



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount per serving		%DV
Thiamin (as thiamin hydrochloride)	60 mg	4000%
Riboflavin	30 mg	1765%
Niacin (as niacinamide)	125 mg	625%
Vitamin B ₆ (as pyridoxine hydrochloride)	50 mg	2500%
Folic acid	400 µg	100%
Vitamin B ₁₂ (as hydroxocobalamin)	200 µg	3333%
Biotin	100 µg	33%
Pantothenic acid (as magnesium pantothenate)	32 mg	320%
Choline bitartrate	80 mg	†
Inositol	50 mg	†
L-carnitine (as L-carnitine L-tartrate)	50 mg	†

† % Daily Value (DV) not established

Other ingredients: Hypromellose, silica, vegetable magnesium stearate
Made in the UK for Seroyal USA, Pittsburgh, PA 15275, 1-888-737-6925

B COMPLEX

vitamin supplement

Recommended adult intake: One capsule taken daily with a meal or as professionally directed.

Risk information: If you are pregnant, breastfeeding, taking any medication; or if you have any health condition, consult your healthcare practitioner prior to use.

Safety-sealed for your protection and for product freshness. Do not use if outer seal is missing or broken. Store in a cool, dry place.

Keep out of reach of children.

Code VM19-60

V2.0

BARCODE LOCATION
883196 20940

60 vegetable capsules