | Super EFA Liquid- Strawberry | 57 | | |
| Orti C | 82 | Super Flavonoids | 166 | | |
| Osteo-gen | 200 | Super Lipoic Acid | 137 | | |
| Pancreatin | 143 | Super Neurogen DHA | 70 | | |
| Pantothenic Acid | 90 | Super Orti Vite | 108 | | |
| Passiflora Combination | 172 | Super Oxi Formula | 137 | | |
| Pediatri Vite IMPROVED | 106 | TAD+ | 109 | | |
| Perid-gen | 200 | TADS | 204 | | |
| Perilla EFA | 69 | TBMP | 109 | | |
| Phos Choline | 63 | TFE | 110 | | |
| NEW PhosCholine Complex | 152 | THR | 110 | | |
| Phosphatidylserine | 64 | THYM | 204 | | |
| Phyto Greens Capsules (organic) | 164 | TIM | 111 | | |
| Phyto Greens Powder (certified organic) | 165 | TKI | 111 | | |
| Potassium Glycinate Liquid | 95 | TLIP | 205 | | |
| Pregna Vite | 107 | TLU | 112 | | |
| Pro Pea Balance - Chocolate | 127 | TMG | 205 | | |
| Pro Pea Balance - Vanilla | 127 | Tonic-gen | 201 | | |
| Pro Rice | 128 | TOS Cal Hydroxy | 120 | | |
| Pro Whey | 128 | TPIN | 112 | | |
| Pulmo-gen | 200 | TPTP | 206 | | |
| Pumpkin Capsules | 70 | Trace Mineral Complex CWS | 113 | | |
| Raspberry Young Shoot | 190 | Trauma-gen | 202 | | |
| | | TSPP | 206 | | |

| PRODUCT NAME | CODE | REPLACEMENT PRODUCT NAME | REPLACEMENT CODE |
|--------------------------------------|--------|------------------------------------------------|------------------|
| Asparagus Combination | 11736 | Herbal GI | 07542 |
| Bioretic | 07507 | Kidney Complex | 07682 |
| Black Cohosh Combination #1 | 11704 | Femagen PMS Capsules/ Mig-gen | 10569/ 23929 |
| Black Cohosh Combination #2 | 11705 | Meno Gen/ Sepia Plex | 23845/ 185230 |
| Calendula Nasal Drops | 187040 | N/A | N/A |
| Chamomile Combination #1 | 11742 | Passiflora Combination | 11727 |
| Chimaphila Combination | 11716 | Biotherapeutic Drainage™ Urinary Tract Support | 189067-C |
| Curcugen | 07441 | Curcumin Complex | 07496 |
| D3 400 Drops | 01173 | D-Mulsion 400 | 01153 |
| Dandelion Combination #1 | 11728 | Kidney Complex | 07682 |
| Dandelion Tincture | 11699 | Kidney Complex | 07682 |
| Dong Quai Plus | 07435 | N/A | N/A |
| EC+ Immune Complex | 03150 | Orti C | 01118 |
| Echinacea Combination #1 | 11703 | Echinacea Combination #2 | 11724 |
| Eleuthero Combination #2 | 11741 | Adreno Calm† | 07332 |
| Eleuthero Tincture -Siberian | 11692 | Cognitive Care‡ | 07359 |
| Energen F | 07461 | Imu-gen/ Cor Defense | 23865/ 04275 |
| Essigen Combination | 11730 | Kidney Complex | 07682 |
| Gammadyn S | 17147 | N/A | N/A |
| Green Tea Plus | 07490 | Super Flavonoids | 07535 |
| Hawthorn Plus | 07445 | Crataegus Oxycantha | 16460 |
| Hawthorn Tincture | 11691 | Crataegus Oxycantha | 16460 |
| Herbalite | 10538 | Liv Complex/ Kidney Complex | 07567/ 07682 |
| HMF Pre + Prebiotic | 10423 | HMF Replete | 10419 |
| HMF Natogen Formula | 10458 | HMF Baby F | 10493 |
| Homocysteine Support | 03185 | Methylation Support | 02372 |
| Inula Combination #1 | 11711 | Lobelia Plex | 185160 |
| Inula Combination #2 | 11721 | Lobelia Plex | 185160 |
| Lemon Balm Combination #1 | 11732 | Passiflora Combination | 11727 |
| Liver Support & Detoxification | 10367 | Liv Complex | 07567 |
| Motherwort Combination#2 | 11722 | N/A | N/A |
| Multi+Pro F | 03161 | Active Multi Vite | 03171 |
| Multi+Pro F50+ | 03163 | Active Multi Vite | 03171 |
| Multi+Pro M | 03160 | Active Multi Vite | 03171 |
| Multi+Pro M50+ | 03162 | Active Multi Vite | 03171 |
| Multi Mins | 04206 | Colloidal Multi Mins Liquid | 04215 |
| Mushroom Complex | 07371 | Imu-gen/ Cor Defense | 23865/ 04275 |
| Organic Vegan Liquid | 10489 | N/A | N/A |
| Panax Ginseng Combination #1 | 11720 | Rhodiola 150 | 07641 |
| Panax Ginseng Combination #2 | 11726 | Adreno Calm† | 07332 |
| Panax Ginseng Tincture | 11697 | Rhodiola 150 | 07641 |
| Prickly Ash Combination #1 | 11702 | Collinsonia Formula | 07522 |
| Pro Lite | 06411 | Pro Rice | 06412 |
| Pyridoxine (100mg) | 02157 | Active B ₆ Pyridoxal | 02102 |
| Raspberry Combination | 11734 | Rubus ideas | 16650 |
| Resveratrol 250 | 07373 | N/A | N/A |
| Saw Palmetto Combination #1 | 11731 | Saw Palmetto Plus | 07480 |
| Siberian Ginseng Tincture | 11692 | Rhodiola 150 | 07641 |
| St. Johnswort Tincture | 11680 | St. Johnswort Plus | 07460 |
| TMA | 08310 | Saw Palmetto Plus | 07480 |
| TPAN | 08307 | Pancreatin | 10511 |
| Vitamin B ₁₂ + Folic Acid | 02112 | Bio B ₁₂ + Folic Acid | 02114 |

*Discontinued products from January 2016-August 2018

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